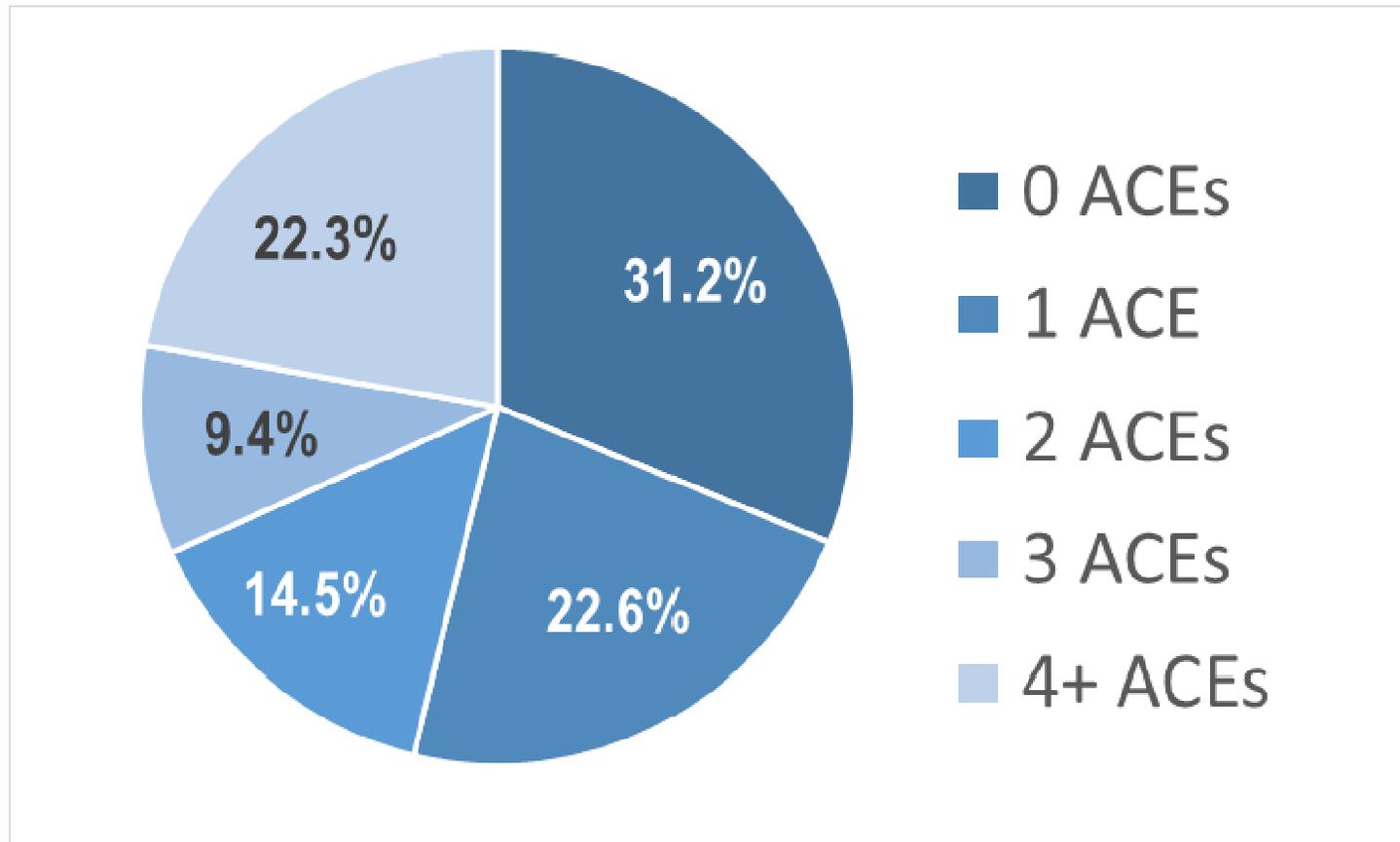

Title V Grantee Meeting
Trauma, ACEs and Resiliency breakout Session
Oregon BRFSS ACEs data handout



Oregon
Health
Authority

February 28, 2018

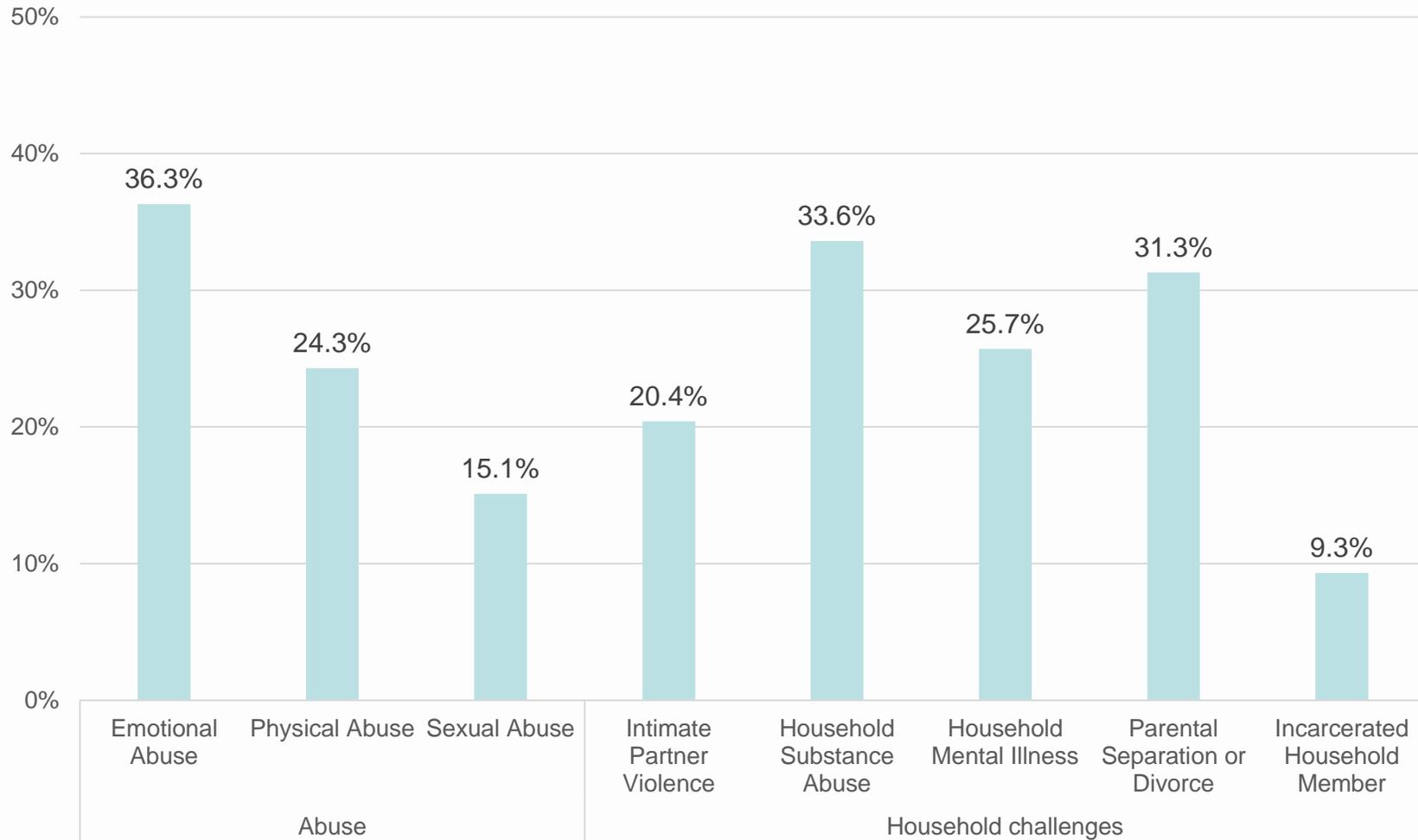
Number of ACEs among adults, Oregon, 2016



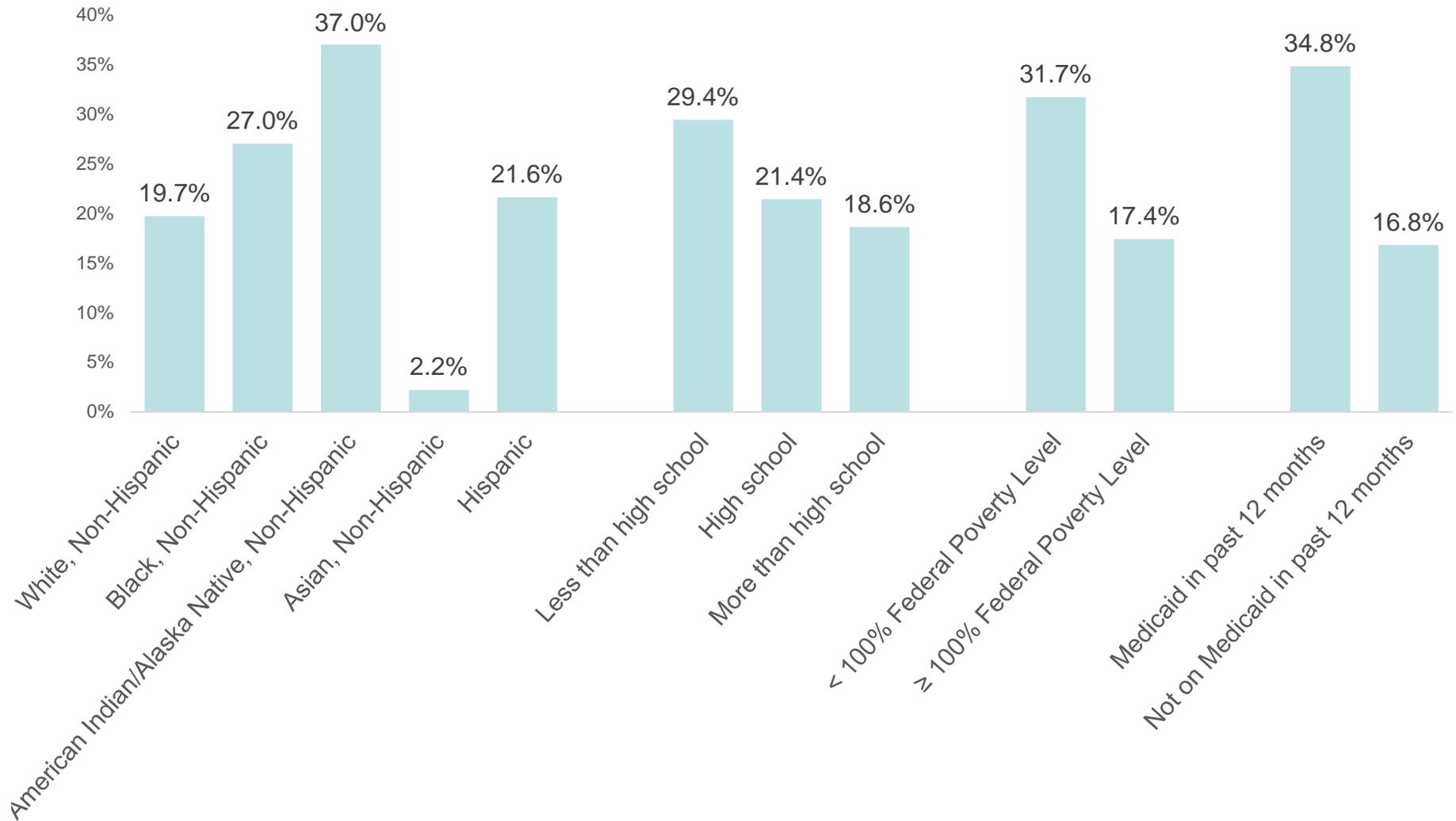
46% of Oregonians experienced 2 or more ACEs during childhood; 22% experience 4 or more.

Data source: Behavioral Risk Factor Surveillance System

Prevalence of ACEs types among adults in Oregon, 2015



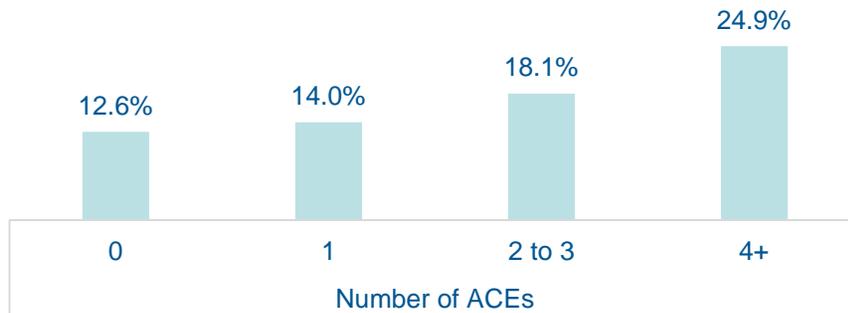
Adults in Oregon with high ACEs score (4+)



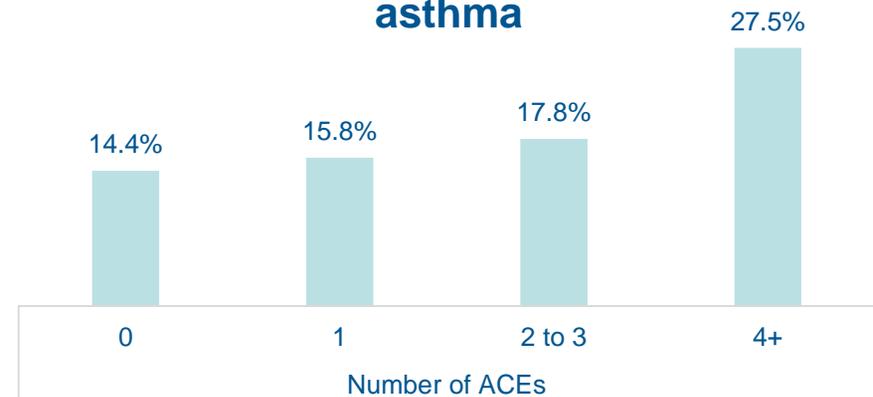
Adverse Childhood Experiences and Adult Physical Health

Adults in Oregon with 4 or more ACEs are:

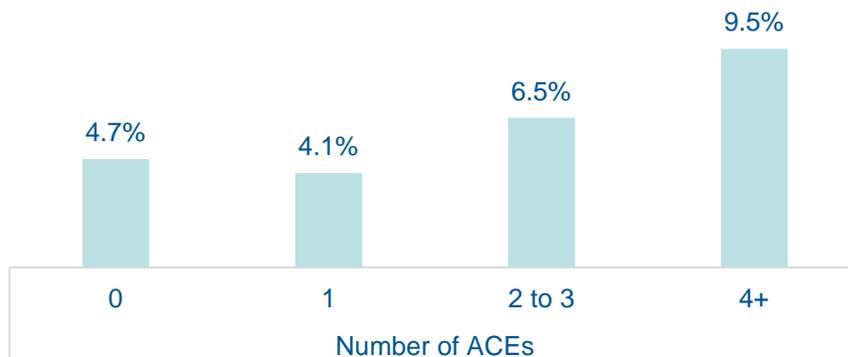
1.98 times as likely to have
fair or poor general health



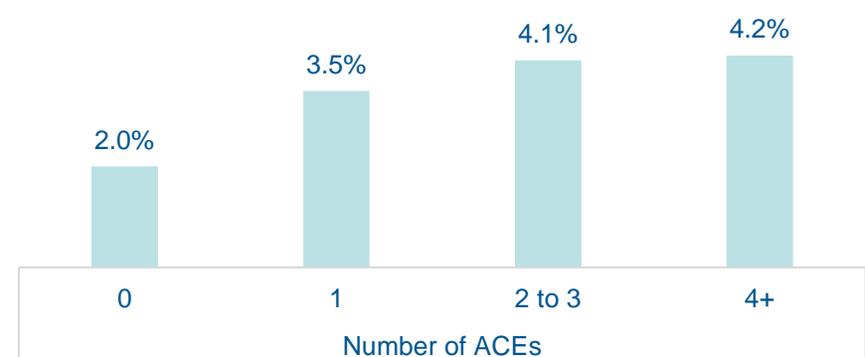
1.91 times as likely to have
asthma



2.02 times as likely to have
chronic obstructive pulmonary disease



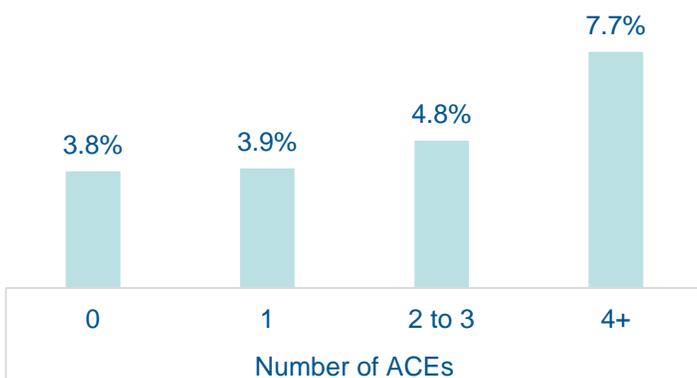
2.10 times as likely to have
kidney disease



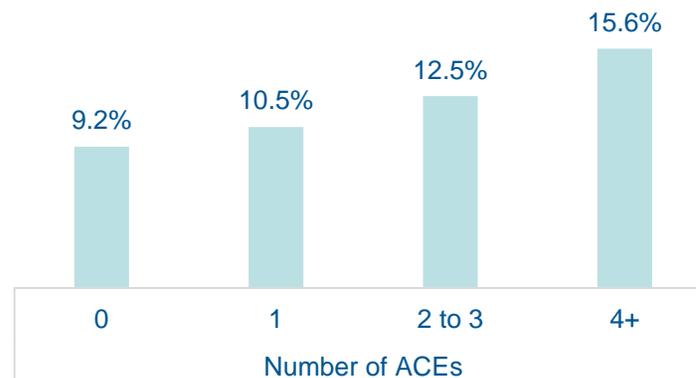
Adverse Childhood Experiences and Adult High Risk Behaviors

Adults in Oregon with 4 or more ACEs are:

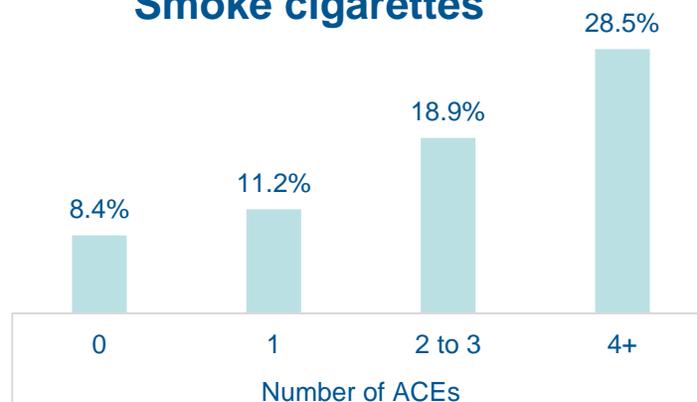
2.0 times as likely to
drink heavily



1.7 times as likely to
binge drink



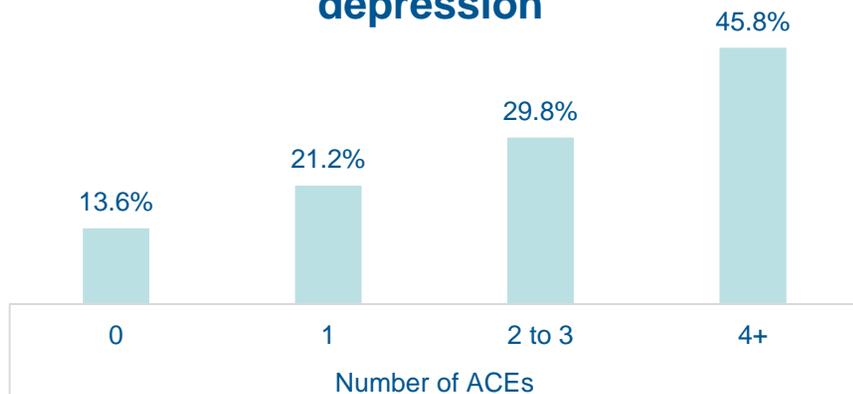
3.4 times as likely to
Smoke cigarettes



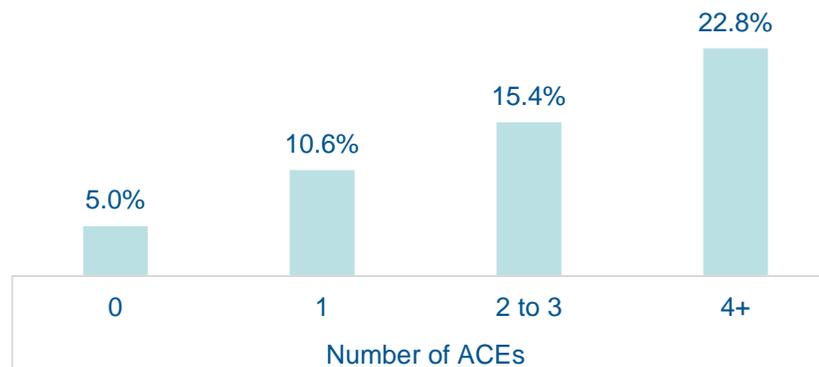
Adverse Childhood Experiences and Adult Mental Health & Disability

Adults in Oregon with 4 or more ACEs are:

3.37 times more likely to have depression



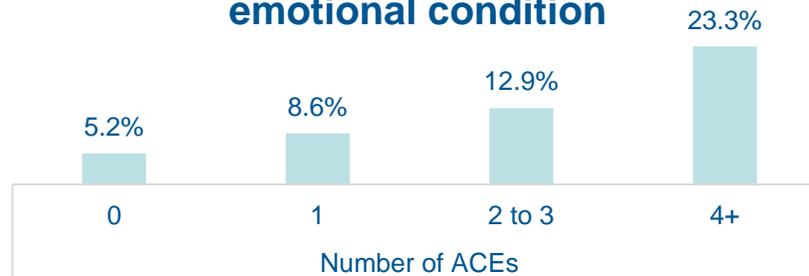
4.56 times more likely to have frequent mental distress



3.28 times more likely to have difficulty completing errands alone due to physical, mental or emotional condition



4.48 times more likely to have difficulty concentrating, remembering and making decisions due to physical, mental or emotional condition



Questions?

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