

## Maternity Case Management – Perinatal Risk Factors

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Factors present that give a client enhanced vulnerability to an unwanted outcome.

**<18 years old:** the client was less than 18 years old at the time of conception.

**<HS Education:** the client has less than twelve years of formal education and/or has not completed the General Educational Development (GED).

**Developmental Disability (DD):** client has a disability that is likely to continue, and significantly impacts adaptive behavior. DD includes mental retardation, autism, cerebral palsy, epilepsy, or other neurological disabling conditions that require training or support similar to that required by individuals with intellectual impairment.

**Intimate Partner Violence (IPV)/Domestic Violence (DV):** the client is currently experiencing intimate partner violence, or your assessment indicates a factor is present that gives the client enhanced vulnerability to IPV.

**Medical Risk (e.g., diabetes, hypertension, obesity):** the client has a medical diagnosis potentially impacting the course of her pregnancy.

**Mental Health:** client reports or has current symptoms of mental health problems.

**Nutrition:** the client's intake of nutrients is insufficient to meet the metabolic needs of pregnancy, whether less or more than requirements.

**Substance Abuse:**

For a pregnant woman, once she knows she is pregnant, any use of alcohol, use of illegal/illicit drugs, or misuse of prescription drugs.

For a breastfeeding and non-breastfeeding postpartum woman, any illegal/illicit drug use, or alcohol use which fits one or more of the following criteria.

- Routine use of greater than or equal to 2 drinks/day
- Binge drinking, i.e., drinks 5 or more drinks on the same occasion on at least one day in the past 30 days
- Heavy drinking, i.e., drinks 5 or more drinks on the same occasion on five or more days in the previous 30 days
- Illegal/illicit drug use: dependence on a stimulant, depressant, or other chemical substance, leading to effects that are detrimental to the client's physical or mental health or to the welfare of others.

**Tobacco Use:** the client smokes or has smoked in the past.

**Unmarried:** the client is not legally married.

**Unplanned pregnancy:** the client has stated that she wanted to be pregnant later or not at any time in the future.

**Other:** any other risk factor identified by the Maternity Case Manager. The specific risk factor that this selection represents may be defined on a county-by-county basis.