

## **ADDITIONAL RESOURCES FOR MEETING THE SEXUAL AND REPRODUCTIVE HEALTH NEEDS OF YOUTH**

### **Oregon Specific Resources:**

- Oregon Health Authority-Public Health Division's [Adolescent and School Health Program](#), which includes the Youth Sexual Health Program
- Oregon Youth Sexual Health Plan
- [Oregon Youth Sexual Health Plan 5 Year Update](#)
- [Rational Enquirer](#) 2016 issue to be released in May 2016
- [School Based Health Center State Program Office](#)
- [Oregon Department of Education- Sexuality Education](#) school policies, health standards, etc.
- [Oregon Department of Human Services- My Future, My Choice Program](#)

### **Non-Profit Organizations:**

- [TransActive: Gender Center](#)
- [Basic Rights Oregon](#)
- [Cascade AIDS Project \(CAP\)](#)
- [Oregon Attorney General's Sexual Assault Task Force \(ORSATF\)](#)
- [Oregon Coalition against Domestic and Sexual Violence \(OCADSV\)](#)
- [Sexual Assault Resource Center \(SARC\)](#)

### **National Services:**

#### **Working with Youth and Families:**

- [Physicians for Reproductive Health](#), resources for youth, families and providers,
- [Adolescent Reproductive and Sexual Health Education Program \(ARSHEP\)](#), prepares a select group of physicians to give free educational sessions to other providers about the best practices for adolescent reproductive and sexual health care, including a host of free downloadable modules related to adolescent SRH.
- [CDC Reproductive Health: Teen Pregnancy](#), resources for youth, families and providers
- [Healthy Teen Network](#), resources for youth, families and providers
- [Keep it Simple](#), Linking Teens to Sexual Healthcare lesson plan and accompanying video, or motion graphic, is designed to help link young men and women, ages 15-19, to trusted, "teen friendly" contraceptive and reproductive healthcare providers (also available in Spanish).
- [Advocates for Youth](#), education and policy resources for organizations and individuals
- [Association of Reproductive Health Professionals](#), adolescent resources for providers
- [Youth Risk behavior Surveillance System \(YRBSS\)](#), CDC national data for youth

### **Working with LGBTQ Youth:**

- [GSA Network](#), national LGBTQ youth health resources
- [Centers for Disease Control and Prevention LGBTQ Resources Page](#)
- [The Trevor Project](#), the leading national organization providing crisis intervention and suicide prevention services to LGBTQ young people ages 13-24.
- [Clinical Care for Gender Nonconforming and Transgender Adolescents](#), a webinar provided by Cardea in September 2015.

### **Services for Males**

- [Preventive Male Sexual and Reproductive Health Care: Recommendations for Clinical Practice](#), Male Training Center for Family Planning and Reproductive Health, 2014.
- [Male Family Planning Research Project](#), a research project from 2009-2014 by Cardea.

### **Resources for Youth:**

- [Scarleteen: sex ed for the real world](#), sexual health information for youth
- [Planned Parenthood: Info for Teens](#), sexual health information for youth
- [Amplify](#), sexual health information and activism for youth
- [My Sistahs](#), sexual health information and activism for and by young women of color
- [Sex, etc.](#), sexual health information for and by youth
- [Bedsider](#), sexual health information for older youth
- [It Gets Better Project](#), stories and messages of support for both LBGT youth and their friends, family members and other allies as well as activism
- [It's Your Sex Life](#), sexual and reproductive health information and resources for young adults
- [I Wanna Know](#), sexual and reproductive health information and resources for youth and young adults from the American Sexual Health Association
- [Stay Teen](#), sexual and reproductive health information and resources by youth for youth
- [Teensource.org](#), sexual health resources for youth
- [Juicebox](#), a new sex ed app released in 2016