Oregon MCH Title V Priority Area: Food Insecurity

Inputs Staffing & expertise Programs Assessment. Evaluation, Epi Managers Community Health Workers Funding / resources • Title V • WIC Other Partnerships within agency Healthy Communities • SBHC • WIC Community partnerships • DHS (Snap & Snap-Ed) · Schools (school meals)

· Child care (child

and adult care

food program)

Early Learning

Local food

pantries

Strategies

1. Screen & Intervene: screen clients for food insecurity & provide referrals for food assistance

2. Support or provide food security education

Sample Activities

- Implement a validated food insecurity screening tool
- Address client factors that may increase vulnerability to health impacts of food insecurity
- Link clients / families to resources
- Provide food prescription/ medically-tailored meal program for vulnerable populations
- Conduct food insecurity screening across a targeted population
- Support / promote community partners to conduct screening
- Promote health care facilities to implement universal food insecurity screening
- Provide training to improve referral/intervention
- Establish referral pathways to community resources & food assistance programs
- Sponsor education programs in the community
- Reduce barriers to class attendance through enabling services
- Sponsor community based education and outreach campaign
- Provide training for health care staff about food insecurity & related issues

Outputs (Process Measures)

- 1.1 Percent of clients that are screened for food insecurity
- 1.2 Percent of clients
 with positive food
 insecurity
 screenings that are
 referred to
 resources

- 2.1 Percent / Number of clients /community members who received education
- 2.2 Number of education &/or outreach campaigns sponsored
- 2.3 Percent of staff trained

Short term outcomes

- Increased knowledge about importance of food security
- Improved attitudes about food security
- Increased skill in support of food security
- Increased community engagement and partnerships for food security
- Increased or improved policies and programs supportive of food security

Intermediate Outcomes

State Performance Measure 2A: Percent of households experiencing food insecurity

State Performance Measure 2B: Percent of households with children < 18 years of age experiencing food insecurity

- Improved environments for supporting food security
- Strengthened workforce capacity to address food insecurity
- Empowered families and communities are able to access safe, healthy and culturally acceptable food

Long term outcomes

- Reduced risk of poor health status, developmental delays, obesity, poor growth, malnutrition
- Reduced risk of behavioral and mental health conditions (e.g. depression, anxiety, stress)
- Reduced risk of poor educational outcomes

 Local Extension services Farmers & Farmers Markets County Planning Food Policy Council Other Data State and national performance measures Community Health Assessments Community Health Improvement Plans Census USDA household food insecurity Feeding America's Map the Meal Gap Evidence base / best practice Promoting Food Security for All Children, American Academy of Pediatrics Policy Statement Oregon Title V Strategies: Food Insecurity Toolkit 	Increase access to healthy, affordable food, (including food assistance safety net programs) 4. Increase economic stability for individuals and families	 Develop partnerships to address barriers in accessing food resources Promote access to fruits & vegetables Conduct outreach and education Engage in local needs assessment or planning process Sponsor volunteers/interns to provide outreach and strengthen partnerships Engage schools in access to healthy food through school-based policies Promote savings & asset building programs for individuals & families Promote & provide outreach about income-support programs 	3.1 Number of community partnerships strengthened/ developed with focus on improving access to healthy food 3.2 Percent of clients provided with access to affordable healthy food 3.3 Number of needs assessment or policy planning processes engaged in 3.4 Number of outreach or education activities conducted 4.1 Number of promotion activities targeting savings & asset building programs for individuals & families 4.2 Number of outreach activities that promote income support programs	
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