



ATTENDANCE

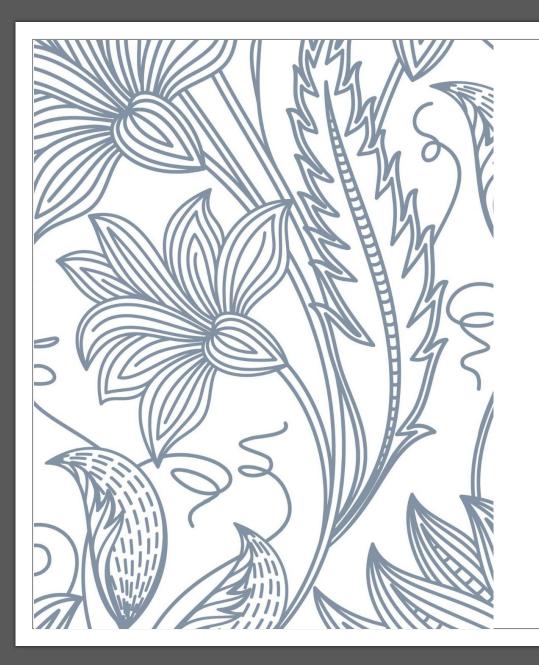
Please type your name and agency in the chat for attendance purposes. Feel free to share your favorite summer dish in the chat!

Today's Agenda

LOCAL AGENCY UPDATES

STATE UPDATES

PRESENTATION - REVISED MDF AND POLICY 765: MEDICAL DOCUMENTATION UPDATE



LOCAL AGENCY UPDATES



Sadie Royes, MS, RD Union County and UMHS

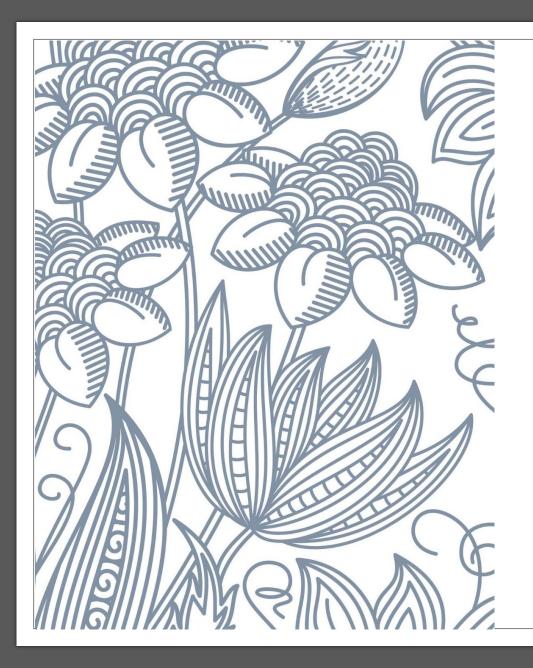
- Born and raised in Imbler/La Grande OR
- Did my undergrad at Oregon State University and my MS/DI through Idaho State in Meridian, Idaho
- Currently a WIC dietitian for both CHD in La Grande and Umatilla Morrow Head Start program
- Some "fun facts" about me- I have two cats, I am getting married next May, I graduated high school with 20 kids in my class, I also play golf!

Kelly Warner, MPH, RD, LD (she/her) Multnomah County

- Kelly has over a decade of experience implementing federally funded and state-administered nutrition programs and improving access to nutrition education, healthy and affordable foods, and quality healthcare services for "low-income, vulnerable communities, including most recently at the USDA Food and Nutrition Services Western Regional Office as a WIC Nutritionist.
- Prior to her role at USDA, Kelly worked as a Program Manager at the Los Angeles County Department of Public Health Nutrition and Physical Activity Program for six years, where she provided programmatic oversight to the ARPA Market Match and Grocery Voucher Programs and coordinated the Los Angeles County Nutrition Action Partnership coalition.
- Kelly received her Master of Public Health from the UCLA Fielding School of Public Health and completed her dietetic internship at the VA Greater Los Angeles Healthcare System. A double Bruin, Kelly holds a Bachelor's Degree in International Development Studies from UCLA.
- Hailing from California, Kelly lives in Northeast Portland with her husband and two dogs. She loves a good book, hiking with her dogs, trying new restaurants and cuisines, and cooking a meal to share with friends.







STATE AGENCY UPDATES

State Updates

WELCOME NEW OREGON WIC STAFF

FORMULA

BREASTFEEDING

TRAINING

NUTRITION EDUCATION

MEDICAID COVERAGE OF MEDICAL FORMULAS



Collette Kokesh, MPH, CHES Public Health Educator

- Training Module Coordinator
- Member of State WIC Training Team
- BS: Nutrition and Health Sciences
- MPH: Health Behavior and Community Health
- Previous experience as a:
 - Program assistant at Food Hero/OSU Extension
 - Intern at Washington, DC WIC
- Grew up in Sisters, OR
- A WIC participant as an infant and child in the late 90s
- Love backpacking, cooking new recipes, and reading



Cora Ives Research Analyst 3

- Centered in Portland
- Lover of Dogs
- Knitter
- Rollerskater
- Karaoke song:Everything She Wants by WHAM!

Formula Updates

- "Formula Safety Talking Points" shared with coordinators and nutritionists via email and posted on Basecamp
- Providence Formula Warehouse- updated formulary on our website
- <u>Formula Warehouse Formulary Job Aid</u> do RDs use this resource? A different resource?
- Updated <u>Job Aid Decision Tree</u>: <u>Infant foods for a child</u> to include medical formula from Medicaid (<u>WIC Staff training webpage</u> under "Food Package" job aids)



Breastfeeding Updates



- GOLD Lactation
 Watch Parties
- WIC Designated
 Breastfeeding
 Expert (DBE)

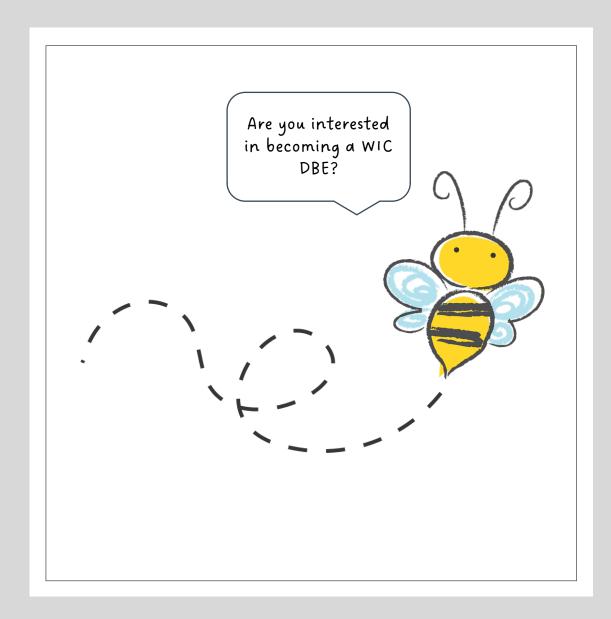
GOLD

Lactation Watch Parties

You are invited!

- Watch Parties are for Oregon WIC staff to attend, only. We are not recording the Team's meetings, and we are asking staff not to record them, either. Handouts for the sessions are not available.
- Continuing Education Units (CEUs) are not available*
- The Watch Parties are on Fridays from 11:00 a.m.-noon. April 11-June 27, 2025
- Complete and submit the post-session survey after attending a Watch Party. The link to the survey will be provided in the meeting's chat.
- Questions and comments from the chat and surveys will be discussed at the July 2025,
 Breastfeeding Coordinator's Quarterly Call.
- Announcing 2 Free GOLD Lactation presentations for the community Keynote Opening Presentation, April 1, 2025
 Keynote Closing Presentation, May 12, 2025

Date	Presentation
May 30	Lactation and Perimenopause: Exploring the Complexities and Implications
June 6	Developing Weaning: A Sensory Approach to a Routine Process
June 13	Resilient Advocacy: Practical Strategies for Breastfeeding Supporters to Thrive Without Burnout.
June 20	Diaper Diagnostics: Decoding Infant Elimination
June 27	Anomalies in Breast Appearance: Not a Barrier to Breastfeeding



WIC DBE Update

We encourage WIC nutritionists to become a WIC DBE, but it is not a requirement.

Next steps:

- Complete the Breastfeeding Training Level 4 in Workday Learning
 - Self-paced lessons
 - Live- Wrap-up webinar- July 30, 2025
- Complete the WIC DBE Form
 - Due May 30, 2025





The WIC DBE role is added to policy 710

October 2024

GROUP

Hosted WIC DBE Listening
Session to announce the
WIC DBE role to LAs and to
receive feedback

September 2024

(3)

GROUP EVENT

Hosted WIC DBE Listening Session follow-up to discuss LA logistics and state support regarding funding and mentoring

February 2025

PROCESS

Develop a plan with local agency breastfeeding coordinators who want to be a WIC DBE but who do not meet the requirements.

Start: August 2025



Bee the change you wish to see!

LAUNCH GROUP EVENT

The first WIC DBE Forum is held to provide space and time for peer-to-peer support and mentorship

Start: November 2025

PROCESS

LA staff who want to be a WIC DBE complete and submit the WIC DBE Form

Start: May 2025



MILESTONE

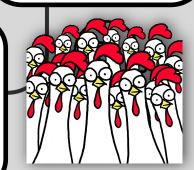
Identify Oregon WIC DBEs. Create a WIC DBE list and a list of future WIC DBEs

Start: June 2025

PROCESS

Create an agenda for the first WIC DBE Forum meeting

Start: September 2025



Training Updates

- Videos available in English, Spanish, and Russian on the New Foods, More Choice web page
 - 5 more languages in development: Ukranian,
 Simplified Chinese, Dari, Vietnamese, Arabic,
 and Marshallese
- Food Package module being revised for staff training.
- What gaps in resources are there for you as WIC Nutritionists?

New Foods, More Choice



This video provides an overview of changes happening to the Food Package beginning July 1, 2025.

Новые продукты, больше выбора



Nuevos alimentos, más opciones



Este video ofrece una visión general de los cambios que se implementarán en el Paquete de Alimentos a partir del 1 de julio del 2025.

WIC Communication Updates

WIC Food Package Communication & Resources

- **Staff webpage** New Foods More Choice page:
 - Monthly newsletters
 - 2025 WIC Food List in Spanish
 - Newer resources
- Starting June 1, the WICShopper app run banner about new WIC foods coming July 1 and link to the videos and participant webpage
- Week of June 9th social media campaign kick off to generate excitement and awareness of the July 1 food package updates
- Early July 1 statewide media release

nilies > Oregon WIC Program > 2025 WIC Food Package: New Foods, More Choice

2025 WIC Food Package: New Foods, More Choice

Oregon WIC Program

Find a WIC clinic or store

WIC staff resource

Shopping with WIC

WIC approved food list

Eligibility guidelines
Resources for partners

Resources for medical provider

Annual report

Program regulations

Contact us

New Foods More Choice Newsletter

- New Foods, More Choice March Newslette
- · New Foods, More Choice April Newsletter
- · New Foods, More Choice May Newsletter

Staff Tools and Trainings

- Food Package Trainings
- 2025 WIC Food List
- 2025 WIC Food List in Spanish
- 2025 WIC Food List Swap Quick Reference Guide (PPT)
- 2025 WIC Food List Swap Quick Reference Guide (PDF)
- Teletask Job Aid: Food Package Quarterly Nutrition Education and Video Sharing Instructions (PDF)
- Tools For Assigning Fresh Fruits and Vegetables to Infants 7-12 Months
- Job Aid: Steps to Assign Infant Fruits and Vegetables
- Nutrition Education Handout: It's Time to Eat! Foods
 For Your Baby (English)
- Nutrition Education Handout: It's Time to Eat! Foods For Your Baby (Spanish)



· Food Package At-A-Glance (PDF)





- Online, self-led course with recorded presentations from live event (7 hours of CEU)
- Oregon WIC will sponsor 25 registrants
- Access to the recordings available
 September 1 through December
 31, 2025

Presentations and Speakers

- + A Multilevel Approach to Improving Breastfeeding Practices
- + The Milky Way: Exploring How Maternal Genetics Shapes Human Milk Composition
- + Staffing, Training, and Roles of WIC Paraprofessionals: Results of a National Review
- GLP-1 Medication Use in Adolescents
- + Ultra-Processed Foods: Challenges for Regulation and Dietary Guidance
- + Smart Eating on a Budget: Extension Tools for Healthier Families

Learn more here!

Nutrition Education

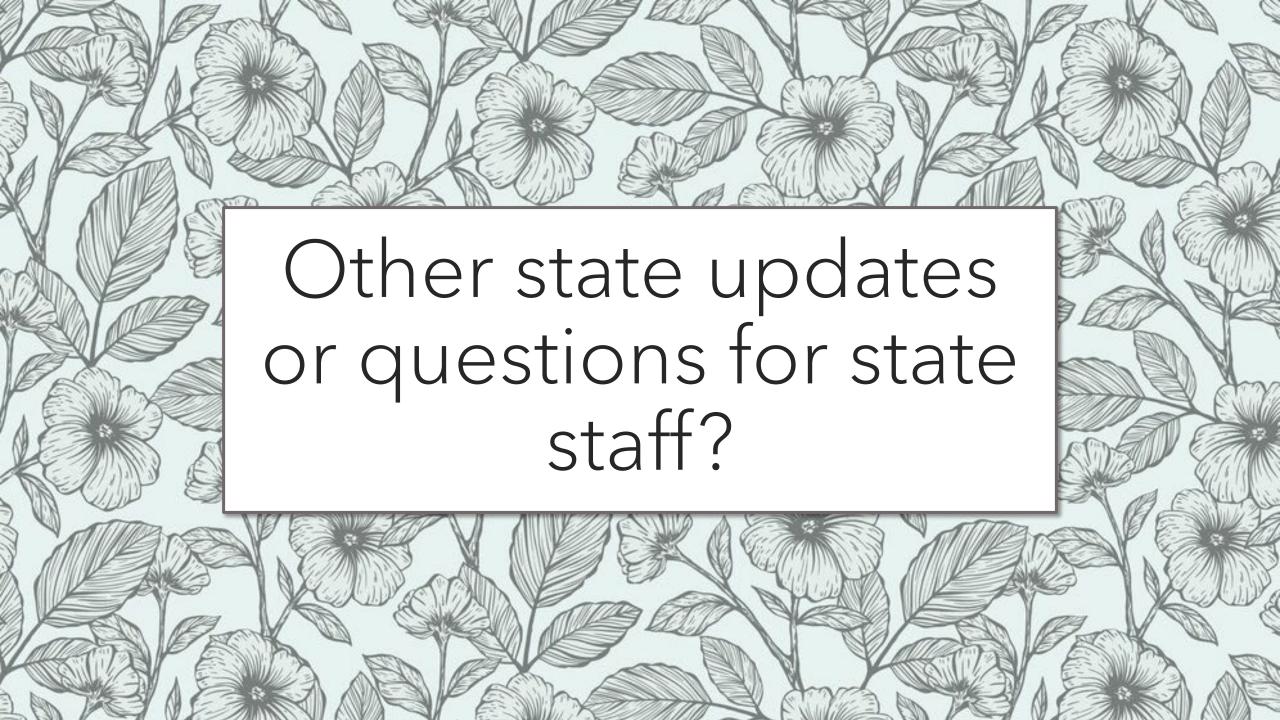
- The new web-based nutrition education materials are very close to being released!
 - Education topics include a father's series, pregnancy, postpartum, infant feeding guide and children's series.
 - Languages include English, Spanish, Russian, Ukrainian, Vietnamese,
 Chinese, Arabic, Dari and Somali
 - The next phase of this project will be print materials in English and Spanish- more to come!



Medicaid Coverage of Medical Formulas

- Presented to CCO Medical and Pharmacy Directors
- Updating our resources as needed <u>FAQ for LAs</u> (<u>FAQ for HCPs</u> update in progress)
- Meeting with clinical RDs to discuss changes
- Possible future formula listening session hosted by OHA invitation to follow

What questions or cases would you like to discuss?





Thank you!

Next Meeting:

- Annual joint LAWN-BFC meeting
- Tuesday, August 26th from 2-4pm
- Topic: Supporting the Premature Infant

Topic ideas or feedback? Please share!

(ellen.r.hill@oha.Oregon.gov)

5-MINUTE BIO BREAK

When we return - Presentation: Revised MDF and Policy 765: Medical Documentation Update

