

Update: Increased Maximum Quantity for Emergency Contraception (EC)

Retroactively effective April 1, 2025 the maximum quantity allowed per Date of Visit (DOV) for Emergency Contraception (EC) increased from 2 units to 20 units.

This change ensures greater flexibility in supply management and meets the evolving needs of clients. If your acquisition costs exceed the maximum unit price, reach out to us – we're happy to review and adjust as needed.

[Email rh.billing@oha.oregon.gov](mailto:rh.billing@oha.oregon.gov)

Statewide Information & Education (I&E) Advisory Committee is here for you!

Comprised of members from across the state, the statewide I & E advisory committee reviews health education materials that we create or purchase to see if the materials meet community and target audience standards. RHCare agencies are required to get health education materials reviewed and approved by a Information and Education Committee (I&E).

Reach out to us if you are interested in having materials reviewed by the I & E Committee.

[Email rh.program@oha.oregon.gov](mailto:rh.program@oha.oregon.gov)

7/18/2025

Reminder: Minor Consent in Health Care in Oregon

House Bill 2022 (2023) updated a state statute related to minor consent for health care services. As of 2023, **minors of any age** can access reproductive health care services and information from a licensed provider without parental or guardian consent. This includes services such as:

- contraception,
- pregnancy testing,
- prenatal, postnatal and delivery care,
- miscarriage management,
- fertility care, and
- sexually transmitted infection (STI) testing and treatment.

For the purposes of consent, reproductive health services excludes voluntary sterilization and abortion, except in certain circumstances.

More information about consent for reproductive and other health care can be found in the *Understanding Minor Consent and Confidentiality in Health Care in Oregon* guidance document. This document is available in English, Spanish, Traditional Chinese, Simplified Chinese, Russian, and Vietnamese.

[Read House Bill 2022](#) ↗

[Access Understanding Minor Consent and Confidentiality in Health Care in Oregon](#) ↗

Trainings

Webinar: Centering Informed Consent and Confidentiality in SRH Care (Thursday, August 14, 11:00-12:00)

This webinar, led by Deborah Rotenberg, JD, will cover best practices for informed consent and patient confidentiality in SRH care. Topics include key consent elements - comprehension, voluntariness, and documentation - and strategies for implementing privacy policies to foster trust and ensure legal and ethical compliance in clinical settings.

[Register for the webinar](#) ↗

7/18/2025

Recorded Webinar: Person-Centered Counseling with Management of Complex Contraception Cases

This webinar is designed to equip sexual and reproductive health providers with the knowledge and practical tools needed to enhance contraceptive counseling through the Affirm-Share-Ask Cycles approach. Participants will practice applying these strategies to improve client interactions, particularly when addressing complex contraceptive decisions. The session emphasizes open-ended, patient-centered dialogue and techniques to acknowledge and affirm clients' needs and preferences while sharing relevant, evidence-based information. This training is ideal for providers who deliver compassionate, client-focused care that prioritizes respect, autonomy, and informed decision-making.

[Watch the webinar](#) [↗]

Recorded Webinar: What's New in the 2024 U.S. MEC, U.S. SPR, and Quality Family Planning Guidelines

This is a great resource for clinicians to better understand the updates to the 2024 MEC (Medical Eligibility Criteria) and SPR (Selective Practice Recommendations). You'll learn about helpful tools such as the MEC app, updates to case studies for chronic kidney disease and sickle cell disease, and for people using Depo, learn about medical conditions that had changes in their US MEC safety category.

[Watch the webinar](#) [↗]

Resources

Job Aid: Onboarding to Support New Hires

Sexual and reproductive health (SRH) agency staff who have a positive onboarding experience are more likely to be successful in their roles and choose to stay. Explore the RHNTC's new job aid that provides a roadmap for a smooth onboarding process, and the accompanying sample onboarding checklist suggests actions new staff can take to orient themselves to their new role and agency.

[See the Job Aid](#) [↗]

Glossary

The following are acronyms commonly found in the newsletter:

AHI: [University of Michigan's Adolescent Health Initiative](#)

CTC-SRH: [Clinical Training Center for Sexual + Reproductive Health](#)

CVR: Clinic Visit Record

LARC: Long-Acting Reversible Contraceptive

NFPRHA: [National Family Planning and Reproductive Health Association](#)

OHP: [Oregon Health Plan](#)

QFP: Quality Family Planning Guide

RHAF: Reproductive Health Access Fund

RHNTC: [Reproductive Health National Training Center](#)