



**Thank you for joining the  
November 2024  
Local Agency WIC Nutritionists meeting.  
We will begin shortly.**



# Attendance

Please type your name and agency in the chat for attendance purposes. Feel free to share a family tradition you have for this time of year. 🍁





# Agenda

Local Agency Updates

State Updates

5-minute Bio Break

Presentations: WIC and Medicaid,  
MDF Revisions





# Local Agency Updates

- Welcome Sue, Tess and Sierrah!



# Teresa (Tess) Weir, MPH, RD - Salud WIC

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Tess worked for WIC from 1996-1998 in Compton, California and is excited to be back. She has worked in corporate wellness for the last 9 years, has taught college level nutrition and health courses, and acted as a college advisor/recruiter for a paraeducator certificate program. Her hobby job for over 15 years is as a group fitness instructor for formats including Pilates, cycle, yoga and strength training classes.





# Sierrah Williams, MSN, RDN (She/Her) – Marion County WIC

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- I completed my Bachelor's degree, Master's degree, and Dietetic Internship with Brigham Young University in Utah. My master's project was related to student-operated restaurants, and I presented my research as a poster at FNCE.
- I was born and raised in Sweet Home, Oregon. After moving to Utah for ~5 years for school, I am glad to be back in Oregon.
- Outside of work, I love to read, crochet, bake sourdough bread, and go hiking.
- Working at WIC has been my dream job since my WIC rotation during my internship. I'm excited to be able to help mothers and children develop healthy relationships with food.



# Other Local Agency Updates?







# State Updates

- State staff news
- Breastfeeding
- Training
- Food Package timeline
- Formula





## **Happy retirement, Mary!**

Oregon WIC is grateful for your dedication, guidance and humor throughout the years! We will miss you, but we wish you the very best in retirement!



# Breastfeeding Updates

## **Workday Learning self-paced lesson**

Completion time: 5.5 hours

## **Wrap-up webinar**

Offered in January and July

Completion time: 1 hour

*WIC nutritionists can receive CEUs*

A note about  
the  
breastfeeding  
in-service  
slide 7...



# Breastfeeding Updates

Scheduling the next  
WIC DBE meeting



<https://forms.office.com/g/JH8B3HUTqV>





# Training Updates

The Level 2 WIC Breastfeeding Program is available in Workday Learning!

It is about 10 hours in length. CEUs are available for RDs and NDs who complete the program. Contact [WICTraining@oha.oregon.gov](mailto:WICTraining@oha.oregon.gov) if you have questions.





# Reminder!

University of Minnesota National  
Maternal Nutrition Intensive Course  
access expires December 31, 2024.





# Food Package Timeline Update

- Friday, January 24, 2025: Part 1- New Food Package training
- Friday, February 21: Part 2- “How To” TWIST training
- Monday, March 10: New Food Packages available in TWIST Practice
- Tuesday, April 1: New Food package issuance begins
- Tuesday, July 1: New Food packages take effect
- Tuesday, July 1: New Updated WIC Food List released



# Formula Update

- Monthly spreadsheet of formula availability from the Formula Warehouse. Should we continue with it since supply has been good?
- Back of the MDF Form- remove the references to the similarity to Gerber products?

## Oregon WIC Approved Contract and Non-Contract Formulas

The Oregon WIC Nutrition Program is federally required to obtain a contract for standard infant formulas for cost containment. The current contract is with Abbott Nutrition for milk-based and soy-based formulas until 2025.

Infant Formulas	Contract 20 kcal/oz formulas: Do not require medical documentation
Similac Advance	Milk-based, 100% lactose
Similac Soy Isomil	Soy-based, lactose free. Appropriate for vegetarian diet. Not indicated for premature infants
Similac Sensitive	Milk-based, 2% lactose. Similar to Gentlease
Similac Total Comfort	Milk-based, 100% whey protein, partially hydrolyzed, 2% lactose. Similar to Gentlease, Soothe





# **Other State Updates?**





# **Thank you!**

Next LAWN Meeting:

Tuesday, February 25, 2025

via Zoom: 2-4pm