

## New Resource for RHCare Clinics: Why Submit Data

RHCare clinics are required to submit data for every reproductive health visit, regardless of the visit's source of pay (including RHAF, OHP, private insurance, and self-pay). But why?? This resource explains the reasoning behind the requirement.

[See the resource](#)<sup>7</sup>

## Program Manual Updates

The RH Program Manual was updated in two places:

- [Services to Minors](#)<sup>7</sup>: to update links and references to laws and recommended practices.
- [Billing OHP for Confidentiality](#)<sup>7</sup>: to update the method by which visits are billed when a client has OHP and private insurance and wants their visit to be confidential.

## Unite Oregon Video on Reproductive Health Services

We are pleased to share an amazing video created by Unite Oregon, a membership organization led by Black, Indigenous, People of Color, immigrants and refugees, rural communities, and people experiencing poverty. Unite Oregon works across Oregon to build a unified, intercultural movement for justice and has been a RH Program-funded Community Outreach Project grantee since 2020. RH Community Outreach Projects conduct a broad range of education, outreach, and community engagement activities to meet the reproductive health needs of priority populations in culturally and linguistically responsive ways. During this project period, Unite Oregon created a video highlighting the work they've been doing in their communities.

[Please watch their video](#)<sup>7</sup> (approx. 7 minutes)

## Health Equity

### Emerging Practices for Supporting LGBTQI+ Young People Across Human Services Programs

The HHS Office of the Assistant Secretary for Planning and Evaluation released a set of resources related to their project Emerging Practices for Supporting LGBTQI+ Youth. This project highlights promising and emerging practices that human services agencies, programs, staff, and leaders are using to make human service delivery and prevention more welcoming and accessible for LGBTQI+ young people (ages 10-24) in child welfare and juvenile justice systems, as well as those experiencing homelessness, and those seeking sexual health services. Project resources include:

- *Brief* – Identifies methods, key terms, and project findings including barriers to positive youth development for LGBTQI+ young people and emerging practices human services programs are using to support LGBTQI+ young people and their families.
- *Infographic* – This is a one-page version of the project brief that highlights five key emerging practices human services providers are using to support LGBTQI+ young people and their families. This is helpful as a quick reference tool. For more information and the full list of emerging practices see project brief.
- *Webinar Slides and Recording* – The webinar recording and slides include an overview of the project and findings, a panel discussion among young people, human services providers, and a caregiver of LGBTQI+ young people, and an opportunity to hear from LGBTQI+ young people about the co-creation process for the project and project deliverables.

All project resources can be found at [Emerging Practices for Supporting LGBTQI+ Young People Across Human Services Programs | ASPE \(hhs.gov\)](#)<sup>7</sup>

### Research on Promising Strategies for Trauma-Responsive, Affirming Care for LGBTQIA2S+ Young People

This brief, from Activate, examines policies with trauma-responsive affirming care principles, provides recommendations for supportive work environments, and describes potential challenges.

Read the [brief](#)<sup>7</sup>

## Trainings

### **Free Webinar: Adolescent Health Initiative: Recognizing Human Trafficking (January 29, 9:00 – 10:00)**

The Adolescent Health Initiative will be hosting a free training webinar on recognizing signs of human trafficking in health care settings Monday, January 29, 9:00-10:00. The interactive talk will be led by Peter Sherman, MD, MPH (he/him), Chair of Pediatrics at the BronxCare Health System and Founder and Director of the Bronx Human Trafficking Task Force and Diane Strom, LCSW-R, Assistant Director of Grants and Community Engagement in the Department of Pediatrics at BronxCare and Coordinator at the Bronx Human Trafficking Task Force. Dr. Sherman was the 2023 winner of AHI's Excellence in Adolescent Health Award.

[Register<sup>7</sup>](#)

### **Free Webinar: Trauma Informed Pelvic Care (February 14, 11:00 – 12:30)**

The Oregon Reproductive Health Program is excited to partner with Advocates for Youth to provide the Trauma Informed Pelvic Care webinar. This interactive training, designed for healthcare providers, offers historical examples of healthcare-related trauma; reviews current research on the experience of trauma among patients, and describes the importance of trauma-informed pelvic care, especially among adolescents and youth adults. Providers receive step-by-step guidance on how to provide trauma-informed reproductive and sexual health care including appropriate language to use, how to manage patients who have experienced acute trauma, and how to perform pelvic exams using a trauma-informed approach. The training also covers issues related to patient consent to care and provides scripting for providers as they assess potentially activating responses in patients.

[Register<sup>7</sup>](#)

## Trainings, cont.

### **Free Webinar: The Benefits of Person-Centered Contraceptive Counseling (February 27, 12:00 – 1:00)**

It's important for clients to feel supported by their health care providers during the contraceptive decision-making process. The Person-Centered Contraceptive Counseling (PCCC) measure is a tool that all providers , can use to evaluate the quality of this support and the patient experience of contraceptive care.

During this webinar, participants will hear from the experts at the University of California, San Francisco (UCSF) who developed this measure through a patient engagement process. Participants will learn why the measure is important and how it can help advance health equity in family planning services. The RHNTC and UCSF will also share other upcoming opportunities to dive deeper into the PCCC measure.

[Register<sup>7</sup>](#)

## Resources

### **Video Series: Exploring All Options - Pregnancy Counseling without Bias**

Providing non-directive options counseling is a requirement at RHCare and CCare clinics and a crucial provision of high-quality family planning services. The Reproductive Health National Training Center (RHNTC) recently worked with Envision SRH to create a video series that demonstrate person-centered pregnancy options counseling visits that are non-directive and non-judgmental.

[Watch the series<sup>7</sup>](#)

## Resources, cont.

### Trauma Informed Care Resources

#### [Toolkit](#)<sup>7</sup>

RHCare, CCare, and AbortionCare clinics are expected to provide services that are client-centered, culturally and linguistically appropriate, inclusive, and trauma-informed. This new toolkit from the Reproductive Health National Training Center (RHNTC) was developed to guide family planning agencies in making achievable strides toward becoming trauma-informed and delivering trauma-informed services. Please note that while these resources reference Title X, most of them are appropriate for all three clinic-types!

#### [Job Aid: Clinician Guide for Trauma-Informed Care](#)<sup>7</sup>

This job aid, from the Clinical Training Center for Sexual and Reproductive Health (CTC-SRH), serves as a guide for clinical services providers performing physical examinations in sexual and reproductive health settings. In addition to defining trauma and trauma-informed care (TIC), this guide offers a roadmap to providing TIC before, during, and after a physical exam with action steps and sample phrases. A self-assessment checklist is available at the end of this guide. And includes an accompanying video.

- [Video: Trauma-Informed Care for Clinicians Working in Sexual and Reproductive Health](#)<sup>7</sup>