

Oregon Prevalence of Selected Maternal and Child Health Indicators, Pregnancy Risk Assessment Monitoring System (PRAMS), 2012 and 2013

Health Indicator ^o	2012			2013			All PRAMS Sites [¶]
	n [†]	% [§]	95% CI [‡]	n	%	95% CI	%
Nutrition and Exercise							
– Multivitamin use ≥ 4 days a week during the month before pregnancy	762	45.6	(40.6–50.7)	1,517	41.5	(38.0–45.1)	39.8
– Dieting during the 12 months before pregnancy	769	33.6	(29.0–38.7)	1,533	30.0	(26.8–33.5)	29.2
– Exercising ≥ 3 days a week during the 3 months before pregnancy	768	57.2	(52.2–62.1)	1,526	60.5	(56.9–63.9)	47.0
Prepregnancy Weight							
– Underweight (Body Mass Index [BMI] <18.5)	740	3.8	(2.2– 6.3)	1,470	3.7	(2.5– 5.6)	4.0
– Overweight (BMI: 25–29.9)	740	21.7	(17.8–26.2)	1,470	24.7	(21.7–28.0)	24.3
– Obese (BMI ≥ 30)	740	21.1	(17.2–25.6)	1,470	21.0	(18.2–24.2)	21.6
Substance Use							
– Any cigarette smoking during the 3 months before pregnancy	748	21.5	(17.4–26.3)	1,495	22.2	(19.1–25.6)	21.6
– Any cigarette smoking during the last 3 months of pregnancy	750	8.4	(5.8–12.1)	1,496	9.7	(7.5–12.5)	10.1
– Any cigarette smoking postpartum	749	13.6	(10.2–17.9)	1,496	13.5	(11.0–16.5)	14.6
– Any alcohol use during the 3 months before pregnancy	746	63.6	(58.9–68.0)	1,491	63.1	(59.8–66.4)	55.8
– Any alcohol use during the last 3 months of pregnancy	745	8.1	(5.6–11.5)	1,495	10.1	(8.0–12.7)	7.7
Intimate Partner Violence (IPV)							
– Experienced IPV during the 12 months before pregnancy	708	3.1	(1.6– 5.6)	1,417	1.4	(0.7– 2.7)	2.8
– Experienced IPV during pregnancy	710	2.4	(1.2– 4.8)	1,417	1.7	(1.0– 3.1)	2.4
Depression							
– Told by a provider had depression before pregnancy [#]	755	9.0	(6.4–12.5)	1,494	12.7	(10.2–15.5)	10.0
– Self-reported postpartum depressive symptoms	750	9.5	(7.0–12.8)	1,483	11.8	(9.6–14.3)	11.7
Pregnancy Intention and Family Planning							
– Mistimed/unwanted pregnancy	657	28.5	(23.9–33.6)	1,255	30.9	(27.4–34.8)	34.7
– Unsure about pregnancy	752	12.5	(9.4–16.4)	1,486	15.2	(12.7–18.1)	13.8
– Postpartum contraceptive use	752	82.8	(78.7–86.3)	1,490	84.3	(81.6–86.7)	80.1
Health Care Services							
– Talked to provider about improving health before pregnancy [#]	761	29.7	(25.3–34.6)	1,519	20.7	(18.0–23.7)	22.8
– Began prenatal care in 1st trimester	751	87.0	(83.3–90.0)	1,476	84.4	(81.6–86.9)	85.4
– Took childbirth class [#]	749	32.0	(27.5–36.9)	1,502	31.2	(27.9–34.7)	23.0
– Had home visitor during pregnancy [#]	750	6.7	(4.8– 9.4)	1,499	8.8	(7.0–11.2)	7.7
– Had flu shot before or during pregnancy	732	54.2	(48.9–59.3)	1,467	59.3	(55.5–62.9)	51.2
– Had maternal postpartum checkup	749	92.1	(89.1–94.2)	1,493	91.5	(89.4–93.3)	90.7
Oral Health							
– Teeth cleaned during 12 months before pregnancy	766	57.8	(52.7–62.7)	1,532	58.3	(54.7–61.9)	58.0
– Teeth cleaned during pregnancy	756	56.1	(51.0–61.1)	1,500	57.0	(53.3–60.5)	51.0
– Had dental insurance during pregnancy [#]	746	86.5	(83.1–89.4)	1,491	83.9	(81.2–86.3)	73.5

Health Indicator ^o	2012			2013			All PRAMS Sites [¶]
	n [†]	% [§]	95% CI [¥]	n	%	95% CI	%
Pre-pregnancy Health Insurance[‡] Status							
– Private insurance	750	60.6	(55.6–65.3)	1,489	59.9	(56.3–63.3)	59.0
– Medicaid	750	16.2	(12.9–20.0)	1,489	18.8	(16.2–21.8)	19.6
– No insurance	750	23.3	(19.3–27.8)	1,489	21.3	(18.6–24.3)	19.7
Health Insurance[‡] Status During Pregnancy							
– Private insurance	724	60.4	(55.5–65.2)	1,456	57.2	(53.5–60.7)	57.1
– Medicaid	724	37.8	(33.1–42.8)	1,456	40.5	(37.0–44.1)	37.9
– No insurance	754	3.4	(2.0– 5.6)	1,510	2.8	(2.0– 4.1)	3.5
Health Insurance[‡] Status Postpartum							
– Private insurance	742	56.0	(51.0–60.9)	1,462	54.6	(51.0–58.2)	55.8
– Medicaid	742	26.9	(22.6–31.6)	1,462	29.0	(25.7–32.4)	27.0
– No insurance	755	17.0	(13.7–20.9)	1,497	16.0	(13.6–18.8)	14.9
Infant Sleep Practices							
– Baby most often laid on back to sleep	732	83.2	(79.0–86.7)	1,445	84.0	(81.2–86.5)	78.2
Breastfeeding Practices							
– Ever breastfed	744	96.1	(93.6–97.6)	1,493	96.1	(94.3–97.3)	84.3
– Any breastfeeding at 8 weeks	743	82.2	(78.0–85.8)	1,481	80.1	(76.9–83.0)	63.0

^oIndicators and definitions available in PRAMStat (<http://www.cdc.gov/prams/pramstat/index.html>) unless otherwise indicated.

[†]Unweighted sample size

[§]Weighted percent

[¥]95% confidence interval

[¶]PRAMS site aggregate for 2012 and 2013; 2012: Alaska, Arkansas, Colorado, Delaware, Georgia, Hawaii, Illinois, Maine, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Nebraska, New Jersey, New Mexico, New York City, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, Tennessee, Utah, Vermont, Washington, Wisconsin, and Wyoming met the required 60% response rate threshold for inclusion. 2013: Alaska, Arkansas, Colorado, Georgia, Hawaii, Illinois, Iowa, Maine, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, New York City, New York State, Oklahoma, Oregon, Pennsylvania, Rhode Island, Tennessee, Utah, Vermont, Washington, Wisconsin, and Wyoming met the required 60% response rate threshold for inclusion.

[#]Indicator is new for Phase 7 (2012-2015) survey and is not currently available in PRAMStat.

[‡]Insurance is coded as Medicaid (Medicaid or state-named Medicaid program); Private (Private only, both Medicaid & private, any other insurance in combination with private, TRICARE or other military insurance); and No insurance (no insurance or Indian Health Service (IHS) only; in Alaska this also includes Alaska Native Health Services and Native Regional Health Corporations that are part of the IHS response option).