

Job Aid

Supporting participants with inborn errors of metabolism

This job aid is for WIC nutritionists who support participants with inborn errors of metabolism (also known as metabolic disorder). WIC nutritionists play a key role by:

- Providing counseling
- Issuing appropriate WIC supplemental foods
- Coordinating care and referrals with the Metabolic Specialty Clinic at Oregon Health and Sciences University (OHSU)'s Child Development and Rehabilitation Center (CDRC)

Refer families to Metabolic Specialty Clinic for formula

Oregon WIC does not issue metabolic formulas for inborn errors of metabolism. The Metabolic Specialty Clinic issues all metabolic formulas and serves as the specialty vendor. Direct families to the Metabolic Specialty Clinic for metabolic formula needs.

Coordinate issuance of appropriate WIC supplemental foods

Coordinate issuance of WIC supplemental foods with the Metabolic Specialty clinic. Use the [Medical Documentation Form](#) to issue foods appropriate for participant's diagnosis, metabolic profile, and foods outlined in Section C.

Provide ongoing counseling, support, and referrals

Continue to see families, provide counseling, and support feeding guidance prescribed by the dietitian at the Metabolic Specialty Clinic. Refer families back to the clinic if questions or concerns arise.

How and when to contact the CDRC Metabolic Clinic

Contact OHSU's CDRC Metabolic Specialty Clinic for metabolic formula questions, referrals, or care coordination.

Metabolic Specialty Clinic Contacts

Name	Phone Number
Main line	503-494-8307
Kelley Gueron	503-494-2416
Sandy Van Calcar, RDN	503-494-5500
Laura Sliwoski, RDN	503-494-3137
Sarah Viall, NP	503-494-8307
Leah Wessenberg, NP	503-494-2776