



Thank you for joining the
February 2025
LAWN meeting.

We will begin shortly.



Attendance

Please type your name and agency in the chat for attendance purposes. Feel free to share something that you're looking forward to!



Agenda



Local Agency Updates

State Updates

5-minute bio break

Presentation - *Beyond Picky Eating: Sensory Differences and Avoidant Eating* with Dr. Katja Rowell



Local Agency Updates



Sadie Royes, RD with Union County



A decorative border featuring stylized floral and leaf motifs in shades of brown, tan, and red, framing the central text.

Other local
agency
updates?



State Updates

State staff news

Breastfeeding

Food Package Training

Formula

Christine Shepherd B.S. IBCLC Nutrition Consultant

- I was born and raised in South Africa and completed my Dietetic degree and internship there.
- I started working for Oregon WIC back in 2004 and have filled many roles over the years.
- I love to be outdoors with my husband, Ash, and 2 kids, Hayden and Cohen, having crazy adventures.
- When at home we have fun cuddling all our cute animals: Freckle, Yama, Nibs, and Chewy. And I especially love surrounding myself at home with many potted plants/succulents.



Russell Larsen

Administrative Specialist

- Grew up on the Oregon coast, just south of Tillamook.
- I enjoy any outdoor adventure, large or small. In 2019 I hiked 1500 miles of the Pacific Crest Trail.
- My background consists of 17 years of clinical laboratory experience, including sample processing, testing, and analysis. In addition, I have two years of IT helpdesk experience.
- I've been with the state for two and a half years, recently working at the Oregon State Public Health Laboratory as the Newborn Screening (NBS) kit fulfillment lead, where I oversaw supplying hospitals, birthing centers, and midwives with NBS test kits.



2025 GOLD Learning Online Conference

What: International conference, live and recorded sessions (28.5 CEUs)

When: April 1- July 4, 2025

Who: State WIC can pay for WIC IBCLCs and WIC RDNs to attend

How: Let your WIC coordinator know you are interested in attending

Registration requests due: this Friday, February 28, 2025

WIC coordinators send registration requests to Korina.skaff2@oha.Oregon.gov

WIC coordinators are asked to include the following information with each GOLD registration request:

- First and Last name
- WIC RD and/or IBCLC
- Email address
- Phone number

Food Package Training Updates

In-Service Materials

New Food, More Choice...New TWISTs
(aka: Food Package Training #2)
Release February 25, 2025

Food Package Office Hours

February 26th 9:30-10:30am
March 12th 9:30-10:30am
March 26th 9:30-10:30am

Contact Joan Medlen for info
Joan.E.Medlen@oha.oregon.gov

TWIST Practice Database

Agency log-in information, instructions, and a
few scenarios
Release March 5, 2025
TWIST Practice ready to use: March 10, 2025

Staff food list training and tools

In development:
Quarterly Nutrition Education

Food List information for staff,
participants, and vendors

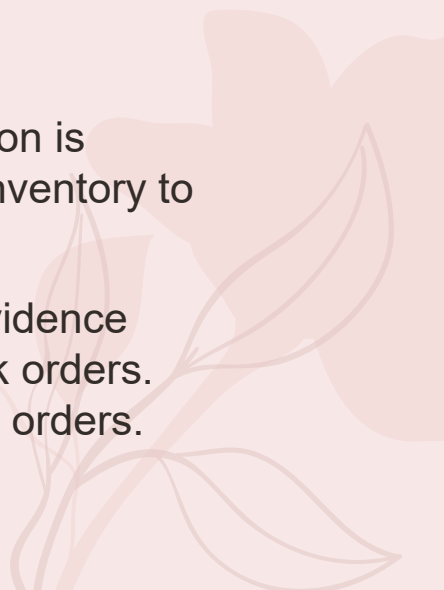
Shopper Education tools






Formula Updates

- Neocate Jr. (unflavored) discontinued – now Neocate Syneo Jr.
 - Neocate Jr. will be removed from our APL
 - Neocate Syneo Jr. is currently on our APL
- Enfacare production is below average currently – Mead Johnson is expecting a large release this week. FW should have enough inventory to fulfill March orders.
- Boost Kid Essentials 1.0 (vanilla) has been on back order. Providence received their shipment earlier this month and has filled all back orders. They hope to receive the next shipment in time to fulfill March's orders.



The image features a light pink background with a decorative border of stylized floral and leaf motifs. The motifs are rendered in black outlines and solid colors of orange and red. In the top-left and bottom-left corners, there are clusters of leaves. In the top-right and bottom-right corners, there are larger floral designs, including a prominent red flower in the center-right. The text is centered in the middle of the image.

Other state
updates or
questions for
state staff?

Thank you!

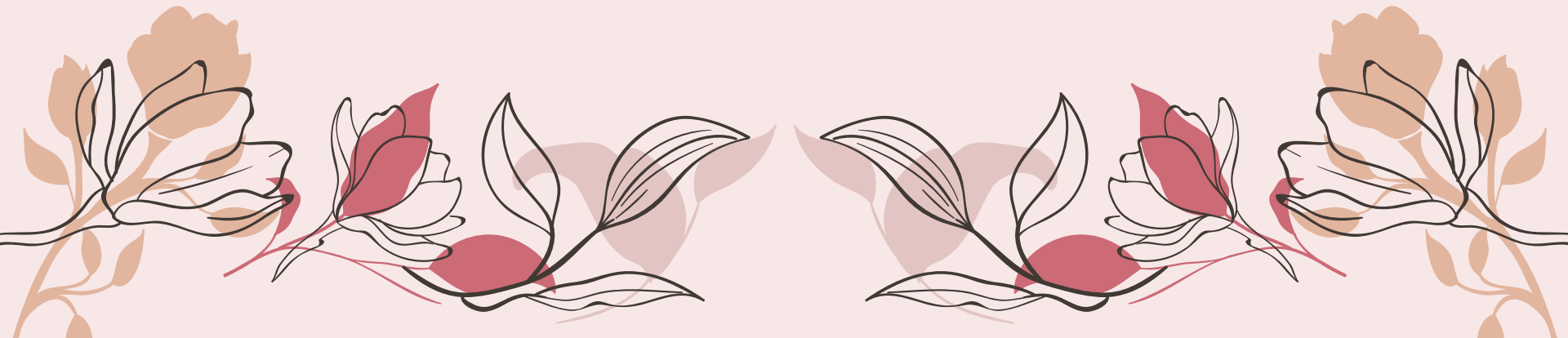
Next LAWN Meeting: Tuesday, May 27th from 2-4pm

Topic ideas or feedback? Please share with Ellen (ellen.r.hill@oha.Oregon.gov)



5-minute Break

When we return - *Beyond Picky Eating: Sensory Differences and Avoidant Eating* with Dr. Katja Rowell





Welcome, Dr. Rowell!

Katja Rowell, M.D. is a family doctor, author and feeding specialist. During her time in primary care practice, she was struck by how much suffering stems from the difficult relationships people have with food and their bodies.

Dr. Rowell has worked in child feeding for over fifteen years. She teaches the importance of responsive feeding and therapies to parents, pediatric feeding specialists, family support specialists and childcare staff, and consults with corporate clients, nutrition educators, and public health providers (and anyone who will listen!).

Dr. Rowell has a special interest in serving fostering and adopting parents as they help their children heal from food insecurity, food trauma, and more. Her [books include](#) *Helping Your Child When Mealtimes are Hard* and *Love Me, Feed Me* (2nd edition). Check out thefeedingdoctor.com and responsivefeedingpro.com for additional information.