

## All Standard Food Packages

This job aid includes the information for standard food packages for each participant category. The column, "Maximum Possible with Swaps" reflects the most a participant can be issued for this category. It does **not** reflect the maximum amount in a "Standard Food Package."

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>WP</b>	<b>Pregnant Food Package</b>			
<b>WP ML-C-Y</b>	Fat Free or 1% Milk	3 gal (12 qt)	1.5 gal (6 qt)	16 qt, <b>if</b> no Yogurt or Cheese
	Cheese	1 lb	1 lb	1 lb
	Low or nonfat Yogurt	1 ctr	1 ctr	2 ctr
<b>WP Module B foods</b>	Eggs	1 doz	1 doz	1 doz
	Fruit and Vegetables	\$50	\$50	\$50 FVB <b>or</b> \$47 + 1 Juice
	Whole Grains	48 oz	24 oz	48 oz
	Peanut, Nut or seed butters or beans	1 ctr	1 ctr	2 ctr <b>if</b> swapping all Eggs

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>WP Module B food (continued)</b>	Beans	1 ctr	1 ctr	1 ctr
	Fish	10 oz	5 oz	10 oz
	Hot or Cold Cereal	36 oz	18 oz	36 oz
<b>WPB</b>	<b>Mostly Breastfeeding Pregnant with Multiples</b>			
<b>WPB ML-C-Y</b>	Fat Free or 1% Milk	3 gal (12 qt)	1.5 gal (6 qt)	16 qt, <b>if</b> no Yogurt or Cheese
	Cheese	1 lb	1 lb	1 lb
	Low or nonfat Yogurt	1 ctr	1 ctr	2 ctr
<b>WPB Module B Foods</b>	Eggs	1 doz	1 doz	1 doz
	Fruit and Vegetable	\$55	\$55	\$55 FVB <b>or</b> \$52 FVB + 1 Juice
	Whole Grains	48 oz	24 oz	24 oz

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>WPB Module B Foods (continued)</b>	Nut butters or beans	1 ctr	1 ctr	2 ctr <b>if</b> swapping all Eggs
	Beans	1 ctr	1 ctr	1 ctr
	Fish	15 oz	8 oz	15 oz
	Hot or Cold Cereal	36 oz	18 oz	18 oz
<b>WN</b>	<b>Some Breastfeeding Postpartum Non-Breastfeeding</b>			
<b>WN  ML-C-Y</b>	Fat Free or 1% Milk	3 gal (12 qt)	1.5 gal (6 qt)	16 qt <b>if</b> no Yogurt or Cheese
	Cheese	1 lb	1 lb	1 lb
	Low or nonfat Yogurt	1ctr	1ctr	2 ctr
<b>WN  Module B</b>	Eggs	1 doz	1 doz	1 doz
	Fruit and Vegetable	\$50	\$50	\$50 FVB <b>or</b> \$47 FVB + 1 Juice

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>WN</b>  <b>Module B</b> (continued)	Whole Grains	48 oz	24 oz	48 oz
	Nut butters or beans	1 ctr	1 ctr	2 ctr <b>if</b> swapping all Eggs
	Fish	10 oz	5 oz	10 oz
	Hot or Cold Cereal	36 oz	18 oz	36 oz
<b>WE</b>	<b>Fully Breastfeeding</b> <b>Mostly Breastfeeding Multiples</b> <b>Pregnant and Fully or Mostly Breastfeeding</b>			
<b>WE</b>  <b>ML-C-Y</b>	Fat Free or 1% Milk	3 gal (12 qt)	1.5 gal (6 qt)	16 qt, <b>if</b> no Yogurt or Cheese
	Cheese	1 lb	1 lb	2 lb
	Low or nonfat Yogurt	1ctr	1ctr	2 ctr

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>WE Module B Foods</b>	Eggs	2 doz	1 doz	2 doz
	Fruit and Vegetable	\$55	\$55	\$55 FVB <b>or</b> \$52 FVB +1 Juice
	Whole Grains	48 oz	24 oz	24 oz
	Nut butters or beans	1 ctr	1 ctr	3 ctr <b>if</b> swapping all Eggs
	Beans	1 ctr	1 ctr	1 ctr
	Fish	20 oz	10 oz	20 oz
	Hot or Cold Cereal	36 oz	18 oz	36 oz

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>WE - M</b>	<b>Fully Breastfeeding Multiples</b>			
<b>WE-M ML-C-Y</b>	Fat Free or 1% Milk	4.25 gal (17 qt)	2 .25 gal (9 qt)	6 gal (24 qt), <b>if</b> no Yogurt or Cheese
	Cheese	2 lb	1 lb	2 lb
	Low or nonfat Yogurt	1ctr	1ctr	2 ctr
<b>WE-M Module B foods</b>	Eggs	Odd month: 3 doz	2 doz	3 doz
		Even month: 3 doz		
	Fruit and Vegetable	Odd month: \$84	\$84	\$84 FVB <b>or</b> Odd: \$81 FVB + 2 Juice Even:\$78 FV + 1 Juice
		Even month: \$81		
	Whole Grains	72 oz	36 oz	72 oz

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>WE-M</b>  <b>Module B foods</b> (continued)	Nut butters or beans	Odd month: 2 ctr	1 ctr	5 ctr max (odd month) <b>if</b> swapping all Eggs
		Even month: 1 ctr		
	Beans	2 ctr	1 ctr	1 ctr
	Fish	30 oz	15 oz	30 oz
	Hot or Cold Cereal	54 oz	27 oz	54 oz
<b>C1</b>	<b>Child 13-23 months</b>			
<b>MW-C-Y</b>	Whole Milk	2 gal (8 qt)	1 gal (4 qt)	12 qt <b>if</b> no Yogurt or Cheese
	Cheese	1 lb	1 lb	1 lb
	Whole Milk Yogurt	1 ctr	1 ctr	2 ctr

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>C1 Module B</b>	Eggs	1 doz	1 doz	1 doz
	Fruit and Vegetable	\$29	\$29	\$29 FVB <b>or</b> \$26 FVB + 1 Juice
	Whole Grains	24 oz	16 oz	24 oz
	Nut butters or beans	1 ctr	1 ctr	1 ctr 2 ctr <b>if</b> swapping all Eggs
	Fish	6 oz	3 oz	6 oz
	Hot or Cold Cereal	36 oz	18 oz	36 oz
<b>C2</b>	<b>Child 24-60 months</b>			
<b>ML-C-Y</b>	Fat free or 1% Milk	2.5 gal (10 qt)	1.25 gal (5 qt)	2.5 gal (10qt)
	Cheese	1 lb	1 lb	1 lb
	Low or nonfat Yogurt	1 ctr	1 ctr	2 ctr



Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>C2 Module B</b>	Eggs	1 doz	1 doz	1 doz
	Fruit and Vegetable	\$29	\$29	\$29 FVB <b>or</b> \$26 FVB + 1 Juice
	Whole Grains	24 oz	16 oz	24 oz
	Nut butters or beans	1 ctr	1 ctr	2 ctr <b>if</b> swapping all Eggs
	Fish	6 oz	3 oz	6 oz
	Hot or Cold Cereal	36 oz	18 oz	36 oz

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>IN</b>	<b>Infant Non-Breastfeeding</b>			
<b>IN 0-3 months SIA-P</b>	Similac Advance Powder	9 cans	5 cans	9 cans
<b>IN 4-6 months SIA-P</b>	Similac Advance Powder	10 cans	5 cans	10 cans
<b>IN 7-12 months SIA-P</b>	Similac Advance Powder	7 cans	4 cans	7 cans
<b>I-FVC  Module B</b>	Jarred infant fruits and vegetables	128 oz	64 oz	128 oz
	Infant cereal	8 oz		8 oz

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
IBN	Infants Some Breastfeeding			
There are no standard food template amounts for infant formula in the <b>Some</b> Breastfed category. ✱ The amount of formula each infant receives will vary based on the breastfeeding assessment and must be assigned by the CPA.				
IBN 0-3 months SIA-P	Similac Advance Powder	5 cans	*CPA assigns	8 cans
IBN 4-6 months SIA-P	Similac Advance Powder	6 cans	*CPA Assigns	9 cans
IBN 7-12 months SIA-P	Similac Advance Powder	5 cans	*CPA assigns	6 cans
I-FVC  Module B	Jarred infant fruits and vegetables	128 oz	64 oz	
	Infant cereal	8 oz		

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
IB	Infant Mostly Breastfeeding			
There are no standard food template amounts for infant formula in the <b>Mostly</b> Breastfed category. * The amount of formula each infant receives will vary based on the breastfeeding assessment and must be assigned by the CPA.				
IB 0-3 months SIA-P	Similac Advance Powder	1 cans	*CPA assigns	4 cans
IB 4-6 months SIA-P	Similac Advance Powder	1 cans	*CPA Assigns	5 cans
IB 7-12 months SIA-P	Similac Advance Powder	1 cans	*CPA assigns	4 cans
I-FVC  Module B	Jarred infant fruits and vegetables	128 oz	64 oz	
	Infant cereal	8 oz		

Standard Template Code	Food Description	Full	Partial	Maximum Possible with Swaps
<b>IE</b>	<b>Infant Fully Breastfeeding</b>			
<b>IE 0-3 months</b>	N/A	N/A	N/A	N/A
<b>IE 4-6 months</b>	N/A	N/A	N/A	N/A
<b>IE 7-12 months</b>	Jarred infant fruits and vegetables	128 oz	64 oz	128 oz
<b>I-FVCM</b>	Infant cereal	16 oz	8 oz	8 oz
<b>Module B</b>	Jarred infant meat	40 oz	20 oz	40 oz

## FVB Swaps for Infants 7-12 months

All Infants 7-12 months may swap half or all of the jarred infant fruits and vegetables with Fruit and Vegetable Benefit (FVB). The template codes and amounts are the same regardless of breastfeeding status. This is **not** a standard food package. The infant cereal and jarred infant meat amounts are unchanged with these templates.

Template Code	Food Description	Standard	Partial	Maximum
IN IB IBN	Infants Non-Breastfeeding Some Breastfeeding Mostly Breastfeeding			
I-FVC-\$	Jarred infant fruits and vegetables	64 oz	32 oz	64 oz
	Fruit and Vegetable Benefit	\$11.00	\$11.00	\$11.00
	Infant cereal	8 oz	8 oz	8 oz
I-C-\$	Fruit and Vegetable Benefit only	\$22.00	\$22.00	\$22.00
	Infant cereal	8 oz	8 oz	8 oz

## FVB Swaps for Infants 7-12 months

All Infants 7-12 months may swap half or all of the jarred infant fruits and vegetables with Fruit and Vegetable Benefit (FVB). The template codes and amounts are the same regardless of breastfeeding status. This is **not** a standard food package. The infant cereal and jarred infant meat amounts are unchanged with these templates.

Template Code	Food Description	Standard	Partial	Maximum
<b>IE</b>	<b>Infants fully breastfeeding</b>			
<b>I-FVCM-\$</b>	Jarred infant fruits and vegetables	64 oz	32 oz	64 oz
	Fruit and Vegetable Benefit	\$11.00	\$11.00	\$11.00
	Infant cereal	8 oz	8 oz	8 oz
	Jarred infant meat	40 oz	20 oz	40 oz
<b>I-CM-\$</b>	Fruit and Vegetable Benefit	\$22.00	\$22.00	\$22.00
	Jarred infant meat	40 oz	20 oz	40 oz