

ECHO

Early Childhood Health in Oregon

What is ECHO?

ECHO stands for Early Childhood Health in Oregon. ECHO is research project sponsored by the Oregon Health Authority. The purpose of the study is to find out about the health and wellbeing of three-year-old children in Oregon. Your answers from the ECHO survey will be grouped with those from other women. What we learn from ECHO will be used to plan programs to help mothers, children, and families in our state.

Why did I get a survey?

Three years ago, you completed our PRAMS survey (Pregnancy Risk Assessment Monitoring System) for mothers with newborns. Thank you! We are following up with you now that your child has turned 3.

How can I complete the survey? Can I do it online?

You can complete the survey by mail or phone. We don't have an online version yet.

Are my answers confidential?

Yes. Your name won't be on any reports. Your answers will be kept private and used only for research. One exception: None of the questions are about child abuse. But, if your comments suggest child abuse, we are required by law to report this.

Do I have to answer all the questions?

No. You are free to do the survey or not. If you want to skip a question, or you don't want to participate at all, that's okay. There is no penalty or loss of benefits for skipping questions or not participating.

I lost my survey / I need another return envelope / My address changed / I don't want to participate. What do I do?

Please call 1-800-723-3638. The call is free.

I did the survey. Why am I still getting mail about it?

Thank you! We really appreciate your help. During the COVID-19 pandemic, we've noticed it takes longer to receive mail and longer for us process it.

Why am I getting calls about the survey?

If we don't receive your survey, you may get a call from our ECHO interviewers to do the survey over the phone.

Where's my reward?

You can expect the reward 6-8 weeks after completing the survey.

On the back of the survey, there's a label with a number. What is that?

That number helps us keep track of who has returned a survey. It keeps your name private.

Have more questions about ECHO? Need help or referrals? Call 1-800-723-3638.