## Oregon MCH Title V Priority Area: Food Insecurity

### Inputs
- Staffing & expertise
  - Programs
  - Assessment, Evaluation, Epi
  - Managers
  - Community Health Workers
- Funding / resources
  - Title V
  - WIC
  - Other
- Partnerships within agency
  - Healthy Communities
  - SBHC
  - WIC
- Community partnerships
  - DHS (Snap & Snap-Ed)
  - Schools (school meals)
  - Child care (child and adult care food program)
  - Early Learning
  - Local food pantries

### Strategies
1. **Screen & Intervene:** screen clients for food insecurity & provide referrals for food assistance
   - Implement a validated food insecurity screening tool
   - Address client factors that may increase vulnerability to health impacts of food insecurity
   - Link clients / families to resources
   - Provide food prescription/medically-tailored meal program for vulnerable populations
   - Conduct food insecurity screening across a targeted population
   - Support / promote community partners to conduct screening
   - Promote health care facilities to implement universal food insecurity screening
   - Provide training to improve referral/intervention
   - Establish referral pathways to community resources & food assistance programs

2. **Support or provide food security education**
   - Sponsor education programs in the community
   - Reduce barriers to class attendance through enabling services
   - Sponsor community based education and outreach campaign
   - Provide training for health care staff about food insecurity & related issues

### Sample Activities

### Outputs (Process Measures)

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.1</td>
<td>Percent of clients that are screened for food insecurity</td>
</tr>
<tr>
<td>1.2</td>
<td>Percent of clients with positive food insecurity screenings that are referred to resources</td>
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</tbody>
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### Short term outcomes
- Increased knowledge about importance of food security
- Improved attitudes about food security
- Increased skill in support of food security
- Increased community engagement and partnerships for food security
- Increased or improved policies and programs supportive of food security

### Intermediate Outcomes
- State Performance Measure 2A: Percent of households experiencing food insecurity
- State Performance Measure 2B: Percent of households with children < 18 years of age experiencing food insecurity
  - Improved environments for supporting food security
  - Strengthened workforce capacity to address food insecurity
  - Empowered families and communities are able to access safe, healthy and culturally acceptable food

### Long term outcomes
- Reduced risk of poor health status, developmental delays, obesity, poor growth, malnutrition
- Reduced risk of behavioral and mental health conditions (e.g. depression, anxiety, stress)
- Reduced risk of poor educational outcomes
### 3. Increase access to healthy, affordable food, (including food assistance safety net programs)

- Develop partnerships to address barriers in accessing food resources
- Promote access to fruits & vegetables
- Conduct outreach and education
- Engage in local needs assessment or planning process
- Sponsor volunteers/interns to provide outreach and strengthen partnerships
- Engage schools in access to healthy food through school-based policies

| 3.1 | Number of community partnerships strengthened/developed with focus on improving access to healthy food |
| 3.2 | Percent of clients provided with access to affordable healthy food |
| 3.3 | Number of needs assessment or policy planning processes engaged in |
| 3.4 | Number of outreach or education activities conducted |

### 4. Increase economic stability for individuals and families

- Promote savings & asset building programs for individuals & families
- Promote & provide outreach about income-support programs

| 4.1 | Number of promotion activities targeting savings & asset building programs for individuals & families |
| 4.2 | Number of outreach activities that promote income support programs |