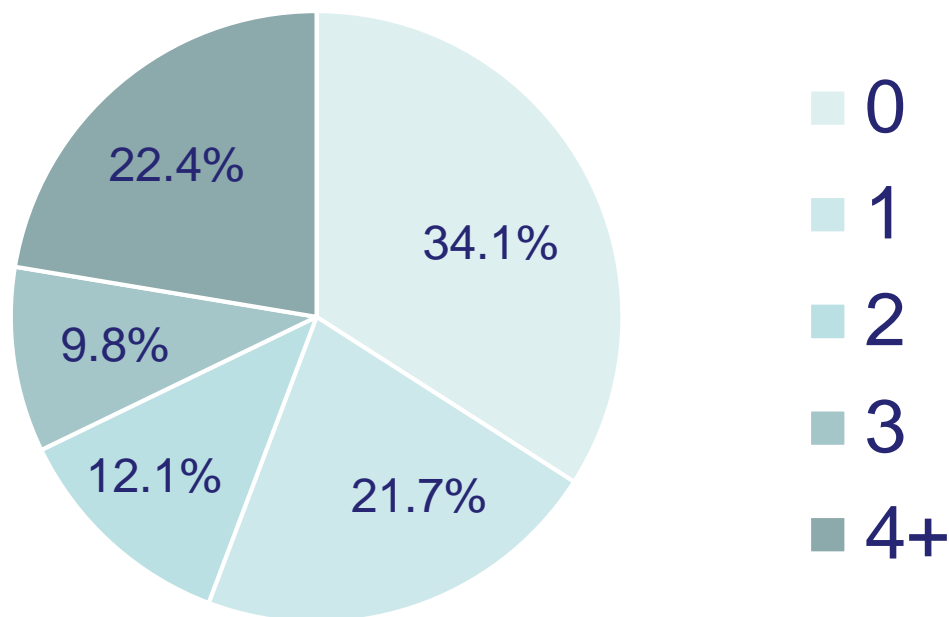


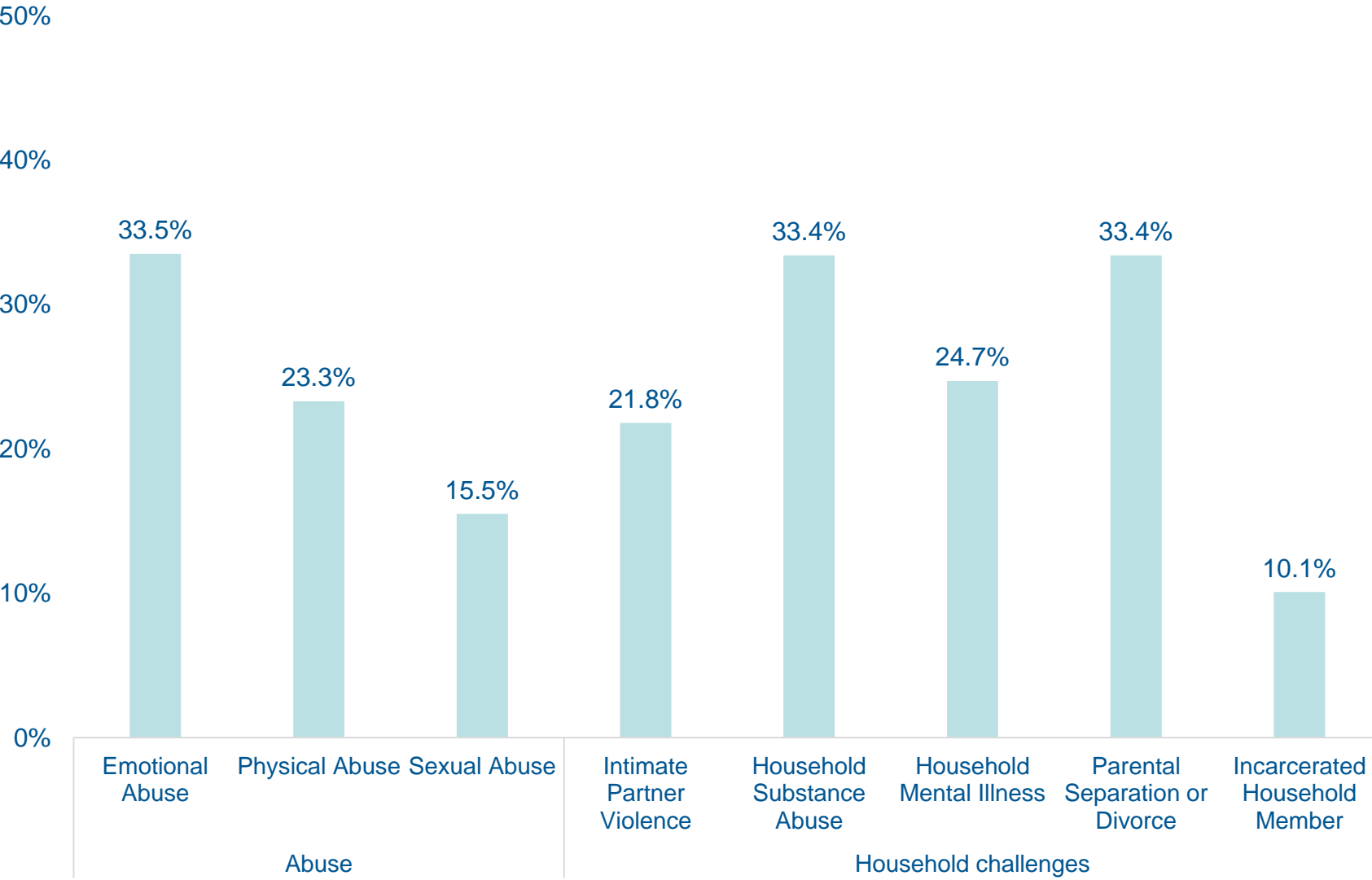
# Number of ACEs among adults in Oregon

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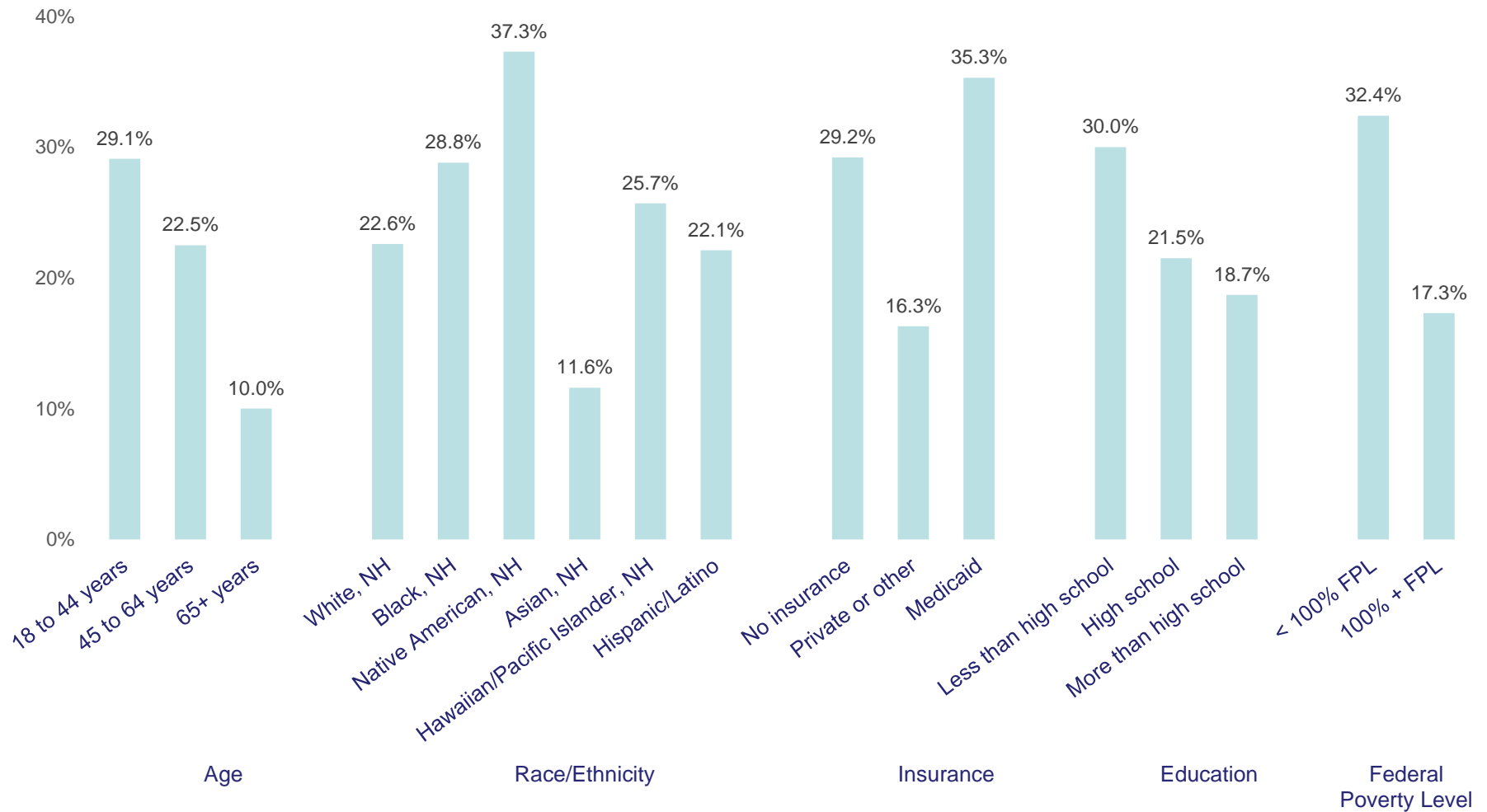
44% of adult Oregonians experienced 2 or more ACEs during childhood; 22% experience 4 or more.

# Prevalence of ACEs types among adults in Oregon



Data source: 2017 Behavioral Risk Factor Surveillance System

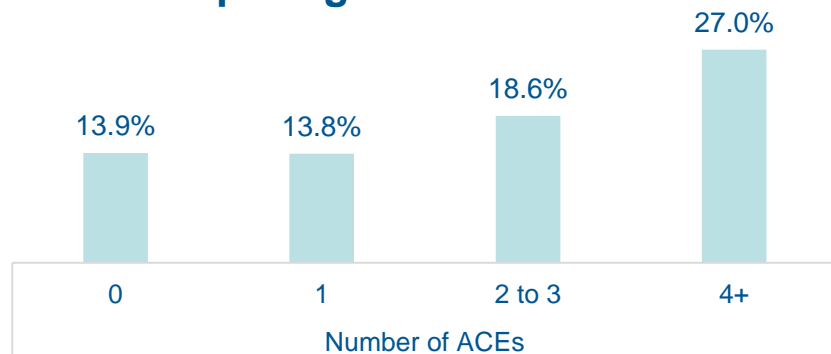
# Adults in Oregon with high ACEs score (4+)



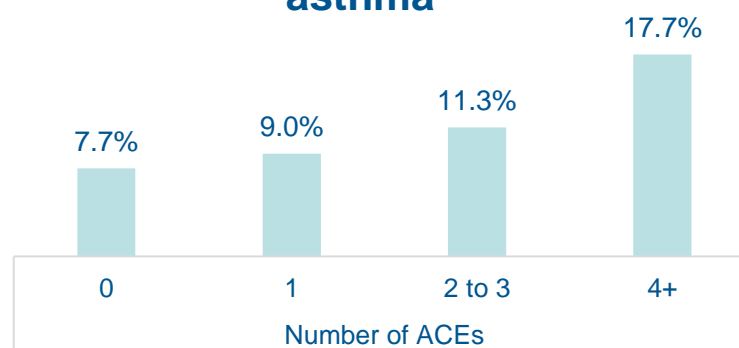
# Adverse Childhood Experiences and Adult Physical Health

Adults in Oregon with 4 or more ACEs are:

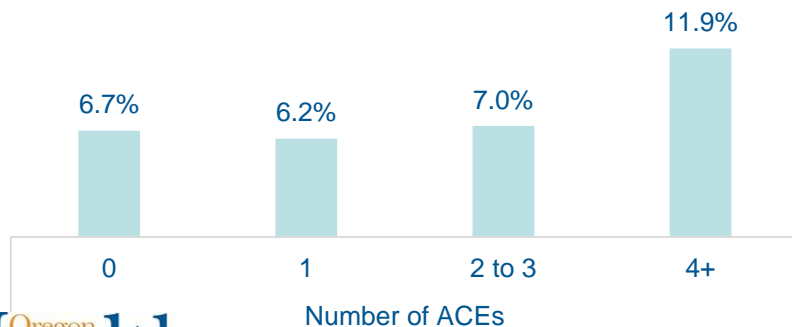
**1.94** times as likely to have **fair or poor general health**



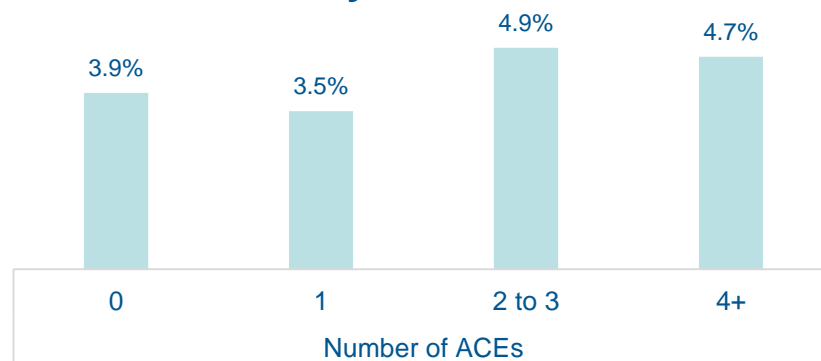
**2.30** times as likely to have **asthma**



**1.78** times as likely to have **chronic obstructive pulmonary disease**



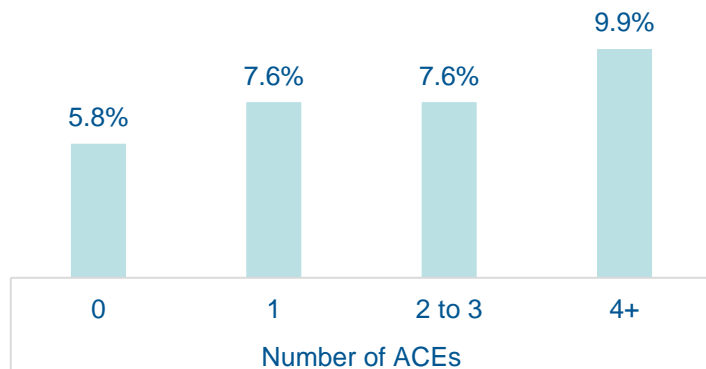
**1.21** times as likely to have **kidney disease**



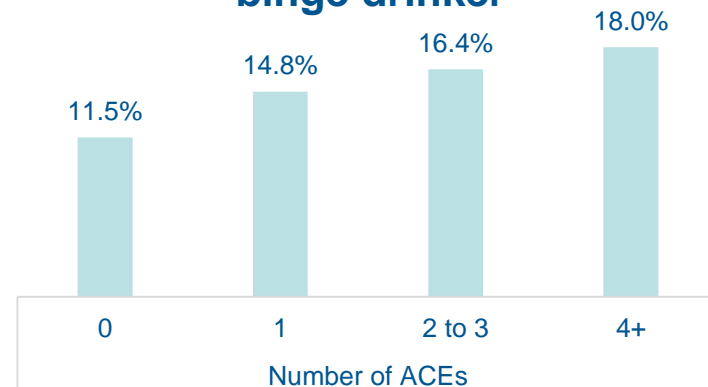
# Adverse Childhood Experiences and Adult High Risk Behaviors

Adults in Oregon with 4 or more ACEs are:

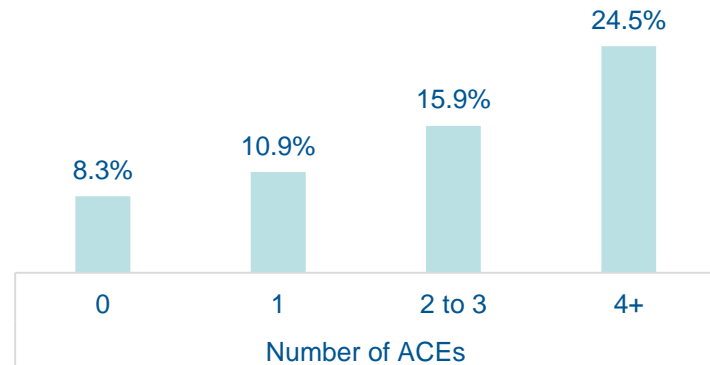
**1.71 times as likely to be a heavy drinker**



**1.57 times as likely to be a binge drinker**



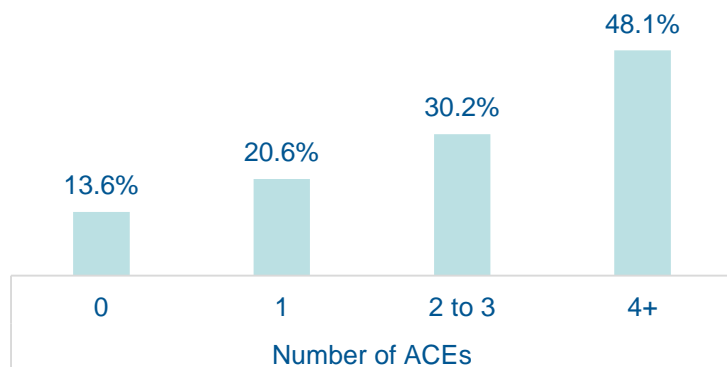
**2.95 times as likely to be a smoker**



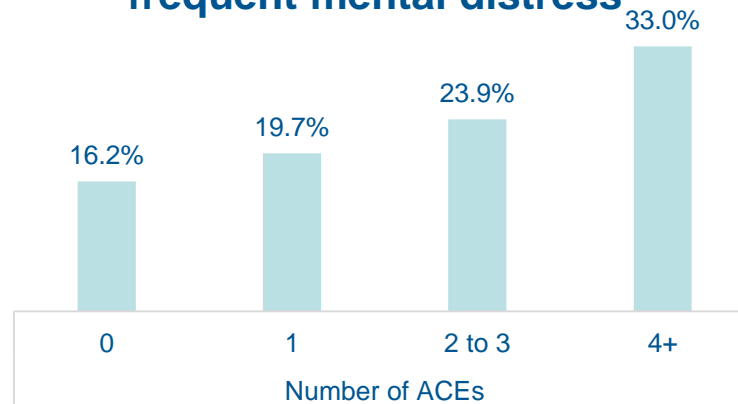
# Adverse Childhood Experiences and Adult Mental Health & Disability

Adults in Oregon with 4 or more ACEs are:

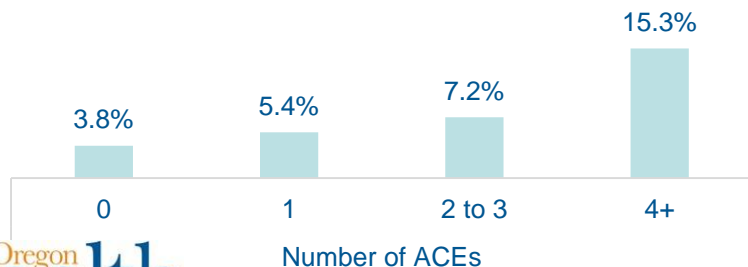
**3.54** times more likely to have **depression**



**2.04** times more likely to have **frequent mental distress**



**4.03** times more likely to have **difficulty completing errands** alone due to physical, mental or emotional condition



**4.35** times more likely to have **difficulty concentrating, remembering and making decisions** due to physical, mental or emotional condition

