

LAWN Meeting Minutes May 27, 2014

33 participants attending:

Name	County/ Agency	Name	County/ Agency
Mandy Peterson	Baker (phone)	Susan Runyan	Multnomah
Deborah Pyke	Benton (phone)	David Brown	Multnomah (phone)
Julie Aalbers	Clackamas	Nicole Grigorieff	Salud (phone)
Jill Wright	Clackamas	Kim McGee	State WIC
Theresa Reiter	Deschutes (phone)	Mary Rhode	State WIC
Sherri Tobin	Deschutes (phone)	Cheryl Alto	State WIC
Janet Harris	Deschutes (phone)	Beth Lanham	State WIC
Dale Erickson	Douglas (phone)	Vernita Reyna	State WIC
Lindsay Grosvenor	Harney/Grant/ Malheur	Karen Bettin	State WIC
Monica Dennis	Jefferson (phone)	Diane Benfield	Umatilla Morrow H.S. (phone)
Sue Schiess	Klamath (phone)	Angie Treadwell	Umatilla Morrow H.S. (phone)
Katey Bosworth	Lane (phone)	Tara Olson	Washington
Dawn Travelstead	Lincoln (phone)	Lisa Beck	Washington/Mult
Cindy Cole	Linn (phone)	Roxanne Blanding	Washington
Ai-Lan Whitson	Marion (phone)	Annie Southworth	Washington/Mult
Heidi Suess	Multnomah (phone)	Tiare Sanna	Washington
Ricki Donato	Multnomah (phone)		

Agenda:

- Local updates
- State updates
- Continuing education presentation: WIC Dietitians as Change Agents

Materials sent prior to the call:

- Agenda
- PowerPoint slides
- PowerPoint handout
- LAWN charter
- Infant formula appendix (decision tree, 3 pages)

Materials sent with the minutes:

- Certificate of attendance
- May formula report for Abbott formula transitions
- Procedures for ordering metabolic formulas from CDRC

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Key Points Discussed			
No.	Topic	Highlights	Action
1	Introductions	<p>Dawn Travelstead: joined Lincoln County in March as the WIC Coordinator and Nutritionist. Dawn’s dietetic experience includes 28 years in clinical practice with an emphasis on diabetes, endocrinology.</p> <p>Monica Dennis: works with RanDee Anshutz, and provides RD coverage for Jefferson county and shares Prineville with RanDee. Monica’s dietetic experience includes working with Head Start in the Yakima area.</p>	
2	Local agency updates	<p>National WIC Association (NWA) Board: Tiare Sanna, WIC Coordinator for Washington County has been appointed as the local agency representative from the Western Region. This is an important opportunity to learn more about the national organization and to share best practices (and challenges) of local agencies in the western United States and Pacific Islands. Congrats, Tiare!</p> <p>Outreach/education:</p> <p>Lincoln County: Dawn Travelstead met with local pediatric providers in Lincoln County and shared resources on WIC, key nutrients of WIC foods; infant formula changes, medical documentation. Dawn reports seeing positive outcomes in coordination of care as a result.</p> <p>Washington County: Tara Olson met with OCDC Head Start staff to increase understanding/awareness of WIC.</p> <p>Job opening: Washington County Health Department has a Maternal Child Health public health supervisor position. RN or MPH preferred. Here is the link to the county website. For more detailed information regarding the opportunity and to apply online, please visit our Human Resources page at: www.co.washington.or.us</p> <p>Polk County, Inge Daeschel: Vernita shared that Inge is recovering from a recent cardiac event. We keep Inge, her family and the Polk County staff in our thoughts. Please feel free to send good wishes to inge.daeschel@oregonstate.edu</p>	Cheryl will forward job posting to WIC coordinators

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3	State agency updates	<p>New addition to State Nutritionists: Welcome Robin Stanton to the WIC state staff. Robin has been working at the state level for 23 years and will be working in WIC part time and the Maternal Child Health program the other 50%. Robin brings a wealth of experience in policy, breastfeeding and cross team collaborations.</p> <p>Training Supervisor interviews: Kim McGee and Adrienne Mullock have been conducting key informant interviews with Training Supervisors across the state (including several members of LAWN). The purpose of the interviews is to better understand how the State can support training across the state. The next step will be to develop a survey for training supervisors and coordinators across the state.</p> <p>CDRC Metabolic RD retirement: Kathleen Huntington has worked as a metabolic dietitian at OHSU/CDRC for 26 years. Kathleen will be retiring May 29th. Her knowledge and expertise will be missed. Please remember, especially during this transition, to contact your state Nutrition Consultant if you have a WIC participant that needs a metabolic formula. All metabolic formulas we issue are obtained through CDRC. Providence does not carry metabolic formulas.</p> <p>Hungry for Love: Charlie Slaughter, RD, MPH, has written a book on creating a mealtime environment that builds connection, life skills and eating capabilities. Charlie was a Nutrition Consultant in Oregon WIC before moving to Connecticut where he now works for the department of children and families. His book will be reviewed at the state level and more information shared at a future LAWN meeting. To take a look at the book: http://www.amazon.com/Hungry-Love-Environment-Connection-Capabilities-ebook/dp/B00K984H1G</p> <p>Pediatric Nutrition Learning Collaborative: Clinical, community, WIC and industry dietitians and policy analysts have been meeting to discuss the appropriate use of Pediasure and other like supplements in WIC. The findings of the research, data and deliverables have been shared with LAWN in past meetings and it will be a subject of a future meeting this fall. The goal is to have deliverables, informed by LAWN, to assist in identifying appropriate use of the product, tools for transitioning off Pediasure/supporting developmental feeding and policy changes</p>	Updated procedures for metabolic formulas will be sent with the minutes

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3	State updates continued...	<p>Head Start/WIC meeting: Mary reported a possible shared April 2015 meeting between WIC and Head Start to assist in furthering collaboration and communication between the two agencies. Further discussion will be held at the July OWCA meeting. If there are common topics you think might be beneficial for the meeting, please contact Mary Rhode mary.rhode@state.or.us</p> <p>Medical Documentation form: The final food package ruling and changes being implemented this coming fall will impact the medical documentation form. A subcommittee of LAWN has helped with the medical documentation form development/changes in the past. The following counties are on that committee: Clackamas, Deschutes, Jackson, Douglas, Multnomah, Salud and Washington. If you are interested in joining that committee which will require about 3-5 hours of email/phone contact during June and July, please let me know: Cheryl.l.alto@state.or.us</p> <p>Medical documentation reminder: this is a WIC form, not a prescription. It is intended to assist in communication and coordination of care for WIC participants with a qualifying medical condition requiring a medical formula. WIC RDs cannot diagnose (although clarification can be taken as a verbal order with documentation on the form as to the specifics) and we cannot sign the form. If health/medical data does not support the use of the product being requested (Pediasure), the request can be denied and communicated with the health care provider. Length of issuance and amount of formula can be modified by the WIC RD/health professional with communication with the health care provider. Medical documentation is not needed to return the participant back to a bid formula.</p>	<p>Contact Mary Rhode with meeting topics</p> <p>Contact Cheryl if you are interested in joining the med doc committee.</p>
4	LAWN charter	<p>The charter for the Local Agency WIC Nutritionists: Revisions to the previous charter drafted in 2004 for "LARD" (Local Agency Registered Dietitians) were proposed and sent out prior to today's meeting. A vote to approve the charter will be slated for the August meeting.</p>	<p>Contact Cheryl with any comments, additions.</p>

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5	Infant formula decision tool	Oregon WIC is finalizing changes to the paper module from Texas, Infant Formula. Included in the revisions is the development of a decision tree/flow diagram of infant formulas. The document, three pages in length, will be an appendix in the module. Feedback from LAWN will be open until June 13 th . The goal is to have the module revised and posted within six weeks.	Send feedback, comments on the decision tool to Cheryl
5	Abbott formula changes	<p>Cheryl shared information regarding the Abbott formula changes and the impact on other formulas WIC offers. The state office has been tracking formula usage and this information will be sent out with the LAWN minutes. Key points from the discussion:</p> <ul style="list-style-type: none"> • Issues from participants might not arise until June when the change is fully implemented. • Communication between local agencies and health care providers is essential to help counsel families on baby behaviors and not simply change over to a more expensive formula. • Cost of medical formulas: Nutramigen/Alimentum/Pregestimil ranges from \$23-\$30 per can. Similac Advance/Good Start averages \$16-\$17 per can. • Future decisions on bid formulas should include representation from local agency dietitians. (Which will be passed along to WSCA, our buying consortium). At the present time, each state does not have a say regarding bid formula selections. This is handled by WSCA and predominately decided based on cost savings. • The concept of transition- (e.g. transitioning off, returning to the bid formula, returning to a low fat milk), will be a concept that WIC staff will hear more of in policy and training materials. <p>Participant use of food code can be monitored at the local level. Cheryl will send out instructions for running this report.</p>	Cheryl will send formula usage report and instructions on how to run participant use of food code.

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6	Milk food package changes	<p>Vernita shared slides from the 2014 food package changes PowerPoint and materials that were sent out earlier in the month and are located on the Oregon WIC website: http://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/freshchoices.aspx</p> <p>The focus for today's discussion is specific to milk assignments.</p> <p>Key discussion points:</p> <ul style="list-style-type: none"> • These are changes that impact every participant; having discussion with staff of how to frame the discussion will help to save on time and effectiveness of making the transition. • Framing the staff discussion: our own personal preferences can help build empathy. Vernita started off the discussion by asking who in the room currently drinks low fat or nonfat milk. And how would it feel if we were told that we could only drink 2% or whole milk? This perspective will help build empathy, understand resistance to change that might arise for our families. • Concerns with staff selection of milk packages and how to monitor food assignments. • There is a need to develop a transition plan so that children put on 2% for weight gain do not remain on that food package for an extended period of time. • Participant use of food code can assist in identifying participants on 2% milk. • Having a listing of other higher calorie/nutrient dense foods will help with the discussion of foods other than milk to boost calories. • Will vendors be instructed to move shelf stickers and help participants locate the current milk? • Information gathered from the discussion today will be included in FAQs, also posted on the website. 	<p>Please forward any additional questions, concerns, comments to your assigned Nutrition Consultant. Information can be included in future FAQs for all WIC staff to share.</p>

Next meeting: August 26th, 2014 2-4pm

Minutes respectively submitted by Cheryl Alto