

# LAWN Meeting Minutes May 26, 2015

## 42 participants (30 joining by phone)--18 counties represented:

Name	County/ Agency	Name	County/ Agency
Deborah Pyke*	Benton	Tosh Seeman*	Multnomah
Jill Wright*	Clackamas	Amanda Gerson	Multnomah
Julie Aalbers*	Clackamas	Heidi Suess*	Multnomah
Judy Harvey*	Jackson	Inge Daeschel*	Polk
Debbie Mote-Watson*	Jackson	Lynnetta Doellefeld*	Salud
Roopa Puri*	CT Warm Springs/Jefferson	Nicole Grigorieff*	Salud
Sherri Tobin*	Deschutes	Elizabeth Still*	Salud
Janet Harris*	Deschutes	Cheryl Alto	State WIC
Laura Spaulding*	Deschutes	Beth Lanham	State WIC
Katey Bosworth*	Lane	Karen Bettin	State WIC
Heather Rush*	Lane	Vernita Reyna*	State WIC
Inge Daeschel*	Linn	Bonnie Ranno*	State WIC
Cindy Cole*	Linn	Holly Wilkalis	State WIC
Alesha Orton*	Lincoln	Susan Greathouse	State WIC
Vera Yamamoto*	Marion	Diane Arnold*	State WIC
Lindsay Grosvenor*	Malheur/Grant/Harney	Tracie Lord	State WIC/VISTA
Anne Guevara	Mult/Washington	Nancy Ludwig*	Tillamook
MaryKay DiLoreto*	Multnomah	Lisa Beck	Washington/Mult
Kari Fisher	Multnomah	Tara Olson	Washington
Jan Apland Curtis*	Multnomah	Stephanie Hiromura*	Washington
Elizabeth Berol-Rinder*	Multnomah	Roxanne Blanding	Washington

\*Participated by phone

### **Materials sent prior to the call:**

- Agenda
- Pdf of PowerPoint slides for continuing education session
- Research article: Buccigrossi, et al. Functions of intestinal microflora in children. Current Opinion Gastroenterology 2013, 29:31-38

### **Materials sent with the minutes:**

- Certificate of attendance
- FAQ
- Resource list
- Article: A Critical Review of the Marketing Claims of Infant Formula Products in the United States. Clinical Pediatrics, June 2015

# LAWN Meeting Minutes May 26, 2015

Topic	Highlights
<b>Local agency updates</b>	<p><b><u>Multnomah County:</u></b> Elizabeth Berol Rinder is retiring after 20 years of working in WIC, WOW!</p> <p><b><u>Tillamook County:</u></b> Nancy Ludwig will be leaving WIC and moving to Cottage Grove. Nancy has worked in WIC for over 20 years, starting when her daughter was a young girl; her daughter recently had a daughter of her own. A new generation has benefitted from Nancy's knowledge and her time with WIC. Best wishes for your new journey. With Nancy's leaving, Tillamook County will be looking for RD services for 2 days/month.</p> <p><b><u>Washington County:</u></b> Washington County has a new VISTA volunteer, Heather, who will be focusing on outreach, farmer's market and increasing collaboration with community partners.</p> <p><b><u>Jackson County:</u></b> Jackson County is down certifying staff due to promotions and staffing issues. The new building is working out well.</p> <p><b><u>Klamath County:</u></b> Shared picture of Klamath's building. Please send pictures of your WIC clinic- especially new locations to share with LAWN members.</p>

# LAWN Meeting Minutes May 26, 2015

Topic	Highlights
<p><b>State Updates</b></p>	<p><b><u>Training Supervisor’s Forum:</u></b> 19 members of LAWN attended the May 4/5 first-ever Training Supervisor’s Forum held in Portland. The forum was an opportunity to discuss the role of training supervisors, learn new techniques, share resources and to review the Enhanced Nutrition Assessment.</p> <p><b><u>eWIC:</u></b> Moving forward. A message will be sent out by Sue Woodbury within the week.</p> <p><b><u>VISTA Volunteer:</u></b> AmeriCorps VISTA members spend one year in full-time service to address the needs of low-income communities and improve public health. Tracie Stone, VISTA Volunteer with the State WIC office will be working on outreach, screening for food insecurity and collaborations with partner organizations. Washington County also has a VISTA Volunteer, Heather, who will be working on outreach, farmer’s market, connections with the early learning hub and increasing collaboration with partners.</p> <p>Link to more information if your county is interested in hosting a VISTA:  <a href="http://public.health.oregon.gov/Preparedness/SERV-OR/Pages/Vistahostavista.aspx">http://public.health.oregon.gov/Preparedness/SERV-OR/Pages/Vistahostavista.aspx</a></p> <p><b><u>Formula Updates:</u></b> We are still waiting to hear what the bid soy-based infant formula will be. Mead Johnson, our current contract for soy formula, has opted not to continue the contract. That leaves Gerber Soy and Similac Soy Isomil. Some of you might remember that in 2012, Similac had the contract for soy. We currently have approximately 1,200 participants receiving soy in the state-a similar number when we switched manufacturers in 2012. The rationale for using soy formula is limited-primarily as a family preference for vegan diets.</p> <p>There was additional discussion regarding the removal of intolerance-low lactose/partially hydrolyzed formulas (Gerber Gentle, Similac Sensitive). LAWN members stated the following concerns and requested this issue be re-considered by the state WIC office:</p> <ul style="list-style-type: none"> <li>-confusion for health care providers</li> <li>-use of more expensive, extensively hydrolyzed formulas (e.g. Alimentum, Nutramigen) in absence of a partially hydrolyzed formula</li> <li>-confusion among certifiers and use of soy formula inappropriately</li> <li>-staff time spent addressing family concerns of baby behaviors (fussiness, gas, colic, etc)</li> </ul> <p><b><u>Action:</u></b> Cheryl will take LAWN concerns to the State WIC leadership and report back at the next meeting on how to examine concerns as well as evidence-based research on the appropriate use of low lactose/ partially hydrolyzed formulas.</p> <p><b><u>RD training:</u></b> Work continues to improve the LAWN section of the WIC website, hampered somewhat by eWIC. Resources for WIC Nutritionists will be expanded and the LAWN meeting minutes will be a section on the page.</p> <p>Continuing education: University of Minnesota maternal nutrition on-line course has undergone changes to the registration process eliminating the group registration method that Oregon WIC has used for the past five years. Cheryl has contacted the organizers to determine how we can access the program and will request State WIC to sponsor WIC dietitians to obtain CEU for this course.</p>

# LAWN Meeting Minutes May 26, 2015

Topic	Highlights
<b>Meeting Highlights</b>	<p><b>Continuing Education topic:</b> The Microbiome and Its Effect on Health presented by Susan Greathouse, MPH, RD, IBCLC</p> <p>Susan highlighted research from Penny Simkin, Dr. Wendy Abraham, Dr. Pascal Gagneux, and Dr. Sara Love</p> <p>We apologize for the technical difficulties with the webinar and as a result it was not recorded.</p> <p><b><u>Highlights:</u></b></p> <ul style="list-style-type: none"> <li>● Decisions made regarding mode of delivery, actions after birth and infant diet have long term health impacts</li> <li>● Gut microbiome is established early in life. Decisions made (elective c-section, hospital procedures after birth, formula feeding, etc) is linked to chronic diseases/conditions including asthma, obesity, GI conditions and type 1 diabetes.</li> <li>● C-sections has a negative impact on infant’s microbiome as it reduces “seeding” of mother’s microbes that happens during vagina births.</li> <li>● Allowing skin to skin contact and not cleaning the newborn after birth provides exposure to microbiota.</li> </ul> <p><b>Ways WIC supports healthy microbiomes:</b></p> <ul style="list-style-type: none"> <li>-Encourages breastfeeding with pregnant women</li> <li>-Encourages the use of a birth plan and to be proactive of practices/procedures around the birth process</li> <li>-Encourages breastfeeding and no formula in the first month</li> <li>-Encourages/supports women to sustain breastfeeding</li> <li>-WIC food package supports high fiber foods</li> </ul>

Minutes respectively submitted by Cheryl Alto