

Oregon’s 2021-2025 MACH Title V Priorities, strategies, local activities, measures, and resources (rev 2/17/21)

Foundations of Maternal, Child, and Adolescent Health

Priorities: Social determinants of health (SDOH) and equity; Toxic stress, trauma, ACEs and resilience; Culturally and linguistically responsive services (CLAS)

State Performance measures (SPMs):

- Social determinants of health and equity:
 - A) The percentage of children in low-income households with a high housing cost burden
 - B) The percentage of children living in a household that received food or cash assistance
 - C) The percentage of households with children < 18 years of age experiencing food insecurity
- Toxic stress, trauma, ACEs and resilience
 - A) Percentage of new mothers who experienced stressful life events before or during pregnancy
 - B) Percentage of mothers of 2-year-olds who have adequate social support
- Culturally and linguistically responsive services
 - A) Percentage of children age 0 - 17 years who have a healthcare provider who is sensitive to their family’s values and customs
 - B) Percentage of new mothers who have ever experienced discrimination while getting any type of health or medical care

State leads: See individual strategies below

Foundations of MCAH: Policy and Systems

Goal: Policy, systems, resources and funding address upstream drivers of maternal, child and adolescent health, foundations of lifelong health, and family protective factors

Foundations of MCAH – Policy and Systems Strategy #1: Strengthen economic supports for families through policy development and implementation.

Strategy lead: Kate O’Donnell

Priorities impacted by work on this strategy:

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| <input checked="" type="checkbox"/> SDOH-E | <input type="checkbox"/> Well woman care | <input type="checkbox"/> Breastfeeding |
| <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs | <input type="checkbox"/> Child Injury | <input type="checkbox"/> Bullying <input checked="" type="checkbox"/> CLAS |

Local Level Activities	Local measures	Resources
1. Assess, develop and implement family friendly policies for LPHA and tribal employees (e.g., paid family leave, flexible scheduling, etc.).	a. Needs assessment completed (Yes/No) b. Number of family friendly policies developed c. Number of family friendly policies implemented	Family Forward Oregon – Resources for Parents: http://familyforwardoregon.org/parents/ Oregon Bureau of Labor and Industries Your rights at work: https://www.oregon.gov/boli/workers/Pages/your-rights-at-work.aspx Oregon Family Leave Act (OFLA): https://www.oregon.gov/boli/workers/Pages/oregon-family-leave.aspx Pregnancy accommodations at work: https://www.oregon.gov/boli/workers/Pages/pregnancy-and-nursing-accommodations.aspx

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		<p>Predictive scheduling: https://www.oregon.gov/boli/workers/Pages/predictive-scheduling.aspx Breaks to express breast milk: https://www.oregon.gov/boli/workers/Pages/breaks-to-express-breast-milk.aspx Family Values at Work – Resources and Toolkits: https://familyvaluesatwork.org/resources-and-toolkit/ Colorado Family-Friendly Workplace Toolkit: https://www.healthlinkscertified.org/uploads/files/2017_11_28_16_25_46_FF_Toolkit_Final_2017.pdf AARP – Supporting Caregivers in the Workplace Toolkit: https://www.aarp.org/content/dam/aarp/work/job-search/2019/02/NEBGH-caregiving-practical-guide.pdf Creating a Culture of Inclusion in the Workplace: http://www.hireimmigrantsottawa.ca/creating-culture-inclusion-workplace/ National Women’s Law Center – Workplace Justice: https://nwlc.org/issue/workplace-justice/</p>
<p>2. Partner with community and tribal agencies to increase educational opportunities for women and young parents (e.g., community colleges, ODHS, Head Start, community organizations, etc.).</p>	<p>a. Number of community or tribal agencies partnered with b. Number of increased educational opportunities</p>	<p>ODHS childcare assistance programs: https://www.oregon.gov/dhs/ASSISTANCE/CHILD-CARE/Pages/index.aspx Find Child Care Oregon: http://triwou.org/projects/fcco Oregon Opportunity Grant: https://oregonstudentaid.gov/oregon-opportunity-grant.aspx OSU scholarships and grants for student parents: https://familyresources.oregonstate.edu/scholarships-and-grants-student-parents ODE Teen Parent Success Program: https://www.oregon.gov/ode/students-and-family/Pages/teenparentprogram.aspx</p>
<p>3. Partner with Early Learning Hub to ensure equitable access to culturally supportive early childhood learning opportunities for children of color (e.g., Head Start, Early Head Start, and Oregon pre-K).</p>	<p>a. Number of meetings attended or initiated with Early Learning Hubs to support learning opportunities for children of color b. Number of formal partnerships established with Early Learning Hubs to support learning opportunities for children of color</p>	<p>Oregon Early Learning Hubs: https://oregonearlylearning.com/administration/what-are-hubs/ ELD – Early Head Start: https://oregonearlylearning.com/early-head-start ELD – Head Start: https://oregonearlylearning.com/head-start-opk ELD – Relief Nurseries: https://oregonearlylearning.com/relief-nurseries ELD – Early Childhood Equity Fund: https://oregonearlylearning.com/student-success-act#equityfund ELD – Early Care and Education Sector Plan: https://oregonearlylearning.com/wp-content/uploads/2019/10/ECESectorPlanPhaseIToolkit.FINALa.pdf PSU – Building the Case for Culturally Specific P-3 Strategies in Oregon: https://pdxscholar.library.pdx.edu/cgi/viewcontent.cgi?article=1010&context=childfamily_earlychild Raise Up Oregon plan: https://oregonearlylearning.com/wp-content/uploads/2019/01/Raise-Up-Oregon-Web-corrected.pdf NWLC – Child care: https://nwlc.org/issue/child-care/ NWLC – Child care workforce: https://nwlc.org/issue/child-care-workforce/</p>

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<p>4. Implement policies and partner with programs that improve financial literacy and generate savings and wealth among youth and families of color (e.g., Children’s Savings Accounts, Earned Income Tax Credit, child tax credit, etc.).</p>	<p>a. Number of policies implemented to generate savings and wealth among youth and families of color</p> <p>b. Number of programs partnered with to generate savings and wealth among youth and families of color</p>	<p>Oregon GEAR UP financial literacy resources: https://oregongearup.org/key-topics/financial-literacy Financial Beginnings Oregon: https://finbegor.org/ The Arc Oregon Financial Literacy Education: https://thearcoregon.org/projects/financial-literacy/ Bienestar Financial Literacy Program for Adults: http://www.bienestar-or.org/home-page-widget-boxes/news-events/bienestar-archives/financial-literacy-program-for-adults/ IRS – Earned Income Tax Credit: https://www.irs.gov/credits-deductions/individuals/earned-income-tax-credit IRS – EITC partner toolkit: https://www.eitc.irs.gov/partner-toolkit/welcome-to-the-partner-toolkit BOLI EITC info: https://www.oregon.gov/boli/workers/Pages/eitc.aspx OCPP EITC policy brief: https://www.ocpp.org/2020/01/29/low-eitc-participation-costs-oregon-dearly/</p>
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Foundations of MCAH – Policy and Systems Strategy #2: Develop and/or strengthen systems and partnerships to address food security and barriers to accessing food resources.

Strategy lead: Robin Stanton

Priorities impacted by work on this strategy:

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|--|---|--|
| <input checked="" type="checkbox"/> SDOH-E | <input checked="" type="checkbox"/> Well woman care | <input checked="" type="checkbox"/> Breastfeeding |
| <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs | <input type="checkbox"/> Child Injury | <input type="checkbox"/> Bullying <input checked="" type="checkbox"/> CLAS |

Local Level Activities	Local measures	Resources
<p>1. Partner with community organizations (e.g. CCOs, SNAP-Ed Extension, anti-hunger groups) to promote policies and programs that strengthen food sovereignty and local food systems (i.e. food security strategies in CHIPS)</p>	<p>a. Number of community organizations partnered with</p> <p>b. Number of policies or programs promoted</p>	<p>FEAST (Food, Education, Agriculture, Solutions, Together) Healthy Communities CHANGE Action Guide: https://www.cdc.gov/nccdphp/dch/programs/healthycommunitiesprogram/tools/change/downloads.htm Healthy Food Policy Project: http://healthyfoodpolicyproject.org/ Food Equity (Johns Hopkins): https://clf.jhsph.edu/expertise/food-equity Familias en Acción Nutrition and Food Equity: https://www.familiasenaccion.org/nutrition-food-equity/</p>

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<p>2. Convene / participate in cross-sector coalitions such as food policy councils or other community partnerships to address food access barriers.</p>	<p>a. Coalition convened (Yes/No) b. Number of coalitions participated in c. Number of coalition meetings attended</p>	<p>Theory of Action – Community Collective Impact Process: https://hungerandhealth.feedingamerica.org/resource/theory-of-action-community-collective-impact-process/ Healthy Communities CHANGE Action Guide: https://www.cdc.gov/nccdphp/dch/programs/healthycommunitiesprogram/tools/change/downloads.htm Johns Hopkins Center for a Livable Future Food Policy: https://clf.jhsph.edu/projects/food-policy-networks Familias en Acción Nutrition and Food Equity: https://www.familiasenaccion.org/nutrition-food-equity/ Tamarack community engagement resources: https://www.tamarackcommunity.ca/communityengagement</p>
<p>3. Implement a validated food insecurity screening tool and provide referrals for food assistance</p>	<p>a. Percent of clients screened b. Percent of clients referred among those who screen positive for food insecurity</p>	<p>Evidence: Promoting Food Security for All Children: http://pediatrics.aappublications.org/content/early/2015/10/20/peds.2015-3301 Food Insecurity in the United States: https://www.eatrightpro.org/-/media/eatrightpro-files/practice/position-and-practice-papers/position-papers/position_-_food-insecurity_final.pdf?la=en&hash=EBB2CE062DFECA452073E3744994066E154D8A6 Resources: Hunger Vital Sign: http://childrenshealthwatch.org/public-policy/hunger-vital-sign/ Hunger Vital Sign Translation English to Spanish: http://www.childrenshealthwatch.org/wp-content/uploads/The-Hunger-Vital-Sign-english-to-spanish-translation.pdf Childhood Hunger Screening & Intervention Algorithm (online childhood hunger course for providers being updated): http://www.childhoodhunger.org/digests/Algorithm2011D%5b1%5d.pdf Screen and Intervene: A Toolkit for Pediatricians to Address Food Insecurity: https://frac.org/wp-content/uploads/FRAC_AAP_Toolkit_2021.pdf</p>

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Foundations of MCAH – Policy and Systems Strategy #3: Foster cross-system coordination and integration to ensure screening and referral for SDOH, and equitable access to needed services for the MCAH population.
Strategy Lead: Kate O’Donnell

- Priorities impacted by work on this strategy:**
- SDOH-E
 - Well woman care
 - Breastfeeding
 - Toxic stress/trauma/ACEs
 - Child Injury
 - Bullying
 - CLAS

Local Level Activities	Local measures	Resources
1. Develop culturally and linguistically competent systems to screen for trauma and SDOH needs in clinical and community settings.	<ul style="list-style-type: none"> a. Number of culturally and linguistically competent systems developed b. Percent of clients screened for trauma and social determinants of health needs 	PRAPARE social needs screening tool: https://www.aapcho.org/projects/prapare/ AAFP SDOH needs assessment resources: https://www.aafp.org/family-physician/patient-care/the-everyone-project/toolkit/assessment.html#screen OPCA social needs tools and resources: https://www.orpca.org/initiatives/social-determinants-of-health/251-sdoh-tools-resources OPCA Empathetic Inquiry: https://www.orpca.org/initiatives/empathic-inquiry OHA SDOH measurement workgroup: https://www.oregon.gov/oha/HPA/ANALYTICS/Pages/sdoh-measure.aspx
2. Deepen relationships with local partners to build a strong, culturally competent and trauma-informed local referral network	<ul style="list-style-type: none"> a. Number of relationships with local partners developed or deepened b. Number of culturally competent and trauma informed referral sources 	OHA Addressing SDOH-E through Health-Related Services: https://www.oregon.gov/oha/HPA/dsi-tc/Documents/Health-Related-Services-SDOH-E-Guide.pdf OHA HRS guides: https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Health-Related-Services.aspx OPCA social needs tools and resources: https://www.orpca.org/initiatives/social-determinants-of-health/251-sdoh-tools-resources Central Oregon Resource Directory: https://centraloregonresources.org/ ACEs Aware Trauma-Informed Network of Care Roadmap (Sections 3 & 4): https://www.acesaware.org/wp-content/uploads/2020/12/Draft-Network-of-Care-Roadmap-Final-12-14-20-For-Public-Comment.pdf
3. Partner with CCOs and other community partners to integrate local LPHA and tribal MCAH programs into community information exchange (CIE) networks.	<ul style="list-style-type: none"> a. Number of MCAH programs represented in community information exchange networks 	Unite Us: https://oregon.uniteus.com/ Aunt Bertha Oregon: https://www.findhelp.org/ OHA Health Information Exchange: https://www.oregon.gov/oha/HPA/OHIT/Pages/HIE-onboarding.aspx Jefferson Health Information Exchange: http://jhie.org/home/ 211info: https://www.211info.org/

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Foundations of MCAH – Policy and Systems Strategy #4: Develop and implement systems that actively promote equitable, anti-racist, and trauma-informed workplaces, institutions, and services.

Strategy Lead: Wendy Morgan

Priorities impacted by work on this strategy:

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| <input checked="" type="checkbox"/> SDOH-E | <input type="checkbox"/> Well woman care | <input type="checkbox"/> Breastfeeding |
| <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs | <input type="checkbox"/> Child Injury | <input type="checkbox"/> Bullying <input checked="" type="checkbox"/> CLAS |

Local Level Activities	Local measures	Resources
1. Modernize internal policies to reflect anti-racist and trauma informed practices.	a. Number of internal policies modernized	Oregon State Health Improvement Plan: https://www.oregon.gov/oha/ph/about/pages/healthimprovement.aspx Sanctuary Model: http://www.thesanctuaryinstitute.org/about-us/the-sanctuary-model/ SAMHSA Trauma Informed Approaches Toolkit: https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf IHR Developing Trauma Informed Organizations Toolkit: http://www.healthrecovery.org/publications/detail.php?p=30
2. Conduct organizational screening for anti-racist and trauma informed practices - Needs assessment - Gather data	a. Number of organizational screening activities completed	Tool for Organizational Assessment for Racial Equity: https://www.coalitioncommunitiescolor.org/research-and-publications/ccorgassessment BARHII Local Health Department Self-Assessment Toolkit: https://www.barhii.org/organizational-self-assessment-tool Sanctuary Model: http://www.thesanctuaryinstitute.org/about-us/the-sanctuary-model/ SAMHSA Trauma Informed Approaches Toolkit: https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf IHR Developing Trauma Informed Organizations Toolkit: http://www.healthrecovery.org/publications/detail.php?p=30 NEAR@Home Toolkit, 3 rd Edition: https://startearly.org/app/uploads/2020/09/PUBLICATION_Near@Home-Toolkit.pdf Michelle Harvey, LCSW – Reflective Supervision/Consultation for Service Providers & Early Childhood Professionals: <ul style="list-style-type: none">• https://www.mharveylcsw.com/reflective-supervision-salem-oregon• Focus on trauma-informed practice, NEAR science• Recommended by MIECHV program (former trainer) Oregon WIC Program ACEs online course: https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/modules.aspx Flourish Agenda (Dr. Sean Ginwright) training and consulting: https://flourishagenda.com/our-services/
3. Develop organizational readiness for anti-racist and trauma informed practices	a. Number of activities completed to develop organizational readiness	Local Color: OPB Film on racism in Oregon: https://www.pbs.org/black-culture/shows/list/local-color/ Why Aren't There More Black People in Oregon? Ted Talk/Walidah Imarisha: https://www.youtube.com/watch?v=FTZINEZ3NEw

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<ul style="list-style-type: none"> - Build foundational knowledge - Solidify agency readiness (funding and capacity) - Create agency infrastructure to support work 		<p>Broken Treaties, An Oregon Experience (PBS film): https://www.pbs.org/video/oregon-experience-broken-treaties-oregon-experience/</p> <p>Trainings/Activities: Me and White Supremacy (book/journal with individual daily activities for a deeper understanding of white supremacy): http://laylafsaad.com/meandwhitesupremacy Sanctuary Model: http://www.thesanctuaryinstitute.org/about-us/the-sanctuary-model/ SAMHSA Trauma Informed Approaches Toolkit: https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf IHR Developing Trauma Informed Organizations Toolkit: http://www.healthrecovery.org/publications/detail.php?p=30 NEAR@Home Toolkit, 3rd Edition: https://startearly.org/app/uploads/2020/09/PUBLICATION_Near@Home-Toolkit.pdf Michelle Harvey, LCSW – Reflective Supervision/Consultation for Service Providers & Early Childhood Professionals:</p> <ul style="list-style-type: none"> • https://www.mharveylcsw.com/reflective-supervision-salem-oregon • Focus on trauma-informed practice, NEAR science • Recommended by MIECHV program (former trainer) <p>Flourish Agenda (Dr. Sean Ginwright) training and consulting: https://flourishagenda.com/our-services/</p>
<p>4. Build agency response for anti-racist and trauma-informed practices</p> <ul style="list-style-type: none"> - Gather information (e.g., review current policies and practices) - Prioritize actions for agency work - Develop plan to implement anti-racist and trauma informed practices 	<p>a. Number of activities completed to build agency response</p>	<p>Roadmap to Trauma-Informed Care (Trauma Informed Oregon): https://traumainformedoregon.org/roadmap-trauma-informed-care/ Colorado MCH Action Plans: https://cdphe.colorado.gov/prevention-and-wellness/maternal-and-child-health/fy-21-25-mch-priorities Sanctuary Model: http://www.thesanctuaryinstitute.org/about-us/the-sanctuary-model/ SAMHSA Trauma Informed Approaches Toolkit: https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf IHR Developing Trauma Informed Organizations Toolkit: http://www.healthrecovery.org/publications/detail.php?p=30 NEAR@Home Toolkit, 3rd Edition: https://startearly.org/app/uploads/2020/09/PUBLICATION_Near@Home-Toolkit.pdf Michelle Harvey, LCSW – Reflective Supervision/Consultation for Service Providers & Early Childhood Professionals:</p> <ul style="list-style-type: none"> • https://www.mharveylcsw.com/reflective-supervision-salem-oregon • Focus on trauma-informed practice, NEAR science • Recommended by MIECHV program (former trainer) <p>Flourish Agenda (Dr. Sean Ginwright) training and consulting: https://flourishagenda.com/our-services/</p>

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<p>5. Implement anti-racist and trauma informed action plan</p> <ul style="list-style-type: none"> - Develop anti-racism statement for MCH Program that conveys commitment to the work and equity. - Review/monitor agency changes - Adopt/institutionalize policy and practice 	<ul style="list-style-type: none"> a. Anti-racism statement developed (Yes/No) b. Number of agency changes documented c. Number of policies or practices adopted or institutionalized 	<p>Roadmap to Trauma-Informed Care (Trauma Informed Oregon): https://traumainformedoregon.org/roadmap-trauma-informed-care/</p> <p>Oregon State Health Improvement Plan: https://www.oregon.gov/oha/ph/about/pages/healthimprovement.aspx</p> <p>Colorado MCH Action Plans: https://cdphe.colorado.gov/prevention-and-wellness/maternal-and-child-health/fy-21-25-mch-priorities</p> <p>Sanctuary Model: http://www.thesanctuaryinstitute.org/about-us/the-sanctuary-model/</p> <p>SAMHSA Trauma Informed Approaches Toolkit: https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf</p> <p>IHR Developing Trauma Informed Organizations Toolkit: http://www.healthrecovery.org/publications/detail.php?p=30</p> <p>NEAR@Home Toolkit, 3rd Edition: https://startearly.org/app/uploads/2020/09/PUBLICATION_Near@Home-Toolkit.pdf</p> <p>Michelle Harvey, LCSW – Reflective Supervision/Consultation for Service Providers & Early Childhood Professionals:</p> <ul style="list-style-type: none"> • https://www.mharveylcsw.com/reflective-supervision-salem-oregon • Focus on trauma-informed practice, NEAR science • Recommended by MIECHV program (former trainer) <p>Flourish Agenda (Dr. Sean Ginwright) training and consulting: https://flourishagenda.com/our-services/</p>
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Foundations of MCAH: Workforce capacity & effectiveness

Goal: Support a cross-sector workforce that serves women, children, youth and families, and delivers and links to culturally and linguistically responsive and trauma informed maternal and child health services.

Foundations of MCAH - Workforce Strategy #1: Advance the skills and abilities of the workforce to deliver equitable, trauma informed, and culturally and linguistically responsive services.

Strategy Lead: Wendy Morgan

Priorities impacted by work on this strategy:

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|--|--|--|
| <input checked="" type="checkbox"/> SDOH-E | <input type="checkbox"/> Well woman care | <input type="checkbox"/> Breastfeeding |
| <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs | <input type="checkbox"/> Child Injury | <input type="checkbox"/> Bullying |
| | | <input checked="" type="checkbox"/> CLAS |

Local Level Activities	Local measures	Resources
1. Participate in TA opportunities to improve knowledge and skills in equity, trauma/ACEs, and CLAS (including home visiting staff)	a. Number of staff engaged in technical assistance b. Number of technical assistance opportunities engaged in	Think Cultural Health: https://thinkculturalhealth.hhs.gov/resources/library Colorado MCH Action Plans: https://cdphe.colorado.gov/prevention-and-wellness/maternal-and-child-health/fy-21-25-mch-priorities Trauma Informed Oregon: https://traumainformedoregon.org/ NEAR@Home Toolkit, 3 rd Edition: https://startearly.org/app/uploads/2020/09/PUBLICATION_Near@Home-Toolkit.pdf Oregon WIC Program ACEs online course: https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/modules.aspx
2. Provide training and education for perinatal providers and community partners including anti-racism trainings and other SDOH areas	a. Number of training or educational opportunities provided to staff, providers and partners b. Number of staff trained c. Number of providers and partners trained	Illuminating Intersections: Hunger and Health Video (with accompanying discussion guide and toolkit): https://hungerandhealth.feedingamerica.org/resource/illuminating-intersections-hunger-and-health-video/ Racial Equity Learning Modules: https://www.racialequitytools.org/curricula/rel-modules Colorado MCH Action Plans: https://cdphe.colorado.gov/prevention-and-wellness/maternal-and-child-health/fy-21-25-mch-priorities Oregon Food Bank (education programs have shifted due to Covid-19): https://www.oregonfoodbank.org/our-work/programs/education/ Food Hero: http://foodhero.org/ Familias en Acción Nutrition and Food Equity: https://www.familiasenaccion.org/nutrition-food-equity/

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		<p>Human Impact Partners: Health Equity Guide Webinar Series: https://humanimpact.org/hiprojects/hegwebinars2017/?strategy=all NEAR@Home Toolkit, 3rd Edition: https://startearly.org/app/uploads/2020/09/PUBLICATION_Near@Home-Toolkit.pdf Oregon WIC Program ACEs online course: https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/modules.aspx</p>
<p>Foundations of MCAH - Workforce Strategy #2: Implement standards for workforce development that address bias and improve delivery of equitable, trauma-informed, and culturally and linguistically responsive services Strategy Lead: Wendy Morgan</p> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: fit-content;"> <p>Priorities impacted by work on this strategy:</p> <p> <input checked="" type="checkbox"/> SDOH-E <input type="checkbox"/> Well woman care <input type="checkbox"/> Breastfeeding <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs <input type="checkbox"/> Child Injury <input type="checkbox"/> Bullying <input checked="" type="checkbox"/> CLAS </p> </div>		
Local Level Activities	Local measures	Resources
<p>1. Assess standards currently in place, determine best practices and develop action plan for equitable workforce development and trauma informed, and culturally responsive services</p>	<p>a. Assessment completed using standardized tool (Yes/No) b. Action plan developed (Yes/No)</p>	<p>Roadmap to Trauma-Informed Care: https://traumainformedoregon.org/roadmap-trauma-informed-care/ Tool for Organizational Assessment for Racial Equity: https://www.coalitioncommunitiescolor.org/research-and-publications/ccorgassessment BARHII Local Health Department Self-Assessment Toolkit: https://www.barhii.org/organizational-self-assessment-tool</p>
<p>2. Adopt policies, standards and monitoring systems to track progress on implementing trauma and equity standards</p>	<p>a. Number of policies, standards implemented b. Monitoring system implemented (Yes/No) c. Percent of staff adhering to policies and standards</p>	
<p>3. Develop and implement a hiring and retention plan using trauma informed principles and an equity lens</p>	<p>a. Hiring and retention plan developed (Yes/No) b. Number of best practices included in hiring plan c. Percent of new hiring processes adhering to plan</p>	<p>Opportunities for Advancing Racial Equity: https://racialequityalliance.org/wp-content/uploads/2015/02/Public-Sector-Jobs-Final1.pdf Colorado Equity Alliance Tools: https://sites.google.com/state.co.us/colorado-equity-alliance/home/tools-resources</p>

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Foundations of MCAH: Community, Individual & Family Capacity

Goal: Communities, individuals and families have access to resources, services and built environments that promote family health, safety, protective factors, resilience and equity

Foundations of MCAH – Community, Individual & Family Capacity Strategy #1: Support/fund programs - such as home visiting - that engage families and build parent capabilities, resilience, supportive/nurturing relationships, and children’s social-emotional competence

Strategy Lead: Anna Stiefvater

Priorities impacted by work on this strategy:

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|--|---|--|
| <input checked="" type="checkbox"/> SDOH-E | <input checked="" type="checkbox"/> Well woman care | <input checked="" type="checkbox"/> Breastfeeding |
| <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs | <input checked="" type="checkbox"/> Child Injury | <input type="checkbox"/> Bullying <input checked="" type="checkbox"/> CLAS |

Local Level Activities	Local measures	Resources
<p>1. Implement and staff MCH home visiting programs.</p>	<p>a. FTE of home visiting staff (home visitor, supervisor, or support staff)</p> <p>b. Number of clients served by home visiting programs</p>	<p>Evidence: PEW Home Visiting Research: https://www.pewtrusts.org/en/research-and-analysis/reports/0001/01/01/solving-social-ills-through-early-childhood-home-visiting</p> <p>Nurse Family Partnership, AMCHP Innovation Station: http://www.amchp.org/programsandtopics/BestPractices/InnovationStation/ISDocs/Nurse Family Partnership 2015.pdf</p> <p>Resources: Oregon’s Public Health Home Visiting System: https://www.oregon.gov/OHA/PH/HealthyPeopleFamilies/Babies/HomeVisiting/Pages/index.aspx</p>
<p>2. Partner with other home visiting programs to build a coordinated home visiting referral system.</p>	<p>a. Number of home visiting programs partnered with</p>	<p>Resources: Oregon MIECHV: https://www.oregon.gov/oha/PH/HealthyPeopleFamilies/Babies/HomeVisiting/MIECHV/Pages/index.aspx</p> <p>AMCHP Roadmap for Collaboration: http://www.amchp.org/AboutAMCHP/NewsRoom/Documents/AMCHP Roadmap%20for%20Improved%20EC%20Collaboration Oct%202020.pdf</p> <p>NHVMA, Lessons on Central Intake: https://generocity.org/philly/wp-content/uploads/sites/2/2018/10/Strader WhitePaper-home-visiting.pdf</p> <p>Examples: Family Core (Yamhill): http://midvalleyparenting.org/resources/display/familycore-yamhill_county</p> <p>Home Visit Connections (Hood River, North Central): https://www.columbiagorgenews.com/news/family-support-starts-at-birth-with-home-visiting-connection/article_0d8d3d3a-a3f4-5284-a2ac-41ecb5f489d0.html</p>

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3. Enhance access to parenting education and support.	a. Number of parents served/provided with education or support	Resources: Oregon Parenting Education: https://orparenting.org/ Parents Anonymous: https://parentsanonymous.org/ Parenting Anonymous Oregon: https://morrisonkids.org/programs/prevention-education/parents-anonymous-of-oregon-parent-mentor-program/ Parenting Café: https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/BABIES/Documents/LAUNCHParentCafeissuebrief.pdf
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Foundations of MCAH – Community, Individual & Family Capacity Strategy #2: Build community capacity for improved health, resilience, social/cultural connection and equity.
Strategy Lead: Kate O’Donnell

Priorities impacted by work on this strategy:			
<input type="checkbox"/> SDOH-E	<input checked="" type="checkbox"/> Well woman care	<input type="checkbox"/> Breastfeeding	
<input checked="" type="checkbox"/> Toxic stress/trauma/ACEs	<input type="checkbox"/> Child Injury	<input checked="" type="checkbox"/> Bullying	<input checked="" type="checkbox"/> CLAS

Local Level Activities	Local measures	Resources
1. Convene coalitions, inter-agency collaborations, and cross-systems initiatives to prevent/address trauma and promote resilience.	a. Number of meetings held b. Number of coalitions created c. Number of partners engaged	TRACES (Central OR): http://tracesco.org/ Southern Oregon Success: https://www.soesd.k12.or.us/sosuccess/ Creating Sanctuary (Columbia Gorge): https://www.acesconnection.com/blog/columbia-river-gorge-creating-sanctuary Healing Centered Engagement (Shawn Ginwright): https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c Trauma-Informed Oregon organizational resources: https://traumainformedoregon.org/resources/resources-organizations/ Prevention Institute tools and resources: https://www.preventioninstitute.org/tools Growing Resilient Communities: https://www.acesconnection.com/collection/growing-resilient-communities-2-1-blog-posts OHA Social Resilience Project: https://www.oregon.gov/oha/PH/HEALTHYENVIRONMENTS/CLIMATECHANGE/Pages/social-resilience.aspx Share Power with Communities resource: https://healthequityguide.org/strategic-practices/share-power-with-communities/ Multnomah County Equity & Empowerment lens: https://multco.us/diversity-equity/equity-and-empowerment-lens

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<p>2. Support culturally and linguistically responsive, community-based mentoring and peer delivered services.</p>	<p>a. Number of mentoring and peer-delivered services funded b. Number of clients served by mentoring or peer delivered services</p>	<p>Oregon Student Voice: https://www.oregonstudentvoice.org/ Oregon Peer Delivered Services resources: https://www.opdsconnect.org/resource NAYA ASPIRE program: https://navapdx.org/services/college-and-career-services/aspire/ Momentum Alliance: https://www.momentumalliance.org/ HOLLA: https://hollamentors.org/ Wisdom of the Elders: https://wisdomoftheelders.org/history-and-projects/ Institute for Youth Success: https://educationnorthwest.org/institute-for-youth-success Youth Participatory Action Research: http://yparhub.berkeley.edu/ Healing Centered Engagement (Shawn Ginwright): https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c Multnomah County Equity & Empowerment lens: https://multco.us/diversity-equity/equity-and-empowerment-lens</p>
<p>3. Work with partners to create opportunities and spaces for connection to community, spirituality and culture.</p>	<p>a. Number of partners engaged b. Number of cultural or spiritual community events held</p>	<p>Oregon Cultural Trust - Find a Nonprofit: https://culturaltrust.org/get-involved/nonprofits/ OCT County/Tribal Cultural Coalitions: https://culturaltrust.org/about-us/coalitions/ Wisdom of the Elders: https://wisdomoftheelders.org/history-and-projects/ Arts + Public Health Response: https://response.arts.ufl.edu/ Creating Healthy Communities Through Cross-Sector Collaboration: https://arts.ufl.edu/site/assets/files/174533/uf_chc_whitepaper_2019.pdf Healing Centered Engagement (Shawn Ginwright): https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c Share Power with Communities resource: https://healthequityguide.org/strategic-practices/share-power-with-communities/ Multnomah County Equity & Empowerment lens: https://multco.us/diversity-equity/equity-and-empowerment-lens</p>
<p>4. Create meaningful partnerships with culturally specific organizations and their constituents to ensure Title V/MCH policies, practices, systems of accountability and program awards advance equity and racial justice and meet the needs of communities of color.</p>	<p>a. Number of meaningful partnerships developed b. Number of Title V/MCH accountability systems established</p>	<p>Trauma-Informed Oregon organizational resources: https://traumainformedoregon.org/resources/resources-organizations/ Prevention Institute tools and resources: https://www.preventioninstitute.org/tools Healing Centered Engagement (Shawn Ginwright): https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c Share Power with Communities resource: https://healthequityguide.org/strategic-practices/share-power-with-communities/ Multnomah County Equity & Empowerment lens: https://multco.us/diversity-equity/equity-and-empowerment-lens Supporting Health Care and Community-Based Organization Partnerships to Address Social Determinants of Health: https://www.gih.org/views-from-the-field/supporting-health-care-and-community-based-organization-partnerships-to-address-social-determinants-of-health/</p>

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Foundations of MCAH: Assessment & Evaluation

Goal: Data on social determinants of health, trauma, and equity are monitored and shared to inform and drive policy and program decisions.

Foundations of MCAH – Assessment & Evaluation Strategy #1: Ensure all Title V priority areas include a racial/ethnic and health equity focus including performance measurement and evaluation to identify and address disparities.

Strategy Lead: Maria Ness

Priorities impacted by work on this strategy:

- | | | |
|--|---|---|
| <input checked="" type="checkbox"/> SDOH-E | <input checked="" type="checkbox"/> Well woman care | <input checked="" type="checkbox"/> Breastfeeding |
| <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs | <input checked="" type="checkbox"/> Child Injury | <input checked="" type="checkbox"/> Bullying <input checked="" type="checkbox"/> CLAS |

Local Level Activities	Local measures	Resources
1. Conduct local level evaluation of Title V efforts that engages end users, (e.g. consumer satisfaction surveys) particularly among marginalized communities such as BIPOC, LGBTQ+, homeless families, etc.	a. Number of local level evaluation projects completed b. Number of clients engaged in local level evaluation (surveyed, participated in focus groups, etc.)	CDC Program Evaluation Guide: https://www.cdc.gov/eval/guide/introduction/index.htm Racial equity in evaluation: https://www.racialequitytools.org/resources/evaluate https://publicpolicy.com/wp-content/uploads/2017/04/PPA-Culturally-Responsive-Lens.pdf https://www.ywboston.org/2019/05/your-evaluations-are-likely-biased-heres-what-you-can-do-about-it/
2. Conduct local level quality improvement activities (e.g. PDSA cycles) focused on improving equitable and trauma informed services.	a. Number of continuous quality improvement activities completed	CDC Quality Improvement Guidance for Public Health: https://www.cdc.gov/publichealthgateway/performance/index.html http://www.phf.org/focusareas/qualityimprovement/Pages/Quality_Improvement.aspx

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Foundations of MCAH – Assessment & Evaluation Strategy #2: Conduct continuous needs assessment and/or exploratory analysis to add to the SDOH, Equity, CLAS, and Trauma/ACEs knowledge base and improve effectiveness of Title V foundational interventions and innovations.

Strategy Lead: Maria Ness

Priorities impacted by work on this strategy:

- | | | |
|--|---|---|
| <input checked="" type="checkbox"/> SDOH-E | <input checked="" type="checkbox"/> Well woman care | <input checked="" type="checkbox"/> Breastfeeding |
| <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs | <input checked="" type="checkbox"/> Child Injury | <input checked="" type="checkbox"/> Bullying <input checked="" type="checkbox"/> CLAS |

Local Level Activities	Local measures	Resources
1. Conduct local level community needs assessment with a focus on identifying disparities by race/ethnicity, disability, geography, etc.	a. Number of needs assessment activities completed b. Number of partners engaged in needs assessment activities c. Number of community members engaged in needs assessment activities	Data equity training: https://weallcount.com/workshop-landing-page/ Assessing community needs: https://ctb.ku.edu/en/assessing-community-needs-and-resources https://ctb.ku.edu/en/table-of-contents/assessment/assessing-community-needs-and-resources
2. Engage communities to ensure that needs assessment results and/or other MCH data is accessible and useful to them.	a. Number of community members engaged b. Number of partner community agencies engaged	Leading by convening toolkit: https://ncsi.wested.org/resources/leading-by-convening/ https://ctb.ku.edu/en/table-of-contents/culture/racial-injustice-and-inclusion
3. Revise local programmatic data collection forms and systems to implement Oregon Health Authority REAL D protocols.	a. Number of data collection systems revised to adhere to REAL D protocols	REAL D guidance: https://www.oregon.gov/oha/OEI/Pages/REALD.aspx
4. Conduct community based participatory research with underrepresented or marginalized communities	a. Number of community member participants b. CBPR project completed (Yes/No)	CBPR principles and training: https://guides.library.oregonstate.edu/CBPR CDC guidance on CBPR: https://www.cdc.gov/pcd/issues/2011/may/10_0045.HTM

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<p>Foundations of MCAH – Assessment & Evaluation Strategy #3: Engage families and communities in all phases of MCAH assessment, surveillance, and epidemiology, including interpretation and dissemination of findings</p> <p>Strategy Lead: Maria Ness</p>	<p>Priorities impacted by work on this strategy:</p> <p> <input checked="" type="checkbox"/> SDOH-E <input checked="" type="checkbox"/> Well woman care <input checked="" type="checkbox"/> Breastfeeding <input checked="" type="checkbox"/> Toxic stress/trauma/ACEs <input checked="" type="checkbox"/> Child Injury <input checked="" type="checkbox"/> Bullying <input checked="" type="checkbox"/> CLAS </p>	<p>findings</p>
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Local Level Activities	Local measures	Resources
<p>1. Develop partnerships with culturally specific and/or responsive organizations and their constituents to engage them in all phases of MCAH research, assessment, and planning activities.</p>	<p>a. Number of partnerships developed</p> <p>b. Number of partnership meetings convened or attended</p>	<p>Relationship building with diverse communities: https://ctb.ku.edu/en/table-of-contents/culture/racial-injustice-and-inclusion</p>
<p>2. Fund impacted communities to participate in research and assessment activities.</p>	<p>a. Number of community partners funded</p>	<p>https://ssir.org/articles/entry/overcoming_the_racial_bias_in_philanthropic_funding</p>
<p>3. Include communities or individuals involved in research activities as equal partners in decision making (including resource allocation) based on the research outcomes.</p>	<p>a. Number of community members or agencies meaningfully engaged in decision making</p>	<p>Leading by convening toolkit: https://ncsi.wested.org/resources/leading-by-convening/ https://ctb.ku.edu/en/table-of-contents/culture/racial-injustice-and-inclusion</p>