
Oregon MCAH Title V Block Grant

MCAH Title V Updates and Annual Planning

March 2, 2023



Welcome and Webinar logistics

Thanks for joining us for this MCAH Title V Technical Assistance webinar.



- Please type your name and agency affiliation into the chat box
- Materials for this webinar will be posted in the chat box, as well as on the [MCH Title V website](http://healthoregon.org/titlev) (healthoregon.org/titlev) by March 6th.
- If you have any technical difficulties during the webinar, contact Casey Tucker at 971-349-3792

Introductory polls

- How long have you been working on the MCAH Title V program?
 - Less than a year
 - 2-5 years
 - More than 5 years

- What size of Title V grantee agency do you represent?
 - Small LPHA or tribe (grant under \$25,000)
 - Medium sized LPHA or tribe (grant \$25,000 – \$100,000)
 - Large LPHA (grant over \$100,000)
 - Unsure

Purpose of the webinar

To provide:

- ❖ An introduction to state MCAH Title V staff
- ❖ An update on:
 - Oregon's MCAH Title V Program at the mid-point of the 2021-2025 cycle; and
 - Title V priorities and activities - including changes for this year
- ❖ A review of the Title V Annual Plan process and requirements
- ❖ Answers to your questions

MCH Title V Block Grant

MCH Title V Block Grant provides federal funds to improve the health of Oregon's women, infants, children, adolescents, and children and youth with special health care needs.

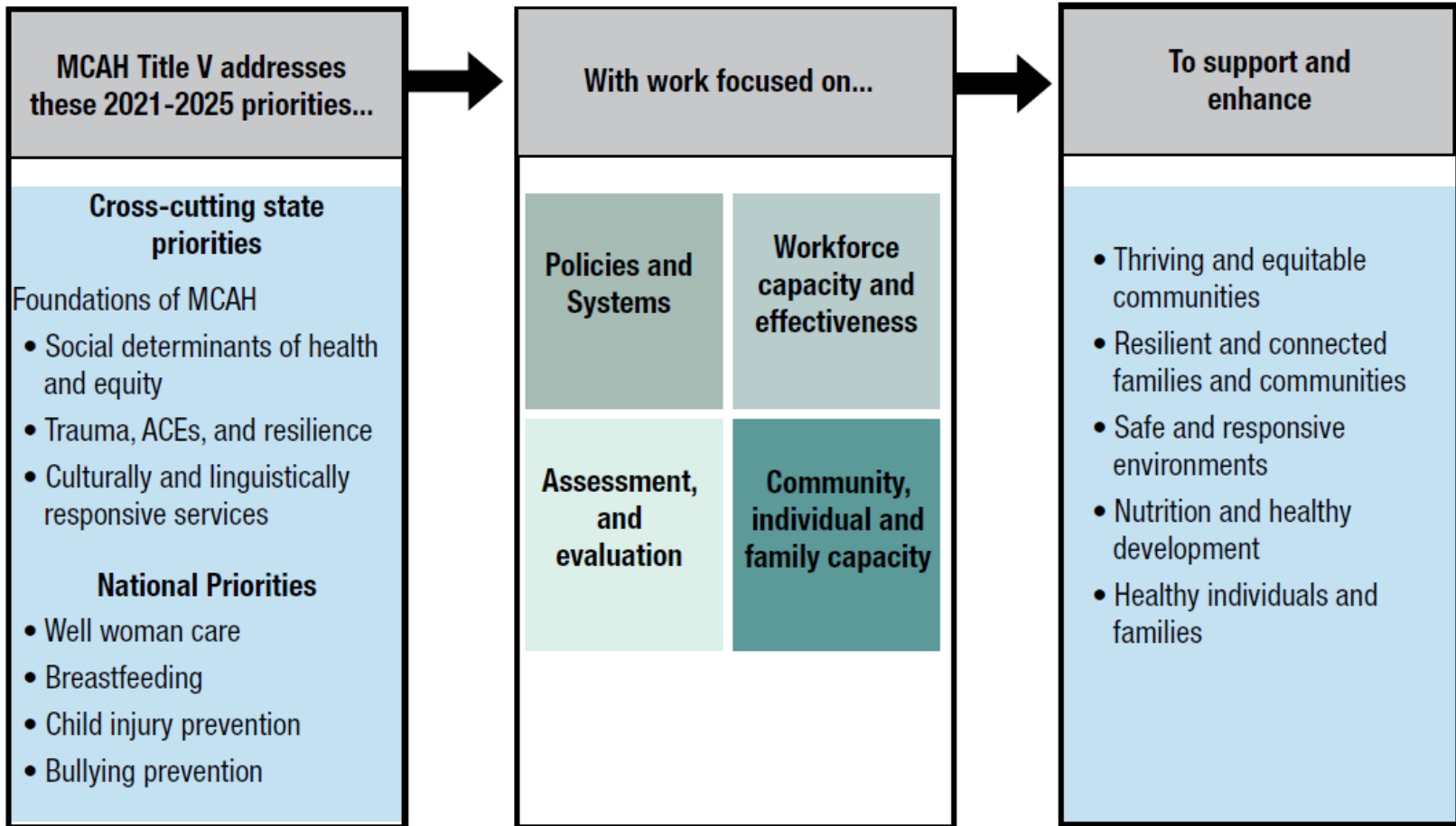
States are required to:

- Conduct a 5-year needs assessment
- Choose among 15 national priority areas/performance measures; plus state-specific priorities
- Develop strategies and measures to “move the needle” on the selected national priorities
- Align use of funds with these priorities and strategies

Oregon's Title V Needs Assessment and priority selection

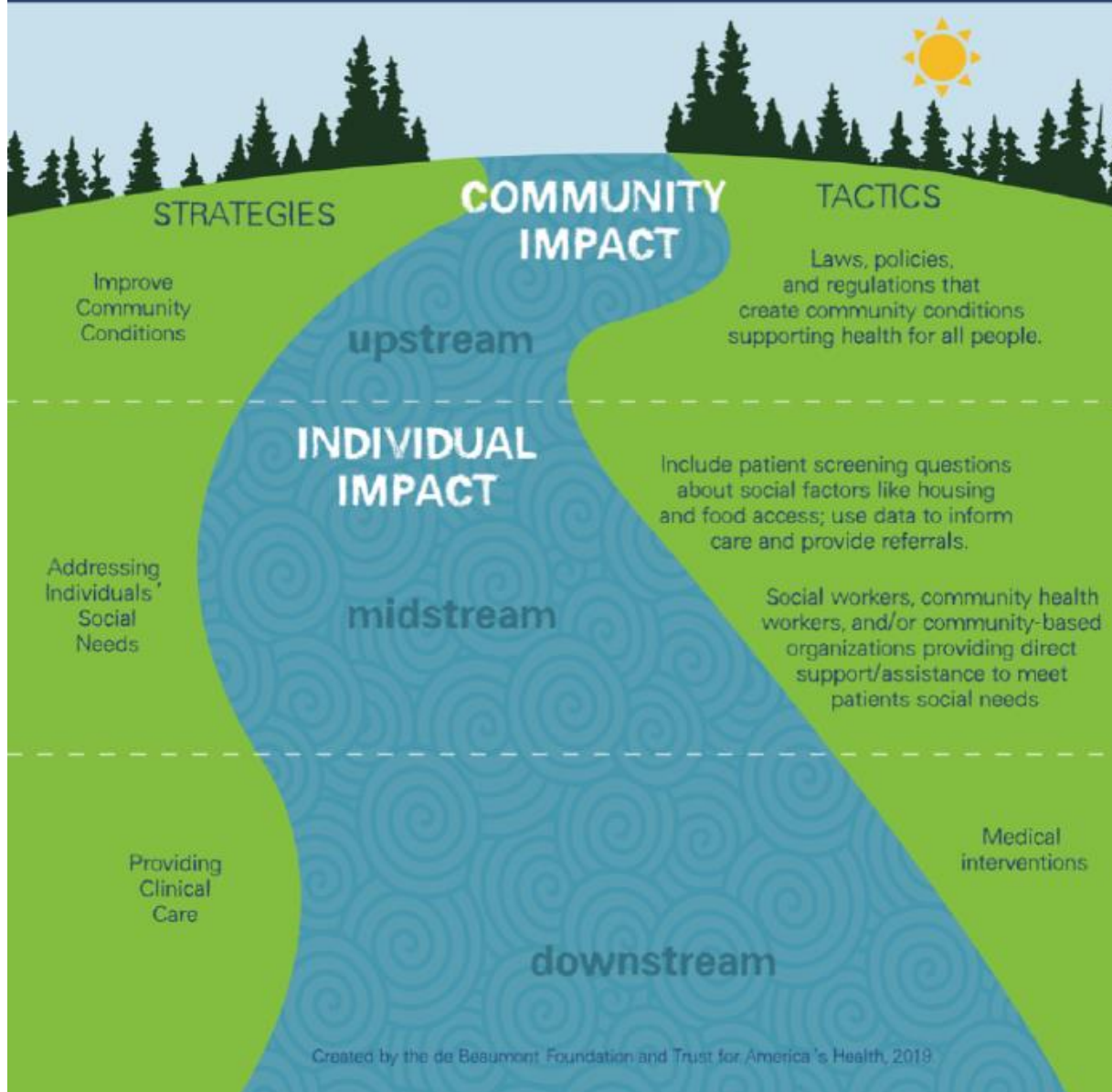
- State level Title V priorities are revised every 5 years based on the findings of the state's MCAH Needs Assessment.
- State Title V priorities include:
 - At least one priority in each population domain, chosen from a set provided by the MCHB, and
 - state-specific priorities reflecting other Oregon MCAH needs.
- Priorities for the current 5-year cycle (Oct 2021 – Sept 2025) are based on findings of the 2020 Oregon's Title V Needs Assessment.

Oregon Title V Framework for Maternal, Child and Adolescent Health



Revised 2/4/2021

SOCIAL DETERMINANTS AND SOCIAL NEEDS: MOVING BEYOND MIDSTREAM



Questions?



Foundations of MCAH: Policy & Systems

Allison Potter, Robin Stanton, Wendy Morgan, Nurit Fischler

- Goal: Policy, systems, resources and funding address upstream drivers of maternal, child and adolescent health, foundations of lifelong health, and family protective factors.
- New strategy added this year:
 - Strengthen policies and systems that provide equitable access to safe, stable and affordable housing for the MCAH population.
 - Sample activity: Educate and advocate with community partners regarding the essential link between housing and health, and housing-related needs of the MCAH population



Foundations of MCAH: Workforce Capacity and Effectiveness

- *What does this mean?*
 - *Moving equity and trauma informed work forward*
 - *Increase staff capacity*
- *What's new?*
 - *Moved lactation certification to this strategy area*
 - *Added two activities to increase staff capacity and community partnerships*
- *State Level Work*
 - *Engage to Change (2022)*
 - *Using this work to operationalize and restructure our state level equity work (2023)*
 - *TA for grantees (2023)*

Foundations of MCAH: Community, Individual and Family Capacity

Goal:

Communities, individuals and families have access to resources, services and built environments that promote family health, safety, protective factors, resilience and equity

Strategies

1. Support/fund programs - such as home visiting - that engage families and build parent capabilities, resilience, supportive/nurturing relationships, and children's social-emotional competence
 - **Lead:** Anna Stiefvater
 - **Sample activity:** Build or participate in a coordinated home visiting referral system.
2. Build community capacity for improved health, resilience, social/cultural connection and equity.
 - **Lead:** Nurit Fischler
 - **Sample activity:** Convene or participate in coalitions, inter-agency collaborations, or cross-systems initiatives to prevent/address trauma and promote resilience and/or address the social determinants of health and equity.

Foundations of MCAH: Assessment & Evaluation

- *Goal: Data on social determinants of health, trauma, and equity are monitored and shared to inform and drive policy and program decisions.*
- *New strategy added this year: **Assess local needs and conduct quality improvement to ensure alignment of Title V efforts to the needs of diverse MCAH communities in Oregon.***
- *Example: Lane county is conducting a three-year local assessment of Title V client satisfaction and experience*
 - *Year 1: Planning in partnership with University of Oregon*
 - *Year 2: Conducting assessment*
 - *Year 3: Action based on assessment results*



Well Woman Care

- Goal is to improve the health of women before, between and beyond potential pregnancies by supporting access to respectful, culturally responsive, high-quality well-woman care.
- No major changes to strategies or activities, except:
 - moved Diversity in the Workforce strategy to Foundations Priority
- Examples (*Local Activities*)
 - Josephine: Partner with organizations and shelters that serve unhoused people to ensure access for preventive reproductive care
 - Douglas: Convene or participate in a local community based perinatal, women's and infant health advisory group

OHA Title V Priority Lead: Anna Stiefvater

Chest/Breastfeeding

Robin Stanton, Nutrition Consultant

Goal: *to increase duration through targeted support in the health care system, in the community, or in the workplace*

No significant changes except:

- *moved Diversity in the Workforce strategy to Foundations Priority*

Examples

- *Local – Support home visiting staff to attend advanced training; most popular strategy*
- *State – policy & system change for lactation support in home visiting programs*



Child Injury Prevention

Injury and violence are leading causes of death, hospitalizations and emergency department visits for infants, children and adolescents in the United States and here in Oregon.

Unintentional and intentional injuries are largely preventable and have lasting impacts.

Strategies + activities focused on:

POLICY

WORKFORCE

PARTNERSHIPS

EDUCATION + COMMUNICATION

DATA

Bullying Prevention

- *Bullying (and cyberbullying) is unwanted, aggressive behavior that may be repeated*
- *Bullying Prevention highlights primary prevention/upstream strategies & focuses on protective factors*
 - *Positive peer interactions*
 - *Social competencies*
 - *Low frequency of technology use*
 - *Healthier relationships & sexuality education*
- *Local level work example*
 - *Basketball team*

Questions?



Local Level Needs Assessment and Priority Selection

- Consider types of information available to you:
 - Surveillance and survey data
 - Local programmatic data
 - Qualitative knowledge from staff and partners
 - Data from partner organizations such as:
 - Community based organizations
 - Culturally specific programs or agencies
- Consider current efforts:
 - Can you support preexisting initiatives by adding capacity?
 - Would your selection of a strategy create a duplication of effort?
- Consider using selection criteria such as:
 - Magnitude vs. severity
 - Impact on equity
 - Partner alignment

Local Level Data Sheets

Data sheets include:

- *Local level surveillance and/or survey data for each national priority area, and the foundations of MCAH*
- *List of resources and websites where more state and local level data can be found*



Overview of Title V Implementation Guidance: priority selection

Title V [Implementation Guidance](#) provides the basic implementation requirements for grantees. Please continue to use the updated 2020-2022 Implementation Guidelines (Feb 2021 version).

- ❑ Grantees are no longer required to work on at least one National Priority Area. All grantees are welcome to work on strategies within the state cross-cutting “Foundations of MCAH priority”, or the national priorities.

Title V Funding level	Minimum # of priorities
Less than \$25,000 per year	1
\$25,000 - \$99,999 per year	2
\$100,000 or more per year	3

Note: A joint state/local Title V committee will be formed next summer to consider further implementation guidance changes.

Overview of Title V Implementation

Guidance: strategies, activities and measures

- Strategies are selected from drop down list for each priority.
- Title V strategies include the option to choose activities from a drop-down list. Activities can also be locally developed.
- Measures can also be chosen from a drop-down list for each activity – or measures can be locally determined.
- At least one measure per strategy is required.

Overview of Title V Implementation

Guidance: Use of funds

- No more than 10% may be for indirect costs (or Federally-approved indirect rates for tribes)
- Local grantees can continue to use 20% of funding (more with approval) to address locally defined MCAH needs including COVID support for MCAH population.
 - If more than 20% locally-identified is needed for COVID-19 or other reasons, please talk with state Title V staff.
- Funding may be used to contract/partner with other programs or agencies

Nuts and Bolts: Title V Annual Plans

Title V Annual Plan - due in April 2023.

- Please use the Google sheet at <https://docs.google.com/spreadsheets/d/1yJ290aodOg9ffpLa1wqSfECZBeciujZS6hURFN8Ei1A/edit#gid=0> to sign up for a one-on-one session with State Title V staff to complete your Title V Annual Plan.
OR
- Complete and submit your plan on your own by April 1 at: [Title V online plan/report form](#)
- Annual plans will outline your Title V work for the upcoming state fiscal year beginning July 1, 2023

Additional Title V Annual plan support

- **An email will be sent out in the next day which** has links to google sign-up sheet and instructions for MCAH Annual Plans.
- **Sign-up** for your one-on-one virtual meeting to complete your Annual plan at:
<https://docs.google.com/spreadsheets/d/1yJ290aodOg9ffpLa1wqSfECZBeciujZS6hURFN8Ei1A/edit#gid=0>
- **Join us** for the “Promoting the Foundations of MCAH” webinar
Tuesday March 7, 1-2PM
[Click here to join the meeting](#)
Meeting ID: 217 549 832 065
Passcode: UaPveN



Additional Title V Annual plan support

- Check the [MCAH Title V Website \(healthoregon.org/titlev\)](http://healthoregon.org/titlev) for:
 - Summary list of Title V MCAH priorities and strategies
 - Priority-specific tables detailing the strategies, activities, measures, and resources for each priority
 - Title V implementation guidance
 - Contact list with names of state Title V Leads for each priority
 - Annual plan development worksheet
- **State Title V staff are available** to provide help with plan development and answer your questions. Use this contact sheet to reach out to us.

Questions, comments, TA needs?

- For general MCH Title V questions:
Nurit Fischler (MCAH Title V Coordinator)
nurit.r.fischler@state.or.us

Cate Wilcox (MCH Title V Director)
Cate.s.wilcox@state.or.us

- For priority-specific questions:
[Contact individual state Title V Leads](#)

- For measures or data questions: Maria Ness
(Title V Research Analyst)
maria.n.ness@state.or.us

- For webinar or administrative questions: Casey
Tucker (MCAH Title V Admin Support)
Casey.tucker@state.or.us

