**Facilitator: Kelly Sibley  
Notetaker: Diane Arnold**

**Attendees:**

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| --- | --- | --- | --- | --- |
| **AGENCY** | NAME |  | **AGENCY** | NAME |
| **Baker** | Mandy Peterson |  | **Lane** | Heather Rush |
| **Benton** | vacant |  |  |  |
| **Clackamas** | \*Aria Baker |  | **Lincoln** | Aracelis Irizarry-Rodriguez |
| **Clackamas** | Shelley Glaze |  | **Linn** | \*Megan Dunn |
| **Clatsop** | Norma Hernandez |  | **Malheur** | Hallie Hopkins |
| **Columbia** | Sheri Duren |  |  |  |
| **Coos** | Julie Fitzsimmons |  | **Marion** | Kendra Stafford |
| **Crook** | Lauren Simmons |  |  |  |
| **Curry** | Heather Serna |  | **Multnomah** | \*Sabrina Villemenay |
|  |  |  | **North Central** | Maricela Elias |
| **Deschutes** | Shannon Flowerday |  | **Polk** | Jacqui Umstead |
| **Grant** | Jessica Winegar |  | **Salud** | \*Elizabeth Still |
| **Harney** | Virginia Lopez |  | **Tillamook** | Erica Johnson |
| **Hood River** | McKenna Carter |  | **UCAN** | Toni Brase |
| **Jackson** | Meghan Robinson |  | **U-M Head Start** | Lourdes Reyna Alcala |
| **Jefferson** | Tami Kepa’a |  | **Umatilla (Confed.)** | Alisa Portley-White |
| **Josephine** | \*Silvia Figueroa |  | **Union** | Kimberly Adams |
| **Josephine** | Christine Shepherd |  | **Warm Springs** | Kathleen Box |
| **Josephine** | Sherri Tobin (on staff) |  |  |  |
| **Klamath** | Heather Reinke / Jamie |  | **Washington** | \*Jeanette Lopez |
| **Lake** | Jill Harlan/ Hannah Brollier |  | **Washington** | Cenaida Valdivia |
|  |  |  |  |  |
| **State Office** | Kelly Sibley |  | **State Office** | Bonnie Ranno |
| **State Office** | Jan Apland |  | **State Office** | Robin Stanton |

\*BFPC Coordinator

| **Item** | **Discussion/Decisions Guide** | **Decisions/Actions** |
| --- | --- | --- |
| **State Updates** | Goodbye to Jill Harlan, Lake County and Heather Reinke, Klamath County  New BF and BF PC Coordinators  Meghan Robinson, Jackson County  Jamie Hursh, Klamath County  Hannah Broillier, Lake County  Megan Dunn, Linn County  Leah Brunson, Linn Co., will be helping with breastfeeding efforts and is glad to hand off to Megan Dunn.   * Lourdes Reyna Alcala at Umatilla Head Start moving on and will keep Kelly updated. * Email updates are appreciated. * State WIC will be reaching out to the new BF/BF Coordinators regarding orientation. It’ll be Kelly, Korina Skaff, and/or Jan Apland. * Kathleen in Warm Springs: new breastfeeding support person, Willow Merchant, will start 20 hours a week in March. They are losing their WIC clerk, hiring a third CPA in the next few months.   **New Resource created by Bonnie Ranno**   * Handout that is a consolidation of various resources for staff to find links to documents quickly while talking with participants. (Attached) * Posting it to BaseCamp Breastfeeding Group * Coordinators were asked to send Kelly an email to be added to the BaseCamp BF group   **Breast pump updates**   * Bonnie recruited some Breast Pump Workgroup volunteers. They have met once. * Changes   + Lactina is no longer being made. Kits have been discontinued.   + Pump in Style no longer available. Medela’s replacement for this pump is the Pump in Style Max: a demo was presented at the last meeting.   + Hygeia EnDeare is the multi-user pump that will replace the Lactina pump.   + Hygeia has a new single-user pump call Evolve. The state is reviewing this pump and will do a pilot at volunteer agencies. We’ll get feedback from participants. The price and contract obligation will be considered.     - The state will choose either the Pump in Style Max or the Evolve in the next few months. * Meanwhile the state will use-up pump supplies currently on hand. The last pump order was filled from agencies that had surplus Pump in Styles. This will continue until supplies dwindle down in quantity. * The State will likely begin using the new single-use pumps in summer. However, if any Pump in Styles remain, they will be used up first. * We are going through a lot of personal pumps vs. multiuser pumps due to COVID, remote work, and challenges with sanitizing pumps.   + Medicaid is providing more pumps throughout the state.   + WIC pump use is going down as a result.   + We will be buying Medela kits for the Lactina until no longer available. After that the Hygeia kit can be used on the Lactina. * Question: How long will the Lactina parts/kits be available? We were told they would not be available after June 2021. Medela is using up their supply but are not making them anymore. * Oregon WIC has many Lactina pumps that will continue to work for awhile as they generally last 10-15 years. Some pumps are fairly old: if they’re not working right, discard them and enter the information in TWIST. You can also send the serial number to Bonnie and she will enter it in TWIST. * Question: Will the exception allowing single-user pumps remain after COVID (vs. going back to multi-user)? That is still to be determined, but we will likely return to using the multi-user pumps as per policy. * Question: If a mom gets a pump from her insurance company and it breaks down can she get a replacement from WIC? Answer: Yes, although ideally she can request the insurance company to replace it. If that’s not possible, and the participant meets WIC criteria for a pump (fully breastfeeding, away from baby 20 hours per week/9 feedings or more, etc.) she can get a pump from WIC. * Please contact Bonnie with questions.   **Nurturely**  A new non-profit working on health equity   * + State staff Vernita Reyna, Robin Stanton and Sarah Apodaca are attending.   + Local agency staff Erica Johnson, Christine Shepherd, Kendra Stafford are attending     - Local staff gave great reviews of the quality of the content and the speakers.   + Home-Visiting nurses from MCH also attending * Title last week was Racism in Perinatal Health * This week was Health Disparities in Black Maternal Health * Next week is Practicing Cultural Responsiveness to Address Health Inequities * There are free materials at [nurturely.org](https://nurturely.org/) |  |
| **Local Agency Sharing** | * Baker: very busy, moved to a good, centrally located new building more accessible for participants in town, including walking distance, etc. * Clackamas: Aria: Using Doxie video for individual breastfeeding counseling appointments still, with good results except for occasional wifi, cell phone issues with video. * Coos-Julie: all visits remotely by phone and are very busy with limited staff. It’s a good routine so far. * Crook-Lauren: They have been vaccinating. Their IBCLC has started in-person appointment for those moms who really want them on a limited basis. * Deschutes-Shannon: vaccines are being given out, lots of demands on health dept. Lots of breastfeeding phone consults. The staff misses in-person contact, working on online classes, and going more virtual. All breastfeeding people who need help get it, with their several IBCLCs and staff. * Grant-Jessica: Vaccines are being delivered, using all staff at health dept. * Harney-Virginia: vaccines, meeting moms where they are with breastfeeding, but many are stressed. They are doing some in-person WIC participant visits in the park. There is a new non-profit breastfeeding resource Columbia Gorge Post-Partum Support Agency with trained IBCLC that can work with WIC * Hood River-McKenna: Short staffed with many COVID tasks. Staff have been vaccinating, and helping the health dept. * Jackson-Meghan Robinson: Meghan passed the IBCLC exam, two staff passed a Certified Lactation Counselor course, they are offering more breastfeeding support over the phone on a regular basis. They have video option appointments for individuals. * Josephine-Christine, Sheri, Silvia: mass vaccinations on Sunday and Monday, doing in-person breastfeeding support appointments on request. Changes are more premature births, so peer counselors are calling earlier, two weeks prior to estimated due date and two days after estimated due dates. Started a meet-and-greet Zoom session for moms and babies. In February will start a baby massage meet-and-greet Zoom session. Sheri is working with the high-risk babies, is starting billable services for nutrition therapy and hopes to add lactation. She is looking for information about billable services.   + Silvia and Sheri are doing some breastfeeding consults,   + Christine is managing the Healthy Start program. Some of her staff are doing WIC work and are getting their lactation counselor certification. She is being pulled to COVID work now. * Klamath: Jamie is the new coordinator and is being trained. * Lake: Hannah busy with vaccinations. * Lane – Heather: No staff changes thankfully. We are providing BF support over phone calls and can set up video calls, if the client prefers. Daisy Chain is a local program that provides BF support through an in-person support group with an IBCLC and provides support through a text line. * Lincoln – Ari: few changes, building still closed. Staff is getting vaccinated, then at some point will open. New RD Debbie Baker has started work. Breastfeeding counseling is being done over the phone. * Multnomah Co. – Sabrina: They have added a new BFPC-culturally specific which is a BIG win for our Team. * Linn – Meghan: moved into a new more accessible building for participants, it has a lactation space. Not seeing people in-person but are working with pediatric clinics and will do some one-on-one sessions there. There is a Linn-Benton Breastfeeding coalition and can expand services through them. * Marion – Kendra: no staff changes, staff working remotely. Will be offering Zoom appointments for breastfeeding support next month. Certifier approved to take 15 hours of breastfeeding training at Evergreen. * Salud – Elizabeth: Zoom licenses for all staff for video appointments, participants still prefer phone calls for breastfeeding support. They do in-person support. Their peer counselor is back. Group video pre-natal class will start in March. * UCAN – Toni: using Doxie for breastfeeding support. Moms are starting to do phone calls. Staff have completed their CLC. Their former IBCLC is taking WIC clients at her new job at a doctor’s office. The Healthy Start is providing baby equipment rollouts once a week. * UMHS – Lourdes: short staffed, but have hired a certifier in Wallowa, offered a position to someone for the Enterprise clinic. Offering some curbside services. Clients are answering the phone. * Union – Kim: very busy with vaccines. She is staying in the one-person office, Facebook posts regarding help with breastfeeding and getting new clients, needs an additional part-time person. They have a good relationship with the lactation consultant at Grand Ronde hospital and can get help with pumps, seeing participants in person. * Warm Springs – Kathleen: employees have been vaccinated. Waiting on part-time lactation consultant. They are seeing WIC participants in the clinic. Counseling is via Tele-health. * Washington – Jeannette: all text messaging for peer support. They are about to go online for virtual breastfeeding circle groups in February. * Malheur – Hallie: She is the new coordinator. |  |
| **Topics** | Tami requested COVID and Breastfeeding information. Kelly located some information at the CDC site.   * “Current evidence suggests that breast milk is not likely to spread the virus to babies.” * Mothers if not too ill can breastfeed with a mask. All household members should wash hands, wear mask, keep the 6-foot distance outside the home. * [https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html?CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fpregnancy-breastfeeding.html#print](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fpregnancy-breastfeeding.html) * CDC recommendations are in a section titled, *Pregnancy, Breastfeeding and Caring for Newborns,* updated Dec. 28, 2020, 8 pages. Easy to read. Easy to print. Page 5 has good information. * About vaccinations: Academy of Breastfeeding Medicine from late December 2020: * <https://www.bfmed.org/abm-statement-considerations-for-covid-19-vaccination-in-lactation> * “Health care providers should use shared decision-making in discussing the benefits of the vaccine for preventing COVID 19 and its complications, the risk to mother and baby of the cessation of breastfeeding, and the biological plausibility of the risks and benefits of breastfeeding to the mother and child.” * There isn’t much research, but they believe it is most likely that the mother will pass protection to the baby if she is vaccinated. Mothers should discuss this with their health care providers.   + - This would be good to send to WIC partners and health care providers. * Cow Milk: WIC has a lot of choices regarding “milk.” Toni proposed the topic Cow milk protein allergy, lactose intolerance and alternate milk options. See resources on page 2 of agenda, and it will be added to the April 27th meeting.   + Bonnie Ranno will discuss milks at the next NEWS meeting in April. Bonnie hopes to share a comparison table of the nutrients found in milk and alternate milks and will make it available to all. * The book “Breastfeeding Answers” (copies sent to all local agencies last summer) does have good information on Milk Allergies. |  |
| **Questions** | * Kelly will investigate whether the Gold Breastfeeding series will be offered again. * She will be reaching out the new breastfeeding coordinators regarding training and orientation. |  |
| **Next Meeting** | April 27, 2021; 1:15 – 2:45, on Zoom. |  |