

Technical Assistance and Resources for Oregon MCH Title V (rev 2/27/2019)

Maternal and Child Health (MCH) Title V contacts

Role or topic	Name	Email	Phone
Title V Director	Cate Wilcox	cate.s.wilcox@state.or.us	971 673-0299
Title V Coordinator	Nurit Fischler	nurit.r.fischler@state.or.us	971 673-0344
Tribal MCH Coordinator	Julie McFarlane	julie.m.mcfarlane@state.or.us	971 673-0365
Adolescent Health Manager	Jessica Duke	jessica.duke@state.or.us	971 673-0242
Measures development and tracking	Maria Ness	maria.n.ness@state.or.us	971 673-0383
Well woman care	Anna Stiefvater	anna.k.stiefvater@state.or.us	971 673-1490
Breastfeeding	Robin Stanton	robin.w.stanton@state.or.us	971 673-0261
Child physical activity	Heather Morrow-Almeida	heather.r.morrow-almeida@state.or.us	971 673-1883
Adolescent well care	Jessica Duke	jessica.duke@state.or.us	
Oral health	Amy Umphlett	amy.m.umphlett@state.or.us	971 673-1564
Smoking	Kate O'Donnell	kathryn.m.odonnell@state.or.us	971 673-0032
Culturally and Linguistically responsive services	Wendy Morgan	wendy.morgan@state.or.us	971 673-0353
Food insecurity/nutrition	Robin Stanton	robin.w.stanton@state.or.us	971 673-0261
Toxic stress, trauma, ACEs	Nurit Fischler	nurit.r.fischler@state.or.us	971 673-0344
Nurse consultation	Anna Stiefvater	anna.k.stiefvater@state.or.us	971 673-1490

Children and Youth with Special Health Needs (OCCYSHN) Title V contacts

Role or topic	Name	Email	Phone
Title V Director for Children and Youth with Special Health Care Needs	Ben Hoffman	hoffman@ohsu.edu	503 494-8362
Medical Home	Marilyn Berardinelli	berardin@ohsu.edu	503 418-1458
Health Care Transition	Marilyn Berardinelli	berardin@ohsu.edu	503 418-1458
CLAS for CYSHCN	Gillian Freney	freneyg@ohsu.edu	503 494-9343

Oregon:

Oregon Public Health Division, MCH Title V website

(includes information about Oregon's Title V needs assessment, priorities and measures):

<http://healthoregon.org/titlev>

Oregon Center for Children and Youth with Special Health Needs Title V needs assessment results and key briefs:

<http://www.ohsu.edu/xd/outreach/occyshn/publications/index.cfm>

Data from Oregon's survey of postpartum women (PRAMS):

<https://public.health.oregon.gov/HealthyPeopleFamilies/DataReports/prams/Pages/index.aspx>

Oregon's public health home visiting system:

<https://public.health.oregon.gov/HealthyPeopleFamilies/Babies/HomeVisiting/Pages/index.aspx>

Oregon Center for Children and Youth with Special Health Needs CaCoon program:

<http://www.ohsu.edu/xd/outreach/occyshn/programs-projects/cacoon.cfm>

National

Association of Maternal and Child Health Programs (AMCHP):

<http://www.amchp.org/pages/default.aspx>

AMCHP archived webinars on Title V priorities and measurement:

<http://www.amchp.org/AboutTitleV/Resources/Pages/State-Action-Plan.aspx>

MCHB Strengthen the Evidence for MCH Programs:

<https://www.mchevidence.org/>

Priority Specific Resources

Well woman care

CDC Before	http://www.cdc.gov/preconception/index.html
CDC birth defects campaign	https://www.cdc.gov/ncbddd/birthdefects/prevention-month.html
Oregon's "Amor Y Salud" preconception health campaign	https://www.oregon.gov/oha/ph/HealthyPeopleFamilies/Women/PreconceptionHealth/amorysalud/Pages/index.aspx
National Preconception / Interconception Care Clinical Toolkit	http://beforeandbeyond.org/toolkit/
One Key Question Initiative	https://powertodecide.org/one-key-question
ACOG Well Woman Visit Committee Opinion	http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Gynecologic-Practice/Well-Woman-Visit
ACOG Well Woman Infographic	https://www.acog.org/-/media/For-Patients/Annual-Well-Woman-Exam-Infographic-Ig.pdf?dmc=1&ts=20200227T1953424714
One Key Question Implementation in a Public Health Setting Webinar, October 2016	https://www.youtube.com/watch?v=8fE1oyUai_4
Women's Preventive Services Guidelines	http://www.hrsa.gov/womensguidelines/

Breastfeeding

Public Health Division Breastfeeding website	https://www.oregon.gov/oha/PH/HealthyPeopleFamilies/Babies/Breastfeeding/Pages/index.aspx
United States Breastfeeding Committee	http://www.usbreastfeeding.org/
Centers for Disease Control and Prevention - Breastfeeding	http://www.cdc.gov/breastfeeding/

Adolescent well care visit

Comparison of the Adolescent Well Care Visit and Pre- participation Physical Evaluation (Sports Physical). Provides recommendations for providers on providing both the well-visit and sports physical.	http://www.osaa.org/docs/health-safety/OHAAWVPPEComparison.pdf
--	---

Paving the Road to Good Health: Strategies for Increasing Medicaid Adolescent Well-Care Visits. Guide developed by Centers for Medicare and Medicaid Services (CMS) which highlights several strategies that are designed to advance gains in access to and utilization of adolescent preventive health care.	https://www.medicaid.gov/medicaid/benefits/downloads/paving-the-road-to-good-health.pdf
Access and Consent to Health Care. Provides an overview of Oregon laws surrounding minor	https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Documents/minor-rights.pdf
Adolescent and Young Adult Health National Resource Center Newsletter. This bimonthly newsletter will provide the latest news in adolescent and young adult health, plus updates on available resources and technical support.	http://nahic.ucsf.edu/resource_center/ayah-newsletters/

Physical Activity for Children

Let's Move!	https://letsmove.obamawhitehouse.archives.gov/
ChangeLab Solutions	https://www.changelabsolutions.org/
Safe Routes to School	http://www.saferoutesinfo.org/ http://www.oregonsaferoutes.org/
Institute of Medicine, Educating the Student Body	http://www.nationalacademies.org/hmd/Reports/2013/Educating-the-Student-Body-Taking-Physical-Activity-and-Physical-Education-to-School.aspx
Oregon Health Authority, Physical Activity at Work	https://www.oregon.gov/oha/PH/PreventionWellness/HealthyCommunities/HealthyWorksites/Pages/physactwk.aspx
Oregon Public Health Institute, Wellness at Work	http://www.wellnessatworkoregon.org/

Oral Health

State Oral Health Program Website	www.healthoregon.org/oralhealth
First Tooth Program	http://www.orohe.org/first-tooth/
Maternity: Teeth for Two Program	https://www.orohe.org/maternity/
American Congress of Obstetricians and Gynecologists (ACOG) oral health recommendations for pregnant women	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Oral-Health-Care-During-Pregnancy-and-Through-the-Lifespan?IsMobileSet=false
National Maternal and Child Oral Health Resource Center (OHRC)	http://mchoralhealth.org/
Bright Futures Toolbox for Professionals and Families	https://brightfutures.aap.org/materials-and-tools/tool-and-resource-kit/Pages/default.aspx
A Healthy Mouth for Your Baby (for American Indians and Alaska Natives)	https://www.nidcr.nih.gov/sites/default/files/2019-08/healthy-mouth-baby-aian.pdf

Videos	
<ul style="list-style-type: none"> • Association of Maternal & Child Health Programs (AMCHP) Oral Health Care During Pregnancy • Campaign for Dental Health Oral Health According to Kids 	https://youtu.be/Ar41aW9zvd8

Smoking: Policy Statements and Data (smoking)

Customized Programs for Pregnant Women (smoking)

Baby and Me, Tobacco Free was published in the MCH Journal (Jan, 2011)	http://www.babyandmetobaccofree.org/
First Breath, Second Wind focuses on tobacco cessation for pregnant women in Native American communities.	http://www.tobacco-cessation.org/sf/pdfs/cpr/23)%20Second%20Wind%20First%20Breath_Facilitator%20Guide.pdf
The Smoking Cessation and Reduction in Pregnancy Treatment Program (SCRIPT).	https://www.healthystartepic.org/resources/evidence-based-practices/the-smoking-cessation-reduction-in-pregnancy-treatment-script-program/
You Quit, Two Quit: Tobacco Cessation for Women of Reproductive Age.	https://youquittwoquit.org/

Customized provider clinical tools(smoking)

Clinical Effort Against Second-Hand Smoke Exposure (CEASE)	https://www.massgeneral.org/children/cease-tobacco
Smoking Cessation During Pregnancy. A Clinician's Guide to Helping Pregnant Women Quit Smoking, 2011.	https://www.acog.org/~media/Departments/Tobacco%20Alcohol%20and%20Substance%20Abuse/SCDP.pdf

Policy Statements and Data (smoking)

The American College of Obstetricians and Gynecologists, Committee Opinion: Smoking Cessation During Pregnancy.	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Smoking-Cessation-During-Pregnancy?IsMobileSet=false
Smoking Cessation Strategies for Women Before, During, and After Pregnancy. Recommendations for State and Territorial Health Agencies, 2013.	https://www.astho.org/Prevention/Tobacco/Smoking-Cessation-Pregnancy/
Mapping applications showing tobacco use during pregnancy in Oregon from 2009 – 2013. Data reflected is from Oregon Vital Statistics using birth certificates.	http://geo.maps.arcgis.com/apps/MapSeries/index.html?appid=d20e2432a2bd481caead886ab467392b
SmokeyfreeOregon – The OHA Health Promotion and Chronic Disease Prevention public website for tobacco cessation.	http://smokefreeoregon.com/

State Specific Priority Areas

Food Insecurity	
Partners for a Hunger Free Oregon	https://oregonhunger.org/
Oregon Food Bank	http://www.oregonfoodbank.org/Our-Work
Food Research and Action Center	http://frac.org/
The American Academy of Pediatrics, Policy Statement, Promoting Food Security for All Children	https://pediatrics.aappublications.org/content/136/5/e1431

Culturally and Linguistically Appropriate Services (CLAS)	
Think Cultural Health: National CLAS Standards	https://www.thinkculturalhealth.hhs.gov/
Making CLAS Happen: Overview (Massachusetts Health & Human Services)	http://www.mass.gov/eohhs/docs/dph/health-equity/ clas-intro. pdf
Making CLAS Happen (In depth documents from Massachusetts Health & Human Services)	http://www.mass.gov/eohhs/gov/departments/dph/ programs/ admin/health-equity/clas/making-clas-happen.html

Toxic stress, trauma and Adverse childhood experiences (ACEs)	
Portland State University, Trauma Informed Oregon (TIO)	http://traumainformedoregon.org/
ACEs Connection	http://acesconnection.com
ACEs Too High	www.cestoohigh.com
Centers for Disease Control and Prevention	www.cdc.gov/ace
Center on the Developing Child	www.developingchild.harvard.edu/resources
Essentials for Childhood	http://www.cdc.gov/violenceprevention/pdf/efc-01- 03-2013-a. pdf
ACEs Brief – Child and Adolescent Health Measurement Initiative	https://www.cahmi.org/wp-content/uploads/2018/05/aces_brief_final.pdf
Resilience Trumps ACEs	www.resiliencetrumpsaces.org
Strengthening Families Protective Factors framework	https://cssp.org/our-work/projects/protective-factors-framework/