

Shopping with your eWIC card

OREGON GROCERY STORE
800 NE OREGON ST
PORTLAND OR 97232

ABC123
C099999999
9876
09/15/2015 04:21 PM
*****1234
123456

QTY	UNITS	DESCRIPTION	PRICE
10.00	OZ	WHL WHEAT BREAD 16 OZ	3.59
1.00	DOZ	EGGS DOZEN	2.19
1.00	LB	CHEESE 16 OZ	3.99
14.50	OZ	CRISPED RICE 14.50 OZ	2.89
8.00	OZ	BABY FOOD BANANA 4OZ	2.00 @ \$0.79
16.00	OZ		
1.00	GAL		
0.25	GAL		
1.00	CTR		
3.68	\$\$\$		

WIC Food List

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Know your WIC food balance

To check which WIC foods you have left to buy this month, you can:



Call Customer Service toll-free: **1-844-234-4946**

OR



Check your food balance on the **ebtEDGE** website:
www.ebtedge.com

OR



Use the free **WICShopper** smartphone app*.

OR



Look at the remaining food balance printed on your last WIC shopping receipt.

OR

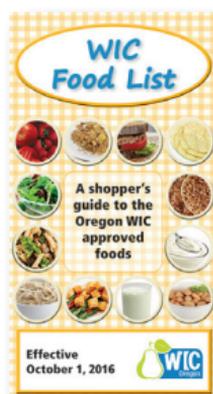


Ask a cashier to help you check your food balance.

*Download the app. The WICShopper app is not available for all smartphones.

Choosing WIC foods

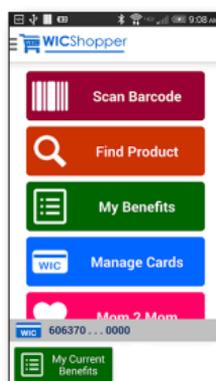
Use your WIC Food List at the store with your latest food balance to help you choose WIC foods.



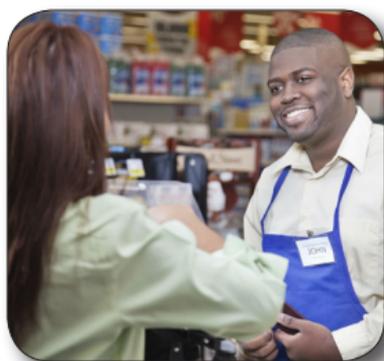
The WIC Food List tells you which brands, sizes and types of foods you can buy.



You can use the WICShopper smartphone app to see if you can buy a food with your WIC benefits.



If you need help, ask a store clerk.



At the checkstand

Use your eWIC card first

before SNAP or other types of payment.

1st



2nd



3rd

cash
debit
credit



Make sure your WIC purchase is correct before using other forms of payment.

The first time you use your eWIC card at a store:



Tell the cashier you're using your eWIC card.



Ask if you need to separate your WIC foods from your other groceries.



Ask when you should swipe the card and enter your PIN.

Fruit and veggie benefit



Once you use all of your fruit and vegetable balance, you can:

Pay for any extra with cash, check, debit, credit, or Oregon Trail card.

OR

Let the checker know which fruits and vegetables you'd like to put back.

Reading your receipt

The first section lists the foods you just bought.

The bottom section lists your **Remaining Balance**.

This is the last day you can buy the rest of your WIC foods for this month.

This is the amount of each WIC food you have left to buy this month. Only fruits and vegetables are shown as a dollar amount.

Example:

256.00 oz is 256 ounces
16.00 \$\$\$ is \$16.00 worth
3.00 ctr is 3 containers

These are the WIC foods you have left to buy this month.

OREGON GROCERY STORE

800 NE OREGON ST
PORTLAND OR 97232

STORE ID: ABC123
TERMINAL ID: C999999999
CLERK ID: 9876
DATE & TIME: 09/15/2015 04:21 PM
CARD: *****1234
AUTH NUMBER: 123456

WIC PURCHASE

QTY	UNITS	DESCRIPTION	PRICE
8.00	OZ	BABY FOOD BANANA 40Z	
		2.00 @ \$0.79	1.58
16.00	OZ	INFANT CEREAL 160Z	
		1.00 @ \$3.50	3.50
1.00	GAL	MILK FAT FREE GAL	
		1.00 @ \$3.19	3.19
0.25	GAL	MILK FAT FREE QT	
		1.00 @ \$1.39	1.39
1.00	CTR	ORANGE JUICE 12 OZ	
		1.00 @ \$2.49	2.49
3.68	\$\$\$	GRAPEFRUIT FRESH	
		1.00 @ \$3.68	3.68
APPROVED PURCHASE TOTAL			28.49

BALANCE DUE - \$ 0.00

BENEFITS EXPIRE ON 09-30-2015

QTY	UNITS	DESCRIPTION
1.00	LB	CHEESE
0.00	DOZ	EGGS - LARGE
21.50	OZ	CEREAL - HOT/COLD
1.00	CTR	PEANUT BUTTER/BEANS
1.00	CTR	DRY BEANS OR PEAS
8.00	OZ	BABY CEREAL
248.00	OZ	BABY FOOD - FRUIT/VEG
77.50	OZ	BABY FOOD - MEAT
32.00	OZ	WHOLE GRAINS
6.32	\$\$\$	FRUIT AND VEGETABLES
3.50	GAL	FAT FREE OR 1% MILK
1.00	GAL	WHOLE MILK
2.00	CTR	FRUIT JUICE 11.5-120Z
2.00	CTR	JUICE 640Z/160Z

****PLEASE SAVE THIS RECEIPT****

Buying milk or soy milk

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CARD: *****1234
AUTH NUMBER: 123456

WIC PURCHASE

QTY	UNITS	DESCRIPTION
16.00	OZ	WHL WHEAT BREAD 16 OZ
1.00 @ \$3.59		

BENEFITS EXPIRE ON 09-30-2015

QTY	UNITS	DESCRIPTION
3.50	GAL	FAT FREE OR 1% MILK
1.00	GAL	WHOLE MILK
1.00	CTR	PEANUT BUTTER/BEANS
1.00	CTR	DRY BEANS OR PEAS
2.00	CTR	FRZN JUICE 11.5-12OZ
2.00	CTR	JUICE 64OZ/16OZ
1.00	LB	CHEESE
0.00	007	EGGS LARGE

Examples:

1.00 GAL is



gallon

0.75 GAL is



half-gallon



quart

0.50 GAL is



half-gallon

0.25 GAL is



quart

Buying peanut butter & beans

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PORTLAND OR 97232

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WIC PURCHASE

QTY	UNITS	DESCRIPTION
16.00	OZ	WHL WHEAT BREAD 16 OZ
1.00 @ \$3.59		
BENEFITS EXPIRE ON 09-30-2015		
QTY	UNITS	DESCRIPTION
3.50	GAL	FAT FREE OR 1% MILK
1.00	GAL	WHOLE MILK
1.00	CTR	PEANUT BUTTER/BEANS
1.00	CTR	DRY BEANS OR PEAS
2.00	CTR	FRZN JUICE 11.5-12OZ
2.00	CTR	JUICE 64OZ/16OZ
1.00	LB	CHEESE
0.00	DOZ	EGGS - LARGE
21.50	OZ	CEREAL - HOT/COLD
8.00	OZ	BABY CEREAL

1.00 CTR is



16-18 oz

OR



16 oz

TIP:

If you have one of these:



32 oz

1.00	GAL	WHOLE MILK
2.00	CTR	PEANUT BUTTER/BEANS
2.00	CTR	DRY BEANS OR PEAS
2.00	CTR	FRZN JUICE 11.5-12OZ
1.00	GAL	WHOLE MILK
2.00	CTR	PEANUT BUTTER/BEANS
2.00	CTR	DRY BEANS OR PEAS
2.00	CTR	FRZN JUICE 11.5-12OZ

you can use it to buy a 32 ounce bag of dry beans or peas.

Buying juice

Check your balance to see:

- Whether you can get frozen or bottled juice
- Which size juice you can buy

2.00	CTR	DRY BEANS OR PEAS
1.00	CTR	FRZN JUICE 11.5-12OZ
1.00	CTR	JUICE 64OZ/16OZ
1.00	LB	CHEESE

1.00 CTR is:



11.5-12 oz frozen

2.00	CTR	DRY BEANS OR PEAS
1.00	CTR	FRZN JUICE 11.5-12OZ
1.00	CTR	JUICE 64OZ/16OZ
1.00	LB	CHEESE

1.00 CTR is:



64 oz
plastic bottle

OR



16 oz frozen

Remember...

If an item doesn't ring up as a WIC food:

- You might not have enough **balance** left.
- It might **not be on** the WIC Food List.

If this happens, the cashier can't change this or let you buy that food with your WIC card.

WIC shopping rules

- You are allowed to use coupons, store loyalty cards, buy one/get one offers and other specials when shopping with WIC.
- Substitutions are not allowed. Don't try to buy foods or formulas that are not on your Benefit List.
- Don't ask for rain checks or IOUs.
- Never sell, trade or give away your WIC foods, formula or eWIC card.
- Don't return WIC foods or formula for cash, credit or other items.
- Treat WIC and store employees with respect.

Questions?

When to call your WIC clinic

- You have questions about WIC foods or amounts.
- You were not able to buy a food that you think is WIC approved.

When to call eWIC Customer Service

- Your card is lost, stolen or damaged.
- You need to reset your PIN.
- If you think your receipt doesn't match what you bought.



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