

## Nexplanon updates:

The FDA recently made changes to the Nexplanon labeling and certification process.

- **The Nexplanon is now FDA-approved for up to 5 years of pregnancy prevention.** Previously, use of Nexplanon for up to 5 years was evidence-based. Studies showed that there were no pregnancies and no new safety concerns during years 4–5 of use. Studies also showed that the serum etonogestrel levels remained above ovulation threshold for people of all BMIs years 3-5; therefore, the label no longer includes language about possible decreased effectiveness in higher-BMI populations. If your agency has been following the Implant CPS, no changes are needed to the counseling you provide.
- **All providers who insert or remove Nexplanon must complete a Risk Evaluation and Mitigation Strategy (REMS) certification by August 23rd, 2026.** For providers already trained to insert Nexplanon, the certification process should be straightforward and take only about 10 minutes total. For providers who have not placed Nexplanon in the past 3 years, there is a more robust requirement which includes an online didactic and an in-person training. Of note, this update does not change the recommended insertion technique or insertion site. See below for more info on the specific steps that providers will need to take:
- For providers currently placing Nexplanon AND who completed the 2019 label update training
  1. Create an account on the [Nexplanon REMS website](#).
  2. Review the Prescribing Information and Healthcare Provider Guide.
  3. Complete the Knowledge Assessment.
  4. Submit the Enrollment Form.

After completing these steps, you should be REMS-certified and do not need additional training.

Continued on next page

## Nexplanon updates (continued):

- For providers who have not placed Nexplanon in the last 3 years and/or did not complete the 2019 label update training
  1. Create an account on the [Nexplanon REMS website](#).
  2. Review the Prescribing Information and Healthcare Provider Guide.
  3. Complete the Knowledge Assessment.
  4. Submit the Enrollment Form.
  5. Complete required online didactic and schedule in-person practical training.
  6. Complete in-person practical training.

There is a related information session hosted by the CTC-SRH listed below under the “training” section of this newsletter. The session is not required; it is merely an overview of the updates for those who prefer to receive information in a verbal/visual format.

## Trainings

### Webinar: Nexplanon Training Updates: What Clinicians Need to Know (March 24, 11:00-12:00)

This webinar will review the FDA-mandated updates to the Nexplanon training and certification process required for all clinicians performing placements and removals. In early 2026, the FDA launched a new Risk Evaluation and Mitigation Strategy (REMS) program that requires both newly trained and previously credentialed providers to complete REMS certification before performing implant procedures. Participants will hear from Bree Harbin, DNP, WHNP BC, MSN, as she discusses implications for clinical practice, documentation, and workflow planning. [Register for the Nexplanon Training Updates](#)

## Upcoming Virtual IUC Trainings by CTC-SRH

- Thursday, April 2 - Pain Management for IUCs
- Tuesday, April 7 - IUC Placement and Removal Skills
- Friday, May 22 - IUC Placement and Removal Skills
- Tuesday, June 30 - IUC Placement and Removal Skills

[View and Register for IUC Trainings](#)

## Did you miss the March 11th Billing and Fiscal TA Session with RHNTC?

This session outlined strategies that agencies can implement prior to patient visits to support strong financial practices. [Watch the recording](#) using passcode: 8@?J&6BJ.

## Suggested Training Lists for RHCare Clinics

The RHNTC compiled all of their suggested training lists for staff within clinics that receive Title X funding (RHCare clinics) into a handy spreadsheet, organized by topic. [Training lists](#) include a variety of RHNTC and non-RHNTC resources, including eLearnings, webinars, videos, job aids, and more.

## Resources

### New Resource: OHA Sterilization Consent Provider Guide

OHA's Medicaid Division has just released a [Sterilization Consent Provider Guide](#). This guide provides information about how to correctly fill out the sterilization consent form. It applies to sterilizations provided to both OHP and RHAF enrollees. [This page hosts links to the acceptable consent forms.](#)



## Reminder: Resource for Clinicians - Reproductive Health Hotline (ReproHH)

The University of California - San Francisco (UCSF) Department of Family and Community Medicine launched ReproHH, a free, nationwide, confidential hotline for healthcare providers seeking expert guidance on sexual and reproductive health.

Review terms and learn more: [reprohh.ucsf.edu](https://reprohh.ucsf.edu)  
Call 1-844-ReproHH (1-844-737-7644)



## Glossary

**The following are acronyms commonly found in the newsletter:**

**AHI:** [University of Michigan's Adolescent Health Initiative](#)

**CTC-SRH:** [Clinical Training Center for Sexual + Reproductive Health](#)

**CVR:** Clinic Visit Record

**FFS:** Fee-for-service

**LARC:** Long-Acting Reversible Contraceptive

**NFPRHA:** [National Family Planning and Reproductive Health Association](#)

**OHP:** [Oregon Health Plan](#)

**QFP:** Quality Family Planning Guide

**RHAF:** Reproductive Health Access Fund

**RHNTC:** [Reproductive Health National Training Center](#)