A project of the Maternal and Child Health Section of Oregon Health Authority and the Centers for Disease Control and Prevention

## PREGNANCY RISK ASSESSMENT MONITORING SYSTEM (PRAMS)

2021 Oregon Births Results by Topic



### INTRODUCTION

### PRAMS

The Oregon Pregnancy Risk Assessment Monitoring System (PRAMS) is a project of the Oregon Health Authority Public Health Division with support from the national Centers for Disease Control and Prevention (CDC). PRAMS collects data on maternal attitudes and experiences prior to, during, and immediately after pregnancy for a sample of Oregonians who recently had a baby. The sample data are analyzed in a way that allows findings to be applied to all those who have recently had a baby. For more information about PRAMS, please visit the <u>Oregon PRAMS website</u>, <u>CDC PRAMS</u> website, or contact the Oregon PRAMS coordinator, Caitlyn Howell, at <u>caitlyn.b.howell@oha.oregon.gov</u> or 971-401-2560.

### **HOW TO USE THIS DOCUMENT**

This document contains all 104 questions in the 2021 Oregon PRAMS survey: our 81 questions asked from 2016 to 2022 (CDC Phase 8) plus an additional 6 questions from an optional CDC Disability Supplement Questions, 11 questions from an optional CDC COVID Experiences Supplement, and 6 questions from an optional CDC COVID Vaccine Supplement. Questions are organized by topic areas and may be categorized under more than one topic. For example, a question about folic acid during the prenatal period can be found under the topic area Folic Acid, as well as under Prenatal Care. The Table of Contents lists all the topic areas with clickable links to each.

### **INTERESTED IN OBTAINING DATA?**

Oregon PRAMS datasets are available for external use. If you're interested in obtaining data, please contact <u>oregonprams@oha.oregon.gov</u> or call 971-401-2560. For data that involve multiple states, please visit the <u>CDC</u> <u>PRAMS website</u>.

### INTRODUCTION

### NOTES ABOUT THE 2021 DATA

- 2021 Data collected under Centers for Disease Control and Prevention (CDC) protocol.
- Results are for surveys given to mothers of babies born January 1, 2021, through December 31, 2021.
- 1,878 people responded to the 2021 Oregon PRAMS survey.
- "n" = unweighted number of respondents for a question.
- "Valid Percent" is a weighted percentage. It represents the use of denominators that exclude blanks and unknowns. Valid Percent may not add up to 100.0 due to rounding.
- "Percent of Cases" indicates a question where respondents were able to select more than one answer. This column will add up to over 100.0 because of the multiple responses.
- Significantly lower number of respondents to certain questions usually indicate a skip pattern in the questionnaire.

### Accessibility and Language

This document can be provided upon request in an alternate format for individuals with disabilities or in a language other than English for people with limited English skills. To request this publication in another format or language, email <u>oregonprams@oha.oregon.gov</u> or call or text 971-401-2560. Oregon PRAMS acknowledges that the language surrounding pregnancy and birth, including terms such as "women" and "mothers," is gendered and may or may not reflect the range of gender identities and diversity of people who can become pregnant, give birth, or raise children.

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### **Alcohol Consumption**

#### Have you had any alcoholic drinks<sup>\*</sup> in the past 2 years? (Q30) Valid Percent

	Valid Percent
No	27.2
Yes	72.8

(n = 1,850)

During the 3 months <u>before</u> you got pregnant, how many alcoholic drinks did you have in an average week? (Q31)

	Valid Percent
14 drinks or more a week	2.5
8 to 13 drinks a week	4.5
4 to 7 drinks a week	16.7
1 to 3 drinks a week	30.4
Less than 1 drink a week	33.7
I didn't drink then	12.2

(n = 1,189)

*During any of your prenatal care visits,* did a doctor, nurse, or other health care worker ask if you were drinking alcohol? (Q18d)

	Valid Percent
No	3.2
Yes	96.8

(n = 1,792)

### In the *past 12 months*, have you needed or received help with an alcohol or drug **problem?** (Q71c)

	Valid Percent
Didn't need it	98.5
Needed it, but did not get it	0.7
Needed it, and did get it	0.9

(n = 1,813)

<sup>\*</sup> A drink is defined as 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.

*During any of your prenatal care visits,* did a doctor, nurse, or other health care worker ask you if you planned to breastfeed your new baby? (Q18i)

	Valid Percent
No	8.4
Yes	91.6
( =0.0)	

(n = 1,786)

### *Before or after your new baby was born,* did you receive information about breastfeeding from any of the following sources? (Q40)

a. My doctor (n = 1,791)	Valid Percent
No	19.1
Yes	80.9
b. A nurse, midwife, or doula (n = 1,795)	Valid Percent
No	17.8
Yes	82.2
c. A breastfeeding or lactation specialist (n = 1,799)	Valid Percent
No	19.4
Yes	80.6
d. My baby's doctor or health care provider (n = 1,768)	Valid Percent
No	23.5
Yes	76.5
e. A breastfeeding support group (n = 1,736)	Valid Percent
No	79.2
Yes	20.8
f. A breastfeeding hotline or toll-free number (n = 1,726)	Valid Percent
No	91.1
Yes	8.9
g. Family or friends (n = 1,776)	Valid Percent
No	35.0
Yes	65.0
h. Other (n = 1,420)	Valid Percent
No	84.8
Yes	15.2

### Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time? (Q41)

		Valid Percent
	No	4.4
	Yes	95.6
,	4 007)	

(n = 1,827)

#### Are you currently breastfeeding or feeding pumped milk to your new baby? (Q42)

[Respondents prompted to skip if they did not breastfeed their baby – 'No' on Q41]

	Valid Percent
No	30.1
Yes	69.9

(n = 1,742)

### How many weeks or months<sup>\*</sup> did you breastfeed or feed pumped milk to your baby? (Q43)

Valid Percent
4.4
5.5
5.8
84.3

(n = 1,799)

#### This question asks about things that may have happened at the hospital where your

new baby was born. (Q44) [Respondents prompted to skip if their baby was not born in a hospital]

a. Hospital staff gave me information about breastfeeding (n = 1,690)	Valid Percent
No	4.0
Yes	96.0
b. My baby stayed in the same room with me at the hospital	
<u>(n = 1,690)</u>	Valid Percent
No	6.3
Yes	93.7

\* All answers converted to weeks.

### This question asks about things that may have happened at the hospital where your new baby was born. (Q44 cont.)

[Respondents prompted to skip if their baby was not born in a hospital]

c. I breastfed my baby in the hospital (n = 1,691)	Valid Percent
No	3.6
Yes	96.4
d. Hospital staff helped me learn how to breastfeed (n = 1,689)	Valid Percent
No	12.1
Yes	87.9
e. I breastfed in the first hour after my baby was born (n = 1,675)	Valid Percent
No	19.6
Yes	80.4
f. My baby was placed in skin-to-skin contact within the first hour of	
life (n = 1,687)	Valid Percent
No	10.1
Yes	89.9
g. My baby was fed only breast milk at the hospital (n = 1,684)	Valid Percent
No	20.4
Yes	79.6
h. Hospital staff told me to breastfeed whenever my baby wanted	
<u>(n = 1,671)</u>	Valid Percent
No	8.6
Yes	91.4
i. The hospital gave me a breast pump to use (n = 1,686)	Valid Percent
No	46.9
Yes	53.1
j. The hospital gave me a gift pack with formula ( $n = 1,677$ )	Valid Percent
No	77.9
Yes	22.1
k. The hospital gave me a telephone number to call for help with	
breastfeeding (n = 1,657)	Valid Percent
No	17.2
Yes	82.8
I. Hospital staff gave my baby a pacifier (n = 1,674)	Valid Percent
No	59.2
Yes	40.8

How old was your new baby the first time he or she had liquids other than breast milk (such as formula, water, juice, or cow's milk)?<sup>\*</sup> (Q45)

Valid Percent
23.7
6.9
5.3
1.5
5.7
0.8
18.7
37.4

(n = 1,677)

Percent of "Yes" responses to **My baby has not had any liquids other than breast** milk, by age of baby at time of survey response

	Weighted percent
Baby's age at time of survey	"Yes" responses
Up to 12 weeks old	0.4
More than 12 weeks up to 16 weeks	12.1
More than 16 weeks up to 20 weeks	43.0
More than 20 weeks up to 24 weeks	22.7
More than 24 weeks up to 28 weeks	13.1
More than 28 weeks	8.7

Did the COVID-19 pandemic affect breastfeeding for you and your baby in any of the following ways? (QCV8) [Respondents prompted to skip if they did not breastfeed their baby]

a. I was given information in the hospital about how to protect my<br/>baby from infection while breastfeeding (n = 1,582)Valid PercentNo60.2Yes39.8b. I wore a mask while breastfeeding in the hospital (n = 1,600)Valid PercentNo76.8Yes23.2

<sup>\*</sup> PRAMS participants can respond to the survey starting when their baby is 2 months old and ending when their baby is 9 months old. Therefore, the overall percent response for "My baby has not had any liquids other than breast milk" does not necessarily reflect how old babies are when they begin receiving liquids other than breast milk.

#### Did the COVID-19 pandemic affect breastfeeding for you and your baby in any of

**the following ways?** (QCV8 cont.) [Respondents prompted to skip if they did not breastfeed their baby]

c. I pumped breast milk in the hospital so someone else could feed	
my baby to avoid him or her getting infected (n = 1,606)	Valid Percent
No	94.9
Yes	5.1
d. Due to COVID-19, I had trouble getting a visit from a lactation	
specialist while I was in the hospital (n = 1,600)	Valid Percent
No	93.8
Yes	6.2

### Cigarettes, E-Cigarettes, and Hookah

	Valid Percent
No	86.4
Yes	13.6

#### Have you smoked any cigarettes in the past 2 years? (Q23)

(n = 1,860)

#### Have you used any of the following products in the past 2 years? (Q27)

a. E-cigarettes or other electronic nicotine products <sup>*</sup> (n = 1,852)	Valid Percent
No	91.1
Yes	8.9
b. Hookah† (n = 1,829)	Valid Percent
No	99.3
Yes	0.7

During any of your health care visits in the *12 months before* you got pregnant did a doctor, nurse, or other health care worker ask if you were smoking cigarettes? (Q8h)

	Valid Percent
No	20.3
Yes	79.7

(n = 1,125)

<sup>\*</sup> E-cigarettes (electronic cigarettes) and other electronic nicotine products (such as vape pens, e-hookahs, hookah pens, e-cigars, e-pipes) are battery-powered devices that use nicotine liquid rather than tobacco leaves, and produce vapor instead of smoke.

<sup>&</sup>lt;sup>†</sup> A hookah is a water pipe used to smoke tobacco. It is not the same as an e-hookah or hookah pen.

#### During the 3 months <u>before</u> you got pregnant, on average, how often did you use ecigarettes or other electronic nicotine products? (Q28)

[Respondents prompted to skip if they did not use e-cigarettes or other electronic nicotine products in the past 2 years – 'No' on Q27a)

	Valid Percent
More than once a day	40.5
Once a day	8.2
2-6 days a week	11.6
1 day a week or less	15.0
I did not use e-cigarettes or other electronic nicotine products then	24.7

(n = 161)

### In the *3 months <u>before</u>* you got pregnant, how many cigarettes did you smoke on an average day? (Q24)

	Valid Percent
41 cigarettes or more	3.3
21 to 40 cigarettes	3.6
11 to 20 cigarettes	13.5
6 to 10 cigarettes	22.5
1 to 5 cigarettes	25.5
Less than 1 cigarette	12.1
I didn't smoke then	19.6

(n = 248)

### During any of your *prenatal care visits* did a doctor, nurse, or other health care worker ask if you were smoking cigarettes? (Q18c)

	Valid Percent
No	2.8
Yes	97.2

(n = 1,794)

### Cigarettes, E-Cigarettes, and Hookah

In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day? (Q25)

	Valid Percent
41 cigarettes or more	0.1
21 to 40 cigarettes	0.2
11 to 20 cigarettes	2.3
6 to 10 cigarettes	9.2
1 to 5 cigarettes	16.6
Less than 1 cigarette	2.9
I didn't smoke then	68.7

(n = 251)

#### During the <u>last 3</u> months of your pregnancy, on average, how often did you use ecigarettes or other electronic nicotine products? (Q29)

[Respondents prompted to skip if they did not use e-cigarettes or other electronic nicotine products in the past 2 years – 'No' on Q27a)

	Valid Percent
More than once a day	8.0
Once a day	0.2
2-6 days a week	3.8
1 day a week or less	5.1
I did not use e-cigarettes or other electronic nicotine products then	82.9

(n = 163)

#### In the past 12 months, have you needed or received help to stop smoking? (71d)

	Valid Percent
Didn't need it	98.1
Needed it, but did not get it	1.2
Needed it, and did get it	0.7

(n = 1,813)

### Cigarettes, E-Cigarettes, and Hookah

*During your postpartum checkup*, did a doctor, nurse, or other health care worker ask if you were smoking cigarettes? (Q55g)

Valid Percent
35.0
65.0

(n = 1,615)

During any of your prenatal care visits or after your most recent delivery, did a doctor, nurse, or other health care worker ever advise you to quit smoking? (Q59)

		Valid Percent
No		31.9
Yes, during my	prenatal care visits	4.4
Yes, after my c	lelivery	0.3
Yes, both time	3	4.7
I did not smoke	e at that time	58.8
( = 0.0)		

(n = 1,703)

#### How many cigarettes did you smoke on an average day *now*\*? (Q26)

	Valid Percent
41 cigarettes or more	1.0
21 to 40 cigarettes	0.0
11 to 20 cigarettes	7.5
6 to 10 cigarettes	15.1
1 to 5 cigarettes	19.4
Less than 1 cigarette	5.2
I don't smoke now	51.7

(n = 250)

### Not including yourself, is there anyone in your household who smokes cigarettes, cigars, or pipes? (Q70)

	Valid Percent
No	89.1
Yes	10.9
( 1007)	

(n = 1,827)

<sup>\*</sup> *Now* refers to when respondents were taking the survey (postpartum).

### **Community Support**

#### Would you have the kinds of help listed below if you needed them? (Q72)

a. Someone to loan me money for food or bills if I needed it	
(n = 1,809)	Valid Percent
No	20.0
Yes	80.0
b. Someone who would help me if I were sick and needed to be in	
bed (n = 1,808)	Valid Percent
No	13.1
Yes	86.9
c. Someone who would take me to the clinic or doctor's office if I	
needed a ride (n = 1,810)	Valid Percent
No	9.5
Yes	90.5
d. Someone I can count on to listen to me when I need to talk	
(n = 1,811)	Valid Percent
No	9.5
Yes	90.5
e. Someone who shows me love and affection other than a child	
(n = 1,811)	Valid Percent
No	9.2
Yes	90.8

### a. Someone to loan me money for food or bills if I needed it

### Below is a list of items neighbors sometimes do for each other. How often do your neighbors— (Q73)

# a. Do favors for each other? (n = 1,780)Valid PercentNever36.4Almost never10.7Sometimes33.2Fairly often9.0Very often10.6

### **Community Support**

### Below is a list of items neighbors sometimes do for each other. How often do your neighbors— (Q73 cont.)

b. All built built addie beredit personal tillige buer ab erind rearing	2
or job openings? (n = 1,775)	Valid Percent
Never	57.1
Almost never	12.5
Sometimes	17.6
Fairly often	7.4
Very often	5.2
c. Have parties or other get-togethers where other people in the	
neighborhood are invited? (n = 1,786)	Valid Percent
Never	56.3
Almost never	13.9
Sometimes	20.8
Fairly often	5.8
Very often	3.2
d. Visit in each other's homes or on the street? (n = 1,786)	Valid Percent
Never	42.7
Almost never	11.3
Sometimes	26.6
Fairly often	11.7
Very often	7.6
e. Watch over each other's property? (n = 1,784)	Valid Percent
Never	34.1
Almost never	7.1
Sometimes	27.0
Fairly often	12.1
Very often	19.7

### *Before or after your new baby was born,* did you receive information about breastfeeding from any of the following sources? (Q40)

e. A breastfeeding support group (n = 1,736)	Valid Percent
No	79.2
Yes	20.8
g. Family or friends (n = 1,776)	Valid Percent
No	35.0
Yes	65.0

### During the COVID-19 pandemic, which types of <u>prenatal care</u> appointments did you attend? (QCV1)

	Valid Percent
In-person appointments only	50.8
Virtual appointments (video or telephone) only	0.8
Both, in-person and virtual appointments	47.3
I did not have prenatal care	1.1

(n = 1,780)

#### What are the reasons that you did not attend virtual appointments for prenatal

*care*? (QCV2) [Respondents prompted to skip if they had virtual/hybrid prenatal care or if they did not have any prenatal care on QCV1]

a. Lack of availability of virtual appointments from my provider

<u>(n = 779)</u>	Valid Percent
No	75.8
Yes	24.2
b. Lack of an available telephone to use for appointments (n = 786)	Valid Percent
No	97.8
Yes	2.2
c. Lack of enough cellular data or cellular minutes (n = 787)	Valid Percent
No	98.7
Yes	1.3
d. Lack of a computer or device (n = 785)	Valid Percent
No	98.2
Yes	1.8
e. Lack of internet service or had unreliable internet (n = 787)	Valid Percent
No	96.7
Yes	3.3
f. Lack of a private or confidential space to use (n = 784)	Valid Percent
No	98.4
Yes	1.6
g. I preferred seeing my health care provider in person (n = 807)	Valid Percent
No	12.7
Yes	87.3

#### What are the reasons that you did not attend virtual appointments for prenatal

*care*? (QCV2 cont.) [Respondents prompted to skip if they had virtual/hybrid prenatal care or if they did not have any prenatal care on QCV1]

h. Other reason (n = 624)	Valid Percent
No	80.7
Yes	19.3

### Were any of your <u>prenatal care</u> appointments canceled or delayed during the COVID-19 pandemic due to the following reasons? (QCV3)

a. My appointments were canceled or delayed because my	
provider's office was closed or had reduced hours (n = 1,749)	Valid Percent
No	90.0
Yes	10.0
b. I canceled or delayed because I was afraid of being exposed to	
COVID-19 during the appointments (n = 1,747)	Valid Percent
No	95.5
Yes	4.5
c. I canceled or delayed because I lost my health insurance during	·
the COVID-19 pandemic (n = 1,746)	Valid Percent
No	99.4
Yes	0.6
d. I canceled or delayed because I had problems finding care for my	
children or other family members (n = 1,746)	Valid Percent
No	91.3
Yes	8.7
e. I canceled or delayed because I worried about taking public	
transportation and had no other way to get there (n = 1,747)	Valid Percent
No	97.2
Yes	2.8
f. My appointments were canceled or delayed because I had to self-	
isolate due to possible COVID-19 exposure or infection (n = 1,750)	Valid Percent
No	90.5
Yes	9.5

### While you were <u>pregnant</u>, how often did you do the following things to avoid getting COVID-19? (QCV4)

a. Avoided gatherings of more than 10 people (n = 1,791)	Valid Percent
Always	53.2
Sometimes	34.3
Never	12.5
b. Stayed at least 6 feet (2 meters) away from others when I left my	
home (n = 1,796)	Valid Percent
Always	59.1
Sometimes	34.1
Never	6.8
c. Only left my home for essential reasons (n = 1,790)	Valid Percent
Always	52.3
Sometimes	35.2
Never	12.5
d. Made trips as short as possible when I left my home (n = 1,792)	Valid Percent
Always	58.6
Sometimes	28.3
Never	13.1
e. Avoided having visitors inside my home (n = 1,790)	Valid Percent
Always	48.0
Sometimes	36.7
Never	15.4
f. Wore a mask or a cloth face covering when out in public	
(n = 1,793)	Valid Percent
Always	84.4
Sometimes	13.2
Never	2.4
g. Washed hands for 20 seconds with soap and water (n = 1,794)	Valid Percent
Always	87.7
Sometimes	11.8
Never	0.5
h. Used alcohol-based hand sanitizer (n = 1,794)	Valid Percent
Always	75.7
Sometimes	20.0
Never	4.4

### While you were <u>pregnant</u>, how often did you do the following things to avoid getting COVID-19? (QCV4 cont.)

i. Covered coughs and sneezes with a tissue or my elbow

(n = 1,791)	Valid Percent
Always	94.4
Sometimes	5.2
Never	0.4

### While you were <u>pregnant</u> during the COVID-19 pandemic, did you have any of the following experiences? (QCV5)

a. I had responsibilities or a job that prevented me from staying

a. That responsibilities of a job that prevented the norm staying	
home (n = 1,794)	Valid Percent
No	52.0
Yes	48.0
b. Someone in my household had a job that required close contact	·
with other people (n = 1,791)	Valid Percent
No	41.5
Yes	58.5
c. When I went out, I found that other people around me did not	
practice social distancing (n = 1,785)	Valid Percent
No	37.2
Yes	62.8
d. I had trouble getting disinfectant to clean my home (n = 1,793)	Valid Percent
No	83.8
Yes	16.2
e. I had trouble getting hand sanitizer or hand soap for my	
household (n = $1,792$ )	Valid Percent
No	84.3
Yes	15.7
f. I had trouble getting or making masks or cloth face coverings	
<u>(n = 1,790)</u>	Valid Percent
No	92.1
Yes	7.9
g. it was hard for me to wear a mask or cloth face covering (trouble	·
breathing, claustrophobia) (n = 1,790)	Valid Percent
No	73.8
Yes	26.2

### While you were <u>pregnant</u> during the COVID-19 pandemic, did you have any of the following experiences? (QCV5 cont.)

h. I was told b	y a health care	provider that I	had COVID-19
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(n = 1,787)	Valid Percent
No	91.4
Ye	8.6
i. Someone in my household was told by a health care provider that	
they had COVID-19 (n = 1,788)	Valid Percent
No	89.9
Yes	10.1

#### Who was with you in the hospital delivery room as a support person during your

labor and delivery?\* (QCV6) [Respondents prompted to skip if their baby was not born in a hospital]

	Percent of Cases
My husband or partner	94.7
Another family member or friend	22.1
A doula	6.7
Some other support person (not including hospital staff)	3.0
The hospital did not allow me to have any support people	0.5

(n = 1,714)

### While in the hospital after your delivery, did any of the following things happen to you and your baby because of COVID-19? (QCV7)

[Respondents prompted to skip if their baby was not alive]

a. My baby was tested for COVID-19 in the hospital (n = 1,569)	Valid Percent
No	90.7
Yes	9.3
b. I was separated from my baby in the hospital after delivery <u>to</u>	
<u>protect my baby from COVID-19</u> (n =1,704)	Valid Percent
No	98.5
Yes	1.5
c. I wore a mask when other people came into my hospital room	
(n = 1,703)	Valid Percent
No	23.7
Yes	76.3

\* Respondents were able to select multiple responses.

### While in the hospital after your delivery, did any of the following things happen to you and your baby because of COVID-19? (QCV7 cont.)

[Respondents prompted to skip if their baby was not alive]

d. I wore a mask while I was alone caring for my baby in the hospital

(n = 1,704)	Valid Percent
No	85.7
Yes	14.3
e. I was given information about how to protect my baby from	
COVID-19 when I went home (n = 1,681)	Valid Percent
No	49.1
Yes	50.9

### Did the COVID-19 pandemic affect breastfeeding for you and your baby in any of

the following ways? (QCV8) [Respondents prompted to skip if they did not breastfeed their baby]

a. I was given information in the hospital about how to protect my	
baby from infection while breastfeeding (n = 1,582)	Valid Percent
No	60.2
Yes	39.8
b. I wore a mask while breastfeeding in the hospital (n = 1,600)	Valid Percent
No	76.8
Yes	23.2
c. I pumped breast milk in the hospital so someone else could feed	
my baby to avoid him or her getting infected (n = 1,606)	Valid Percent
No	94.4
Yes	5.6
d. Due to COVID-19, I had trouble getting a visit from a lactation	
specialist while I was in the hospital (n = 1,600)	Valid Percent
No	93.8
Yes	6.2

#### In what ways did the COVID-19 pandemic affect your baby's routine health care?

(QCV9) [Respondents prompted to skip if they baby was not currently living with them]

a. My baby's well visits	or checkups were	canceled or delayed
--------------------------	------------------	---------------------

(n = 1,755)	Valid Percent
No	92.0
Yes	8.0

#### In what ways did the COVID-19 pandemic affect your baby's routine health care?

(QCV9 cont.) [Respondents prompted to skip if their baby was not currently living with them]

b. My baby's well visits or checkups were changed from in-person visits to virtual appointments (video or telephone) (n = 1,754)	Valid Percent
No	93.9
Yes	6.1
c. My baby's immunizations were postponed (n = 1,753)	Valid Percent
No	94.6
Yes	5.4

### During the COVID-19 pandemic, which types of postpartum appointments did you attend for *yourself?* (QCV10)

	Valid Percent
In-person appointments only	64.9
Virtual appointments (video or telephone) only	5.4
Both, in-person and virtual appointments	23.2
I did not have any postpartum appointments for myself	6.6
(n - 1, 772)	

(n = 1,772)

#### Did any of following things happen to you due to the COVID-19 pandemic? (QCV11)

a. I lost my job or had a cut in work hours or pay (n = 1,778)	Valid Percent
No	74.1
Yes	25.9
b. Other members of my household lost their jobs or had a cut in work hours or pay ( $n = 1,780$ )	Valid Percent
No	74.6
Yes	25.4
c. I had problems paying the rent, mortgage, or other bills	
(n = 1,779)	Valid Percent
No	81.6
Yes	18.4
d. A member of my household or I received unemployment benefits	
(n = 1,773)	Valid Percent
No	72.7
Yes	27.3
e. I had to move or relocate (n = 1,780)	Valid Percent
No	84.2
Yes	15.8

### Did any of following things happen to you <u>due to the COVID-19 pandemic?</u> (QCV11 cont.)

f. I became homeless (n = 1,778)	Valid Percent
No	98.3
Yes	1.7
g. The loss of childcare or school closures made it difficult to manage all my responsibilities ( $n = 1,780$ )	Valid Percent
No	81.1
Yes	18.9
h. I had to spend more time than usual taking care of children or other family members ( $n = 1,778$ )	Valid Percent
No	69.6
Yes	30.4
i. I worried whether our food would run out before I got money to buy more ( $n = 1,782$ )	Valid Percent
No	88.4
Yes	11.6
j. I felt more anxious than usual (n = 1,784)	Valid Percent
No	45.3
Yes	54.7
k. I felt more depressed than usual (n = 1,776)	Valid Percent
No	67.0
Yes	33.0
I. My husband or partner and I had more verbal arguments or conflicts than usual ( $n = 1,775$ )	Valid Percent
No	80.2
Yes	19.8
m. My husband or partner was more physically, sexually, or	
emotionally aggressive towards me ( $n = 1,725$ )	Valid Percent
No	97.4
Yes	2.6

### **COVID-19 Vaccine Supplement**

### During *your most recent pregnancy*, did a doctor, nurse, or other health care worker do any of the following things (QVC1)

a. Talked with me about the COVID-19 vaccine (n = 1,771)	Valid Percent
No	20.7
Yes	79.3
b. Recommended that I get the COVID-19 vaccine (n = 1,757)	Valid Percent
No	33.0
Yes	67.0
c. Offered to give me the COVID-19 vaccine (n = 1,754)	Valid Percent
No	50.5
Yes	49.5
d. Referred me to another place to get the COVID-19 vaccine	
<u>(</u> n = 1,752)	Valid Percent
No	67.3
Yes	32.7

### <u>During</u> *your most recent pregnancy*, did you get at least one shot or dose of a COVID-19 vaccine? (QVC2)

	Valid Percent
No	63.9
Yes	36.1

(n = 1,773)

#### What were your reasons for not getting a COVID-19 vaccine during your most

recent pregnancy? (QVC3) [Respondents prompted to skip if they answered 'Yes' on QVC2]

	Percent of Cases
I was not in one of the groups that could get the COVID-19 vaccine	17.4
The vaccine was not available or ran out in my area	10.2
I couldn't get an appointment or was placed on a waiting list	2.3
I didn't have transportation to get to a vaccination site	1.3
The staff at the vaccination site didn't want to give me the vaccine because I was pregnant	2.8
I was concerned about possible side effects of the COVID-19 vaccine for my baby	72.4
I was concerned about possible side effects of the COVID-19 vaccine for me	57.9
I have an allergy or health condition that prevented me from getting the vaccine	4.7
My doctor or healthcare provider told me not to get the vaccine	5.0
I had gotten the COVID-19 vaccine before my pregnancy	3.2
I already had COVID-19	13.9
I didn't have enough information about the vaccine to feel comfortable getting it	45.4
I was concerned that the COVID-19 vaccine was developed too fast	52.2
I didn't think the vaccine would protect me against COVID-19	27.5
I didn't think COVID-19 was a serious illness	10.1
I didn't think I was at risk for COVID-19 infection	9.2
I preferred using masks and other precautions instead	43.5
I don't think vaccines are beneficial	2.0
Other reason	10.5

(n = 1,051)

#### Since your new baby was born, have you gotten a COVID-19 vaccine? (QVC4)

[Respondents prompted to skip if they answered 'Yes' on QVC2]

	Valid Percent
No	60.2
Yes	39.8

(n = 1,065)

### Which ONE of these sources do you trust the *most* for receiving information about the COVID-19 vaccine? (QVC5) CHECK one

	Valid Percent
My doctor, nurse, or other health care provider	61.6
My pharmacist	1.2
Centers for Disease Control and Prevention (CDC) website or reports	19.6
Food and Drug Administration (FDA) website or reports	1.3
My state or local health department	1.8
Family or friends	4.0
News reports (such as television or radio news)	1.0
Social media sites like Facebook	0.6
Websites about health or other topics	2.3
Some other source	6.6

(n = 1,507)

### Which of the following describes your work or volunteer activities <u>during</u> your most *recent pregnancy*? (QVC6) CHECK all that apply

	Percent of Cases
I worked or volunteered providing direct medical care to patients (such as being a doctor, nurse, dentist, therapist, home health care provider, or emergency responder)	17.2
I worked or volunteered in a health care setting, but <u>not</u> providing direct medical care to patients (such as being administrative staff, cleaning staff, patient transport, or ward clerk)	6.0
I worked or volunteered in a position where I regularly came into contact with the public (such as education, grocery or retail stores, public transportation, restaurants or food service, law enforcement, or postal or delivery services)	26.3
I worked or volunteered in a position where I did <u>not</u> regularly come in contact with the public	27.8
None of the above	31.9
	<ul> <li>patients (such as being a doctor, nurse, dentist, therapist, home health care provider, or emergency responder)</li> <li>I worked or volunteered in a health care setting, but <u>not</u> providing direct medical care to patients (such as being administrative staff, cleaning staff, patient transport, or ward clerk)</li> <li>I worked or volunteered in a position where I regularly came into contact with the public (such as education, grocery or retail stores, public transportation, restaurants or food service, law enforcement, or postal or delivery services)</li> <li>I worked or volunteered in a position where I did <u>not</u> regularly come in contact with the public</li> </ul>

(n = 1,707)

### Demographic and Birth Certificate Variables<sup>.</sup>

#### Valid Percent Hispanic 20.4 Non-Hispanic African American 2.5 Non-Hispanic American Indian/Alaskan Native 0.8 5.1 Non-Hispanic Asian Non-Hispanic Hawaiian/Pacific Islander 0.7 Non-Hispanic Multiple race 4.3 1.2 Non-Hispanic Unknown Other/Blank 64.9 **Non-Hispanic White**

#### Respondents' combined race and ethnicity (Birth Certificate Variable)

(n = 1,878)

#### Respondents' marital status (Birth Certificate Variable)

Valid Percent
33.3
66.7

(n = 1,876)

### Respondents' type of county of residence: urban or rural (Birth Certificate Variable)

	Valid Percent
Rural	15.7
Urban	84.3
(n - 1.878)	

(n = 1,878)

<sup>&</sup>lt;sup>\*</sup> Information obtained from birth certificates is noted. All other information is from the PRAMS survey.

#### Respondents' age in years, by groups (Birth Certificate Variable)

	Valid Percent
< 18	0.4
18 to 19	2.0
20 to 24	15.3
25 to 29	25.7
30 to 34	33.2
≥ 35	23.4

(n = 1,878)

#### Is your baby alive now\*? (Q38)

	Valid Percent
No	0.1
Yes	99.9

(n = 1,845)

#### Is your baby living with you now\*? (Q39)

[Respondent prompted to skip if their baby was not alive at time of survey – 'No' on Q38]

	Valid Percent
No	0.7
Yes	99.3

(n = 1,834)

#### In what country were you born? (Q78)

	Valid Percent
United States	81.9
Other country	18.1

(n = 1,807)

<sup>\*</sup>*Now* refers to when respondents were taking the survey (postpartum).

#### Age in years, by group when respondent moved to the United States (Q79)

[Respondent prompted to skip if they were born in the United States – 'United States' on Q78]

	Valid Percent
< 18	50.6
18 to 19	11.2
20 to 24	16.6
25 to 29	17.7
30 to 34	3.9

(n = 529)

### *During the 12 months before* your new baby was born, what was your yearly total household income before taxes? (Q80)

	Valid Percent
\$0 to \$16,000	12.3
\$16,001 to \$20,000	6.6
\$20,001 to \$24,000	4.1
\$24,001 to \$28,000	2.5
\$28,001 to \$32,000	5.8
\$32,001 to \$40,000	5.5
\$40,001 to \$48,000	4.9
\$48,001 to \$57,000	4.3
\$57,001 to \$60,000	3.6
\$60,001 to \$73,000	5.8
\$73,001 to \$85,000	6.4
\$85,001 or more	38.3

(n = 1,656)

During the *12 months before* your new baby was born, how many people, *including yourself*, depended on this income? (Q81)

	Valid Percent
1	9.9
2	40.8
3	26.7
4	14.1
5	5.4
6	1.3
7	0.7
8	0.5
9	0.2
10	0.2
11	0.2
12	0.1

(n = 1,735)

#### Post-survey calculated variable: Federal Poverty Level\*

Valid Percent
16.7
83.3

(n = 1,627)

#### Post-survey calculated variable: Federal Poverty Level Groups (4)

	Valid Percent
At or below 100% FPL	16.7
100.1% to 200.0% FPL	19.3
200.1% to 400.0% FPL	28.6
> 400% FPL	35.3

(n = 1,627)

<sup>&</sup>lt;sup>\*</sup> The Federal Poverty Level (FPL) is a measure of income issued every year by the Department of Health and Human Services. For more information, visit <u>healthcare.gov</u>.

	Valid Percent
At or below 100% FPL	16.7
100.1% to 200.0% FPL	19.3
> 200% FPL	64.0
(n = 1,627)	

### Post-survey calculated variable: Federal Poverty Level Groups (3)

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### Depression

### What type of health care visit did you have in the *12 months before* you got pregnant with your new baby? (Q7f)

	Percent of Cases
Visit for depression or anxiety	14.1
(n = 1,157)	

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker ask if you were feeling down or depressed? (Q8j)

Valid Percent
31.7
68.3

(n = 1,122)

During the *3 months before* you got pregnant with your *new* baby, did you have depression? (Q4c)

	Valid Percent
No	81.0
Yes	19.0
(n - 1.050)	

(n = 1,858)

*During any of your prenatal care visits,* did a doctor, nurse, or other health care worker ask if you were feeling down or depressed? (Q18f)

	Valid Percent
No	9.9
Yes	90.1
(n = 1,791)	

#### During your most recent pregnancy, did you have depression? (Q22c)

Valid Percent
83.4
16.6

(n = 1,840)

### Depression

During your *most recent pregnancy,* how often did you feel down, depressed, or hopeless? (Q60)

Valid Percent
1.4
7.0
20.0
28.5
43.1

(n = 1,816)

During your *most recent pregnancy,* how often did you have little interest or little pleasure in doing things you usually enjoy? (Q61)

	Valid Percent
Always	3.4
Often	8.6
Sometimes	18.4
Rarely	27.5
Never	42.1

(n = 1,816)

### *Since your new baby was born*, how often have you felt down, depressed, or hopeless? (Q56)

	Valid Percent
Always	1.7
Often	6.5
Sometimes	24.5
Rarely	33.2
Never	34.0
(n = 1,813)	

*Since your new baby was born,* how often have you had little interest or little pleasure in doing things you usually enjoyed? (Q57)

	Valid Percent
Always	2.5
Often	6.2
Sometimes	21.4
Rarely	31.3
Never	38.6

(n = 1,813)

### Depression

### *During your postpartum checkup,* did a doctor, nurse, or other health care worker ask if you were feeling down or depressed? (Q55i)

	Valid Percent
No	5.3
Yes	94.7

(n = 1,632)

#### Did any of following things happen to you due to the COVID-19 pandemic? (QCV11)

k. I felt more depressed than usual (n = 1,776)	Valid Percent
No	67.0
Yes	33.0

#### **Calculated Overall Perinatal Depression**\*

	Valid Percent
No	79.0
Yes	21.0

(n = 1,788)

#### **Calculated Overall Postpartum Depression<sup>†</sup>**

	Valid Percent
No	87.5
Yes	12.5

(n = 1,804)

<sup>\*</sup> This variable was calculated using responses from Q60 and Q61

<sup>&</sup>lt;sup>†</sup> This variable was calculated using responses from Q56 and Q57

### Diabetes

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker talk to you about controlling any medical conditions such as diabetes or high blood pressure? (Q8c)

	Valid Percent
No	86.6
Yes	13.4

(n = 1,120)

During the *3 months before* you got pregnant with your *new* baby, did you have Type 1 or Type 2 diabetes (<u>not</u> gestational diabetes or diabetes that starts during pregnancy)? (Q4a)

	Valid Percent
No	96.9
Yes	3.1

(n = 1,851)

*During your postpartum checkup*, did a doctor, nurse, or other health care worker test you for diabetes? (Q55j)

Valid Percent
76.6
23.4

(n = 1,586)

### **Disability and Disability Supplement**

# Are you limited in any way in any activities because of physical, mental, or emotional problems? (Q75)

	Valid Percent
No	87.9
Yes	12.1

(n = 1,808)

#### Do you have difficulty seeing, even when wearing glasses or contact lenses? (QD1)

	Valid Percent
No difficulty	83.8
Some difficulty	14.9
A lot of difficulty	1.3
I cannot do this at all	0.0

(n = 1,801)

#### Do you have difficulty hearing, even if using a hearing aid? (QD2)

	Valid Percent
No difficulty	94.9
Some difficulty	4.7
A lot of difficulty	0.4
I cannot do this at all	0.0

(n = 1,803)

#### Do you have difficulty walking or climbing steps? (QD3)

	Valid Percent
No difficulty	94.1
Some difficulty	5.1
A lot of difficulty	0.7
I cannot do this at all	0.0
( 4.004)	

(n = 1,804)

#### Do you have difficulty remembering or concentrating? (QD4)

	Valid Percent
No difficulty	73.0
Some difficulty	22.9
A lot of difficulty	4.0
I cannot do this at all	0.0
- 1 001)	

(n = 1,801)

### Do you have difficulty with self care, such as washing all over or dressing? $(\mbox{QD5})$

	Valid Percent
No difficulty	96.7
Some difficulty	3.2
A lot of difficulty	0.1
I cannot do this at all	0.0

(n = 1,806)

# Using your usual language, do you have difficulty communicating, for example, understanding or being understood? (QD6)

	Valid Percent
No difficulty	93.9
Some difficulty	5.4
A lot of difficulty	0.5
I cannot do this at all	0.1

(n = 1,806)

### **Discrimination – Health Care**

# Have you *ever* experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care* because of the following? (Q76)

a. My race or skin color (n = 1,809)	Valid Percent
No	96.1
Yes	3.9
b. My immigration status (n = 1,804)	Valid Percent
No	98.4
Yes	1.6
c. My age (n = 1,799)	Valid Percent
No	93.2
Yes	6.8
d. My income (n = 1,801)	Valid Percent
No	94.8
Yes	5.2
e. My sex/gender (n = 1,800)	Valid Percent
No	92.0
Yes	8.0
f. My sexual orientation (n = 1,803)	Valid Percent
No	98.6
Yes	1.4
g. My religion (n = 1,804)	Valid Percent
No	97.7
Yes	2.3
h. Because I was pregnant (n = 1,802)	Valid Percent
No	95.2
Yes	4.8
i. The language I speak (n = 1,801)	Valid Percent
No	97.6
Yes	2.4
j. My type of health insurance or my lack of health insurance (n = 1,798)	Valid Percent
No	93.0
Yes	7.0

### Discrimination – Non-Health Care

# Have you *ever* experienced discrimination (felt like you were treated worse than other people) *in a situation other than* getting any type of health or medical care because of the following? (Q77)

a. My race or skin color (n = 1,802)	Valid Percent
No	91.6
Yes	8.4
b. My immigration status (n = 1,799)	Valid Percent
No	97.6
Yes	2.4
c. My age (n = 1,798)	Valid Percent
No	86.4
Yes	13.6
d. My income (n = 1,798)	Valid Percent
No	91.7
Yes	8.3
e. My sex/gender (n = 1,797)	Valid Percent
No	80.0
Yes	20.0
f. My sexual orientation (n = 1,797)	Valid Percent
No	97.2
Yes	2.8
g. My religion (n = 1,798)	Valid Percent
No	93.0
Yes	7.0
h. Because I was pregnant (n = 1,800)	Valid Percent
No	89.0
Yes	11.0
i. The language I speak (n = 1,799)	Valid Percent
No	96.4
Yes	3.6
j. My type of health insurance or my lack of health insurance	
<u>(n = 1,797)</u>	Valid Percent
No	95.4
Yes	4.6

### **Employment and Leave**

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker ask you about the kind of work you do? (Q8k)

	Valid Percent
No	32.1
Yes	67.9

(n = 1,117)

This question is about things that may have happened during the *12 months before* your new baby was born. (Q32)

e. My husband or partner lost their job (n = 1,845)	Valid Percent
No	88.3
Yes	11.7
f. I lost my job even though I wanted to go on working (n = 1,847)	Valid Percent
No	88.2
Yes	11.8
g. My husband, partner, or I had a cut in work hours or pay	
<u>(n = 1,844)</u>	Valid Percent
No	77.3
Yes	22.7
h. I was apart from my husband or partner due to military	
deployment or extended work-related travel (n = 1,845)	Valid Percent
No	96.2
Yes	3.8

### At any time during *your most recent* pregnancy, did you work at a job for pay? (Q65)

	Valid Percent
No	28.7
Yes	71.3

(n =1,819)

#### **Employment and Leave**

#### Have you returned to the job you had during your most recent pregnancy? (Q66)

[Respondents prompted to skip if they did not work at a job for pay during their most recent pregnancy – 'No' on Q65]

	Valid Percent
No, and I do not plan to return	26.8
No, but I will be returning	11.2
Yes	62.0

(n = 1,208)

#### Did you take leave from work after your new baby was born?\* (Q67)

	Percent of Cases
I took <i>paid</i> leave from my job	52.7
I took <i>unpaid</i> leave from my job	63.2
I did not take any leave	4.6

(n = 1,076)

#### How many weeks or months<sup>†</sup> of leave, in total, did you take or will you take? (Q68)

[Respondents prompted to skip if they did not take any leave after their baby was born – 'I did not take leave' on Q67]

	Valid Percent
0.0 to 6 weeks	17.0
6.1 to 12.0 weeks	28.7
12.1 to 24.0 weeks	46.8
24.1 to 52.0 weeks	6.2
52.1 weeks or more	1.3

(n = 808)

# Did any of the things listed below affect your decision about taking leave from work *after* your new baby was born? (Q69)

[Respondents prompted to skip if they did not take any leave after their baby was born – 'I did not take leave' on Q67]

a. I could not financially afford to take leave (n = 844)	Valid Percent
No	72.2
Yes	27.8

<sup>\*</sup> Respondents were able to check multiple responses, including both paid and unpaid leave.

<sup>&</sup>lt;sup>†</sup> All answers converted to weeks.

#### **Employment and Leave**

# Did any of the things listed below affect your decision about taking leave from work *after* your new baby was born? (Q69 cont.)

[Respondents prompted to skip if they did not take any leave after their baby was born – 'I did not take leave' on Q67]

#### b. I was afraid I'd lose my job if I took leave or stayed out longer

(n = 849)	Valid Percent
No	83.1
Yes	16.9
c. I had too much work to do to take leave or stay out longer	
<u>(n = 843)</u>	Valid Percent
No	80.1
Yes	19.9
d. My job does not have paid leave (n = 841)	Valid Percent
No	60.0
Yes	40.0
e. My job does not offer a flexible work schedule (n = 843)	Valid Percent
No	83.3
Yes	16.7
f. I had not built up enough leave time to take any or more time off	
(n = 834)	Valid Percent
No	66.1
Yes	33.9

#### Did any of following things happen to you due to the COVID-19 pandemic? (QCV11)

a. I lost my job or had a cut in work hours or pay (n = 1,778)	Valid Percent
No	74.1
Yes	25.9
b. Other members of my household lost their jobs or had a cut in	
work hours or pay (n = 1,780)	Valid Percent
No	74.6
Yes	25.4
d. A member of my household or I received unemployment benefits	
<u>(n = 1,773)</u>	Valid Percent
No	72.7
Yes	27.3

### Family Planning and Contraception

# What type of health care visit did you have in the *12 months before* you got pregnant with your new baby? (Q7e)

	Percent of Cases
Visit for family planning or birth control	30.0
(n = 1,158)	

### During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker <u>do</u> any of the following things? (Q8)

d. Talk to me about my desire to have or not have children?

(n = 1,126)	Valid Percent
No	47.9
Yes	52.1
e. Talk to me about using birth control to prevent pregnancy?	
<u>(n = 1,120)</u>	Valid Percent
No	57.3
Yes	42.7

### When you got pregnant with your new baby, were you trying to get pregnant? (Q13)

	Valid Percent
No	33.7
Yes	66.3

(n = 1,838)

# When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? (Q14)

[Respondents prompted to skip if they were trying to get pregnant – 'Yes' on Q13]

	 Valid Percent
No	58.6
Yes	41.4

(n = 679)

# What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant?<sup>\*</sup> (Q15)

[Respondents prompted to skip if they were doing something to keep from getting pregnant – 'Yes' on Q14]

	Percent of Cases
I didn't mind if I got pregnant	72.3
I thought I could not get pregnant at that time	25.0
I had side effects from the birth control method I was using	15.3
I had problems getting birth control when I needed it	1.4
I thought my husband or partner or I was sterile (could not get pregnant at all)	12.1
My husband or partner didn't want to use anything	12.2
I forgot to use a birth control method	9.3
Other	10.1
n = 290	

(n = 380)

#### What method of birth control were you using when you got pregnant?\* (Q16)

[Responses are from people who were not trying to get pregnant and who indicated they were using a method of birth control to prevent pregnancy]

	Percent of Cases
Birth control pills	27.5
Condoms	43.8
Shots or injections (Depo-Provera®)	3.9
Contraceptive implant in the arm (Nexplanon® or Implanon®)	0.6
Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)	2.0
IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)	3.9
Natural family planning (including rhythm method)	12.6
Withdrawal (pulling out)	40.1
Other	4.5

(n = 298)

<sup>\*</sup> Respondents were able to check multiple responses.

# *During any of your prenatal care visits*, did a doctor, nurse, or other health care worker ask if you planned to use birth control after your baby was born? (Q18j)

	Valid Percent
No	11.6
Yes	88.4
(n - 1.782)	

(n = 1,782)

### Are you or your husband or partner doing anything *now*<sup>\*</sup> to keep from getting pregnant? (Q51)

	Valid Percent
No	18.5
Yes	81.5
	· · · · · · · · · · · · · · · · · · ·

(n = 1,815)

# What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant $now^{*}$ ?<sup>+</sup> (Q52)

	Percent of Cases
I want to get pregnant	19.7
I am pregnant now	4.3
I had my tubes tied or blocked	4.5
I don't want to use birth control	51.7
I am worried about side effects from birth control	44.6
I am not having sex	19.1
My husband or partner doesn't want to use anything	15.7
I have problems paying for birth control	3.8
Other	23.6

(n = 396)

<sup>\*</sup> *Now* refers to when respondents were taking the survey (postpartum).

<sup>&</sup>lt;sup>†</sup> Respondents were able to check multiple responses.

#### Family Planning and Contraception

# What kind of birth control are you or your husband or partner using *now*<sup>\*</sup> to keep from getting pregnant?<sup>†</sup> (Q53)

	Percent of Cases
Tubes tied or blocked (female sterilization or Essure®)	7.5
Vasectomy (male sterilization)	7.8
Birth control pills	17.8
Condoms	30.1
Shots or injections (Depo-Provera®)	3.0
Contraceptive implant in the arm (Nexplanon® or Implanon®)	8.4
Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)	1.6
IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)	22.3
Natural family planning (including rhythm method)	8.3
Withdrawal (pulling out)	18.2
Not having sex (abstinence)	12.1
Other	1.7

(n = 1,445)

# *During your postpartum checkup,* did a doctor, nurse, or other health care worker <u>do</u> any of the following things? (Q55)

#### c. Talk to me about how long to wait before getting pregnant again

(n = 1,615)	Valid Percent
No	46.3
Yes	53.7
d. Talk to me about birth control methods I can use after giving birth	
<u>(n = 1,637)</u>	Valid Percent
No	10.6
Yes	89.4
e. Give or prescribe me a contraceptive method such as the pill,	
patch, shot (Depo-Provera®), NuvaRing® or condoms (n = 1,622)	Valid Percent
No	63.8
Yes	36.2

<sup>\*</sup> *Now* refers to when respondents were taking the survey (postpartum).

<sup>&</sup>lt;sup>†</sup> Respondents were able to check multiple responses.

### Family Planning and Contraception

# *During your postpartum checkup,* did a doctor, nurse, or other health care worker <u>do</u> any of the following things? (Q55 cont.)

f. Insert an IUD (Mirena®, ParaGard®, Liletta®, or Skyla®) or a	
contraceptive implant (Nexplanon® or Implanon®) (n = 1,620)	Valid Percent
No	73.3
Yes	26.7

### Flu Shot

During the 12 months *before the <u>delivery</u>* of your new baby, did a doctor, nurse, or other health care worker *offer* you a flu shot or *tell* you to get one? (Q19)

	Valid Percent
No	10.7
Yes	89.3
(n - 1.000)	

(n = 1,832)

**During the 12 months** *before the* <u>*delivery*</u> of your new baby, did you *get* a flu shot? (Q20)

	Valid Percent
No	38.7
Yes, before my pregnancy	10.0
Yes, during my pregnancy	51.3

(n = 1,815)

### Folic Acid and Vitamin Use

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker tell you to take a vitamin with folic acid? (Q8a)

61.4
38.6

(n = 1,112)

During the *month before* you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin? (Q5)

	Valid Percent
I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the <i>month before</i> I got pregnant	43.1
1 to 3 times a week	8.0
4 to 6 times a week	7.3
Every day of the week	41.6
(n - 1.965)	

(n = 1,865)

*During your postpartum checkup*, did a doctor, nurse, or other health care worker tell you to take a vitamin with folic acid? (Q55a)

	Valid Percent
No	43.5
Yes	56.5

(n = 1,596)

### **Food Security**

# During the 12 months before your new baby was born, did you ever eat less than you felt you should because there wasn't enough money to buy food? (Q33)

	Valid Percent
No	94.5
Yes	5.5
( 1007)	

(n = 1,837)

In the *past 12 months*, have you needed or received Food Stamps or money to buy food? (Q71a)

	Valid Percent
Didn't need it	63.9
Needed it, but did not get it	6.9
Needed it, and did get it	29.2

(n = 1,821)

#### Did any of following things happen to you <u>due to the COVID-19 pandemic?</u> (QCV11)

i. I worried whether our food would run out before I got money to

buy more (n = 1,782)	Valid Percent
No	88.4
Yes	11.6

### **HIV Testing**

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker test you for HIV (the virus that causes AIDS)? (Q8I)

	Valid Percent
No	76.1
Yes	23.9
( (	

(n = 1,080)

### During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask if you wanted to be tested for HIV (the virus that causes AIDS)? (Q18h)

	Valid Percent
No	40.1
Yes	59.9
(n - 1.694)	

(n = 1,684)

### Home Visiting

### **During** *your most recent* **pregnancy**, were you *offered* home visiting<sup>\*</sup> services? (Q62)

	Valid Percent
No	89.9
Yes	10.1
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(n = 1,789)

#### Did you accept the offer of home visiting services? (Q63)

[Respondents prompted to skip if they were not offered home visiting services – 'No' on Q62]

	Valid Percent
No	59.3
Yes	40.7

(n = 222)

#### Why did you not accept the offer of home visiting services?<sup>‡</sup> (Q64)

[Respondents prompted to skip if they did accept home visiting services – 'Yes' on Q63]

		Percent of Cases
l didn't t	hink I needed it	71.0
l didn't u	inderstand how it would help me	18.2
I did not	want anyone in my home	25.5
Househ	old member(s) didn't want anyone in my home	9.8
Other		17.3
· · · ·		

(n = 154)

<sup>&</sup>lt;sup>\*</sup> Home visiting is when a nurse, health care worker, social worker or other person who works for a program that helps pregnant people comes to your home.

<sup>&</sup>lt;sup>‡</sup> Respondents were able to check multiple responses.

### Infant Hospitalization

#### After your baby was delivered, how long did he or she stay in the hospital? (Q37)

	Valid Percent
Less than 24 hours (less than 1 day)	3.1
24 to 48 hours (1 to 2 days)	58.5
3 to 5 days	27.6
6 to 14 days	5.3
More than 14 days	2.7
My baby was not born in a hospital	2.8
My baby is still in the hospital	0.0
- 1 0 1 1	

(n = 1,841)

### Infant Safe Sleep

### In which *one* position do you <u>most often</u> lay your baby down to sleep now\*?† (Q46)

	Valid Percent
On his or her side	7.7
On his or her back	86.2
On his or her stomach	4.0
On his or her side or back	1.3
On his or her side or stomach	0.4
On his or her back or stomach	0.1
All 3 positions	0.3
(n = 1,820)	

### In the *past 2 weeks*, how often has your new baby slept alone in his or her own crib or bed? (Q47)

	Valid Percent
Always	50.2
Often	20.8
Sometimes	11.3
Rarely	5.2
Never	12.5

(n = 1,809)

When your new baby sleeps alone, is his or her crib or bed in the same room where <u>you</u> sleep? (Q48)

	Valid Percent
No	22.9
Yes	77.1

(n = 1,547)

<sup>\*</sup> *Now* refers to when respondents were taking the survey (postpartum).

<sup>&</sup>lt;sup>†</sup> Respondents were instructed to select only one most frequent sleep position; however, some selected more than one sleep position and we present those combinations in this table.

#### Infant Safe Sleep

# Listed below are some more things about how babies sleep. How did your new baby *usually* sleep in the *past 2 weeks*? (Q49)

a. In a crib, bassinet, or pack and play (n = 1,812)	Valid Percent
No	15.7
Yes	84.3
b. On a twin or larger mattress or bed (n = 1,777)	Valid Percent
No	63.2
Yes	36.8
c. On a couch, sofa, or armchair (n = 1,771)	Valid Percent
No	93.3
Yes	6.7
d. In an infant car seat or swing (n = 1,778)	Valid Percent
No	56.1
Yes	43.9
e. In a sleeping sack or wearable blanket (n = 1,773)	Valid Percent
No	48.4
Yes	51.6
f. With a blanket (n = 1,771)	Valid Percent
No	59.9
Yes	40.1
g. With toys, cushions, or pillows, including nursing pillows	
<u>(n = 1,774)</u>	Valid Percent
No	90.9
Yes	9.1
h. With crib bumper pads (mesh or non-mesh) (n = 1,759)	Valid Percent
No	89.1
Yes	10.9

# Did a doctor, nurse, or other health care worker tell you any of the following things? (Q50)

a. Place my baby on his or her back to sleep (n = 1,792)	Valid Percent
No	6.7
Yes	93.3
b. Place my baby to sleep in a crib, bassinet, or pack and play	
(n = 1,789)	Valid Percent
No	11.5
Yes	88.5

### Infant Safe Sleep

# Did a doctor, nurse, or other health care worker tell you any of the following things? (Q50 cont.)

c. Place my baby's crib or bed in my room (n = 1,760)	Valid Percent
No	39.3
Yes	60.7
d. What things should and should not go in bed with my baby	
(n = 1,794)	Valid Percent
No	13.8
Yes	86.2

### Insurance Coverage

During the <u>month before</u> you got pregnant with your new baby, what kind of health insurance did you have?<sup>\*</sup> (Q9)

	Percent of Cases
Private health insurance from my job or the job of my husband or partner	54.9
Private health insurance from my parents	6.2
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	5.6
Oregon Health Plan or Medicaid	26.1
TRICARE or other military health care	2.1
Indian Health Service	0.9
Other health insurance	2.2
I did not have any health insurance during the month before I got pregnant	9.7

(n = 1,850)

# During your *most recent pregnancy*, what kind of health insurance did you have for your *prenatal care*?<sup>\*</sup> (Q10)

	Percent of Cases
I did not go for prenatal care	2.0
Private health insurance from my job or the job of my husband or partner	53.1
Private health insurance from my parents	5.0
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	4.9
Oregon Health Plan or Medicaid	41.0
TRICARE or other military health care	2.1
Indian Health Service	0.8
Other health insurance	1.7
I did not have any health insurance for my prenatal care	0.8

(n = 1,854)

<sup>\*</sup> Respondents were able to check multiple responses.

#### **Insurance Coverage**

#### What kind of health insurance do you have $\underline{now}^{\pm?*}$ (Q11)

	Percent of Cases
Private health insurance from my job or the job of my husband or partner	50.9
Private health insurance from my parents	3.3
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	3.7
Oregon Health Plan or Medicaid	40.8
TRICARE or other military health care	2.3
Indian Health Service	0.8
Other health insurance	2.0
I do not have health insurance now	3.5

(n = 1,848)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care* because of your type of health insurance or your lack of health insurance? (Q76j)

	Valid Percent
No	93.0
Yes	7.0

(n = 1,798)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) *in a situation other than* getting any type of health or medical care because of your type of health insurance or your lack of health insurance? (Q77j)

	Valid Fercent
No	95.4
Yes	4.6
	·

(n = 1,797)

<sup>&</sup>lt;sup>†</sup> Now refers to when respondents were taking the survey (postpartum).

<sup>\*</sup> Respondents were able to check multiple responses.

### **Intimate Partner Violence**

In the *12 months* <u>before</u> you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?  $(Q34)^*$ 

a. My husband or partner (n = 1,796)	Valid Percent
No	99.2
Yes	0.8
b. My ex-husband or ex-partner (n = 1,771)	Valid Percent
No	98.9
Yes	1.1

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker ask you if someone was hurting you emotionally or physically? (Q8i)

	Valid Percent
No	37.4
Yes	62.6
a = 1.100	

(n = 1,123)

During *your most* <u>recent pregnancy</u>, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?  $(Q35)^*$ 

a. My husband or partner (n = 1,795)	Valid Percent
No	99.0
Yes	1.0
b. My ex-husband or ex-partner (n = 1,774)	Valid Percent
No	99.1
Yes	0.9

<sup>\*</sup> Note: Teen participants ages 19 and younger are not asked this question.

*During any of your prenatal care visits,* did a doctor, nurse, or other health care worker ask if someone was hurting you emotionally or physically? (Q18e)

	Valid Percent
No	14.6
Yes	85.4
(n = 1,785)	

*During your postpartum checkup,* did a doctor, nurse, or other health care worker ask if someone was hurting you emotionally or physically? (Q55h)

	Valid Percent
No	27.0
Yes	73.0

(n = 1,626)

In the *past 12 months*, have you needed or received help with a family violence problem? (Q71g)

	Valid Percent
Didn't need it	98.7
Needed, but did not get it	0.8
Needed, and did get it	0.5

(n = 1,813)

#### Did any of following things happen to you *due to the COVID-19 pandemic?* (QCV11)

 I. My husband or partner and I had more verbal arguments or
 Valid Percent

 No
 80.2

 Yes
 19.8

 m. My husband or partner was more physically, sexually, or
 valid Percent

 No
 97.4

 No
 97.4

 Yes
 2.6

### Marijuana

*During any of your prenatal care visits*, did a doctor, nurse, or other health care worker ask if you were using drugs such as marijuana, cocaine, crack, or meth? (Q18g)

	Valid Percent
No	10.4
Yes	89.6

(n = 1,782)

# During any of the following time periods, did you use marijuana or hash in any form? (Q58)

a. During the 12 months before I got pregnant (n = 1,812)	Valid Percent
No	76.1
Yes	23.9
b. During my most recent pregnancy (n = 1,806)	Valid Percent
No	92.1
Yes	7.9
c. Since my new baby was born (n = 1,804)	Valid Percent
No	89.3
Yes	10.7

### **Medical Home**

Do you have one or more persons you think of as *your* personal doctor or nurse<sup>\*</sup>? (Q74)

	Valid Percent
No	36.9
Yes	63.1
(n - 1.001)	

(n = 1,801)

<sup>\*</sup> A personal doctor or nurse is a health professional who is familiar with your health history. This can be a general doctor, a specialist doctor, a nurse practitioner, or a physician assistant.

### **Oral Health**

# What type of health care visit did you have in the *12 months before* you got pregnant with your new baby? (Q7g)

_		Percent of Cases
	Visit to have my teeth cleaned by a dentist or dental hygienist	70.1
1		

(n = 1,155)

During *your most recent* pregnancy, did you have your teeth cleaned by a dentist or dental hygienist? (Q21)

	Valid Percent
No	47.5
Yes	52.5

(n = 1,855)

### Physical Activity and Weight

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker talk to you about maintaining a healthy weight? (Q8b)

id Percent	
63.8	No
36.2	Yes
	4 400

(n = 1,130)

*During any of your prenatal care visits,* did a doctor, nurse, or other health care worker ask you if you knew how much weight you should gain during pregnancy? (Q18a)

	Valid Percent
No	45.9
Yes	54.1
( 4744)	

(n = 1,744)

*During your postpartum checkup,* did a doctor, nurse, or other health care worker talk to you about healthy eating, exercise, and losing weight gained during pregnancy? (Q55b)

	Valid Percent
No	47.3
Yes	52.7

(n = 1,623)

### Postpartum Check-up

### *Since your new baby was born,* have you had a postpartum checkup<sup>\*</sup> for yourself? (Q54)

	Valid Percent
No	9.2
Yes	90.8

(n = 1,825)

# During the COVID-19 pandemic, which types of postpartum appointments did you attend for *yourself?* (QCV10)

	Valid Percent
In-person appointments only	64.9
Virtual appointments (video or telephone) only	5.4
Both, in-person and virtual appointments	23.2
I did not have any postpartum appointments for myself	6.6

(n = 1,772)

# During your postpartum checkup<sup>\*</sup>, did a doctor, nurse, or other health care worker <u>do</u> any of the following things? (Q55)

[Respondents were prompted to skip if they did not have a postpartum checkup – 'No' on Q54]

a. Tell me to take a vitamin with folic acid (n = 1,596)	Valid Percent
No	43.5
Yes	56.5
b. Talk to me about healthy eating, exercise, and losing weight	
gained during pregnancy (n = 1,623)	Valid Percent
No	47.3
Yes	52.7
c. Talk to me about how long to wait before getting pregnant again	
(n = 1,615)	Valid Percent
No	46.3
Yes	53.7

<sup>\*</sup> A postpartum checkup is a regular checkup about 4-6 weeks after giving birth.

# *During your postpartum checkup,* did a doctor, nurse, or other health care worker <u>do</u> any of the following things? (Q55) (Cont.)

[Respondents were prompted to skip if they did not have a postpartum checkup – 'No' on Q54]

d. Talk to me about birth control methods I can use after giving	
birth (n = 1,637)	Valid Percent
No	10.6
Yes	89.4
e. Give or prescribe me a contraceptive method such as the pill,	
patch, shot (Depo-Provera®), NuvaRing® or condoms (n = 1,622)	Valid Percent
No	63.8
Yes	36.2
f. Insert an IUD (Mirena®, ParaGard®, Liletta®, or Skyla®) or a	
contraceptive implant (Nexplanon® or Implanon®) (n = 1,620)	Valid Percent
No	73.3
Yes	26.7

# *During your postpartum checkup,* did a doctor, nurse, or other health care worker <u>do</u> any of the following things? (Q55 cont.)

g. Ask me if I was smoking cigarettes (n = 1,615)	Valid Percent
No	35.0
Yes	65.0
h. Ask me if someone was hurting me emotionally or physically	
<u>(n = 1,626)</u>	Valid Percent
No	27.0
Yes	73.0
i. Ask me if I was feeling down or depressed (n = 1,632)	Valid Percent
No	5.3
Yes	94.7
j. Test me for diabetes (n = 1,586)	Valid Percent
No	76.6
Yes	23.4

### **Preconception Health**

#### Have you had any alcoholic drinks in the past 2 years? (Q30)

Valid Percent
27.2
72.8

(n = 1,850)

#### Have you smoked any cigarettes in the past 2 years? (Q23)

Valid Percent
86.4
13.6

(n = 1,860)

In the *12 months before* you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker? (Q6)

	Valid Percent
No	31.5
Yes	68.5

(n = 1,843)

What type of health care visit did you have in the *12 months before* you got pregnant with your new baby?<sup>\*</sup> (Q7)

		Percent of Cases
	Regular checkup at my family doctor's office	51.4
	Regular checkup at my OB/GYN's office	52.9
	Visit for an illness or chronic condition	15.7
	Visit for an injury	7.8
	Visit for family planning or birth control	30.2
	Visit for depression or anxiety	14.2
	Visit to have my teeth cleaned by a dentist or dental hygienist	70.3
	Other	17.4
n –	1 1 5 1 \	

(n = 1,151)

<sup>\*</sup> Respondents were able to select multiple responses.

### **Preconception Health**

# During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker <u>do</u> any of the following things? (Q8)

a. Tell me to take a vitamin with folic acid (n = 1,112)	Valid Percent
No	61.4
Yes	38.6
b. Talk to me about maintaining a healthy weight (n = 1,130)	Valid Percent
No	63.8
Yes	36.2
c. Talk to me about controlling any medical conditions such as	
diabetes or high blood pressure (n = 1,120)	Valid Percent
No	86.6
Yes	13.4
d. Talk to me about my desire to have or not have children (n = 1,126)	Valid Percent
No	47.9
Yes	52.1
e. Talk to me about using birth control to prevent pregnancy	0211
(n = 1,120)	Valid Percent
No	57.3
Yes	42.7
f. Talk to me about how I could improve my health before a	
pregnancy (n = 1,115)	Valid Percent
No	64.8
Yes	35.2
g. Talk to me about sexually transmitted infections such as chlamydia, gonorrhea, or syphilis (n = 1,119)	Valid Percent
No	73.4
Yes	26.6
n. Ask me if I was smoking cigarettes (n = 1,125)	Valid Percent
No	20.3
Yes	79.7
. Ask me if someone was hurting me emotionally or physically	
(n = 1,123)	Valid Percent
No	37.4
Yes	62.6
. Ask me if I was feeling down or depressed (n = 1,122)	Valid Percent
No	31.7

#### **Preconception Health**

During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker <u>do</u> any of the following things? (Q8 cont.)

k. Ask me about the kind of work I do (n = 1,117)	Valid Percent
No	32.1
Yes	67.9
I. Test me for HIV (the virus that causes AIDS) ( $n = 1,080$ )	Valid Percent
No	76.1
Yes	23.9

In the *12 months* <u>before</u> you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?  $(Q34)^*$ 

a. My husband or partner (n = 1,796)	Valid Percent
No	99.2
Yes	0.8
b. My ex-husband or ex-partner (n = 1,771)	Valid Percent
No	98.9
Yes	1.1

# During the 3 months before you got pregnant with your *new* baby, did you have any of the following health conditions? (Q4)

a. Type 1 or Type 2 diabetes (not gestational diabetes or diabetes

that starts during pregnancy) ( $n = 1,851$ )	Valid Percent
No	96.9
Yes	3.1
b. High blood pressure or hypertension (n = 1,853)	Valid Percent
No	95.3
Yes	4.7
c. Depression (n = 1,858)	Valid Percent
No	81.0
Yes	19.0

<sup>\*</sup> Note: Teen participants ages 19 and younger are not asked this question.

During the *3 months <u>before</u>* you got pregnant, how many alcoholic drinks did you have in an average week? (Q31)

	Valid Percent
14 drinks or more a week	2.5
8 to 13 drinks a week	4.5
4 to 7 drinks a week	16.7
1 to 3 drinks a week	30.4
Less than 1 drink a week	33.7
I didn't drink then	12.2

(n = 1,189)

In the 3 months <u>before</u> you got pregnant, how many cigarettes did you smoke on an average day?  $(\mbox{Q24})$ 

	Valid Percent
41 cigarettes or more	3.3
21 to 40 cigarettes	3.6
11 to 20 cigarettes	13.5
6 to 10 cigarettes	22.5
1 to 5 cigarettes	25.5
Less than 1 cigarette	12.1
I didn't smoke then	19.6

(n = 248)

During the *month before* you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin? (Q5)

	Valid Tercerit
I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the <i>month before</i> I got pregnant	43.1
1 to 3 times a week	8.0
4 to 6 times a week	7.3
Every day of the week	41.6

(n = 1,865)

During the <u>month before</u> you got pregnant with your new baby, what kind of health insurance did you have?<sup>\*</sup> (Q9)

	Percent of Cases
Private health insurance from my job or the job of my husband or partner	54.9
Private health insurance from my parents	6.2
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	5.6
Oregon Health Plan or Medicaid	26.1
TRICARE or other military health care	2.1
Indian Health Service	0.9
Other health insurance	2.2
I did not have any health insurance during the <i>month before</i> I got pregnant	9.7
1.050	

(n = 1,850)

During the 12 months *before the <u>delivery</u>* of your new baby, did a doctor, nurse, or other health care worker *offer* you a flu shot or *tell* you to get one? (Q19)

	Valid Percent
No	10.7
Yes	89.3
( 1 000)	

(n = 1,832)

**During the 12 months** *before the* <u>*delivery*</u> of your new baby, did you *get* a flu shot? (Q20)

	Valid Percent
No	38.7
Yes, before my pregnancy	10.0
Yes, during my pregnancy	51.3

(n = 1,815)

<sup>\*</sup> Respondents were able to check multiple responses.

### **Preconception Health**

# During the 12 months before your new baby was born, did you ever eat less than you felt you should because there wasn't enough money to buy food? (Q33)

	Valid Percent
No	94.5
Yes	5.5
(n = 1,837)	

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## **Pregnancy Intendedness**

# Thinking back to *just before* you got pregnant with your new baby, how did you feel about becoming pregnant? (Q12)

	Valid Percent
I wanted to be pregnant later	11.1
I wanted to be pregnant sooner	17.3
I wanted to be pregnant then	52.4
I didn't want to be pregnant then or at any time in the future	4.5
I wasn't sure what I wanted	14.8

(n = 1,834)

#### When you got pregnant with your new baby, were you trying to get pregnant? (Q13)

	Valid Percent
No	33.7
Yes	66.3
( 1 000)	

(n = 1,838)

# When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? (Q14)

[Respondents prompted to skip if they were trying to get pregnant – 'Yes' on Q13]

	Valid Percent
No	58.6
Yes	41.4

(n = 1,199)

### **Pregnancy Intendedness**

# What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant?<sup>\*</sup> (Q15)

[Respondents prompted to skip if they were doing something to keep from getting pregnant – 'Yes' on Q14]

	Percent of Cases
I didn't mind if I got pregnant	72.3
I thought I could not get pregnant at that time	25.0
I had side effects from the birth control method I was using	15.3
I had problems getting birth control when I needed it	1.4
I thought my husband or partner or I was sterile (could not get pregnant at all)	12.1
My husband or partner didn't want to use anything	12.2
I forgot to use a birth control method	9.3
Other	10.1

(n = 380)

<sup>\*</sup> Respondents were able to check multiple responses.

# How many weeks *or* months<sup>\*</sup> pregnant were you when you had your first visit for prenatal care? (Q17)

	Valid Percent
I did not go for prenatal care	0.6
Less than 3 months	91.1
3 or more months	8.3

(n = 1,796)

# *During any of your prenatal care visits,* did a doctor, nurse, or other health care worker ask you any of the things listed below? (Q18)

a. If I knew how much w	weight I should	gain during	pregnancy
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a. If the first how much weight i should gain during pregnancy	
(n = 1,744)	Valid Percent
No	45.9
Yes	54.1
b. If I was taking any prescription medication (n = 1,786)	Valid Percent
No	3.3
Yes	96.7
c. If I was smoking cigarettes (n = 1,794)	Valid Percent
No	2.8
Yes	97.2
d. If I was drinking alcohol (n = 1,792)	Valid Percent
No	3.2
Yes	96.8
e. If someone was hurting me emotionally or physically (n = 1,785)	Valid Percent
No	14.6
Yes	85.4
f. If I was feeling down or depressed (n = 1,791)	Valid Percent
No	9.9
Yes	90.1
g. If I was using drugs such as marijuana, cocaine, crack, or meth	
(n =1,782)	Valid Percent
No	10.4

\* All answers converted to weeks.

Yes	89.6

*During any of your prenatal care visits,* did a doctor, nurse, or other health care worker ask you any of the things listed below? (Q18 cont.)

h. If I wanted to be tested for HIV (the virus that causes AIDS)

(n = 1,684)	Valid Percent
No	40.1
Yes	59.9
i. If I planned to breastfeed my new baby (n = 1,786)	Valid Percent
No	8.4
Yes	91.6
j. If I planned to use birth control after my baby was born (n = 1,782)	Valid Percent
No	11.6
Yes	88.4

## During *your most recent* pregnancy, did you have your teeth cleaned by a dentist or dental hygienist? (Q21)

	Valid Percent
No	47.5
Yes	52.5

(n = 1,855)

# During *your most recent* pregnancy, did you have any of the following health conditions? (Q22)

a. Gestational diabetes (diabetes that started during this pregnancy)

(n = 1,849)	Valid Percent
No	87.4
Yes	12.6
b. High blood pressure (that started during this pregnancy), pre-	
eclampsia or eclampsia (n = 1,845)	Valid Percent
No	83.3
Yes	16.7
c. Depression (n = 1,840)	Valid Percent
No	83.4
Yes	16.6

During any of your prenatal care visits or after your most recent delivery, did a doctor, nurse, or other health care worker ever advise you to quit smoking? (Q59)

	Valid Percent
No	31.9
Yes, during my prenatal care visits	4.4
Yes, after my delivery	0.3
Yes, both times	4.7
I did not smoke at that time	58.8

(n = 1,703)

# During your <u>most recent pregnancy</u>, what kind of health insurance did you have for your *prenatal care*?<sup>\*</sup> (Q10)

	Percent of Cases
I did not go for prenatal care	2.0
Private health insurance from my job or the job of my husband or partner	53.1
Private health insurance from my parents	5.0
Private health insurance from the Oregon Health Insurance Marketplace, Care Oregon, or HealthCare.gov	4.9
Oregon Health Plan or Medicaid	41.0
TRICARE or other military health care	2.1
Indian Health Service	0.8
Other health insurance	1.7
I did not have any health insurance for my prenatal care	0.8

(n = 1,854)

<sup>\*</sup> Respondents were able to check multiple responses.

# During the COVID-19 pandemic, which types of *prenatal care* appointments did you attend? (QCV1)

	Valid Percent
In-person appointments only	50.7
Virtual appointments (video or telephone) only	0.8
Both, in-person and virtual appointments	47.3
I did not have prenatal care	1.1

(n = 1,780)

#### What are the reasons that you did not attend virtual appointments for prenatal

*care*? (QCV2) [Respondents prompted to skip if they had virtual/hybrid prenatal care or if they did not have any prenatal care on QCV1]

#### a. Lack of availability of virtual appointments from my provider

a Labit of availability of virtual appointmonto norminy provider	
(n = 779)	Valid Percent
No	75.8
Yes	24.2
b. Lack of an available telephone to use for appointments (n = 786)	Valid Percent
No	97.8
Yes	2.2
c. Lack of enough cellular data or cellular minutes (n = 787)	Valid Percent
No	98.7
Yes	1.3
d. Lack of a computer or device (n = 785)	Valid Percent
No	98.2
Yes	1.8
e. Lack of internet service or had unreliable internet (n = 787)	Valid Percent
No	96.7
Yes	3.3
f. Lack of a private or confidential space to use (n = 784)	Valid Percent
No	98.4
Yes	1.6
g. I preferred seeing my health care provider in person (n = 807)	Valid Percent
No	12.7
Yes	87.3

#### What are the reasons that you did not attend virtual appointments for prenatal

*care*? (QCV2 cont.) [*Respondents prompted to skip if they had virtual/hybrid prenatal care or if they did not have any prenatal care on QCV1*]

h. Other reason (n = 624)	Valid Percent
No	80.7
Yes	19.3

# Were any of your <u>prenatal care</u> appointments canceled or delayed during the COVID-19 pandemic due to the following reasons? (QCV3)

a. My appointments were canceled or delayed because my	
provider's office was closed or had reduced hours (n = 1,749)	Valid Percent
No	90.0
Yes	10.0
b. I canceled or delayed because I was afraid of being exposed to	
COVID-19 during the appointments (n = 1,747)	Valid Percent
No	95.5
Yes	4.5
c. I canceled or delayed because I lost my health insurance during	
the COVID-19 pandemic (n = 1,747)	Valid Percent
No	99.4
Yes	0.6
d. I canceled or delayed because I had problems finding care for my	
children or other family members (n = 1,746)	Valid Percent
No	91.3
Yes	8.7
e. I canceled or delayed because I worried about taking public	
transportation and had no other way to get there (n = 1,747)	Valid Percent
No	97.2
Yes	2.8
f. My appointments were canceled or delayed because I had to self-	
isolate due to possible COVID-19 exposure or infection (n = 1,750)	Valid Percent
No	90.5
Yes	9.5

## **Social Services**

### In the past 12 months, have you needed or received any of the following? (Q71)

a. Food Stamps or money to buy food (n = 1,821)	Valid Percent
Didn't need it	63.9
Needed it, but did not get it	6.9
Needed it, and did get it	29.2
b. Other financial assistance (for example, AFDC, TANF, subsidized	
rent, etc.) (n = 1,815)	Valid Percent
Didn't need it	85.0
Needed it, but did not get it	7.4
Needed it, and did get it	7.7
c. Help with an alcohol or drug problem (n = 1,813)	Valid Percent
Didn't need it	98.5
Needed it, but did not get it	0.7
Needed it, and did get it	0.9
d. Help to stop smoking (n = 1,813)	Valid Percent
Didn't need it	98.1
Needed it, but did not get it	1.2
Needed it, and did get it	0.7
e. Help with transportation (n = 1,812)	Valid Percent
Didn't need it	94.9
Needed it, but did not get it	1.7
Needed it, and did get it	3.4
f. Help paying for education or job training (n = 1,811)	Valid Percent
Didn't need it	95.7
Needed it, but did not get it	2.0
Needed it, and did get it	2.3
g. Help with a family violence problem (n = 1,813)	Valid Percent
Didn't need it	98.7
Needed it, but did not get it	0.8
Needed it, and did get it	0.5
h. Help or counseling for other family or personal problems	-
<u>(n = 1,813)</u>	Valid Percent
Didn't need it	87.3
Needed it, but did not get it	4.7
Needed it, and did get it	8.0

# This question is about things that may have happened during the 12 months before your new baby was born. $\left(\text{Q32}\right)$

a. A close family member was very sick and had to go into the

a. A close family member was very sick and had to go into the	
hospital (n = 1,850)	Valid Percent
No	81.4
Yes	18.6
b. I got separated or divorced from my husband or partner	
<u>(n = 1,850)</u>	Valid Percent
No	95.7
Yes	4.3
c. I moved to a new address (n = 1,853)	Valid Percent
No	66.6
Yes	33.4
d. I was homeless or had to sleep outside, in a car, or in a shelter	
<u>(n = 1,851)</u>	Valid Percent
No	97.8
Yes	2.2
e. My husband or partner lost their job (n = 1,845)	Valid Percent
No	88.3
Yes	11.7
f. I lost my job even though I wanted to go on working (n = 1,847)	Valid Percent
No	88.2
Yes	11.8
g. My husband, partner, or I had a cut in work hours or pay	
(n = 1,844)	Valid Percent
No	77.3
Yes	22.7
h. I was apart from my husband or partner due to military	
deployment or extended work-related travel (n = 1,845)	Valid Percent
No	96.2
Yes	3.8
i. I argued with my husband or partner more than usual (n = 1,843)	Valid Percent
i. I argued with my husband or partner more than usual (n = 1,843) No	Valid Percent 84.0

# This question is about things that may have happened during the 12 months before your new baby was born. (Q32 cont.)

(n = 1,843)	Valid Percent
No	95.8
Yes	4.2
k. I had problems paying the rent, mortgage, or other bill (n = 1,846)	Valid Percent
No	87.5
Yes	12.5
. My husband, partner, or I went to jail (n = 1,847)	Valid Percent
No	98.6
Yes	1.4
n. Someone very close to me had a problem with drinking or drugs	
(n = 1,848)	Valid Percent
No	88.4
Yes	11.6
n. Someone very close to me died (n = 1,851)	Valid Percent
No	81.8
Yes	18.2

j. My husband or partner said they didn't want me to be pregnant

# While you were <u>pregnant</u> during the COVID-19 pandemic, did you have any of the following experiences? (QCV5)

a. I had responsibilities or a job that prevented me from staying

a. That roopeneismae of a job that prevented me nem staying	
home (n = 1,794)	Valid Percent
No	52.0
Yes	48.0
b. Someone in my household had a job that required close contact	
with other people (n = 1,791)	Valid Percent
No	41.5
Yes	58.5
c. When I went out, I found that other people around me did not	
practice social distancing (n = 1,785)	Valid Percent
No	37.2
Yes	62.8
d. I had trouble getting disinfectant to clean my home (n = 1,793)	Valid Percent
No	83.8
Yes	16.2

# While you were <u>pregnant</u> during the COVID-19 pandemic, did you have any of the following experiences? (QCV5 cont.)

e. I had trouble get	tting hand sanitizer	or hand soap for my
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household (n = 1,792)	Valid Percent
No	84.3
Yes	15.7
f. I had trouble getting or making masks or cloth face coverings	
<u>(n = 1,790)</u>	Valid Percent
No	92.1
Yes	7.9
g. it was hard for me to wear a mask or cloth face covering (trouble	
breathing, claustrophobia) (n = 1,790)	Valid Percent
No	73.8
Yes	26.2
h. I was told by a health care provider that I had COVID-19	
(n = 1,787)	Valid Percent
No	91.4
Yes	8.6
i. Someone in my household was told by a health care provider that	
they had COVID-19 (n = 1,788)	Valid Percent
No	89.9
Yes	10.1

### Did any of following things happen to you *due to the COVID-19 pandemic?* (QCV11)

a. I lost my job or had a cut in work hours or pay (n = 1,778)	Valid Percent
No	74.1
Yes	25.9
b. Other members of my household lost their jobs or had a cut in	
work hours or pay (n = 1,780)	Valid Percent
No	74.6
Yes	25.4
c. I had problems paying the rent, mortgage, or other bills	
<u>(n = 1,779)</u>	Valid Percent
No	81.6
Yes	18.4

### Did any of following things happen to you <u>due to the COVID-19 pandemic?</u>

(QCV11 cont.)

d. A member of my household or I received unemployment benefits

a. A member of my nouserold of I received unemployment benefits	
(n = 1,773)	Valid Percent
No	72.7
Yes	27.3
e. I had to move or relocate (n = 1,780)	Valid Percent
No	84.2
Yes	15.8
. I became homeless (n = 1,778)	Valid Percent
No	98.3
Yes	1.7
g. The loss of childcare of school closures made it difficult to	
manage all my responsibilities (n = 1,780)	Valid Percent
No	81.1
Yes	18.9
n. I had to spend more time than usual taking care of children or	
other family members (n = 1,778)	Valid Percent
No	69.6
Yes	30.4
i. I worried whether our food would run out before I got money to	
buy more (n = 1,782)	Valid Percent
No	88.4
Yes	11.6
. I felt more anxious than usual (n =1,784)	Valid Percent
No	45.3
Yes	54.7
k. I felt more depressed than usual (n = 1,776)	Valid Percent
No	67.0
Yes	33.0
I. My husband or partner and I had more verbal arguments or	
conflicts than usual (n = 1,725)	Valid Percent
No	80.2
Yes	19.8

### Did any of following things happen to you due to the COVID-19 pandemic?

(QCV11 cont.)

m. My husband or partner was more physically, sexually, or	
emotionally aggressive towards me <sup>*</sup> (n = 1,725)	Valid Percent
No	97.4
Yes	2.6

<sup>\*</sup> Note: Teen participants ages 19 and younger are not asked this question.