

Changes to Clinical Practice Standards: January 2024

The RHCare Clinical Practice Standards are meant to ensure that all clients are provided the same high-quality scope of reproductive health services at certified RHCare clinics.

Clinical Practice Standard	Type of Change	Notes
Core Reproductive Health Services	Policy change, added reference, client-centered changed to client-driven	Removed recommendation to routinely screen for obesity and added AMA reference re: BMI. Removed recommendation to screen for DES exposure in all clients, as all DES-exposed people assigned female at birth are no longer of reproductive age. Changed language from client-centered to client-driven to match the RHCare Certification Requirements (this language will be changed going forward when each CPS requires updates).
Intrauterine Contraception	Change in national standards	Updated that use of Liletta through 8 years is now FDA-approved (previously was evidence-based).
Prescription Visit	Clarification, client-centered changed to client-driven	Removed statement that "Usually, clients are provided with 3 and no more than 6 months of a prescriptive contraceptive method under standing orders signed by the agency's Medical Director/Health Officer at their initial contraceptive visit." This is not the case at all agencies, and whether or not the initial method was dispensed under standing orders has no bearing on the prescription visit. Changed language from client-centered to client-driven to match the RHCare Certification Requirements (this language will be changed going forward when each CPS requires updates).
Reproductive Health Well Visit	Change in national standards, added reference	Updated breast cancer screening recommendation to include mammograms every other year starting at age 40 per revised USPSTF guidelines. Added practice guideline from ACP to reference section (this guideline is referenced in past versions of the CPS, but no source was given in reference section).
STI Screening, Testing and Treatment	Clarification	Added back information regarding expedited partner therapy (EPT) for clarity.