

Thank you for joining the November LAWN meeting—we will start shortly

- ▶ Please remember to keep your phone, computer on mute unless you are speaking
- ▶ If you are able, please type in your name and the names of any others attending with you today
- ▶ If you encounter any technical difficulties, Diane Arnold is on call to handle any issues you might have.
- ▶ Diane: 971-673-0081 or Diane.arnold@state.or.us



Local Agency WIC Nutritionist Meeting

November 27, 2018

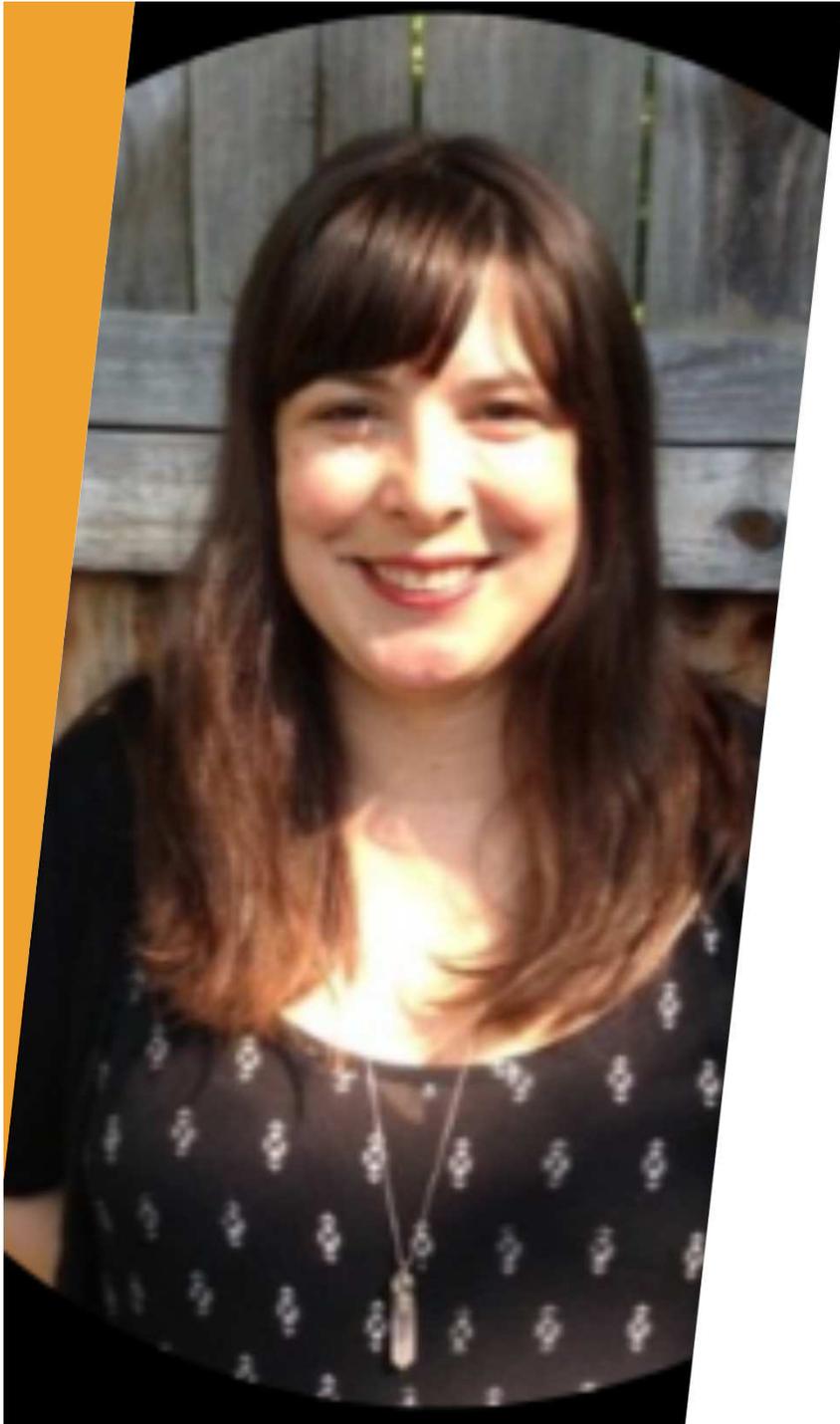
Local Agency updates

- ▶ Staff
- ▶ Location
- ▶ News-staff or participants
- ▶ Training opportunities
- ▶ Other updates



Welcome to WIC Amber Christis, MPH, IBCLC!

- ▶ McMinnville WIC, Salud
- ▶ Relocating from North Carolina
- ▶ Experience working at a small nonprofit in Philadelphia managing a food distribution program and organizing community gardens
- ▶ Had a doula and massage private practice
- ▶ Loves kayaking, traveling, gardening and time with dogs Luka & Margaux





Welcome to WIC Lindsey Kelly, RDN, LD!

- ▶ Completed internship at Oregon State University
- ▶ Joined Synergy Health & Wellness in April 2018
- ▶ Joins Abby and RanDee providing WIC services remotely and onsite services in Crook County
- ▶ Enjoys Bend, Oregon
- ▶ Loves reading books on body positivity and listening to podcasts

Welcome to WIC!

- ▶ Multnomah County:

- ▶ Daniela Matza

- ▶ Perla Castillo

- ▶ Lake County:

- ▶ Tara Geil

- ▶ North Central and Hood River

- ▶ Jillian Bliss





There are many ways to eat and live well...what is right for one person may be completely inappropriate for another...

Theme for National Nutrition Month lacks diversity

State WIC updates

- ▶ Breastfeeding training
- ▶ 2019 Food package
- ▶ Formula
- ▶ 2019 Risk level changes
- ▶ Modules coming in 2019
- ▶ VISTA: Azalea Thomson
- ▶ Research grant
- ▶ LAWN meetings



Breastfeeding training

- ▶ State WIC is registering 22 local agency Breastfeeding Coordinators into an online [lactation course](#).
- ▶ The course will provide 45 hours of lactation training, the minimum state requirement for Breastfeeding Coordinators.
- ▶ Contact Kelly Sibley, State Breastfeeding Coordinator if you have questions.
kelly.e.sibley@state.or.us

February 1st Food Package Changes

▶ Adding:

- ▶ String cheese - 16 oz. package
- ▶ More organic baby food
- ▶ New yogurt choices: adding Chobani Greek Yogurt; adding flavors
- ▶ Coming in March: full tofu package

Removing:

- ▶ Infant rice cereal will be removed due to concerns about high arsenic levels
- ▶ Cereals with artificial dyes: Life and Oatmeal Squares brown sugar

Formula updates

► Formula Comparison Chart

Bid Formula Contract 2019: Comparison of Infant Formulas

Abbott			Mead Johnson			Gerber		
Milk based			Milk Based			Milk Based		
Formula	Size/ Reconstitution Value	Current Stock requirements	Formula	Size/ Reconstitution Value	New Stock requirements	Formula	Size/ Reconstitution Value	New Stock requirements
*Similac Advance	Powder 12.4 oz can RCV: 90	1-2 reg: 0 3-4 reg: 6 5-9 reg: 18 10+ reg: 30	Enfamil Premium Infant	Powder 12.5 oz can RCV: 90		Gerber Good Start Gentle	Powder 12.7 oz can RCV: 90	
*Similac Advance	Concentrate 13 oz can RCV: 26		Enfamil Premium Infant	Concentrate 13 oz can RCV: 26		Gerber Good Start Gentle	Concentrate 12.1 oz box RCV: 24.2	
*Similac Advance	Ready to Feed QT 32 oz can RCV: 32		Enfamil Premium Infant	Ready to Feed QT 32 oz can RCV: 32		Gerber Good Start Gentle	Ready to Feed Four pack 8.45 oz boxes RCV: 33.8	
Pro: casein & whey CHO: lactose Prebiotic: <u>Galactooligosaccharides</u>			Pro: 60% whey; 40% casein CHO: lactose Prebiotics: <u>Galactooligosaccharides (GOS)</u> and <u>polydextrose</u> Contains DHA & ARA			Protein is 100% whey; partially hydrolyzed CHO: 70% Lactose Prebiotic: <u>Galactooligosaccharides</u>		

Formula updates

- ▶ Abbott has reported a short-term low inventory of Similac Sensitive and Similac Spit Up in the 32 oz ready to feed bottle.
- ▶ Currently statewide there are 27 infants on Sensitive and 2 on Spit Up.
- ▶ Contact Beth Lanham Elizabeth.l.Lanham@state.or.us or your assigned Nutrition Consultant if you have a participant having difficulty finding these products.

2019 Risk level changes

- ▶ Currently, there are 5 medium level risks that need to be changed to high when specific criteria are present
- ▶ With the next Risk update in mid-2019, this requirement will change
- ▶ One risk (low hemoglobin) will continue to need manual adjustment of the risk level to high when more than one point below desired levels
- ▶ The other 4 risks will be assigned medium or high risk levels in TWIST that will not need to be manually changed regardless of severity

2019 Risk level changes

- ▶ Overweight and Low maternal weight gain will be medium risk
- ▶ Low birthweight and Pregnancy at a young age will be high risk
- ▶ As always, any specialized need can go to the RD even if the participant's risk level is designated low or medium by TWIST

2019 Modules

- ▶ Starting in 2019, new CPAs will now complete a new learning guide. “Certifier Guide”
 - ▶ All staff will be required to complete certain chapters by April 30, 2019. More information to come in December 2018
- ▶ Nutrition and Diet Risk module will be combined into a streamlined Nutrition Risk Module
- ▶ Arizona has developed a module based on Jane Henig's research: Understanding Toddler Behaviors
- ▶ Responsive Parenting in-service will become a narrated module and hosted on iLearn

VISTA Update from Azalea Thomson

- ▶ Working on increasing redemption of low redeemed foods such as yogurt and soy products by looking at survey data. Based on this data:
 - ▶ Looking into possible collaborations with partners such as Food Hero to assist in full utilization of WIC foods
 - ▶ Exploring development of nutrition education on yogurt and tofu
- ▶ Developing a survey for community action agencies (CAA) in the Community Action Partnership of Oregon to address the gaps and overlaps of nutrition and food services across regions.
 - ▶ Possible findings from this survey include: what services the CAA provides specifically in food and nutrition, their referral system to other food/nutrition services, how established their relationship is with WIC, etc.

Research Updates

- ▶ Dr. Julie Reeder and Dr. Katie Zuckerman are principal investigators on a 2 year CDC grant: Integrating WIC with Early Childhood Systems of Developmental Care
 - ▶ 8 local agency WIC clinics will be involved(4 trial, 4 control)
 - ▶ Study will include training on CDC Learn the Signs, Act Early materials, referral process to Early Intervention (EI), feedback from EI on the referral

LAWN meeting dates

▶ 2019:

- ▶ February 26: Gestational Diabetes
- ▶ May 28: New approach to treating newborns going through withdrawal (Joint presentation with breastfeeding coordinators)
- ▶ August 27: Open
- ▶ November 26: High risk counseling and ethical issues

Gratitude

- ▶ Thank you for your commitment to strengthen the health and resiliency of the families you serve.
- ▶ Thank you for your healing presence; you are a source of compassion and understanding for all around you.

