

# LAWN Meeting Minutes August 26, 2014

## 35 participants attending/17 counties represented:

Name	County/ Agency	Name	County/ Agency
Mandy Peterson	Baker (phone)	David Brown	Multnomah
Deborah Pyke	Benton (phone)	Elizabeth Still	Salud
Jill Wright	Clackamas	Kim McGee	State WIC
Sherri Tobin	Deschutes (phone)	Sue Woodbury	State WIC
Janet Harris	Deschutes (phone)	Cheryl Alto	State WIC
Lindsay Grosvenor	Harney/Grant/ Malheur (phone)	Beth Lanham	State WIC
Sandy Ackley	Malheur (phone)	Susan Greathouse	State WIC
Debbie Watson	Jackson (phone)	Karen Bettin	State WIC
Monica Dennis	Jefferson (phone)	Sara Sloan	State WIC
Sue Schiess	Klamath (phone)	Robin Stanton	State WIC
Katey Bosworth	Lane (phone)	Angie Treadwell	Umatilla Morrow H.S. (phone)
Dawn Travelstead	Lincoln (phone)	Tara Olson	Washington
Diane Quiring	Marion (phone)	Lisa Beck	Washington/Mult
Mary Kay Diloreto	Multnomah	Annie Southworth	Washington/Mult
Heidi Suess	Multnomah	Stephanie Hiromura	Washington
Ricki Donato	Multnomah	Tiare Sanna	Washington
Elizabeth Berol-Rinder	Multnomah	Natalie Gavi	OHSU Dietetic Intern
Jan Apland	Multnomah		

## Agenda:

- Local updates
- State updates
- Continuing education presentation: Final food package rule and the role of the WIC RD

## Materials sent prior to the call:

- Agenda
- PowerPoint slides
- Infant formula tracking document
- Sample product denial letter
- Soy beverage job aid
- Medical documentation form

## Materials sent with the minutes:

- Certificate of attendance
- Revised medical documentation form
- 2 documents on milk comparisons (Created by Tara Olson, Washington County)
- NWA position paper on infant formula (provided by Tiare Sanna, NWA local agency rep)
- LAWN calendar 2014-15

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## Key Points Discussed

No.	Topic	Highlights
1	<b>Local agency updates</b>	<p><b><u>Mult Co hire:</u></b> Jan Apland reported a new dietitian, Carrie Fisher, will join Mult Co in September. Carrie is moving to Portland from Washington state.</p> <p><b><u>Mult Co milk donor drop site:</u></b> David Brown reported that Mult Co is working with the Healthy Columbia Willamette Advisory Board to develop guidelines for building in equity to milk collection through disbursement within the NICU's in the area. The hope is the model will become a national model.</p> <p><b><u>Eastern Oregon Feeding Clinic:</u></b> Angie Treadwell reported the feeding team from OHSU/CDRC will be holding a feeding clinic 9/16 and 9/17. This clinic was made possible with grant money from the Intermountain ESD.</p> <p><b><u>UMHS milk drop site:</u></b> Angie reported that UMHS WIC is working with local hospital to become a milk donor drop site. The hospital is paying for all expenses.</p> <p><b><u>Lincoln County WIC updates:</u></b> Dawn Travelstead reported they are preparing for their first prenatal breastfeeding class that they are considering opening up to the community as well as WIC participants; Lincoln WIC is also working with community partners to become a milk donor drop site.</p> <p><b><u>Screening for food security:</u></b> Washington county is currently piloting two questions recommended by the Childhood Hunger Coalition <a href="http://www.oregonfoodbank.org/CHC/index.html">http://www.oregonfoodbank.org/CHC/index.html</a> screening for food insecurity with all categories of WIC participants. Several staff reported that it was hard at first to ask the questions (as it is a sensitive subject) but the outcome has been powerful, no one has refused to answer and several have needed resources ASAP. They are working hard to make sure their resources are ramped up and building more connections in the community to refer participants to resources.</p> <p><b><u>Malheur County</u></b> is preparing for piloting the questions and will be connected with Washington County to discuss staff training, screening and resources.</p>
2	<b>National updates</b>	<p><b><u>NWA update:</u></b> Tiare shared that NWA has released a white paper on infant formula that she will share for distribution with LAWN.</p> <p>One section of the NWA work plan that the local agencies are charged with is the one around participation. The goal of this issue is to increase participation, satisfaction and retention.</p> <p><b>Action:</b> If anyone has identified any areas, activities or technologies that may help to streamline/modernize the enrollment/certification process, or inversely, those that may be hindering or impeding the process please contact Tiare so she can take the ideas/suggestions to the Local Agencies Section of the NWA.</p>

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3	State Updates	<p><b>Health Bites:</b> Online Nutrition education for participants will live September 2<sup>nd</sup>. The look up function to determine if a participant took a course will be working within 1-2 weeks. Information was sent to WIC Coordinators on 8/18/14. Health bites will replace the current online NE.</p> <p><b>Modules:</b> Paper modules of infant formula and infant feeding have been sent out. CPA's have until April 2015 to complete the infant formula module.</p> <p><b>In-service packets:</b> Two in-services: phase one and two for the food package changes, have been sent out. Today's presentation will cover key training elements.</p> <p><b>Formula Reference Guide:</b> The guide has been revised as of June 2014 and is available on-line for viewing, printing. The publication is intended for vendors and is shared with local agencies for consistent messaging and the information can be printed on a 'as-needed' basis. The WIC vendor team decided not to reprint this guide and stores are receiving printed versions of the online document.  <a href="http://public.health.oregon.gov/HealthyPeopleFamilies/wic/Documents/1033-reference-guide.pdf">http://public.health.oregon.gov/HealthyPeopleFamilies/wic/Documents/1033-reference-guide.pdf</a></p> <p><b>New food lists:</b> updated food lists will be mailed out mid-September with implementation date of October 1<sup>st</sup>.</p> <p><b>RD training project:</b> The State WIC office will be creating a dietitian desk manual. We are looking for any tools, resources, procedures you use when training a dietitian new to WIC.</p> <p><b>Action:</b> Please send any resources to Cheryl or Vernita. A local agency workgroup will be created to help with this project-more information to come.</p> <p><b>CE opportunity:</b> The state has purchased the on-line viewing rights to the University of Minnesota Maternal Nutrition Course. The viewing period is a bit later this year, starting in October and closing in December. There is the opportunity to obtain 13.4 continuing education credits- free of charge! Cheryl will send more details and log in information as it comes available.</p> <p><b>Conferences:</b> see the updated calendar of events sent out with the minutes.</p>
4	Pediatric Nutrition Learning Collaborative	<p>The purpose of this group is to identify the appropriate use of oral supplements (like Pediasure) as they pertain to developing healthy and developmentally appropriate eating behaviors in children. The Collaborative is comprised of metro area WIC, clinical, community and industry dietitians. The group has helped inform policies including RD review of the med doc form and changes to the issuance of formulas. Deliverables include the product denial letter and job aid for WIC staff. A literature review has been completed and the next steps include chart reviews, possibly parent focus groups and summary of the literature review. The goal is to develop a paper to disseminate to the health care community on best practices. Cheryl shared the group progress to date with the Oregon Pediatric Nutrition Practice Group in August and will provide an update to LAWN at a future meeting.</p>

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5	<p><b>WIC-Medicaid</b></p> <p><b>CCO Survey</b></p> <p><b>Lactation services stories</b></p>	<p>Cheryl, Sue Woodbury, Susan Greathouse, Bonnie Ranno, Cara Biddlecom from the public health director's office have been meeting with colleagues at the State Medicaid staff, Division of Medical Assistance (DMAP) for over 1 year now. Amanda Timmons, policy analyst is on a job rotation with WIC helping with policy issues around lactation services, breast pumps, and medical formulas. We are drafting a memo from the two state organizations to go to CCOs, enteral companies, discharge planners and DMAP medical providers. The communication is to clarify the coordination of care for medically fragile infants and children and the provision of medical formulas for participants who are tube fed. This work is at a high level and for WIC clinics it will be business as usual. The anticipated change is that WIC clinics will slowly begin to notice that more enteral formulas are being provided by the enteral company and not be requested by WIC. The memo will be shared with WIC clinics when it is sent to community providers. More information will be shared when it becomes available.</p> <p>Another project Amanda Timmons is coordinating is the survey that was sent out to local agencies.</p> <p>Bonnie Ranno recently sent out an email requesting stories regarding lactation services and what you are hearing from women in the clinic.</p> <p><b>Action:</b> Please take time to complete the CCO survey and send in stories.</p>
6	<p><b>Formula tracking document</b></p>	<p>Data on formula issuance was shared. LAWN members shared concerns with the loss of intolerance formulas. Concerns included: impact on caseload, increase use of Alimentum and Nutramigen, HCP prescribing these products without justification, associated fiscal impact on family, wanting a whey-based formula option. There was interest in learning what research has been done regarding long term use of hydrolyzed protein on protein tolerance when switching to cow's milk as well as studies looking at rapid weight gain due to increased intake of hydrolyzed formulas secondary to rapid gastric emptying. There is no plan to bring the intolerance formulas back into the formulary. Emphasized the importance of the RD as care coordinator with HCP, oversight of medical documentation requests, subject matter expert for staff and trainer for discussing normal baby behaviors and developmentally appropriate feeding. Discussed the concern of soy-based formula. Ricki shared experience from Multnomah County where infants on soy formula have been hospitalized due to constipation, impaction, and bowel issues. Several other concerns were expressed about the use of soy-based formulas included isoflavone compounds (phytoestrogens).</p> <p><b>Action:</b> Evidence-based research is needed to support anecdotal experiences and determine best practice. Please share research articles with Cheryl. The state office will compile research as well and report back to LAWN. Formulas will continue to be tracked and trends will be shared with LAWN.</p>

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7	<b>Continuing education presentation</b>	<p>Refer to powerpoint slides.            Highlights/Discussion points:            Changes to milk assignment:</p> <ul style="list-style-type: none"> <li>• Transition appears to be going better than expected in most clinics.               <ul style="list-style-type: none"> <li>-Some reports of increased diarrhea with low fat. Discussion around this included the possibility that stool being firmer with whole milk and now normalizing; increased intake at 1 sitting.</li> <li>-Change is milk has been more of an issue for dads.</li> <li>-Some families have been going with “grandma advice” and changing to evaporated milks or other lower nutrient options if whole milk is not available.</li> </ul> </li> </ul> <p>Changes to medical documentation requirements</p> <ul style="list-style-type: none"> <li>• Implementation date is 10/1/2014</li> <li>• The plan is to share with LAWN, finalize form by 9/1/2014.</li> <li>• Pads of MDF will be sent out to local agencies to share with community HCPs and will remain available on-line as a fillable form. Please remember to fax both sides of the form to HCPs.</li> <li>• Tube feeding question:               <ul style="list-style-type: none"> <li>-Marion County WIC piloted a question in TWIST to gather prevalence data. For a six month period of time, 15 participants were identified, roughly .2% of Marion’s caseload. Based on the low incidence, a universal question in TWIST was determined not to be the best approach. The upcoming inservice will provide training on assigning risk 362 when the check box on the MDF is indicated.</li> </ul> </li> <li>• The final food package ruling supports the RD as the expert to determine supplemental foods with medical formulas. To support this, policies will be changing to support all WIC Nutritionists to be CPAs.</li> <li>• The MDF will be reviewed by the WIC Nutritionist and more training, information will be sent to support this change.</li> </ul> <p><b>Action:</b> Training in-service will be sent out to LAWN for sharing with WIC staff.</p> <p>Soy beverage</p> <ul style="list-style-type: none"> <li>• Shared job aid on issuing soy beverage to children and TWIST requirements on the med doc screen to allow issuance. Additional information regarding soy beverage will be sent later this fall.</li> <li>• Members requested additional information regarding cultural preference, and the nutritional differences of soy vs. milk and milk alternatives.</li> </ul> <p><b>Action:</b> Tara Olson, Washington County WIC compiled nutrient data and this was shared with OWCA. These will be included with the LAWN minutes.</p>

Next meeting: November 25, 2014 2-4pm

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Minutes respectively submitted by Cheryl Alto