

# LAWN Meeting Minutes August 25, 2015

## 38 participants (22 joining by phone)-24 counties represented:

Name	County/ Agency	Name	County/ Agency
Mandy Peterson*	Baker	Jan Apland Curtis	Multnomah
Jill Wright	Clackamas	Ricki Donato*	Multnomah
RanDee Anshutz*	Columbia, Coos, Curry, Lake, Wallowa (Remote RD)	Heidi Suess*	Multnomah
Dale Erickson*	Douglas	Inge Daeschel*	Polk
Judy Harvey*	Jackson	Lynnetta Doellefeld*	Salud
Debbie Mote- Watson*	Jackson	Nicole Grigorieff*	Salud
Monica Dennis*	Jefferson	Elizabeth Still	Salud
Sherri Tobin*	Josephine	Ellen Plaia*	Salud
Janet Harris*	Deschutes	Cheryl Alto	State WIC
Theresa Reiter*	Deschutes	Beth Lanham	State WIC
Sue Schiess*	Klamath	Karen Bettin	State WIC
Katey Bosworth*	Lane	Susannah Lowe	State WIC
Cindy Cole*	Linn	Kim McGee	State WIC
Alesha Orton*	Lincoln	Diane Arnold	State WIC
Vera Yamamoto*	Marion	Marjie Dreiseszun	Washington
Lindsay Grosvenor*	Malheur/Grant/Harney	Lisa Beck	Washington/Mult
Anne Guevara	Mult/Washington	Tara Olson	Washington
MaryKay DiLoreto*	Multnomah	Stephanie Hiromura	Washington
Kari Fisher	Multnomah	Roxanne Blanding	Washington

\*Participated by phone

### **Materials sent prior to the call:**

- Agenda
- Case study
- Draft care plan
- I'm Ready participant handout

### **Materials sent with the minutes:**

- Certificate of attendance
- Minutes
- PowerPoint slides
- PediaSure issuance in WIC, 2013-2015
- Article: Abrams, S. Is It Time to Put a Moratorium on New Infant Formulas that Are Not Adequately Investigated? J of Peds March 2015; 166:756-760.

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Topic	Highlights
<b>Local agency updates</b>	<p><b>Salud:</b> Josie Riggall, MPH, RD is a new WIC dietitian working in the Woodburn and Salem clinics, splitting her time between WIC and primary care.</p> <p><b>Josephine County:</b> Sherri Tobin is settling in to her new position in Josephine County splitting her time between WIC (16 hours per week) and primary care for the local CCO, Allcare.</p> <p><b>Umatilla Morrow Head Start:</b> Angie Treadwell is leaving WIC and moving on to OSU extension after 17 years of working for UMHS WIC. We wish her the best and look forward to collaboration opportunities between WIC and extension.</p> <p><b>Tillamook:</b> Arna Vanebo, RD, is the new dietitian in Tillamook County WIC. We look forward to learning more about Arna and welcoming her to LAWN.</p>
<b>State updates</b>	<p><b>Updated TWIST Questionnaires, ENACT (Enhanced Nutrition Assessment Certifier Training):</b>                      The diet questions were updated August 1<sup>st</sup> in TWIST.                      Comments:</p> <ul style="list-style-type: none"> <li>•Like the variations in questions based on age, nice addition to TWIST</li> <li>•Some questions seem to be confusing and others seem similar to others</li> <li>•Would like to see questions repeated in older ages (group response: staff can still ask the questions if they see them as applicable)</li> <li>•Title questions have a space to type in (a function of TWIST that cannot be modified)</li> <li>•Some agencies are using the new diet questionnaire as training concepts for staff (e.g. food safety, mealtimes, feeding relationship, etc.)</li> </ul> <p>The next step for ENACT will be to focus on nutrition education being provided.                      LAWN is represented on the Training Supervisors Forum, which will meet in October and can report back to us at the November LAWN meeting</p>

<p><b>State updates continued</b></p>	<p><b>eWIC:</b>  Linn and Benton counties are on schedule to roll out eWIC on 9/14/15 (and they are doing great so far!) Roll out for the rest of the state will begin in January. We will not be rolling out eWIC during the holiday season at the request of the vendors in Oregon. Information regarding the roll out schedule, the local agency preparation materials and other resources can be found on the website at:  <a href="http://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/wic_staff.aspx">http://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/wic_staff.aspx</a>  It is highly recommended that one person per agency attend the vendor training. The vendor video used in the training is online and can be viewed by WIC staff at:  <a href="https://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/vendorewic.aspx#training">https://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/vendorewic.aspx#training</a></p> <p><b>Food package changes:</b>  The fruit and veggie voucher/benefit for women will be increasing to \$11 starting October 1<sup>st</sup>. It will not show as an option to forecast until that day. No changes to the child's benefit.</p> <p><b>Formula update-- Gerber Soy transition:</b>  Clinics and Vendors were notified in July that the soy bid formula will be changing October 1<sup>st</sup> from Enfamil Prosoabee to Gerber Soy. This impacts around 1200 participants in the state.  <u>Please remember:</u> New infants to WIC: assign Gerber Soy; existing participants: transition from Enfamil Prosoabee on their December vouchers. And before you assign Gerber Soy please walk the grocery aisles and/or call your local retailer to make sure the formula can be found on the shelves. This will save you and your families' time and frustration. (Additional information including a template for communication with health providers was sent on August 28, 2015)</p> <p><b>University of Minnesota distance course:</b>  The state office will be sponsoring WIC dietitians to access the online videos Sept 14<sup>th</sup>-November 30<sup>th</sup>. Cheryl will explore the possibility of viewing a session together at the November meeting. If not possible, we will choose one session to discuss. (Instructions for accessing the course was sent by Cheryl on September 11<sup>th</sup>) Let Cheryl know which topics are of interest or if you experience any difficulty accessing the course-please follow the instructions step by step.</p> <p><b>LAWN meeting dates:</b>  November 24<sup>th</sup>: U of Minnesota course discussion, RD role in formula warehouse orders/eWIC discussion  2016:  February 23: eWIC discussion, RD role in primary care, how it differs from WIC, how to support WIC  May 24: Advanced developmental feeding: assessing picky vs problem eating  Please let me know if it would help to send out the meetings as appointments to get them on your calendars.</p>
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## Meeting Highlights

**Continuing Education topic:** PediaSure as a means to collaborate and discuss feeding practices in WIC  
Presented by Cheryl Alto, MS RD

### Highlights:

- This discussion originated at a LAWN meeting in 2012 when local agencies were receiving increased requests for PediaSure and WIC Nutritionists were questioning the appropriate use of the product.
- Two agencies, Clackamas and Washington County conducted chart reviews and found reasons for issuance varied and guidelines for correct issuance were not clearly defined.
- Lack of clarity around issuance resulted in communication issues and impacted workload-increased calls to health care providers, WIC Nutritionists asking if they could deny issuance if diagnosis did not support its use, etc.
- The Pediatric Nutrition Learning Collaborative started in May 2013 comprised of dietitians from WIC, clinical, community and industry from the metro area.
- Focus is on inappropriate use, over use when PediaSure is not medically indicated but requested by caregivers, providers for picky eaters, inadequate diet, etc. Children who are otherwise healthy but are issued PediaSure for slow growth, short stature, concerns of caregiver, etc.
- Guidance from Abbott states PediaSure is for children experiencing FTT, severe picky eating, disease and/or medication. At the same time, access to the product has been normalized and media ads reflect PediaSure as “A great beginning to your child’s bright future”
- In addition to ads, Abbott has purchased web domains for picky eating and have produced award winning ad campaigns that use hated foods of children (broccoli and eggs are shown in the ad) “to demonstrate the benefit of PediaSure gives this serious issue a light hearted feel”.
- Literature review indicated need to evaluate the use of the term FTT versus malnutrition. More education and discussion on this topic will be brought to a future LAWN meeting.
- An article of interest was written by a local pediatrician, Dr. Art Jaffee. His recommendations included:
  - Growth charts along cannot be used to diagnosis FTT. They do not account of symmetrical fall, muscle tone factors, endocrine disorders.
  - A shifting of percentiles is common in infants and children. His research reported for infants 0-6 month of age: 62% of healthy children shift two major percentiles on weight for length curve and 20-27% shift between 6-24 months of age.
  - data from the results of this study supports the importance of providing nutrition education for parents of preschool children. Parents need reassurance that despite their perceived notions of their child’s eating problems, most children are not negatively impacted in terms of growth and do not require supplementation with formula to boost caloric intake.

### **Data:**

Our efforts have been successful-the issuance has been declining and practice in the community, clinic is changing. At the same time, issuance of PediaSure continues to be significantly higher than comparable products (e.g. for July 2015 533 participants received PediaSure vs. 4 participants receiving Boost Kid Essentials or 10 participants receiving Nutren Junior.

**Outcomes/Deliverables of the Learning Collaborative:**

- The learning collaboration helped to inform practice by recommending:
  - WIC nutritionists to review all medical documentation forms and food package assignments to assure proper formula issuance.
  - WIC nutritionists go through the same training as WIC certifiers.
  - Development of job aids to help certifiers understand the appropriate use of pediatric supplement formulas.
  - template letter for denying use of PediaSure.

**Case study discussion:**

- The case selected was one of 8 charts reviewed by the learning collaborative.
- Growth: overall, there appeared to be more emphasis placed on BMI % than steady weight for age growth curve.
- TWIST growth data considerations:
  - Differences between the weight for age and length for age percentiles on the medical data screen and the growth graphs are a result of how age is calculated. The graphing functionality plots measurements at the participant's exact age while the medical data screen displays percentiles based on rounding the age to the nearest whole month.
- Practice considerations:
  - issue is complex
  - if a participant is not seen by the dietitian at the first issuance of PediaSure what tools can we provide certifiers be educated on proper use of the product?
  - This is an opportunity to assess how WIC staff discuss weight/growth. What is helpful, what is harmful?
  - Important to look at weight for age trending over time as well as BMI and assess critically.
  - Be mindful of how we look at weight trending and how we discuss weight for all sizes (underweight as well as overweight)
  - Take all factors into consideration-what is going on? Feeding relationship, mealtime atmosphere, etc.
  - Think long term-will PediaSure be the solution or will it contribute to the problem?
- LAWN input:
  - It would be easier if whole milk was allowed without issuance of a formula
  - It is nice to know that growth charts are not required to be shared
  - PediaSure is a reliable source of nutrition that can help with chaotic family situations
  - PediaSure helps to avoid conflict with the doctor
  - Additional discussion on feeding problems would be helpful as well as resources to share with families.
  - The care plan/weaning plan needs work-still high literacy. How would we share this with the health care provider?

Please send comments, feedback on materials and information presented to your assigned NC or Cheryl

Minutes respectively submitted by Cheryl Alto