

**Oregon’s 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources (rev 2/9/21)**

**Adolescent Health**  
**Priority:** Bullying Prevention  
**Performance measure (NPM):** Percent of 8<sup>th</sup> and 11<sup>th</sup> graders who report being bullied or harassed at school for any reason  
**State lead:** Shelagh Johnson

**Bullying Prevention – Strategy #1:** Support the workforce to understand the impact of bullying on adolescent health.  
**Foundational area:** Workforce  
**Strategy Lead:** Shelagh Johnson

**Related Foundational Priorities:**  
SDOH-E     Toxic stress/trauma/ACEs    CLAS

Local Level Activities	Local measures	Resources
1. Engage youth in the planning, design, development and evaluation of a training module on bullying and adolescent health.	a. Number of youth engaged b. Number of LGBTQ+ youth engaged c. Number of youth of color engaged d. Number of youth with disabilities engaged e. Number of youth from other marginalized communities engaged (please specify)	Evidence: Oregon Task Force on School Safety- 2019 Report to the Legislature: <a href="https://www.oregon.gov/osp/docs/2019-Legislative-Report-OTFSS.pdf">https://www.oregon.gov/osp/docs/2019-Legislative-Report-OTFSS.pdf</a> Bullying of Muslim Youth: <a href="https://www.thefyi.org/wp-content/uploads/2018/10/FYI-Bullying-Report.pdf">https://www.thefyi.org/wp-content/uploads/2018/10/FYI-Bullying-Report.pdf</a> LGBTQ Bullying: <a href="https://pediatrics.aappublications.org/content/140/4/e20170432">https://pediatrics.aappublications.org/content/140/4/e20170432</a>  Erasure and Resilience: The Experience of LGBTQ Students of Color: Asian American and Pacific Islander LGBTQ Youth in U.S. Schools: <a href="https://www.glsen.org/research/aapi-lgbtq-students">https://www.glsen.org/research/aapi-lgbtq-students</a> Black LGBTQ Youth in U.S. Schools: <a href="https://www.glsen.org/research/black-lgbtq-students">https://www.glsen.org/research/black-lgbtq-students</a> Latinx LGBTQ Youth in U.S. Schools: <a href="https://www.glsen.org/research/latinx-lgbtq-students">https://www.glsen.org/research/latinx-lgbtq-students</a> Native and Indigenous LGBTQ Youth in U.S. Schools: <a href="https://www.glsen.org/research/native-and-indigenous-lgbtq-students">https://www.glsen.org/research/native-and-indigenous-lgbtq-students</a>  Resources: Youth Engagement Toolkit – Pan-Canadian Joint Consortium for School Health: <a href="http://www.jcsh-cces.ca/explore-resources/youth-engagement/">http://www.jcsh-cces.ca/explore-resources/youth-engagement/</a> Youth Engagement Toolkit- School-based Health Alliance: <a href="https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/">https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/</a>

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		Healing Centered Engagement: <a href="https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c">https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c</a>
2. Assess local workforce training needs and develop a list of local level partners where trainings could be provided.	a. Number of workforce partners engaged/included in assessment b. Number of culturally specific organizations partnered with c. Number of local level partners on training list	Resources: Healthier Together Oregon: <a href="https://healthiertogetheroregon.org/">https://healthiertogetheroregon.org/</a> Unite Oregon: <a href="https://www.uniteoregon.org/">https://www.uniteoregon.org/</a> Portland United Against Hate: <a href="https://www.portlandunitedagainsthate.org/">https://www.portlandunitedagainsthate.org/</a> GLSEN (Gay, Lesbian, and Straight Education Network): <a href="https://www.glsen.org/">https://www.glsen.org/</a>
3. Collaborate with PHD to develop a training module on bullying and adolescent health.	a. Number of culturally specific community-based organizations partnered with b. Number of youth serving organizations partnered with	Resources: Center for Disease Control and Prevention – Youth Violence: <a href="https://www.cdc.gov/ViolencePrevention/youthviolence/index.html">https://www.cdc.gov/ViolencePrevention/youthviolence/index.html</a> StopBullying.gov: <a href="https://www.stopbullying.gov/">https://www.stopbullying.gov/</a> Pacer's National Bullying Prevention Center: <a href="https://www.pacer.org/bullying/">https://www.pacer.org/bullying/</a>

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**Bullying Prevention - Strategy #2: Support Bullying Prevention Education in Schools.**

**Foundational area:** Community, individual & family capacity

**Strategy Lead:** Shelagh Johnson

**Related Foundational Priorities:**  
 SDOH-E     Toxic stress/trauma/ACEs     CLAS

Local Level Activities	Local measures	Resources
1. Engage youth through the development of a youth advisory council or by joining existing local youth engagement efforts to ensure youth are leading school-based bullying prevention and health education efforts.	<ul style="list-style-type: none"> <li>a. Total number of youth engaged</li> <li>b. Number of LGBTQ+ youth engaged</li> <li>c. Number of youth of color engaged</li> <li>d. Number of youth with disabilities engaged</li> <li>e. Number of youth from other marginalized communities engaged (please specify)</li> </ul>	<p>Resources:                      Youth Engagement Toolkit – Pan-Canadian Joint Consortium for School Health:  <a href="http://www.jcsh-cces.ca/explore-resources/youth-engagement/">http://www.jcsh-cces.ca/explore-resources/youth-engagement/</a>                      Youth Engagement Toolkit – School-based Health Alliance:  <a href="https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/">https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/</a>                      Healing Centered Engagement:  <a href="https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c">https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c</a></p>
2. Assess current bullying prevention efforts in schools in alignment with K-12 health education and mental health supports.	<ul style="list-style-type: none"> <li>a. Assessment tool developed (Yes/No)</li> <li>b. Number of schools/school districts currently partnered with</li> <li>c. Percent of school districts with existing relationships/partnerships</li> <li>d. Number of parent/family organizations partnered with</li> <li>e. Number of culturally specific organizations partnered with</li> </ul>	<p>Resources:                      Community Action Toolkit:  <a href="https://www.stopbullying.gov/sites/default/files/2017-09/community-action-toolkit.pdf">https://www.stopbullying.gov/sites/default/files/2017-09/community-action-toolkit.pdf</a>                      Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Assessment Tools:  <a href="https://www.cdc.gov/violenceprevention/pdf/bullycompendium-a.pdf">https://www.cdc.gov/violenceprevention/pdf/bullycompendium-a.pdf</a></p>

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<p>3. Share local level expertise and connect any local programs/activities with current health standards and performance indicators and/or other Department of Education initiatives such as the Student Success Act, Safe Schools Act, and All Students Belong.</p>	<p>a. Number of collaborative contacts (e.g. meetings facilitated or attended) with ODE and local programs. b. Number of programs/activities updated to align with current health standards</p>	<p>Resources: Oregon K-12 health standards: <a href="https://www.oregon.gov/ode/educator-resources/standards/health/pages/default.aspx">https://www.oregon.gov/ode/educator-resources/standards/health/pages/default.aspx</a> Student Success Act: <a href="https://www.oregon.gov/ode/StudentSuccess/Pages/default.aspx">https://www.oregon.gov/ode/StudentSuccess/Pages/default.aspx</a>  Safe Schools Act: All Students Belong: <a href="https://www.oregon.gov/ode/students-and-family/equity/SchoolSafety/Pages/AllStudentsBelong.aspx">https://www.oregon.gov/ode/students-and-family/equity/SchoolSafety/Pages/AllStudentsBelong.aspx</a> LGBTQ2SIA+ Student Success Plan: <a href="https://www.oregon.gov/ode/students-and-family/equity/Documents/LGBTQ2SIA+%20Student%20Success%20Plan.pdf?utm_medium=email&amp;utm_source=govdeliver">https://www.oregon.gov/ode/students-and-family/equity/Documents/LGBTQ2SIA+%20Student%20Success%20Plan.pdf?utm_medium=email&amp;utm_source=govdeliver</a> Y Oregon Department of Education- Bullying Guidance: <a href="https://www.oregon.gov/ode/students-and-family/healthsafety/Documents/bullyingguidance.pdf">https://www.oregon.gov/ode/students-and-family/healthsafety/Documents/bullyingguidance.pdf</a></p>
<p>4. Collaborate with PHD to conduct a relationship scan at the local level between LPHAs/tribes and schools to build upon effective school partnerships</p>	<p>a. Scan completed (Yes/No)</p>	<p>Resources: Relationship Mapping Exercise: <a href="https://www.interactforhealth.org/upl/media/interact_for_health_relationship_mapping_exercise_10_1_16.pdf">https://www.interactforhealth.org/upl/media/interact_for_health_relationship_mapping_exercise_10_1_16.pdf</a></p>

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**Bullying Prevention – Strategy #3:** Determine gaps and opportunities for bullying prevention partnerships and initiatives with internal and external partners.  
**Foundational area:** Assessment, surveillance, evaluation & epidemiology  
**Strategy Lead:** Shelagh Johnson

**Related Foundational Priorities:**  
 SDOH-E     Toxic stress/trauma/ACEs     CLAS

Local Level Activities	Local measures	Resources
<p>1. Engage youth in all elements of any program planning, design, implementation and evaluation of bullying prevention partnerships and initiatives.</p>	<p>a. Total number of youth engaged                      b. Number of LGBTQ+ youth engaged                      c. Number of youth of color engaged                      d. Number of youth with disabilities engaged                      e. Number of youth from other marginalized communities engaged (please specify)                      f. Percent of program elements in which youth were engaged</p>	<p><b>Resources:</b>                      Youth Engagement Toolkit – Pan-Canadian Joint Consortium for School Health:  <a href="http://www.jcsh-cces.ca/explore-resources/youth-engagement/">http://www.jcsh-cces.ca/explore-resources/youth-engagement/</a>                      Youth Engagement Toolkit – School-based Health Alliance:  <a href="https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/">https://www.sbh4all.org/training/youth-development/youth-engagement-toolkit/</a>                      Healing Centered Engagement:  <a href="https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c">https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c</a></p>
<p>2. Assess local efforts on the bullying of adolescents with disabilities, LGBTQAI+ youth, Black youth, multilingual youth, and other groups known to be disproportionately targeted by bullying to ensure programs are meeting their needs and priorities.</p>	<p>a. Total number of youth serving organizations partnered with                      b. Number of culturally specific organizations partnered with                      c. Number of LGBTQAI+ organizations partnered with                      d) Number of other marginalized populations programs partnered with (please specify)</p>	<p><b>Evidence:</b>                      Oregon Task Force on School Safety- 2019 Report to the Legislature:  <a href="https://www.oregon.gov/osp/docs/2019-Legislative-Report-OTFSS.pdf">https://www.oregon.gov/osp/docs/2019-Legislative-Report-OTFSS.pdf</a>                      Bullying of Muslim Youth:  <a href="https://www.thefyi.org/wp-content/uploads/2018/10/FYI-Bullying-Report.pdf">https://www.thefyi.org/wp-content/uploads/2018/10/FYI-Bullying-Report.pdf</a>                      LGBTQ Bullying:  <a href="https://pediatrics.aappublications.org/content/140/4/e20170432">https://pediatrics.aappublications.org/content/140/4/e20170432</a>                      Erasure and Resilience: The Experience of LGBTQ Students of Color:                      Asian American and Pacific Islander LGBTQ Youth in U.S. Schools:</p>

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		<p><a href="https://www.glsen.org/research/aapi-lgbtq-students">https://www.glsen.org/research/aapi-lgbtq-students</a>                  Black LGBTQ Youth in U.S. Schools: <a href="https://www.glsen.org/research/black-lgbtq-students">https://www.glsen.org/research/black-lgbtq-students</a>                  Latinx LGBTQ Youth in U.S. Schools: <a href="https://www.glsen.org/research/latinx-lgbtq-students">https://www.glsen.org/research/latinx-lgbtq-students</a>                  Native and Indigenous LGBTQ Youth in U.S. Schools:  <a href="https://www.glsen.org/research/native-and-indigenous-lgbtq-students">https://www.glsen.org/research/native-and-indigenous-lgbtq-students</a></p> <p>Assessment tools:                  Community Action Toolkit:  <a href="https://www.stopbullying.gov/sites/default/files/2017-09/community-action-toolkit.pdf">https://www.stopbullying.gov/sites/default/files/2017-09/community-action-toolkit.pdf</a>                  Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Assessment Tools:  <a href="https://www.cdc.gov/violenceprevention/pdf/bullycompendium-a.pdf">https://www.cdc.gov/violenceprevention/pdf/bullycompendium-a.pdf</a></p>
<p>3. Align bullying prevention efforts with other local level programming including violence prevention, suicide prevention, transformative justice, restorative justice, and anti-oppression work.</p>	<p>a. Number of programs bullying prevention aligned with                  b. Number of new partnerships created between LPHA/tribe connected to adolescent health, youth engagement and bullying prevention.</p>	<p>Resources:                  Oregon Health Authority- Suicide Prevention:  <a href="https://www.oregon.gov/oha/PH/PreventionWellness/SafeLiving/SuicidePrevention/Pages/index.aspx">https://www.oregon.gov/oha/PH/PreventionWellness/SafeLiving/SuicidePrevention/Pages/index.aspx</a>                  Restorative Justice Coalition of Oregon: <a href="http://rjoregon.org/welcome">http://rjoregon.org/welcome</a>                  Unite Oregon: <a href="https://www.uniteoregon.org/">https://www.uniteoregon.org/</a>                  Portland United Against Hate: <a href="https://www.portlandunitedagainsthate.org/">https://www.portlandunitedagainsthate.org/</a>                  GLSEN (Gay, Lesbian, and Straight Education Network): <a href="https://www.glsen.org/">https://www.glsen.org/</a></p>
<p>4. Collaborate with PHD to provide local level expertise to develop state-level framing, points of leverage, possible funding mechanisms and policy solutions for bullying prevention in Oregon.</p>	<p>a. Number of collaborative meetings attended                  b. Number of projects partnered on</p>	<p>Public Health Division Resources:                  2020-2021 State Health Improvement Plan:  <a href="https://www.oregon.gov/oha/ph/about/pages/healthimprovement.aspx">https://www.oregon.gov/oha/ph/about/pages/healthimprovement.aspx</a>                  Sexual Violence Prevention Resource Map:  <a href="https://geo.maps.arcgis.com/apps/MapSeries/index.html?appid=4bf3974813d4436793660897cb923311">https://geo.maps.arcgis.com/apps/MapSeries/index.html?appid=4bf3974813d4436793660897cb923311</a>                  Youth Suicide Intervention and Prevention Plan:  <a href="https://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/SAFELIVING/SUICIDEPREVENTION/Documents/5-year-youth-suicide-prevention-plan.pdf">https://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/SAFELIVING/SUICIDEPREVENTION/Documents/5-year-youth-suicide-prevention-plan.pdf</a>                  Youth Sexual Health Plan:  <a href="https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/YOUTHSEXUALHEALTH/Documents/YHSP5YrUpdate.pdf">https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/YOUTHSEXUALHEALTH/Documents/YHSP5YrUpdate.pdf</a></p>

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<p><b>Bullying Prevention – Strategy #4:</b> Support youth participatory action research on bullying prevention.  <b>Foundational area:</b> Assessment, surveillance, evaluation &amp; epidemiology  <b>Strategy Lead:</b> Shelagh Johnson</p>		
<p><b>Related Foundational Priorities:</b></p> <p><input checked="" type="checkbox"/> SDOH-E    <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs    <input checked="" type="checkbox"/> CLAS</p>		
Local Level Activities	Local measures	Resources
<p>1. Assess capacity (e.g. funding, staffing, youth, etc.) to use Youth Participatory Action Research (YPAR) in local level activities as a youth engagement strategy and a tool for youth-developed solutions.</p>	<p>a. Assessment completed (yes/no)</p>	<p>Resources:  Oregon Health Authority- Youth Participatory Action Research Curriculum: <a href="https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Pages/youth.aspx">https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Pages/youth.aspx</a>  Youth Participatory Action Research: <a href="http://yparhub.berkeley.edu/">http://yparhub.berkeley.edu/</a>  Healing Centered Engagement: <a href="https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c">https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c</a></p>
<p>2. Connect with YPAR projects (if any) at the local level and explore opportunities to collaborate and/or develop new YPAR projects.</p>	<p>a. Number of YPAR projects connected with  b. Number of youth engaged in YPAR projects</p>	<p>Resources:  Matchstick Consulting: <a href="https://matchstickpdx.com/">https://matchstickpdx.com/</a>  Adolescent &amp; School Health Program- Oregon Health Authority: <a href="https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Pages/Program-Information.aspx">https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Pages/Program-Information.aspx</a></p>