

A woman with curly hair is smiling and looking down at a baby she is holding. The baby is wearing a white onesie with a pattern. The background is a soft, out-of-focus light color. A large red graphic element, resembling a stylized 'C' or a ribbon, is overlaid on the bottom right of the image.

REGISTRATION NOW OPEN!

REMOTE WIC BREASTFEEDING TRAINING

We're launching the new breastfeeding curriculum from Food and Nutrition Services (FNS). This training is being rolled out nationwide.

ABOUT THIS TRAINING:

This new version of the WIC Breastfeeding Training is required by FNS for all WIC Staff nationwide even if you have previously taken breastfeeding trainings.

This remote WIC Breastfeeding Training features the newly released WIC breastfeeding curriculum from FNS. You will participate in a skill-based training to support families with breastfeeding through WIC. The training has four levels designed to address skills and techniques to support breastfeeding. WIC plays an important role in the community that supports breastfeeding families.



Instructor:
Cathy Carothers,
BLA, IBCLC, FILCA,
Co-Director of
Every Mother, Inc.

REGISTRATION NOW OPEN!

- **Clerical staff:** Level 1 (1 session, 4 hours)
- **Breastfeeding Peer Counselors:** Levels 1 and 2 (5 sessions, 20 hours)
- **Competent Professional Authorities (CPA) and Dietitians:** Levels 1, 2, and 3 (7 sessions, 28 hours)
- **Breastfeeding Coordinators, IBCLCs, and Dietitians*:** Levels 1, 2, 3, and 4 (7 sessions, 28 hours plus self-study for Level 4 available through Workday Learning in early 2023)

**Dietitians are encouraged, but not required, to complete level 4.*

Time: All sessions: 8:00 a.m. to 12:00 p.m. Pacific Time

Location: Your computer. All sessions will be provided via Zoom.

SESSION DATES & REGISTRATION LINKS

LEVEL 1

All WIC staff:

Lesson 1 Tuesday, October 4

Registration link: <https://OregonSession1WICTraining.eventbrite.com>

LEVEL 2

Peer Counselors, CPAs, RDNs, and BF Coordinators

Lesson 2A Tuesday, Oct. 18

Registration link: <https://OregonSession2AWICTraining.eventbrite.com>

Lesson 2B Thursday, Oct. 27

Registration link: <https://OregonSession2BWICTraining.eventbrite.com>

Lesson 2C Tuesday, Nov. 1

Registration link: <https://OregonSession2CWICTraining.eventbrite.com>

Lesson 2D Tuesday, Nov. 8

Registration link: <https://OregonSession2DWICTraining.eventbrite.com>

LEVEL 3

CPAs, RDNs, and BF Coordinators.

Lesson 3A Tuesday, Nov. 15

Registration link: <https://OregonSession3AWICTraining.eventbrite.com>

Lesson 3B Tuesday, Nov. 29

Registration link: <https://OregonSession3BWICTraining.eventbrite.com>

LEVEL 4

Lesson 4 available as a self-study module in Workday Learning by early 2023.

Miss a session? Make-up options will be available within 7 days of the event

Questions? Contact Kelly Sibley or Korina Skaff at Oregon.WIC.Breastfeeding@dhsosha.state.or.us