

Farwell to Carol Easter

Carol's last day with the OHA and the Reproductive Health Program was December 9th. Carol worked with the State of Oregon for 21 years and was very grateful to work with local agencies who do the work of providing services to their communities. She wishes everyone the best!

Join the Reproductive Health in Primary Care ECHO!

This 8-session ECHO series will build the capacity of primary care clinicians and their team members to provide culturally responsive and equitable reproductive health care to their patients. Providers in rural and frontier parts of the state are especially encouraged to register. Virtual sessions will take place Tuesdays at noon - 1 p.m. PT, January 31 - March 21, 2023.

[Click here to register](#) ↗

Podcast: SUD and Family Planning: A Patient Perspective

The NCTCFP (National Clinical Training Center for Family Planning) sits down with Sharon Hesseltine, the president and CEO of Intentional Beginnings Consulting and Training, a small nonprofit with the mission of strengthening organizations and individuals serving those who experience substance use disorders and trauma. Sharon brings her perspective from both a professional lens and a patient who is in long-term recovery from SUD.

Health Equity

New Reproductive Justice Podcast Series

A new podcast series from the NCTCFP focuses on reproductive justice. The first episode, An Introduction To Reproductive Justice, features Miriam Yeung, MPA, and discusses the reproductive justice framework and how clinicians can incorporate it into their work in sexual and reproductive health settings.

[Listen to the podcast](#) ↗

Resources from Transgender Awareness Month

November was Transgender Awareness Month, a time to honor, celebrate, and advocate for the transgender and gender-diverse community. Use the resources below for support in providing gender-affirming care:

[Gender Affirming Care and Young People](#) ↗

[The Need for Accepting and Affirming Care in Title X Settings Video Series](#) ↗

[Support LGBTQ+ Clients with Affirming Language Job Aid](#) ↗

[Gender Appropriate Language: Practical Skill Development Webinar](#) ↗

[Cultural Competency in Family Planning Care eLearning](#) ↗

Clinician Café: An Introduction to Providing Care for American Indian and Alaska Native Clients (Jan. 17-22)

The NCTCFP will host a Clinician Café exploring established health care delivery systems for American Indians and Alaska Natives, disparities in sexual and reproductive health care, and ideas for designing a path forward. This Clinician Café will include podcasts, journal articles, resources, and live discussions. CE credits are available for some activities.

[Register for the event](#) ↗

Trainings

Putting the QFP into Practice en Español

The first four eLearning modules in the Putting the QFP into Practice series are now available in Spanish, with three more coming soon. Enroll in each course to earn continuing education credits:

[Introducción a las Recomendaciones de Planificación Familiar de Calidad \(Introduction to Quality Family Planning \(QFP\) Recommendations\)](#) ↗

[Introducción a la Anatomía y Fisiología de la Reproducción \(Introduction to Reproductive Anatomy and Physiology\)](#) ↗

[Determinación de la necesidad de servicios de su cliente y conversación sobre las metas reproductivas \(Determining Your Client's Need for Services and Discussing Reproductive Goals\)](#) ↗

[Pruebas de Embarazo y Asesoramiento \(Pregnancy Testing and Counseling\)](#) ↗

Resources

Toolkit: Infertility Services in Family Planning Care

This toolkit from the RHNTC (Reproductive Health National Training Center) helps family planning agency staff understand and strengthen their provision of basic infertility services and referrals to support clients experiencing infertility.

[See the toolkit](#) ↗

Approaching Monkeypox: A Guide for Clinicians

This article reviews the wide range of manifestations of monkeypox virus infection in the current outbreak of the disease. It includes a useful flowchart for diagnosing and managing the infection, as well as more than 20 patient photographs illustrating various clinical presentations.

[Read the article](#) ↗

Implementing the No Surprises Act in Family Planning Settings Resource Guide

In January 2022, the No Surprises Act went into effect to protect consumers against “surprise billing.” In the context of family planning and sexual health care delivery, surprise billing typically impacts two categories of patients: (1) commercially insured patients who unknowingly receive care from an out-of-network provider or facility; and (2) uninsured or self-pay patients, including patients with adjusted fees based on their incomes.

NFPRHA (National Family Planning and Reproductive Health Association) developed a new resource guide, *Implementing the No Surprises Act in Family Planning Settings*, to assist family planning providers administrators with developing systems and policies to ensure compliance with the No Surprises Act. Developed in consultation with a billing company with expertise in family planning, this resource guide includes detailed information on the No Surprises Act regulation’s applicability and steps providers can take to ensure compliance. It also includes several resources to support implementation, including a Sample Good Faith Estimate Form and Instructions and Good Faith Estimates Scenarios and Examples.

Mobile Health Units: A Strategy to Increase Access to Family Planning and Sexual Health Services Resource Guide

Mobile health units provide an opportunity to bring family planning and sexual health care services directly to communities in need, including those that face systemic barriers to care and those in rural or other areas lacking access to brick-and-mortar health centers. Although mobile health units may seem a straightforward fix for addressing access to care issues—especially geography and time—there are many factors that agencies must consider both before and after launching mobile health services. These considerations relate to funding, licensure, staffing, supplies, and outreach, as well as equity. Of note, an intentional consideration of health inequities and disparities is necessary in order to truly advance health equity.

NFPRHA conducted a literature review and interviews with three health care organizations currently operating mobile health units as well as two organizations currently in the planning stage of launching units. They also conducted a virtual discussion session with over 40 members across the country at various stages of planning or operating mobile health units. As a result of those activities, this guide provides an overview of mobile health units for family planning and sexual health services and includes examples and lessons learned from the field.

[See the guide](#) ↗

Webinar: Building a Supportive Environment for Staff Retention in Family Planning Settings

This webinar, intended for those in management level positions, shares concrete solutions and frameworks to help your agency reduce burnout among staff and retain your workforce. Participants learn actionable next steps for building a supportive organizational climate to increase staff retention within family planning settings.

[Watch the webinar](#) ↗