

★ Updated Pregnancy Option Brochures ★

Cue the trumpets!! The Reproductive Health Program is pleased to announce that our updated Pregnancy Options Brochure is now available in English, Spanish, Simplified Chinese, and Korean with more languages coming soon!

The RH Program revised our Pregnancy Options Brochure last year to include more client-centered language and some updated resources, such as the All Options Talkline and the Lilith Clinic. It also has beautiful new graphics created by our graphic designer, Tony Diep. The updated brochures are available in Word and Adobe. The sections for “Parenting,” “Adoption,” and “Additional Resources” are editable and intended for you to add your relevant local organizations such as prenatal care providers, local WIC office, social services agencies, etc.

This brochure is intended to help certified agencies meet the requirement that: “Clinics must offer/provide written information about all pregnancy options. It must be written in a factual and non-directive manner and include contact information for agencies that give medically-accurate, unbiased information about the option(s) for which they are being listed.” Since crisis pregnancy centers (also known as pregnancy resource centers or anti-abortion centers) may not provide medically-accurate, unbiased information, please do not list them on this brochure. If you are unsure if an organization/clinic in your area is a crisis pregnancy center, you can look at the Crisis Pregnancy Center map or contact the RH Program.

We hope this brochure is useful to your clinics and the clients you serve. Please feel free to reach out with any questions or feedback.

[See the Crisis Pregnancy Center Map](#)[↗]

[Download the Pregnancy Options Brochures](#)[↗] (under Download & Print)

CVR Webinar Recordings Now Available

The Billing & Data and Trainings webpages have been updated with the updated CVR Webinar recordings for RHCare and CCare clinics. These webinars reviewed the CVR in detail, including reimbursement rates, allowable diagnosis codes and the monthly Ahlers reports. Copies of the slides are posted along with the video recordings. Please share these with any staff who were unable to attend the webinars.

[See the Billing & Data webpage](#)⁷

[See the Trainings webpage](#)⁷

Health Equity

Opportunity to Participate in the Evaluation of a Contraceptive Clinical Decision Aid

Power to Decide, in partnership with Child Trends and the University of California, San Francisco, is implementing and rigorously evaluating Let's Talk, a multi-level intervention addressing adolescents and providers that includes both in-person and online components. As part of the evaluation, the research team is recruiting 30 health centers across the US to enroll adolescent patients assigned female at birth who are seeking care for a wellness visit or sexual and reproductive health services. The Let's Talk intervention includes a contraceptive decision aid that aims to improve equitable delivery of contraceptive services by offering concrete tools to strengthen patient-centered contraceptive counseling for adolescents.

By participating in the evaluation of Let's Talk, health centers can help determine if this new care model is effective at increasing patient-centered contraceptive counseling and use of preferred contraceptive method among adolescents. Health centers selected to participate in this study also will receive up to a \$8,000 stipend, paid in installments. If your health center or a health center you fund would like to learn more about this research opportunity, please [see the project's recruitment one-pager](#).⁷

5/16/2025

Adolescent Health Well Visits

Well visits are the core of many patient-provider relationships. But too often, these regular appointments are hurried or skipped altogether. Even worse, the physical exams can be triggering for young people who may have experienced trauma.

These concerns motivated the development of AHI's latest resource, Improving and Increasing Adolescent Well Visits. This Timely Topic module will guide providers through the elements of a quality well visit, determine clinic strengths and priorities for well visit improvement, and evaluate the impact of improvement strategies on well visit rates. Through interactive activities and video vignettes from experts and adolescents, learners will have everything they need to make their well visits truly matter.

The AHI also developed a topic page with all of our materials on well visits and trauma-informed care, so you can expand your knowledge and change your practice for the better!

See the [Improving and Increasing Adolescent Well Visits module](#)[↗]

See the [Well Visits and Trauma Informed Care webpage](#)[↗]

Trainings

Webinar: Pain Management during IUD insertions and other GYN Procedures *(Wednesday, June 4, 3:00-4:00)*

Are you trying to better understand pain management options for patients at your clinic? Join the RH Program for an hour-long webinar presented by Dr. Lisa Bayer, from OHSU. Dr. Bayer will present research on pain and pain perception, guiding principles for addressing pain during gyn procedures, and a range of evidence-based techniques you can implement at your clinic.

Presenter: Dr. Lisa Bayer, MD MPH is an Associate Professor of Obstetrics & Gynecology at OHSU. She works as a generalist Ob/Gyn and a complex family planning subspecialist. Dr. Bayer is the co-Director of the fellowship in Complex Family Planning at OHSU and the Medical Director for the Department of Ob/Gyn at the Center for Women's Health.

[Register here](#)[↗]

5/16/2025

Webinar: Using Evidence-based Principles to Expand Access and Improve Care (Wednesday, June 4, 10:00-11:00)

This webinar with Jamie Hart, PhD, MPH and Lisa Stern, RN, MSN, MA, will explore the principles of comprehensive sexual and reproductive health care and demonstrate how they can be integrated into clinical practice and administration. By the end of the session, attendees will be able to identify concrete examples for improving access and care. CNE pending.

[Register here](#)[↗]

Webinar: Screening for a Person's Needs and Desires for SRH Services Using Evidence-Based Screening Tools (Thursday, June 26, 12:00-1:00)

This webinar with Jamie Hart, PhD, MPH and Lisa Stern, RN, MSN, MA, will explore the principles of comprehensive sexual and reproductive health care and demonstrate how they can be integrated into clinical practice and administration. By the end of the session, attendees will be able to identify concrete examples for improving access and care. CNE pending.

[Register here](#)[↗]

Virtual IUC Training

The CTC-SRH offers virtual IUC clinical skills training for sexual and reproductive health providers. These trainings are free for Title X (RHCare) providers - fee for Non-Title X (CCare and AbortionCare).

- [IUC Challenging Cases](#)[↗]
Thursday, June 26 @ 11:00 - 1:30
2.5 CNE/CME
- [IUC Placement and Removal Skills](#)[↗]
Monday, July 14 @ 11:30 - 1:00
1.5 CNE/CME

[View all 2025 Training Dates](#)[↗]

Resources

Toolkit – Infertility Services in Family Planning Care

Explore the RHNTC's Infertility Services in Family Planning Care toolkit to better understand the scope of basic infertility services and enhance the delivery of care and referrals.

[See the toolkit[↗]](#)

Glossary

The following are acronyms commonly found in the newsletter:

AHI: [University of Michigan's Adolescent Health Initiative](#)

CTC-SRH: [Clinical Training Center for Sexual + Reproductive Health](#)

CVR: Clinic Visit Record

LARC: Long-Acting Reversible Contraceptive

NFPRHA: [National Family Planning and Reproductive Health Association](#)

OHP: [Oregon Health Plan](#)

QFP: Quality Family Planning Guide

RHAF: Reproductive Health Access Fund

RHNTC: [Reproductive Health National Training Center](#)