Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes\(^1\).

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.


---

**WHO WE SERVED**

| Women, infants and children who participated in WIC | 637 |
| WIC families served | 371 |
| of all pregnant women served by WIC | 41% |
| are working families | 71% |

5 out of 7 participants are infants and children under five

---

**BREASTFEEDING**

| WIC moms start out breastfeeding | 92% |
| WIC moms breastfeed exclusively for six months | 27% |
To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

ECONOMIC BENEFITS OF WIC

3 Local stores accepting WIC:
- 1 Independent store
- 0 Local or regional chain
- 2 National chain stores
- 0 Pharmacy

$202,627
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

9 Participating Farmers
at local farmers markets and farm stands

$4,980
FDNP dollars paid to local farmers

WIC CLINIC SITES
Baker City

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-523-8212
www.bakercounty.org/health/wic.html

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

You can get this document in other languages, large print, braille, or a format you prefer. We accept all relay calls, or you can dial 711.

Revised 4/8/2020
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---

1 Fingar *et al*, *Journal of Maternal and Child Health*, 2017  
2 American Academy of Pediatrics, Policy statement, 2012

---

**WHO WE SERVED**

<table>
<thead>
<tr>
<th>Women, infants and children who participated in WIC</th>
<th>1,821</th>
</tr>
</thead>
<tbody>
<tr>
<td>of all pregnant women served by WIC</td>
<td>28%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>WIC families served</th>
<th>1,065</th>
</tr>
</thead>
<tbody>
<tr>
<td>are working families</td>
<td>76%</td>
</tr>
</tbody>
</table>

5 out of 7 participants are infants and children under five

---

**BREASTFEEDING**

<table>
<thead>
<tr>
<th>WIC moms start out breastfeeding</th>
<th>97%</th>
</tr>
</thead>
<tbody>
<tr>
<td>WIC moms breastfeed exclusively for six months</td>
<td>42%</td>
</tr>
</tbody>
</table>
HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

ECONOMIC BENEFITS OF WIC

10 Local stores accepting WIC:
- 2 Independent stores
- 3 Local or regional chains
- 5 National chain stores
- 0 Pharmacy

$593,419
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

62 Participating Farmers
at local farmers markets and farm stands

$15,512
FDNP dollars paid to local farmers

WIC FARM DIRECT NUTRITION PROGRAM

WIC CLINIC SITES
Corvallis
Monroe

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-766-6835
www.co.benton.or.us/health/page/women-infants-and-children-wic-nutrition

Contact the Oregon WIC Program 971-673-0040
www.healthoregon.org/wic

You can get this document in other languages, large print, braille, or a format you prefer. We accept all relay calls, or you can dial 711.

Revised 4/8/2020
GROWING HEALTHY FUTURES

Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes.

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

- Stable, Responsive Relationships
- Safe, Supportive Environments
- Appropriate Nutrition

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.


2019 Data

Clackamas County Public Health Program

WHO WE SERVED

6,282 Women, infants and children who participated in WIC

19% of all pregnant women served by WIC

3,642 WIC families served

73% are working families

5 out of 7 participants are infants and children under five

BREASTFEEDING

93% WIC moms start out breastfeeding

36% WIC moms breastfeed exclusively for six months
2019 Data
Clackamas County Public Health Program

ECONOMIC BENEFITS OF WIC

41 Local stores accepting WIC: $2,226,703
• 4 Independent stores
• 4 Local or regional chains
• 27 National chain stores
• 6 Pharmacies

To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

75 Participating Farmers $38,768
at local farmers markets and farm stands

FDNP dollars paid to local farmers

WIC CLINIC SITES

Oregon City Milwaukie
Canby Sandy

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
503-655-8476
www.clackamas.us/publichealth/wic.html
Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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Revised 4/8/2020
GROWING HEALTHY FUTURES

Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes¹.

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

• Stable, Responsive Relationships
• Safe, Supportive Environments
• Appropriate Nutrition²

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

2019 Data
Clatsop County Health Department

**WHO WE SERVED**

- **1,274** Women, infants and children who participated in WIC
- **720** WIC families served
- **38%** of all pregnant women served by WIC
- **73%** are working families
- **5 out of 7** participants are infants and children under five

**BREASTFEEDING**

- **86%** WIC moms start out breastfeeding
- **36%** WIC moms breastfeed exclusively for six months

---

HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

ECONOMIC BENEFITS OF WIC
7 Local stores accepting WIC:
• 2 Independent stores
• 0 Local or regional chain
• 4 National chain stores
• 1 Pharmacy

$491,074
Total dollars spent by this agency’s participants at local stores

7 Local stores accepting WIC:
• 2 Independent stores
• 0 Local or regional chain
• 4 National chain stores
• 1 Pharmacy

$7,516
FDNP dollars paid to local farmers

WIC CLINIC SITES
Astoria
Seaside

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
503-325-8500
www.co.clatsop.or.us/publichealth/page/wic-women-infants-and-children

Contact the Oregon WIC Program 971-673-0040
www.healthoregon.org/wic

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Revised 4/8/2020
GROWING HEALTHY FUTURES

Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes¹.

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

• Stable, Responsive Relationships
• Safe, Supportive Environments
• Appropriate Nutrition²

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.


WHO WE SERVED

1,803  
Women, infants and children who participated in WIC

27%  
of all pregnant women served by WIC

1,085  
WIC families served

63%  
are working families

5 out of 7  
participants are infants and children under five

BREASTFEEDING

87%  
WIC moms start out breastfeeding

38%  
WIC moms breastfeed exclusively for six months

2019 Data
Columbia Health Services

PUBLIC HEALTH DIVISION
Special Supplemental Nutrition Program for Women, Infants & Children
To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

**ECONOMIC BENEFITS OF WIC**

7 Local stores accepting WIC:  
- 3 Independent stores  
- 0 Local or regional chain  
- 3 National chain stores  
- 1 Pharmacy  

$667,300
Total dollars spent by this agency’s participants at local stores

**WIC FARM DIRECT NUTRITION PROGRAM**
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

18 Participating Farmers  
at local farmers markets and farm stands

$11,744
FDNP dollars paid to local farmers

**WIC CLINIC SITES**
- St. Helens  
- Rainier  
- Clatskanie  
- Scappoose  
- Vernonia

For more details about these numbers, please visit:  
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office  
503-397-4651  
www.columbia-health.org/wic.html

Contact the Oregon WIC Program  
971-673-0040  
www.healthoregon.org/wic
Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes\(^1\).

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

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**2019 Data**

Coos County Health & Wellness

**GROWING HEALTHY FUTURES**

WHO WE SERVED

<table>
<thead>
<tr>
<th>Women, infants and children who participated in WIC</th>
<th>2,260</th>
</tr>
</thead>
<tbody>
<tr>
<td>of all pregnant women served by WIC</td>
<td>42%</td>
</tr>
<tr>
<td>WIC families served</td>
<td>1,301</td>
</tr>
<tr>
<td>are working families</td>
<td>65%</td>
</tr>
</tbody>
</table>

5 out of 7 participants are infants and children under five

BREASTFEEDING

| WIC moms start out breastfeeding                   | 93%   |
| WIC moms breastfeed exclusively for six months    | 29%   |

---

HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

Contact your local WIC office
541-266-6705
www.co.coos.or.us/Departments/CoosHealthWellness/PublicHealth/WIC.aspx

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
971-673-0040
www.healthoregon.org/wic

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Revised 4/8/2020
GROWING HEALTHY FUTURES

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For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

• Stable, Responsive Relationships
• Safe, Supportive Environments
• Appropriate Nutrition²

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WHO WE SERVED

1,156
Women, infants and children who participated in WIC

48%
of all pregnant women served by WIC

681
WIC families served

69%
are working families

5 out of 7 participants are infants and children under five

BREASTFEEDING

98%
WIC moms start out breastfeeding

28%
WIC moms breastfeed exclusively for six months
ECONOMIC BENEFITS OF WIC

3 Local stores accepting WIC:
• 2 Independent stores
• 1 Local or regional chain
• 0 National chain store
• 0 Pharmacy

$504,694
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

5 Participating Farmers
at local farmers markets and farm stands

$6,216
FDNP dollars paid to local farmers

WIC CLINIC SITES
Prineville
Mitchell
Paulina

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-447-5165
www.co.crook.or.us/Departments/Health/WIC/tabid/152/Default.aspx

Contact the Oregon WIC Program 971-673-0040
www.healthoregon.org/wic

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Revised 4/8/2020
2019 Data
The Confederated Tribes of Umatilla

GROWING HEALTHY FUTURES

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• Stable, Responsive Relationships
• Safe, Supportive Environments
• Appropriate Nutrition2

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WHO WE SERVED

133 Women, infants and children who participated in WIC
57% of all pregnant women served by WIC

92 WIC families served
65% are working families

5 out of 7 participants are infants and children under five

BREASTFEEDING

94% WIC moms start out breastfeeding
32% WIC moms breastfeed exclusively for six months
HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

ECONOMIC BENEFITS OF WIC

11 Local stores accepting WIC:
- 6 Independent stores
- 0 Local or regional chain
- 5 National chain stores
- 0 Pharmacy

$40,355
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

0 Participating Farmers
at local farmers markets and farm stands

$704
FDNP dollars paid to local farmers

WIC CLINIC SITES
Yellowhawk Tribal Health Center

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-278-7563
www.ctuir.org/tribal-services/yellowhawk-tribal-health-center

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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- **Appropriate Nutrition**

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---

### 2019 Data

**WHO WE SERVED**

<table>
<thead>
<tr>
<th>Count</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>540</td>
<td>Women, infants and children who participated in WIC</td>
</tr>
<tr>
<td>67%</td>
<td>of all pregnant women served by WIC</td>
</tr>
<tr>
<td>331</td>
<td>WIC families served</td>
</tr>
<tr>
<td>38%</td>
<td>are working families</td>
</tr>
<tr>
<td>5 out of 7</td>
<td>participants are infants and children under five</td>
</tr>
</tbody>
</table>

### BREASTFEEDING

- **99%** WIC moms start out breastfeeding
- **33%** WIC moms breastfeed exclusively for six months
2019 Data
The Confederated Tribes of Warm Springs

**ECONOMIC BENEFITS OF WIC**

4 Local stores accepting WIC:  
- 2 Independent stores  
- 0 Local or regional chain  
- 1 National chain store  
- 0 Pharmacy

$190,213

Total dollars spent by this agency’s participants at local stores

**HEALTHY FOOD ACCESS**

To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

**WIC FARM DIRECT NUTRITION PROGRAM**

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

0 Participating Farmers at local farmers markets and farm stands

$1,296

FDNP dollars paid to local farmers

**WIC CLINIC SITES**

Warm Springs Clinic

__For more details about these numbers, please visit:_
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office  
541-553-2460

Contact the Oregon WIC Program  
971-673-0040  
www.healthoregon.org/wic

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- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

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**WHO WE SERVED**

<table>
<thead>
<tr>
<th>WIC moms start out breastfeeding</th>
<th>BREASTFEEDING</th>
</tr>
</thead>
<tbody>
<tr>
<td>95%</td>
<td>32%</td>
</tr>
</tbody>
</table>

618 Women, infants and children who participated in WIC

40% of all pregnant women served by WIC

358 WIC families served

75% are working families

5 out of 7 participants are infants and children under five

---

*PUBLIC HEALTH DIVISION*  
Special Supplemental Nutrition Program for Women, Infants & Children
To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

Contact your local WIC office
541-425-1608

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-425-1608

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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- Safe, Supportive Environments
- Appropriate Nutrition

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**2019 Data**
Deschutes County Health Services

**GROWING HEALTHY FUTURES**

Women, infants and children who participated in WIC 5,342

WIC families served 3,107

Participants are infants and children under five 5 out of 7

Breastfeeding

WIC moms start out breastfeeding 97%

WIC moms breastfeed exclusively for six months 40%

80% are working families

32% of all pregnant women served by WIC
HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

ECONOMIC BENEFITS OF WIC
23 Local stores accepting WIC:
• 5 Independent stores
• 4 Local or regional chains
• 11 National chain stores
• 3 Pharmacies

$2,009,946
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

28 Participating Farmers at local farmers markets and farm stands

$36,552
FDNP dollars paid to local farmers

WIC CLINIC SITES
Bend
La Pine
Redmond

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-322-7400
www.deschutes.org/health/page/women-infants-and-children-wic

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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Revised 4/8/2020
Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes.  

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

---

**2019 Data**

**WIC of Douglas County (A Program of UCAN)**

**GROWING HEALTHY FUTURES**

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- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

---

**WHO WE SERVED**

**4,571**  
Women, infants and children who participated in WIC  

**47%**  
of all pregnant women served by WIC

**2,697**

WIC families served

**67%**

are working families

**5 out of 7**

participants are infants and children under five

---

**BREASTFEEDING**

**95%**

WIC moms start out breastfeeding

**33%**

WIC moms breastfeed exclusively for six months

---

2019 Data
WIC of Douglas County (A Program of UCAN)

ECONOMIC BENEFITS OF WIC

$1,929,051
Total dollars spent by this agency’s participants at local stores

17 Local stores accepting WIC:
• 6 Independent stores
• 5 Local or regional chains
• 5 National chain stores
• 1 Pharmacy

HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

41 Participating Farmers
at local farmers markets and farm stands

$29,828
FDNP dollars paid to local farmers

WIC CLINIC SITES
Roseburg
Canyonville

Drain
Glendale

Glide
Myrtle Creek

Reedsport
Sutherlin

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-440-3516
www.ucancap.org/need-help/getting-wic-services/

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

Revised 4/8/2020
GROWING HEALTHY FUTURES

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For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

• Stable, Responsive Relationships
• Safe, Supportive Environments
• Appropriate Nutrition2

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012

WHO WE SERVED

Women, infants and children who participated in WIC  
WIC families served  
participants are infants and children under five

227 45%
129 69%
5 out of 7

BREASTFEEDING

WIC moms start out breastfeeding  
WIC moms breastfeed exclusively for six months

97% 29%
2019 Data
Grant County Health Department

ECONOMIC BENEFITS OF WIC

2 Local stores accepting WIC:
- 2 Independent stores
- 0 Local or regional chain
- 0 National chain store
- 0 Pharmacy

$84,302
Total dollars spent by this agency’s participants at local stores

HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

3 Participating Farmers
at local farmers markets and farm stands

$1,028
FDNP dollars paid to local farmers

WIC CLINIC SITES
John Day

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-575-0429

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

You can get this document in other languages, large print, braille, or a format you prefer. We accept all relay calls, or you can dial 711.

Revised 4/8/2020
Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes\(^1\).

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

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**2019 Data**

**Harney County Health Department**

**GROWING HEALTHY FUTURES**

Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes\(^1\).

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- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

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---

1 Fingar et al, Journal of Maternal and Child Health, 2017
2 American Academy of Pediatrics, Policy statement, 2012

**WHO WE SERVED**

- **346** Women, infants and children who participated in WIC
- **44%** of all pregnant women served by WIC
- **207** WIC families served
- **71%** are working families
- **5 out of 7** participants are infants and children under five

**BREASTFEEDING**

- **93%** WIC moms start out breastfeeding
- **41%** WIC moms breastfeed exclusively for six months
HEALTHY FOOD ACCESS

To be a WIC store, it must carry:

- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

ECONOMIC BENEFITS OF WIC

2 Local stores accepting WIC:
- 1 Independent store
- 0 Local or regional chain
- 1 National chain store
- 0 Pharmacy

$118,037

Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

6 Participating Farmers

at local farmers markets and farm stands

$1,236

FDNP dollars paid to local farmers

WIC CLINIC SITES

Burns
Burns-Paiute Waditika Tribal Health Center

For more details about these numbers, please visit: https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-573-2271
www.co.harney.or.us/index.php/women-infant-children-wic

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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GROWING HEALTHY FUTURES

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- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

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1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012

---

WHO WE SERVED

- **981** Women, infants and children who participated in WIC
- **593** WIC families served
- **40%** of all pregnant women served by WIC
- **86%** are working families
- **5 out of 7** participants are infants and children under five

BREASTFEEDING

- **100%** WIC moms start out breastfeeding
- **45%** WIC moms breastfeed exclusively for six months

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2019 Data
Hood River County Health Department

Oregon Health Authority

PUBLIC HEALTH DIVISION  
Special Supplemental Nutrition Program for Women, Infants & Children
Healthy Food Access

To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

Contact your local WIC office
541-387-6882
www.co.hood-river.or.us

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

ECONOMIC BENEFITS OF WIC

5 Local stores accepting WIC:
• 2 Independent stores
• 1 Local or regional chain
• 1 National chain store
• 1 Pharmacy

$397,242
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

27 Participating Farmers
at local farmers markets and farm stands

$5,252
FDNP dollars paid to local farmers

WIC CLINIC SITES

Hood River Cascade Locks Parkdale

2019 Data
Hood River County Health Department

ECONOMIC BENEFITS OF WIC

5 Local stores accepting WIC:
• 2 Independent stores
• 1 Local or regional chain
• 1 National chain store
• 1 Pharmacy

$397,242
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

27 Participating Farmers
at local farmers markets and farm stands

$5,252
FDNP dollars paid to local farmers

WIC CLINIC SITES

Hood River Cascade Locks Parkdale

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-387-6882
www.co.hood-river.or.us

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

You can get this document in other languages, large print, braille, or a format you prefer. We accept all relay calls, or you can dial 711.
Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes1.

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

- Stable, Responsive Relationships
- Safe, Supportive Environments
- Appropriate Nutrition2

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

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**WHO WE SERVED**

- 7,730 Women, infants and children who participated in WIC
- 4,463 WIC families served
- 5 out of 7 participants are infants and children under five

**Breastfeeding**

- 98% WIC moms start out breastfeeding
- 39% WIC moms breastfeed exclusively for six months

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2019 Data
Jackson County Health Department

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**Growing Healthy Futures**

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HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

WIC CLINIC SITES
Medford        Ashland        White City

ECONOMIC BENEFITS OF WIC
28 Local stores accepting WIC: $2,826,365
• 4 Independent stores
• 9 Local or regional chains
• 13 National chain stores
• 2 Pharmacies

Total dollars spent by this agency’s participants at local stores

46 Participating Farmers $38,552
at local farmers markets and farm stands

FDNP dollars paid to local farmers

Contact your local WIC office
541-774-8203
jacksoncountyor.org/hhs/Public-Health/Women-Infants-and-Children

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

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- **Safe, Supportive Environments**
- **Appropriate Nutrition2**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

---

**2019 Data**

Jefferson County Health

**GROWING HEALTHY FUTURES**

Women, infants and children who participated in WIC

623 WIC families served

5 out of 7 participants are infants and children under five

**WHO WE SERVED**

1,066 Women, infants and children who participated in WIC

67% of all pregnant women served by WIC

77% are working families

**BREASTFEEDING**

100% WIC moms start out breastfeeding

31% WIC moms breastfeed exclusively for six months

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1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012
## ECONOMIC BENEFITS OF WIC

<table>
<thead>
<tr>
<th>4 Local stores accepting WIC:</th>
<th>$446,285</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 3 Independent stores</td>
<td></td>
</tr>
<tr>
<td>• 0 Local or regional chain</td>
<td></td>
</tr>
<tr>
<td>• 1 National chain store</td>
<td></td>
</tr>
<tr>
<td>• 0 Pharmacy</td>
<td></td>
</tr>
</tbody>
</table>

Total dollars spent by this agency's participants at local stores

## WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

<table>
<thead>
<tr>
<th>7 Participating Farmers</th>
<th>$4,384</th>
</tr>
</thead>
<tbody>
<tr>
<td>at local farmers markets and farm stands</td>
<td></td>
</tr>
</tbody>
</table>

FDNP dollars paid to local farmers

## WIC CLINIC SITES

Madras

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For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-475-4456  
https://www.wicprograms.org/ci/or-madras

Contact the Oregon WIC Program
971-673-0040  
www.healthoregon.org/wic

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Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes1.

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition**2

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1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012

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**WHO WE SERVED**

- 3,335 Women, infants and children who participated in WIC
- 1,897 WIC families served
- 5 out of 7 participants are infants and children under five

---

**37%** of all pregnant women served by WIC are working families

**BREASTFEEDING**

- **97%** WIC moms start out breastfeeding
- **40%** WIC moms breastfeed exclusively for six months
10 Local stores accepting WIC: $1,255,767

Participating Farmers: $16,880

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

WIC CLINIC SITES

Grants Pass Cave Junction Wolf Creek

Contact your local WIC office
Phone: 541-474-5333
Text: 541-295-5506

Contact the Oregon WIC Program
Phone: 971-673-0040
Text: www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

2019 Data
Josephine County Health Department

ECONOMIC BENEFITS OF WIC

HEALTHY FOOD ACCESS

To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

Total dollars spent by this agency’s participants at local stores

WIC CLINIC SITES

Grants Pass Cave Junction Wolf Creek

Contact the Oregon WIC Program
Phone: 971-673-0040
Text: www.healthoregon.org/wic

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Revised 4/8/2020
GROWING HEALTHY FUTURES

Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes1.

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

• Stable, Responsive Relationships
• Safe, Supportive Environments
• Appropriate Nutrition2

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012

WHO WE SERVED

3,555 Women, infants and children who participated in WIC
55% of all pregnant women served by WIC

2,059 WIC families served
72% are working families

5 out of 7 participants are infants and children under five

BREASTFEEDING

89% WIC moms start out breastfeeding
25% WIC moms breastfeed exclusively for six months
To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

Contact your local WIC office
541-883-4276

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-883-4276

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

---

**WHO WE SERVED**

<table>
<thead>
<tr>
<th>Count</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>301</td>
<td>Women, infants and children who participated in WIC</td>
</tr>
<tr>
<td>177</td>
<td>WIC families served</td>
</tr>
<tr>
<td>45%</td>
<td>of all pregnant women served by WIC</td>
</tr>
<tr>
<td>46%</td>
<td>are working families</td>
</tr>
</tbody>
</table>

5 out of 7 participants are infants and children under five

---

**BREASTFEEDING**

<table>
<thead>
<tr>
<th>Count</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>100%</td>
<td>WIC moms start out breastfeeding</td>
</tr>
<tr>
<td>21%</td>
<td>WIC moms breastfeed exclusively for six months</td>
</tr>
</tbody>
</table>

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HEALTHY FOOD
ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

Contact your local WIC office
541-947-6045
Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

ECONOMIC BENEFITS OF WIC

3 Local stores accepting WIC:
• 2 Independent stores
• 0 Local or regional chain
• 1 National chain store
• 0 Pharmacy

$109,423
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

3 Participating Farmers
at local farmers markets and farm stands

$496
FDNP dollars paid to local farmers

WIC CLINIC SITES
Lakeview
Christmas Valley

2019 Data
Lake County Health Department

2019 Data
Lake County Health Department
GROWING HEALTHY FUTURES

Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes¹.

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition²**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

---


### WHO WE SERVED

<table>
<thead>
<tr>
<th>Statistic</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women, infants and children who participated in WIC</td>
<td>10,505</td>
<td></td>
</tr>
<tr>
<td>WIC families served</td>
<td>6,108</td>
<td>70%</td>
</tr>
<tr>
<td>WIC moms start out breastfeeding</td>
<td>96%</td>
<td></td>
</tr>
<tr>
<td>WIC moms breastfeed exclusively for six months</td>
<td>40%</td>
<td></td>
</tr>
</tbody>
</table>

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2019 Data
Lane County Health Department

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To be a WIC store, it must carry:

- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office 541-682-4202
Contact the Oregon WIC Program 971-673-0040
www.healthoregon.org/wic
https://www.lanecounty.org/cms/One.aspx?portalId=3585881&pageId=4294008

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GROWING HEALTHY FUTURES

Participating in WIC supports the long-term health of women, infants, children and families. WIC is proven to support longer pregnancies and positive birth outcomes¹.

For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

• Stable, Responsive Relationships
• Safe, Supportive Environments
• Appropriate Nutrition²

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.


WHO WE SERVED

1,747 Women, infants and children who participated in WIC

46% of all pregnant women served by WIC

1,052 WIC families served

70% are working families

5 out of 7 participants are infants and children under five

BREASTFEEDING

97% WIC moms start out breastfeeding

36% WIC moms breastfeed exclusively for six months
ECONOMIC BENEFITS OF WIC

15 Local stores accepting WIC:
- 7 Independent stores
- 2 Local or regional chains
- 4 National chain stores
- 2 Pharmacies

$661,623
Total dollars spent by this agency’s participants at local stores

HEALTHY FOOD ACCESS

To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

17 Participating Farmers
at local farmers markets and farm stands

$10,460
FDNP dollars paid to local farmers

WIC CLINIC SITES

Newport  Lincoln City  Siletz  Waldport

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-265-4163  www.co.lincoln.or.us/hhs/page/women-infants-and-children-wic

Contact the Oregon WIC Program
971-673-0040  www.healthoregon.org/wic

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Revised 4/8/2020
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- Appropriate Nutrition

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1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012

**WHO WE SERVED**

<table>
<thead>
<tr>
<th>Category</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women, infants and children who participated in WIC</td>
<td>4,635</td>
</tr>
<tr>
<td>WIC families served</td>
<td>2,601</td>
</tr>
<tr>
<td>5 out of 7 participants are infants and children under five</td>
<td></td>
</tr>
<tr>
<td>WIC moms start out breastfeeding</td>
<td>91%</td>
</tr>
<tr>
<td>WIC moms breastfeed exclusively for six months</td>
<td>35%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>34%</td>
<td>of all pregnant women served by WIC</td>
</tr>
</tbody>
</table>
To be a WIC store, it must carry:

- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

Contact your local WIC office:
541-967-3888
www.co.linn.or.us/health/public_health/wic.htm

Contact the Oregon WIC Program:
971-673-0040
www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

2019 Data
Linn County Health Department

ECONOMIC BENEFITS OF WIC

15 Local stores accepting WIC:
- 4 Independent stores
- 2 Local or regional chains
- 7 National chain stores
- 2 Pharmacies

$1,773,867
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

28 Participating Farmers at local farmers markets and farm stands

$30,712
FDNP dollars paid to local farmers

WIC CLINIC SITES

Albany Lebanon Sweet Home Harrisburg

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office:
541-967-3888
www.co.linn.or.us/health/public_health/wic.htm

Contact the Oregon WIC Program:
971-673-0040
www.healthoregon.org/wic

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Revised 4/8/2020
GROWING HEALTHY FUTURES

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- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

---

**2019 Data**
Malheur County Health Department

**WHO WE SERVED**

- **2,092** Women, infants and children who participated in WIC
- **1,154** WIC families served

**63%** of all pregnant women served by WIC

**71%** of all pregnant women served by WIC are working families

**5 out of 7** participants are infants and children under five

**BREASTFEEDING**

- **96%** WIC moms start out breastfeeding
- **17%** WIC moms breastfeed exclusively for six months

---

HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

Contact your local WIC office
541-889-7041
http://malheurcountyhealthdepartment.blogspot.com/p/wic.htmllic

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

ECONOMIC BENEFITS OF WIC
6 Local stores accepting WIC: $769,534
• 3 Independent stores
• 1 Local or regional chain
• 2 National chain stores
• 0 Pharmacy

Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

9 Participating Farmers $11,464
at local farmers markets and farm stands

FDNP dollars paid to local farmers

WIC CLINIC SITES
Ontario Nyssa Vale

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Revised 4/8/2020
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For children, the American Academy of Pediatrics identifies three foundations of healthy child development:

• Stable, Responsive Relationships
• Safe, Supportive Environments
• Appropriate Nutrition2

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.


**WHO WE SERVED**

8,391
Women, infants and children who participated in WIC

4,765
WIC families served

40%
of all pregnant women served by WIC

75%
are working families

5 out of 7
participants are infants and children under five

**BREASTFEEDING**

93%
WIC moms start out breastfeeding

33%
WIC moms breastfeed exclusively for six months
2019 Data
Marion County Health Department

ECONOMIC BENEFITS OF WIC

37 Local stores accepting WIC:
• 10 Independent stores
• 4 Local or regional chains
• 16 National chain stores
• 7 Pharmacies

$3,193,495
Total dollars spent by this agency’s participants at local stores

HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

66 Participating Farmers
at local farmers markets and farm stands

$58,696
FDNP dollars paid to local farmers

WIC CLINIC SITES
Salem Stayton Silverton Woodburn

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
503-588-5057
www.co.marion.or.us/HLT/PH/WIC

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

You can get this document in other languages, large print, braille, or a format you prefer. We accept all relay calls, or you can dial 711.

Revised 4/8/2020
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- **Stable, Responsive Relationships**
- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

WIC is the premier public health nutrition program, and it supports all three of these developmental foundations.

---

**WHO WE SERVED**

<table>
<thead>
<tr>
<th>Women, infants and children who participated in WIC</th>
<th>20,186</th>
</tr>
</thead>
<tbody>
<tr>
<td>of all pregnant women served by WIC</td>
<td>27%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>WIC families served</th>
<th>11,428</th>
</tr>
</thead>
<tbody>
<tr>
<td>are working families</td>
<td>70%</td>
</tr>
</tbody>
</table>

5 out of 7 participants are infants and children under five

---

**BREASTFEEDING**

<table>
<thead>
<tr>
<th>WIC moms start out breastfeeding</th>
<th>94%</th>
</tr>
</thead>
<tbody>
<tr>
<td>WIC moms breastfeed exclusively for six months</td>
<td>33%</td>
</tr>
</tbody>
</table>

---

\(^1\) Fingar et al, Journal of Maternal and Child Health, 2017  
\(^2\) American Academy of Pediatrics, Policy statement, 2012
HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

ECONOMIC BENEFITS OF WIC

80 Local stores accepting WIC: $7,809,630
• 8 Independent stores
• 14 Local or regional chains
• 42 National chain stores
• 16 Pharmacies

Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

146 Participating Farmers $153,832
at local farmers markets and farm stands
FDNP dollars paid to local farmers

WIC CLINIC SITES
Gateway Clinic East Clinic-Gresham Northeast Health Center
Native American Youth Family Center North Portland

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
503-988-3503 multco.us/health/wic
Contact the Oregon WIC Program
971-673-0040 www.healthoregon.org/wic

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• Safe, Supportive Environments
• Appropriate Nutrition²

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---


### WHO WE SERVED

1,323 Women, infants and children who participated in WIC

47% of all pregnant women served by WIC

776 WIC families served

69% are working families

5 out of 7 participants are infants and children under five

---

**BREASTFEEDING**

99% WIC moms start out breastfeeding

35% WIC moms breastfeed exclusively for six months
2019 Data
North Central Public Health District

ECONOMIC BENEFITS OF WIC

$462,117
Total dollars spent by this agency’s participants at local stores

5 Local stores accepting WIC:
• 2 Independent stores
• 0 Local or regional chain
• 2 National chain stores
• 1 Pharmacy

HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

$7,104
FDNP dollars paid to local farmers

19 Participating Farmers at local farmers markets and farm stands

WIC CLINIC SITES
The Dalles
Arlington
Condon
Maupin
Moro

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-506-2610
ncphd.org/services/women-infants-children-wic/

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

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---

1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012

---

**WHO WE SERVED**

<table>
<thead>
<tr>
<th>Women, infants and children who participated in WIC</th>
<th>of all pregnant women served by WIC</th>
</tr>
</thead>
<tbody>
<tr>
<td>1,590</td>
<td>29%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>WIC families served</th>
<th>are working families</th>
</tr>
</thead>
<tbody>
<tr>
<td>906</td>
<td>72%</td>
</tr>
</tbody>
</table>

5 out of 7 participants are infants and children under five

---

**BREASTFEEDING**

<table>
<thead>
<tr>
<th>WIC moms start out breastfeeding</th>
<th>WIC moms breastfeed exclusively for six months</th>
</tr>
</thead>
<tbody>
<tr>
<td>94%</td>
<td>25%</td>
</tr>
</tbody>
</table>

---

PUBLIC HEALTH DIVISION  
Special Supplemental Nutrition Program for Women, Infants & Children
2019 Data
Polk County Health Department

ECONOMIC BENEFITS OF WIC

8 Local stores accepting WIC:
• 3 Independent stores
• 1 Local or regional chain
• 3 National chain stores
• 1 Pharmacy

$610,389
Total dollars spent by this agency’s participants at local stores

HEALTHY FOOD ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

27 Participating Farmers at local farmers markets and farm stands

$8,520
FDNP dollars paid to local farmers

WIC CLINIC SITES
Dallas
Grand Ronde
Independence

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
503-623-8175
www.co.polk.or.us/ph/wic-women-infants-children

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic
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- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

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---

**WHO WE SERVED**

- **11,637** Women, infants and children who participated in WIC
- **6,703** WIC families served
- **5 out of 7** participants are infants and children under five
- **95%** WIC moms start out breastfeeding
- **29%** WIC moms breastfeed exclusively for six months

**2019 Data**

**Salud WIC Program**

**GROWING HEALTHY FUTURES**

- **38%** of all pregnant women served by WIC
- **85%** are working families

---

**Oregon Health Authority**

**PUBLIC HEALTH DIVISION**

Special Supplemental Nutrition Program for Women, Infants & Children
2019 Data
Salud WIC Program

ECONOMIC BENEFITS OF WIC

51 Local stores accepting WIC: $4,409,787
- 16 Independent stores
- 5 Local or regional chains
- 21 National chain stores
- 9 Pharmacies

To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

84 Participating Farmers $86,524
at local farmers markets and farm stands

FDNP dollars paid to local farmers

WIC CLINIC SITES

McMinnville Salem Lancaster Woodburn
Newberg Pacific Pediatrics Salem Beverly

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
1-855-942-9420
www.saludwic.org/

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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- **Safe, Supportive Environments**
- **Appropriate Nutrition\(^2\)**

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---

**2019 Data**

**Tillamook County Health Department**

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**GROWING HEALTHY FUTURES**

**WHO WE SERVED**

887 Women, infants and children who participated in WIC

37% of all pregnant women served by WIC

526 WIC families served

71% are working families

5 out of 7 participants are infants and children under five

---

**BREASTFEEDING**

97% WIC moms start out breastfeeding

27% WIC moms breastfeed exclusively for six months

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1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012
## ECONOMIC BENEFITS OF WIC

<table>
<thead>
<tr>
<th>5 Local stores accepting WIC:</th>
<th>Total dollars spent by this agency’s participants at local stores:</th>
<th>$345,970</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 Independent stores</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0 Local or regional chain</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 National chain stores</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0 Pharmacy</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## HEALTHY FOOD ACCESS

To be a WIC store, it must carry:
- At least 8 kinds of fresh fruits and vegetables
- Whole grain products
- Lowfat milk
- Lowfat yogurt
- Canned/dried beans

## WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

| 0 Participating Farmers at local farmers markets and farm stands | FDNP dollars paid to local farmers: | \$7,656 |

## WIC CLINIC SITES

- Tillamook
- Cloverdale
- Rockaway Beach

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
503-842-3900
www.co.tillamook.or.us/gov/health/PublicHealth/WIC.htm

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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- **Appropriate Nutrition\(^2\)**

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---

**GROWING HEALTHY FUTURES**


---

**WHO WE SERVED**

- **5,320** Women, infants and children who participated in WIC
- **57%** of all pregnant women served by WIC
- **3,053** WIC families served
- **73%** are working families
- **5 out of 7** participants are infants and children under five

**BREASTFEEDING**

- **92%** WIC moms start out breastfeeding
- **20%** WIC moms breastfeed exclusively for six months
HEALTHY FOOD ACCESS

To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

Contact your local WIC office
1-800-559-5878
https://umchs.com/programs/wic/

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

2019 Data
Umatilla/Morrow Head Start

ECONOMIC BENEFITS OF WIC

18 Local stores accepting WIC:
• 11 Independent stores
• 0 Local or regional chain
• 6 National chain stores
• 1 Pharmacy

$2,105,198
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

36 Participating Farmers at local farmers markets and farm stands

$29,332
FDNP dollars paid to local farmers

WIC CLINIC SITES

Hermiston
Milton - Freewater
Pendleton
Umatilla
Boardman
Enterprise
Fossil
Heppner
Irrigon

36 Participating Farmers at local farmers markets and farm stands

$2,105,198
Total dollars spent by this agency’s participants at local stores

ECONOMIC BENEFITS OF WIC

18 Local stores accepting WIC:
• 11 Independent stores
• 0 Local or regional chain
• 6 National chain stores
• 1 Pharmacy

$2,105,198
Total dollars spent by this agency’s participants at local stores

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36 Participating Farmers at local farmers markets and farm stands

$29,332
FDNP dollars paid to local farmers

WIC CLINIC SITES

Hermiston
Milton - Freewater
Pendleton
Umatilla
Boardman
Enterprise
Fossil
Heppner
Irrigon

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https://umchs.com/programs/wic/

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- **Appropriate Nutrition\(^2\)**

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---

**2019 Data**

**Center for Human Development, Inc (Union)**

**GROWING HEALTHY FUTURES**

---

**WHO WE SERVED**

- **1,014** Women, infants and children who participated in WIC
- **591** WIC families served
- **69%** are working families
- **5 out of 7** participants are infants and children under five

**BREASTFEEDING**

- **95%** WIC moms start out breastfeeding
- **26%** WIC moms breastfeed exclusively for six months

---

2019 Data
Center for Human Development, Inc (Union)

ECONOMIC BENEFITS OF WIC

5 Local stores accepting WIC:
• 3 Independent stores
• 0 Local or regional chain
• 2 National chain stores
• 0 Pharmacy

$377,101
Total dollars spent by this agency’s participants at local stores

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

20 Participating Farmers
at local farmers markets and farm stands

$4,384
FDNP dollars paid to local farmers

WIC CLINIC SITES
La Grande

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
541-962-8829

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic

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- **Appropriate Nutrition\(^2\)**

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---

**2019 Data**

**Washington County Health & Human Services**

**GROWING HEALTHY FUTURES**

Women, infants and children who participated in WIC

<table>
<thead>
<tr>
<th>13,807</th>
<th>19%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women, infants and children who participated in WIC</td>
<td>of all pregnant women served by WIC</td>
</tr>
</tbody>
</table>

WIC families served

<table>
<thead>
<tr>
<th>8,031</th>
<th>77%</th>
</tr>
</thead>
<tbody>
<tr>
<td>WIC families served</td>
<td>are working families</td>
</tr>
</tbody>
</table>

Participants are infants and children under five

<table>
<thead>
<tr>
<th>5 out of 7</th>
<th>96%</th>
</tr>
</thead>
<tbody>
<tr>
<td>participants are infants and children under five</td>
<td>WIC moms start out breastfeeding</td>
</tr>
</tbody>
</table>

WIC moms breastfeed exclusively for six months

<table>
<thead>
<tr>
<th>36%</th>
</tr>
</thead>
<tbody>
<tr>
<td>WIC moms breastfeed exclusively for six months</td>
</tr>
</tbody>
</table>

---

1 Fingar et al, Journal of Maternal and Child Health, 2017  
2 American Academy of Pediatrics, Policy statement, 2012
HEALTHY FOOD
ACCESS
To be a WIC store, it must carry:
• At least 8 kinds of fresh fruits and vegetables
• Whole grain products
• Lowfat milk
• Lowfat yogurt
• Canned/dried beans

ECONOMIC BENEFITS OF WIC

58 Local stores accepting WIC:
• 5 Independent stores
• 10 Local or regional chains
• 35 National chain stores
• 8 Pharmacies

$4,915,252
Total dollars spent by this agency’s participants at local stores

WIC CLINIC SITES
Hillsboro Beaverton Tigard

WIC FARM DIRECT NUTRITION PROGRAM
The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

86 Participating Farmers
at local farmers markets and farm stands

$100,836
FDNP dollars paid to local farmers

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

Contact your local WIC office
503-846-3555
www.co.washington.or.us/HHS/PublicHealth/WIC

Contact the Oregon WIC Program
971-673-0040
www.healthoregon.org/wic
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- **Appropriate Nutrition\(^2\)**

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---

### 2019 Data

**Oregon State WIC Program**

**GROWING HEALTHY FUTURES**

**WHO WE SERVED**

<table>
<thead>
<tr>
<th>Count</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>127,112 Women, infants and children who participated in WIC</td>
<td>32% of all pregnant women served by WIC</td>
</tr>
<tr>
<td>73,292 WIC families served</td>
<td>68% are working families</td>
</tr>
</tbody>
</table>

5 out of 7 participants are infants and children under five

**BREASTFEEDING**

<table>
<thead>
<tr>
<th>Count</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>95% WIC moms start out breastfeeding</td>
<td>34% WIC moms breastfeed exclusively for six months</td>
</tr>
</tbody>
</table>

---

PUBLIC HEALTH DIVISION
Special Supplemental Nutrition Program for Women, Infants & Children
2019 Data
Oregon State WIC Program

**ECONOMIC BENEFITS OF WIC**

550 Local stores accepting WIC: $48,069,348

- 143 Independent stores
- 79 Local or regional chains
- 260 National chain stores
- 67 Pharmacies

Total dollars spent by this agency’s participants at local stores

**WIC FARM DIRECT NUTRITION PROGRAM**

The Farm Direct Nutrition Program (FDNP) provides families with an additional source of nutritious food and education on selecting and preparing fresh produce.

1,078 Participating Farmers

$823,200

FDNP dollars paid to local farmers

**WIC CLINIC SITES**

114 WIC clinics across Oregon

For more details about these numbers, please visit:
https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/annual.aspx

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971-673-0040
www.healthoregon.org/wic

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