

Thank you for joining the August 2023
Local Agency WIC Nutritionists and Breastfeeding
Coordinators meeting.

We will begin shortly



U.S. Breastfeeding Committee

PROTECT • PROMOTE • SUPPORT • POLICY CHANGE
HEALTH EQUITY • ADVOCACY • DONOR MILK • LIQUID
GOLD • **THIS** • INFANT NUTRITION SECURITY • HUMAN
MILK • FAMILIES • **IS** • PUBLIC HEALTH • EQUITY • BABIES
HEALTH • ATTACHMENT • **OUR** • MATERNAL HEALTH
INFANTS • BREASTFEEDING • BONDING • **WHY** • INVESTING
IN THE FUTURE • OPTIMAL FIRST FOOD • COMMUNITIES
LACTATION-FRIENDLY ENVIRONMENTS • PAID LEAVE

NATIONAL BREASTFEEDING MONTH 2023

2023 National Breastfeeding Month

- The 2023 National Breastfeeding Month theme: ***This is Our Why***, shines a light on why this work is so important and centers the conversation on the infants and families who need our support.



Local Agency Updates

Local agencies in the spotlight: Multnomah County

Session 203 - By Us, For Us: Providing Culturally Specific WIC Services for the African American/African Immigrant and Native American Communities



1:30 PM – 2:30 PM at Automobile Alley B

Leadership & Community Engagement



Cherish Wantner

Nutrition Program
Specialist-African
American/African
Immigrant and Native
American Communities
Multnomah County WIC
[Speaker's Page](#)



Sabrina Villemenay, IBCLC, RLC, CBE, CLC Nutrition Programs Manager

Multnomah County Health
Department
[Speaker's Page](#)

Racial policies restricting access to agricultural land and food, destruction of the family unit, and lack of socioeconomic opportunities disproportionately impact the health outcomes of the African American...

*National Indigenous and
Native American
WIC Coalition*





Linn County WIC

Linn county's Annual World Breastfeeding Week Fair 2023

Theme color was Barbie Pink since the original Enabling Breastfeeding logo was hot pink

WIC participants, the community and resource partners were invited and shared shaved ice, photo booth fun and face painting, infant CPR demonstrations, even Caesar the llama enjoyed it!



Welcome to Oregon WIC

Local Agency Dietitians:

- Jessica McClure
- Brooke Green





Jessica McClure, MS, RDN, LDN Josephine & Curry WIC and AllCare CCO

- Registered Dietitian for 6 years in almost every setting you can think of (hospital, outpatient counseling, SNF, dialysis)
- Moved to Grants Pass October 2022 with my son, Sage, who turned 3 in January
- Grants Pass is slowly but surely feeling like home, and I am excited for roots to deepen in this community
- In my spare time I enjoy paddle boarding, keeping the flower garden I inherited alive 😊 and adventuring with my family



Brooke Green, MS, RD

Marion County WIC

- I completed a Bachelor's degree in Nutrition and in Public Health and then continued my education with my Master's Degree and Dietetic Internship all at Oregon State University. Go Beavs!
- Before starting at WIC, I taught Culinary & Nutrition at a Public Middle School for 2 years. I enjoyed this role; however, I am very excited to be working for WIC and to grow as a RD in this career.
- Outside of work, I enjoy competing in CrossFit, mountain biking and spending time with family, friends and my yellow lab named Blue :)

Local Agency Job openings for WIC Nutritionists

Washington County Bilingual Nutritionist



Benton County WIC Coordinator and Nutritionist



Welcome to Oregon WIC

Local Agency Breastfeeding
Coordinators:

Kate Karlson, Hood River

Alyssa Colby, Crook

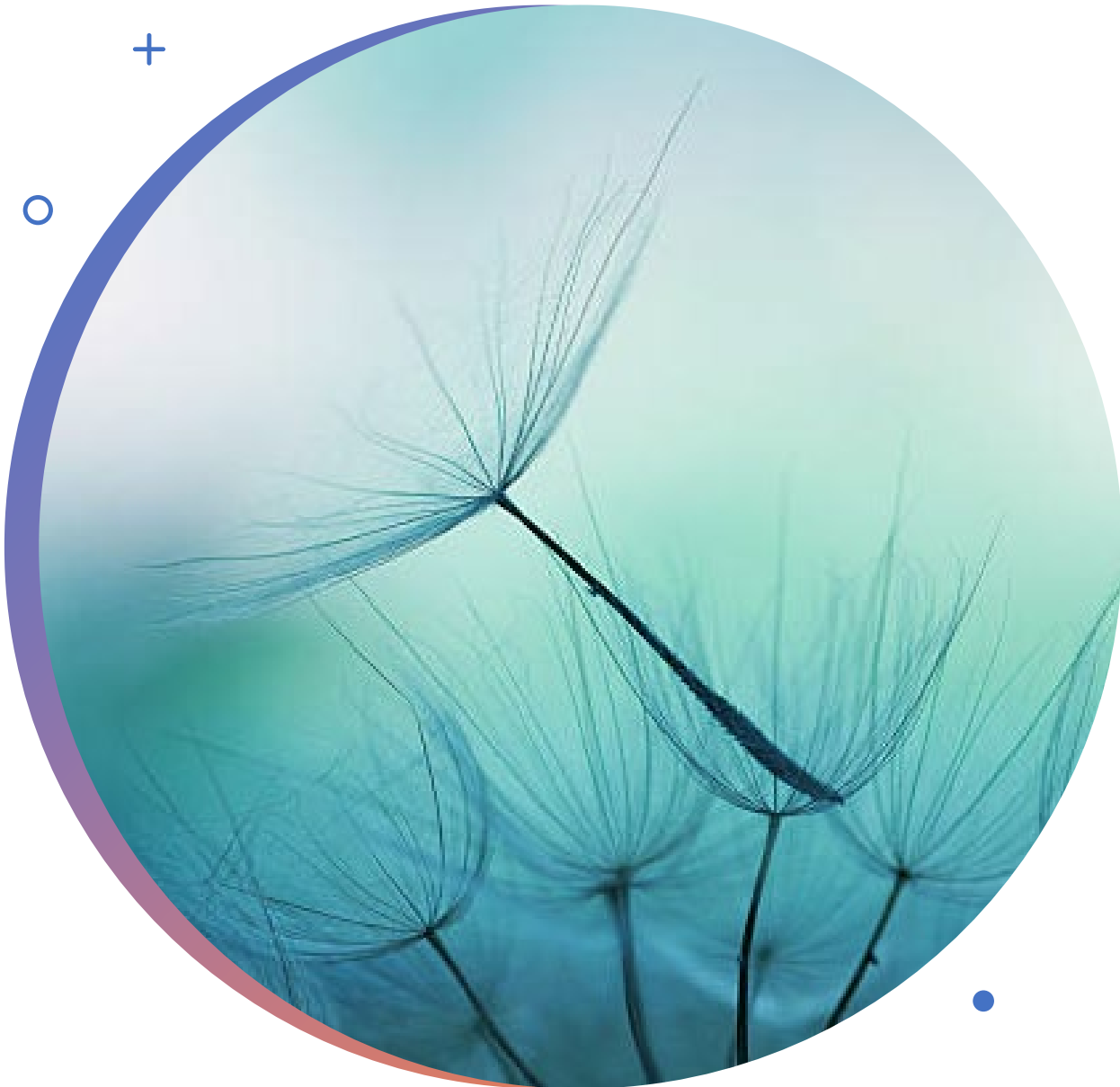
Cindy Rettler, Polk

Patty Helsing, Tillamook

Janna Hughitt, North Central

Chloe Rowton, Coos





State Updates

- State staff news
- Breastfeeding
- Training
- Formula
- Continuing education

Welcome
New state staff on the
Nutrition and Local Services
Team (NLST):

- Konrad Bruszczyk
- Ellen Hill
- Corinne Corson
- Alexia Roy-Miller



Konrad Bruszczyk,
Administrative
Assistant



Love to read and write self-help related content in my free time!

Spent two years working at Senior Helpers of Portland.

Huge fan of *any* and *all* SWEETS!

Love Animals.



Ellen Hill, MPH, RDN

State Outreach & Integration Coordinator

- Obtained a BS in Biology from the University of Portland, and after several years working in healthcare, attended the University of Michigan and obtained an MPH in Nutritional Sciences.
- Has local agency experience working as a WIC Nutritionist in upstate New York.
- Prior to joining Oregon WIC, worked as a clinical inpatient dietitian.
- Enjoys yoga, hiking, quilting, puzzling, and going on adventures with husband and dog.

Corinne Corson, Nutrition and Local Services Quality Assurance Coordinator



- Joined WIC in July 2023, after working with OHA's Covid Response and Recovery Unit (CRRU) in Field Operations for a little over two years.
- Previously worked for the US Department of Health and Human Services (HHS), Administration for Children and Families (ACF) focusing on special initiatives and programs and disaster human services. Also worked for the US Forest Service with job focused on visitor services, recreation, and public affairs/information.
- Undergraduate in Sociology from Southern Oregon University; MS in Human Development and Family Studies, and MPH in Health Promotion and Education, both from Oregon State University.
- Love spending time outdoors, especially on a mountain lake on my stand-up paddleboard with my co-pilot, Tucker, a nearly 14-year-old Westie. Also enjoy hiking, camping, backpacking, and spending time with my daughter and 12-year-old grandson.

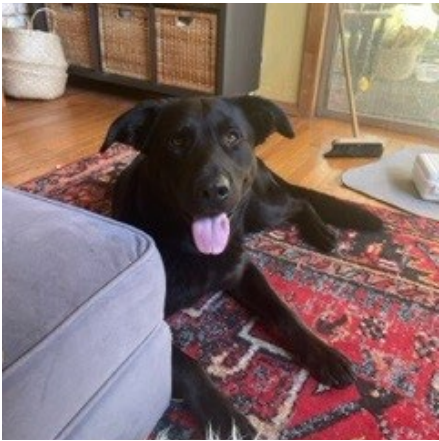
Alexia Roy-Miller, MPH, IBCLC, ICCE

Public Health Educator, Oregon WIC



- BA in Developmental Psychology with an emphasis on reduction of ACE scores through perinatal and parenting education
- MPH with a focus on Maternal and Child Health
- Internationally Board-Certified Lactation Consultant (IBCLC) and Internationally Certified Childbirth Educator (ICCE)
- Prior to Oregon State WIC, Alexia was with Kaiser Permanente for 10 years as a Thriving Families Health Educator, Clinical IBCLC, and Perinatal Complex Case Manager
- Alexia lives in Portland in a busy house with her husband, two children, two cats, one dog, 27 houseplants, and an occasionally successful vegetable garden
- In her “spare” time, she knits hats for preemies and collects baskets

Remote Location Team



Brom

Head of Security

Skill: Barking at anyone doing anything outside

Hobby: Being ridiculously handsome



Tobermory

Special Events

Skill: Escaping out the patio door five minutes before meetings

Hobby: Singing feline opera



Torelai

Communications

Skill: Using full body stretches on the keyboard to send Teams chats

Hobby: Freeform cardboard sculpture



Soren

Technical Support

Skill: Testing video conference refresh rates with his charming smile

Hobby: Interpretive napping



FNS Breastfeeding Training -

Level 4 status update:

The new Level 4 Breastfeeding Course is in the last phase for development. We need one dietitian to review the course so we may submit it for CPE. The course is approximately 5.5 hours. Contact [Joan Medlen](mailto:Joan.E.Medlen@oha.oregon.gov) Joan.E.Medlen@oha.oregon.gov for details.

Training Update: OTIS In-service has been posted in Workday

Preparing for OTIS

Oregon Tracking and Information System



▶ 0:00 / 24:27



Risk Update In-Service



- The 2023 Risk Update In-Service will be released in September
- No new risks to update for 2023
- 2024 updates will include information about blood lead level (new cutoff from CDC) and nutrition support related to lead poisoning prevention
- The due date for completion has been extended

Formula Updates



- Gentlease was removed from food package assignment Aug 1st
- As a result, it is not available for selection for any reason including food package change or category change
- If it is already assigned, it can be issued and redeemed



University of Minnesota Maternal Nutrition Intensive Course

8 hours of CEU for WIC Nutritionists

Sept-Dec 2023



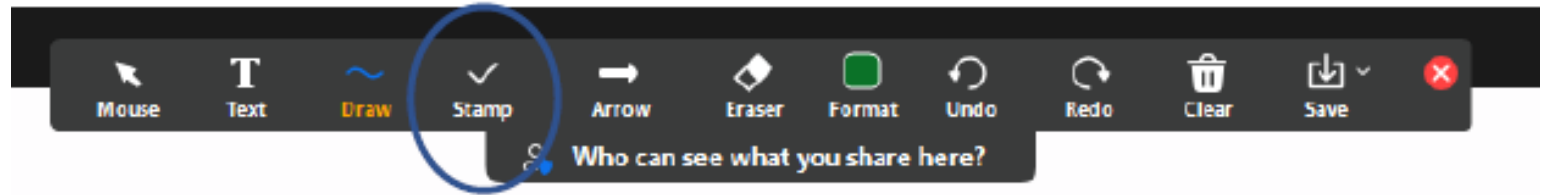
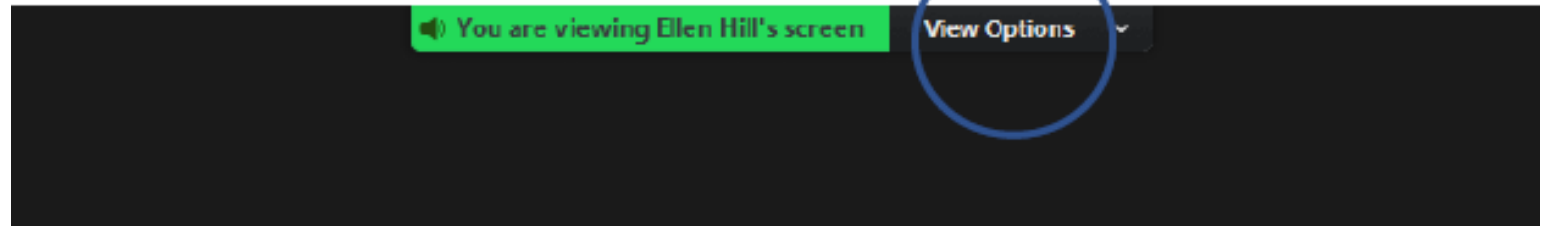
- Implementing the new AAP guidelines for children and adolescents with obesity
- Weight inclusive approaches to MCH Nutrition: Review of literature
- Weight inclusive practices in food and nutrition assistance
- Using positive deviance concepts to improve WIC counseling
- Early Child Nutrition: From birth to five years
- Cannabis use in pregnancy and lactation
- Moving towards a whole-child approach: incorporating social emotional learning into youth programming

Contact
Cheryl Alto
for access
to the
course



Coming up next:
November LAWN meeting-
Oregon Health Authority
Ombuds team:
Medicaid medical formula
process, and impacts for WIC

Practice
using Zoom
stamps





BIO BREAK

We will start again
in 5 minutes