

WIC ID: _____ **Name:** _____**Cardholder:** _____ **Today's date:** _____**Weight:** ____ **Height:** ____ **Hgb:** ____ **Weight before this pregnancy:** _____**Estimated Due Date:** _____ **or Last Menstrual Period:** _____**Twins or more:** ☐ Yes ☐ No

The format of the questions follows what is seen in TWIST.

Note: Bolded questions are mandatory TWIST questions

Health History

01 Tell me about your health or pregnancy

02 Is this your first pregnancy?☐ Yes (skip to question 3)☐ No (please answer mandatory questions **2.2 through 2.7 below**)

02.2 For births after 20 weeks, were any stillbirths or neonatal deaths? (321)

☐ No ☐ Yes

02.3 Were any babies born at or before 38 weeks? (311)

☐ No ☐ Yes

02.4 Did any of your babies weigh 5 pounds 8 ounces or less at birth? (312)

☐ No ☐ Yes

02.5 Did any of your babies weigh 9 pounds or more at birth? (337)

☐ No ☐ Yes

02.6 What was the date your last pregnancy ended?

02.7 Are there less than 18 months between the end of the last pregnancy and the beginning of this pregnancy? (332)

☐ No ☐ Yes

03 When did you start going to a doctor or clinic for prenatal care for this pregnancy? (334)

- ☐ No care yet, in the 1st trimester
- ☐ No care yet, in the 2nd or 3rd trimester
- ☐ Month care started:

04 Have you had any medical problems with this or any previous pregnancy? (300+)

- ☐ No
- ☐ Yes (please list)

06 Are you currently smoking cigarettes or vaping? (371)

- ☐ No ☐ Yes – referral made, describe:

08 Have you had any beer, wine or hard liquor to drink during this pregnancy? (372)

- ☐ No
- ☐ Yes – referral made, describe:

09 Have you used any drugs during this pregnancy? (372)

- ☐ No
- ☐ Yes – referral made, describe:

10 Do you have any concerns about your safety at home or in your relationships? (901)

- ☐ No ☐ Unable to ask question ☐ Yes

Diet Assessment

01.1 What changes have you made to your eating habits since becoming pregnant?

NE Provided:

Next Step:

Food Package Notes: (modifications, etc)

Quarterly NE Plan/Next Appointment Type: