

A woman with curly hair is shown in profile, smiling warmly as she holds a baby. The baby is wearing a white onesie with a pattern of small blue icons. The background is a soft, out-of-focus light color. A large red graphic element, resembling a stylized 'C' or a thick brushstroke, is positioned at the bottom of the page, partially overlapping the woman's arm and the baby.

SAVE THE DATES!

REMOTE WIC BREASTFEEDING TRAINING

We're launching the new breastfeeding curriculum from Food and Nutrition Services (FNS). This training is being rolled out nationwide.

ABOUT THIS TRAINING:

This new version of the WIC Breastfeeding Training is required by FNS for all WIC Staff nationwide even if you have previously taken breastfeeding trainings.

This remote WIC Breastfeeding Training features the newly released WIC breastfeeding curriculum from FNS. You will participate in a skill-based training to support families with breastfeeding through WIC. The training has four levels designed to address skills and techniques to support breastfeeding. WIC plays an important role in the community that supports breastfeeding families.



Instructor:
Cathy Carothers,
BLA, IBCLC, FILCA,
Co-Director of
Every Mother, Inc.

WHICH LEVEL DO I ATTEND?

■ **Clerical staff:** Level 1 (1 session, 4 hours)

■ **Breastfeeding Peer Counselors:** Levels 1 and 2 (5 sessions, 20 hours)

■ **Competent Professional Authorities (CPA) and Dietitians:** Levels 1, 2, and 3 (7 sessions, 28 hours)

■ **Breastfeeding Coordinators, IBCLCs, and Dietitians*:** Levels 1, 2, 3, and 4 (7 sessions, 28 hours plus self-study for Level 4 available through Workday Learning in early 2023)

**Dietitians are encouraged, but not required, to complete level 4.*

Time: All sessions: 8:00 a.m. to 12:00 p.m. Pacific Time

Location: Your computer. All sessions will be provided via Zoom.

SESSION DATES

OCTOBER 2022							1						
2	3	4 LEVEL 1	5	6	7	8	6	7	8 LEVEL 2	9	10	11	12
9	10	11	12	13	14	15	13	14	15 LEVEL 3	16	17	18	19
16	17	18 LEVEL 2	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27 LEVEL 2	28	29	27	28	29 LEVEL 3	30	NOVEMBER 2022		
30	31												

LEVEL 4

Level 4 available as a self-study module in Workday Learning by early 2023.

Mark your calendar to save the dates that apply to your position.
Registration information coming soon!

Questions? Contact Kelly Sibley or Korina Skaff at
Oregon.WIC.Breastfeeding@dhsosha.state.or.us