

Oregon’s 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources

<div>Adolescent Health</div> <div>Priority: Bullying Prevention</div> <div>Performance measure (NPM): Percent of 8th and 11th graders who report being bullied or harassed at school for any reason</div> <div>State lead: Alexis W. Phillips</div> <div>Bullying Prevention – Strategy #1: Support the workforce to understand the impact of bullying on adolescent health.</div> <div>Foundational area: Workforce</div> <div>Strategy Lead: Alexis W. Phillips</div> <div>Related Foundational Priorities:<div><input checked="" type="checkbox"/>SDOH-E<input checked="" type="checkbox"/>Toxic stress/trauma/ACEs<input checked="" type="checkbox"/>CLAS</div></div>		
Local Level Activities	Local measures	Resources
1. Engage youth in the planning, design, development, and evaluation of a training module on bullying/bullying prevention and adolescent health.	<div>a. Number of youth engaged</div> <div>b. Number of LGBTQ2SIA+ youth engaged</div> <div>c. Number of youth of color engaged</div> <div>d. Number of youth with disabilities engaged</div> <div>e. Number of youth from other marginalized communities engaged (please specify)</div>	<div>Evidence:</div> <div><div><div></div><div>Oregon Task Force on School Safety- 2019 Report to the Legislature:</div></div><div><div></div><div>https://www.oregon.gov/osp/docs/2019-Legislative-Report-OTFSS.pdf</div></div><div><div></div><div>Bullying of Muslim Youth: https://www.thefyi.org/wp-content/uploads/2018/10/FYI-Bullying-Report.pdf</div></div><div><div></div><div>LGBTQ Bullying: https://pediatrics.aappublications.org/content/140/4/e20170432</div></div></div> <div>Erasure and Resilience - The Experience of LGBTQ Students of Color:</div> <div><div><div></div><div>Asian American and Pacific Islander LGBTQ Youth in U.S. Schools: https://www.glsen.org/research/aapi-lgbtq-students</div></div><div><div></div><div>Black LGBTQ Youth in U.S. Schools: https://www.glsen.org/research/black-lgbtq-students</div></div><div><div></div><div>Latinx LGBTQ Youth in U.S. Schools: https://www.glsen.org/research/latinx-lgbtq-students</div></div><div><div></div><div>Native and Indigenous LGBTQ Youth in U.S. Schools: https://www.glsen.org/research/native-and-indigenous-lgbtq-students</div></div></div> <div>Resources:</div> <div><div><div></div><div>Youth Engagement Toolkit – Pan-Canadian Joint Consortium for School Health: http://www.jcsh-cces.ca/explore-resources/youth-engagement/</div></div><div><div></div><div>Youth Engagement Toolkit- School-based Health Alliance: https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/</div></div></div>

Oregon’s 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources

		<ul style="list-style-type: none"> Healing Centered Engagement: https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c
2. Assess local workforce training needs and develop a list of local level partners where trainings could be provided.	a. Number of workforce partners engaged/included in assessment b. Number of culturally specific organizations partnered with c. Number of local level partners on training list	<ul style="list-style-type: none"> Healthier Together Oregon: https://healthiertogetheroregon.org/ Unite Oregon: https://www.uniteoregon.org/ Portland United Against Hate: https://www.portlandunitedagainsthate.org/ GLSEN (Gay, Lesbian, and Straight Education Network): https://www.glsen.org/
3. Collaborate with PHD to develop a training module on bullying/bullying prevention and adolescent health.	a. Number of culturally specific community-based organizations partnered with b. Number of youth serving organizations partnered with	<ul style="list-style-type: none"> Center for Disease Control and Prevention – Youth Violence: https://www.cdc.gov/ViolencePrevention/youthviolence/index.html StopBullying.gov: https://www.stopbullying.gov/ Pacer's National Bullying Prevention Center: https://www.pacer.org/bullying/

Oregon’s 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources

Bullying Prevention - Strategy #2: Support Bullying Prevention Education in Schools. Foundational area: Community, individual & family capacity Strategy Lead: Alexis W. Phillips		
<div style="border: 1px solid black; padding: 5px; text-align: center;"> Related Foundational Priorities: <input checked="" type="checkbox"/> SDOH-E <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs <input checked="" type="checkbox"/> CLAS </div>		
Local Level Activities	Local measures	Resources
1. Engage youth through the development of a youth advisory council or by joining existing local youth engagement efforts to ensure youth are leading school-based bullying prevention and health education efforts.	a. Total number of youth engaged b. Number of LGBTQ2SIA+ youth engaged c. Number of youth of color engaged d. Number of youth with disabilities engaged e. Number of youth from other marginalized communities engaged (please specify)	<ul style="list-style-type: none"> • Creating & Sustaining a Thriving Youth Advisory Council: https://umhs-adolescenthealth.org/wp-content/uploads/2019/03/yac_manual-2019_10.pdf • Creating Successful Youth Partnerships in Presentations Starter Guide: https://umhs-adolescenthealth.org/wp-content/uploads/2022/03/creating-successful-youth-partnerships-in-presentations_final-2022.pdf • Strategies for Providing Youth-Friendly Services Starter Guide: https://umhs-adolescenthealth.org/wp-content/uploads/2020/08/youth-friendly-services-starter-guide-2.pdf • Youth Engagement Toolkit – Pan-Canadian Joint Consortium for School Health: http://www.jcsh-cces.ca/explore-resources/youth-engagement/ • Youth Engagement Toolkit – School-based Health Alliance: https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/ • Healing Centered Engagement: https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c • Spark Trainings – free, ready-to-use 15-30-minute trainings, which include a PowerPoint presentation, a facilitator script, and follow-up materials. They are designed for providers/staff (in any role) to deliver at staff meetings or as professional development opportunities: <ul style="list-style-type: none"> ○ Being Youth Friendly: https://umhs-adolescenthealth.org/improving-care/spark-trainings/spark-being-youth-friendly/ ○ Being an Askable Adult: https://umhs-adolescenthealth.org/improving-care/spark-trainings/being-an-askable-adult/ ○ Adolescent Brain Development: https://umhs-adolescenthealth.org/improving-care/spark-trainings/spark-adolescent-brain-development/

Oregon’s 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources

		<ul style="list-style-type: none"> Youth-led Advisory Efforts: <ul style="list-style-type: none"> Indiana Youth Advisory Board – Mental Health Awareness Instagram Page: https://www.instagram.com/youthhealth.nc/
2. Assess current bullying prevention efforts in schools in alignment with K-12 health education and mental health supports.	<ul style="list-style-type: none"> a. Assessment tool developed (Yes/No) b. Number of schools/school districts currently partnered with c. Percent of school districts with existing relationships/partnerships d. Number of parent/family organizations partnered with e. Number of culturally specific organizations partnered with 	<ul style="list-style-type: none"> Community Action Toolkit: https://www.stopbullying.gov/sites/default/files/2017-09/community-action-toolkit.pdf Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Assessment Tools: https://www.cdc.gov/violenceprevention/pdf/bullycompendium-a.pdf Integrating Bullying Prevention and Restorative Practices in Schools: https://www.jcjc.pa.gov/Balanced-Restorative-Mission/Documents/BPRPWhitePaper2014.pdf
3. Share local level expertise and connect any local programs/activities with current health standards and performance indicators and/or other Department of Education initiatives such as the Student Success Act, Safe Schools Act, and All Students Belong.	<ul style="list-style-type: none"> a. Number of collaborative contacts (e.g. meetings facilitated or attended) with ODE and local programs. b. Number of programs/activities updated to align with current health standards 	<ul style="list-style-type: none"> Oregon K-12 health standards: https://www.oregon.gov/ode/educator-resources/standards/health/pages/default.aspx Student Success Act: https://www.oregon.gov/ode/StudentSuccess/Pages/default.aspx Safe Schools Act-All Students Belong: https://www.oregon.gov/ode/students-and-family/equity/SchoolSafety/Pages/AllStudentsBelong.aspx LGBTQ2SIA+ Student Success Plan: https://www.oregon.gov/ode/students-and-family/equity/Documents/LGBTQ2SIA+%20Student%20Success%20Plan.pdf?utm_medium=email&utm_source=govdelivery Oregon Department of Education- Bullying Guidance: https://www.oregon.gov/ode/students-and-family/healthsafety/Documents/bullyingguidance.pdf Integrating Bullying Prevention and Restorative Practices in Schools: https://www.jcjc.pa.gov/Balanced-Restorative-Mission/Documents/BPRPWhitePaper2014.pdf The 6 Methods of Intervention Using Restorative Practices: https://www.education.vic.gov.au/Documents/about/programs/bullystoppers/krrestorative.pdf

Oregon’s 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources

4. Collaborate with PHD to conduct a relationship scan at the local level between LPHAs/tribes and schools to build upon effective school partnerships	a. Scan completed (Yes/No)	<ul style="list-style-type: none">Relationship Mapping Exercise: https://www.interactforhealth.org/upl/media/interact_for_health_relationship_mapping_exercise_10_1_16.pdf
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Oregon’s 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources

Bullying Prevention – Strategy #3: Determine gaps and opportunities for bullying prevention partnerships and initiatives with internal and external partners.

Foundational area: Assessment, surveillance, evaluation & epidemiology

Strategy Lead: Alexis W. Phillips

Related Foundational Priorities:		
<input checked="" type="checkbox"/> SDOH-E	<input checked="" type="checkbox"/> Toxic stress/trauma/ACEs	<input checked="" type="checkbox"/> CLAS

Local Level Activities	Local measures	Resources
1. Engage youth in all elements of any program planning, design, implementation and evaluation of bullying prevention partnerships and initiatives.	<ul style="list-style-type: none"> a. Total number of youth engaged b. Number of LGBTQ2SIA+ youth engaged c. Number of youth of color engaged d. Number of youth with disabilities engaged e. Number of youth from other marginalized communities engaged (please specify) f. Percent of program elements in which youth were engaged 	<ul style="list-style-type: none"> • Creating Successful Youth Partnerships in Presentations Starter Guide: https://umhs-adolescenthealth.org/wp-content/uploads/2022/03/creating-successful-youth-partnerships-in-presentations_final-2022.pdf • Strategies for Providing Youth-Friendly Services Starter Guide: https://umhs-adolescenthealth.org/wp-content/uploads/2020/08/youth-friendly-services-starter-guide-2.pdf • Youth Engagement Toolkit – Pan-Canadian Joint Consortium for School Health: http://www.jcsh-cces.ca/explore-resources/youth-engagement/ • Youth Engagement Toolkit – School-based Health Alliance: https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/ • Healing Centered Engagement: https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c • Spark Trainings – free, ready-to-use 15-30-minute trainings, which include a PowerPoint presentation, a facilitator script, and follow-up materials. They are designed for providers/staff (in any role) to deliver at staff meetings or as professional development opportunities: <ul style="list-style-type: none"> ○ Being Youth Friendly: https://umhs-adolescenthealth.org/improving-care/spark-trainings/spark-being-youth-friendly/ ○ Being an Askable Adult: https://umhs-adolescenthealth.org/improving-care/spark-trainings/being-an-askable-adult/ ○ Adolescent Brain Development: https://umhs-adolescenthealth.org/improving-care/spark-trainings/spark-adolescent-brain-development/ • Creating & Sustaining a Thriving Youth Advisory Council: https://umhs-adolescenthealth.org/wp-content/uploads/2019/03/yac_manual-2019_10.pdf

Oregon's 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources

<p>2. Assess local efforts on the bullying of adolescents with disabilities, LGBTQ2SIA+ youth, Black/African American youth, multilingual youth, and other groups known to be disproportionately targeted by bullying to ensure programs are meeting their needs and priorities.</p>	<p>a. Total number of youth serving organizations partnered with</p> <p>b. Number of culturally specific organizations partnered with</p> <p>c. Number of LGBTQ2SIA+ organizations partnered with</p> <p>d. Number of other marginalized populations programs partnered with (please specify)</p>	<p>Evidence:</p> <ul style="list-style-type: none"> • Oregon Task Force on School Safety- 2019 Report to the Legislature: https://www.oregon.gov/osp/docs/2019-Legislative-Report-OTFSS.pdf • Bullying of Muslim Youth: https://www.thefyi.org/wp-content/uploads/2018/10/FYI-Bullying-Report.pdf • LGBTQ Bullying: https://pediatrics.aappublications.org/content/140/4/e20170432 <p>Erasure and Resilience - The Experience of LGBTQ Students of Color:</p> <ul style="list-style-type: none"> • Asian American and Pacific Islander LGBTQ Youth in U.S. Schools: https://www.glsen.org/research/aapi-lgbtq-students • Black LGBTQ Youth in U.S. Schools: https://www.glsen.org/research/black-lgbtq-students • Latinx LGBTQ Youth in U.S. Schools: https://www.glsen.org/research/latinx-lgbtq-students • Native and Indigenous LGBTQ Youth in U.S. Schools: https://www.glsen.org/research/native-and-indigenous-lgbtq-students <p>Assessment Tools/Additional Resources:</p> <ul style="list-style-type: none"> • Community Action Toolkit: https://www.stopbullying.gov/sites/default/files/2017-09/community-action-toolkit.pdf • Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Assessment Tools: https://www.cdc.gov/violenceprevention/pdf/bullycompendium-a.pdf • Responding to Concerns: Supporting Transgender Students: https://genderspectrum.org/articles/responding-to-concerns-trans-students. • Supporting Gender Expansive Students in Schools: https://genderspectrum.org/articles/supporting-ge-students • Checklist for Creating Safe & Inclusive Environments for LGBTQ2SIA+ Youth: https://hrc-prod-requests.s3-us-west-2.amazonaws.com/ProjectThrive_YRBSData_Checklist_122120.pdf?mtime=20210104125146&focal=none • Gender Identity Support Guide: https://www.pps.net/cms/lib/OR01913224/Centricity/Domain/7162/PPS%20Gender%20Diversity%20Support%20Guide.pdf
<p>3. Align bullying prevention efforts with other local level programming including violence prevention, suicide prevention, transformative</p>	<p>a. Number of programs bullying prevention aligned with</p> <p>b. Number of new partnerships created between LPHA/tribe connected to adolescent</p>	<ul style="list-style-type: none"> • Oregon Health Authority- Suicide Prevention: https://www.oregon.gov/oha/PH/PreventionWellness/SafeLiving/SuicidePrevention/Pages/index.aspx • Restorative Justice Coalition of Oregon: http://rjoregon.org/welcome • Unite Oregon: https://www.uniteoregon.org/ • Portland United Against Hate: https://www.portlandunitedagainsthate.org/

Oregon's 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources

justice, restorative justice, and anti-oppression work.	health, youth engagement and bullying prevention.	<ul style="list-style-type: none"> • GLSEN (Gay, Lesbian, and Straight Education Network): https://www.glsen.org/ • Integrating Bullying Prevention and Restorative Practices in Schools: https://www.icjc.pa.gov/Balanced-Restorative-Mission/Documents/BPRPWhitePaper2014.pdf • The 6 Methods of Intervention Using Restorative Practices: https://www.education.vic.gov.au/Documents/about/programs/bullystoppers/krrestorative.pdf • Responding to Concerns: Supporting Transgender Students: https://genderspectrum.org/articles/responding-to-concerns-trans-students. • Supporting Gender Expansive Students in Schools: https://genderspectrum.org/articles/supporting-ge-students • Checklist for Creating Safe & Inclusive Environments for LGBTQ2SIA+ Youth: https://hrc-prod-requests.s3-us-west-2.amazonaws.com/ProjectThrive_YRBSData_Checklist_122120.pdf?mtime=20210104125146&focal=none • Gender Identity Support Guide: https://www.pps.net/cms/lib/OR01913224/Centricity/Domain/7162/PPS%20Gender%20Diversity%20Support%20Guide.pdf •
4. Collaborate with PHD to provide local level expertise to develop state-level framing, points of leverage, possible funding mechanisms and policy solutions for bullying prevention in Oregon.	a. Number of collaborative meetings attended b. Number of projects partnered on	Public Health Division Resources: <ul style="list-style-type: none"> • 2020-2021 State Health Improvement Plan: https://www.oregon.gov/oha/ph/about/pages/healthimprovement.aspx • Sexual Violence Prevention Resource Map: https://geo.maps.arcgis.com/apps/MapSeries/index.html?appid=4bf3974813d4436793660897cb923311 • Youth Suicide Intervention and Prevention Plan: https://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/SAFELIVING/SUICIDEPREVENTION/Documents/5-year-youth-suicide-prevention-plan.pdf • Youth Sexual Health Plan: https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/YOUTHSEXUALHEALTH/Documents/YHSP5YrUpdate.pdf

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Bullying Prevention – Strategy #4: Support youth participatory action research on bullying prevention. Foundational area: Assessment, surveillance, evaluation & epidemiology Strategy Lead: Alexis W. Phillips		
<div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: fit-content;"> Related Foundational Priorities: <input checked="" type="checkbox"/> SDOH-E <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs <input checked="" type="checkbox"/> CLAS </div>		
Local Level Activities	Local measures	Resources
1. Assess capacity (e.g. funding, staffing, youth, etc.) to use Youth Participatory Action Research (YPAR) in local level activities as a youth engagement strategy and a tool for youth-developed solutions.	a. Assessment completed (yes/no)	<ul style="list-style-type: none"> Oregon Health Authority- Youth Participatory Action Research Curriculum: https://www.oregon.gov/oha/ph/healthypeoplefamilies/youth/pages/youth.aspx Oregon Health Authority Adolescent & School Health YPAR Training Recording: https://www.youtube.com/watch?v=CQLauk4e64c Oregon Health Authority YPAR Resource Folder: https://drive.google.com/drive/folders/1X4z7UnNxs6ubMM6Wqt2UvcRZSsr_zV0o Youth Participatory Action Research UC Berkely HUB: http://yparhub.berkeley.edu/ Healing Centered Engagement: https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c
2. Connect with YPAR projects (if any) at the local level and explore opportunities to collaborate and/or develop new YPAR projects.	a. Number of YPAR projects connected with b. Number of youth engaged in YPAR projects	<ul style="list-style-type: none"> Matchstick Consulting: https://matchstickpdx.com/ Adolescent & School Health Program- Oregon Health Authority: https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Pages/Program-Information.aspx Oregon Health Authority Adolescent & School Health YPAR Training Recording: https://www.youtube.com/watch?v=CQLauk4e64c Oregon Health Authority YPAR Resource Folder: https://drive.google.com/drive/folders/1X4z7UnNxs6ubMM6Wqt2UvcRZSsr_zV0o