

Pregnant Food Package (WP)

Who qualifies for this package?

Participants who are pregnant with one fetus.

What needs to happen:

- Discuss food package with participant
- Provide participant with information about:
 - Food category maximums,
 - Tailoring vs Swap options.
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Pregnant Food Package (WP)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Fruits & Vegetables (FVB)	\$50	\$50	*Swap \$3 FVB for 1 Juice *1 Juice = 64 oz or 11.5-12 oz frozen juice	\$50 FVB 1 Juice
Whole Grains	48 oz	24 oz		
Fat Free or 1% Milk	3 gal (12 qt)	1.5 gal (6 qt)	<ul style="list-style-type: none"> Lactose-free milk Goat milk Soy and Plant Beverage *Evaporated or dry milk Tofu: 1 qt Milk = 1 lb tofu Yogurt: 1 qt Milk = 1 ctr yogurt 	16 qt, if no yogurt or cheese All milk can be replaced by tofu, up to the milk max if no other dairy is selected
Cheese	1 lb	1 lb	Milk: 1 lb cheese for 3 qts Milk	1 lb

Pregnant Food Package (WP)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Low or nonfat Yogurt 32 oz = 1 ctr	1 ctr	1 ctr	Milk: 1 ctr yogurt for 1 qt milk	2 ctr
Eggs	1 doz	1 doz	1 dozen eggs can be replaced with 1 ctr Peanut, Nut and Seed Butter or Beans	1 doz
Peanut, Nut, and Seed Butters or Bean 1 ctr is one of the below: <ul style="list-style-type: none"> 18 oz Peanut, Nut and Seed Butter 16 oz dry Beans 4 cans beans (15-16 oz)	1 ctr	1 ctr		1 ctr 2 ctr if swapping Eggs for Peanut, Nut, and Seed Butters or Beans

Pregnant Food Package (WP)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Beans 1 ctr is one of the below: <ul style="list-style-type: none"> • 16 oz dry or • 4, 15-16 oz canned 	1 ctr	1 ctr		1 ctr
Fish	10 oz	5 oz		
Hot or Cold Cereal	36 oz	18 oz		

Fully Breastfeeding Food Package (WE)

Who qualifies for this package?

1. Fully breastfeeding participants (up to 1 year post-partum) whose infants do not receive formula from the WIC Program.
2. Participants mostly breastfeeding multiple infants.
3. Pregnant participants who are also fully or mostly breastfeeding an infant.

What needs to happen:

- Discuss food package with participant.
- Provide participant with information about:
 - Food category maximums,
 - Tailoring vs Swap options.
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Fully Breastfeeding Food Package (WE)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Fruits & Vegetables (FVB)	\$55	\$55	*Swap \$3 FVB for Juice. *1 Juice = 64 oz or 11.5-12 oz frozen juice	\$55 FVB 1 juice
Whole Grains	48 oz	24 oz		
Fat Free or 1% Milk	3 gal (12 qt)	1.5 gal (6 qt)	<ul style="list-style-type: none"> Lactose-free milk Goat milk Soy and Plant Beverage *Evaporated or dry milk Tofu: 1 qt Milk = 1 lb tofu Yogurt: 1 qt Milk = 1 ctr yogurt Cheese: 3 qt Milk = 1 lb cheese 	16 qt, if no yogurt or cheese All milk can be replaced by tofu, up to the milk max if no other dairy is selected
Cheese	1 lb	1 lb	Milk: 1 lb cheese for 3 qts milk	2 lb

Fully Breastfeeding Food Package (WE)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Low or nonfat Yogurt 32 oz = 1 ctr	1ctr	1ctr	Milk: 1 yogurt for 1 qt milk	2 ctr
Eggs	2 doz	1 doz	1 dozen eggs can be replaced with 1 ctr Peanut, Nut and Seed Butter or Beans	2 doz
Peanut, Nut, and Seed Butter or Bean 1 ctr is one of the below: <ul style="list-style-type: none"> 18 oz Peanut, Nut and Seed Butter 16 oz dry Beans 4 cans beans (15-16 oz) 	1 ctr	1 ctr		1 ctr 3 ctr if swapping Eggs for Peanut, Nut, and Seed Butter or Beans

Fully Breastfeeding Food Package (WE)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Beans 1 ctr is one of the below: <ul style="list-style-type: none"> • 16 oz dry or • 4, 15-16 oz canned 	1 ctr	1 ctr		1 ctr
Fish	20 oz	10 oz		
Hot or Cold Cereal	36 oz	18 oz		

Fully Breastfeeding Multiples Food Package (WE-M)

Who qualifies for this package?

Adults who are fully breastfeeding two or more infants.

The fully breastfeeding multiples food package is issued in Odd Month and Even Month. This balances the \$FVB for juice every other month.

What needs to happen:

- Discuss food package with participant.
- Provide participant with information about:
 - Food category maximums,
 - Tailoring vs Swap options.
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Women Fully Breastfeeding Multiples

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Fruits & Vegetables (FVB)	Odd Months \$84	\$84	*Odd Months: \$6 FVB for Juice *Even Months: \$3 FVB for Juice *\$3 = 1 Juice *1 Juice = 64 oz or 11.5-12 oz frozen juice	\$84 FVB Odd Month: 2 Juice Even Month: 1 Juice
	Even Months: \$81			
Whole Grains	72 oz	36 oz		
Fat Free of 1% Milk	4.25 gal (17 qt)	2.25 gal (9 qt)	<ul style="list-style-type: none"> Lactose-free milk Goat milk Soy and Plant Beverage *Evaporated or dry milk Tofu: 1 qt Milk = 1 lb tofu Yogurt: 1 qt Milk = 1 ctr yogurt 	24 qt, if no yogurt or cheese All milk can be replaced by tofu, up to the milk maximum if no other dairy is selected
Cheese	2 lb	1 lb	Milk: 1 lb cheese for 3 qts milk	2 lbs

Women Fully Breastfeeding Multiples

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Low or nonfat Yogurt 32 oz = 1 ctr	1 ctr	1 ctr	1 ctr yogurt for 1 qt milk	2 ctr
Eggs	3 doz	2 doz	1 dozen eggs can be swapped for 1 ctr Peanut, Nut, or Seed Butter or Beans	3 doz
Peanut, Nut, and Seed Butters or Beans 1 ctr is one of the below: <ul style="list-style-type: none"> 18 oz Peanut, Nut and Seed butters 16 oz dry beans 4 cans beans (15-16 oz) 	Odd Month: 2 ctr	1 ctr		Odd month: 2 ctr Even Month: 1 ctr
	Even Month: 1 ctr			5 ctr max for the odd month / 4 ctr max for the even month, if swapping all eggs for Peanut, Nut, or Seed Butters or Beans

Women Fully Breastfeeding Multiples

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Beans 1 ctr is <ul style="list-style-type: none"> • 16 oz dry or • 4, 15-16 oz canned 	2 ctr	1 ctr		2 ctr
Fish	30 oz	15 oz		
Hot or Cold Cereal	54 oz	27 oz		

Mostly Breastfeeding Food Package (WB)

Who qualifies for this package?

1. Mostly breastfeeding participant: A breastfeeding participant who is one month to one year postpartum, whose infant receives infant formula from WIC up to the maximum provided for a mostly breastfeeding infant:
 - 0-3 months – 1 can up to 4 cans
 - 4-6 months – 1 can up to 5 cans
 - 7-12 months – 1 can up to 4 cans
2. A participant who is pregnant with multiples.

What needs to happen:

- Review infant food package and assign Mostly Breastfeeding food package, if necessary.
- Discuss food package with participant.
- Provide participant with information about:
 - Food category maximums
 - Tailoring or Swap options
- Document discussions as Food Package Nutrition Education
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635)

Mostly Breastfeeding Food Package (WB)

Food Category	Standard	Partial	Tailoring (done by staff) *Tailoring (can be done by clerk)	Maximums
Fruits & Vegetables (FVB)	\$55	\$55	*Swap \$3 FVB for Juice. *1 Juice = 64 oz or 11.5-12 oz frozen juice	\$55 FVB 1 Juice
Whole Grains	48 oz	24 oz		
Fat Free or 1% Milk	3 gal (12 qt)	1.5 gal (6 qt)	<ul style="list-style-type: none"> Lactose-free milk Goat milk Soy and Plant Beverage *Evaporated or dry milk Tofu: 1 qt Milk = 1 lb tofu Yogurt: 1 qt Milk = 1 ctr yogurt	16 qt, if no yogurt or cheese All milk can be replaced by tofu, up to the milk max if no other dairy is selected
Cheese	1 lb	1 lb	Milk: 1 lb cheese for 3 qts milk	1 lb

Mostly Breastfeeding Food Package (WB)

Food Category	Standard	Partial	Tailoring (done by staff) *Tailoring (can be done by clerk)	Maximums
Low or nonfat Yogurt 32 oz = 1 ctr	1 ctr	1 ctr	Milk: 1 ctr yogurt for 1 qt milk	2 ctr
Eggs	1 doz	1 doz	1 dozen eggs can be replaced with 1 ctr Peanut, Nut, and Seed Butter or Beans	1 doz
Peanut, Nut, and Seed Butters or Beans 1 ctr is one of the below: <ul style="list-style-type: none"> 18 oz Peanut, Nut and Seed Butter 16 oz dry Beans 4 cans beans (15-16 oz) 	1 ctr	1 ctr		1 ctr 2 ctr if swapping Eggs for Peanut, Nut, and Seed Butters or Beans

Mostly Breastfeeding Food Package (WB)

Food Category	Standard	Partial	Tailoring (done by staff) *Tailoring (can be done by clerk)	Maximums
Beans 1 ctr is one of the below: <ul style="list-style-type: none"> • 16 oz dry or • 4, 15-16 oz canned 	1 ctr	1 ctr		1 ctr
Fish	15 oz	8 oz		
Hot or Cold Cereal	36 oz	18 oz		

Postpartum Non-Breastfeeding (WN) and Some Breastfeeding Food Package (WBN)

Who qualifies for this package?

1. A participant
 - who meets the definition for “some breastfeeding” breastfeeding participant for the infant’s first six months,
 - who is (up to 6 months postpartum),
 - whose infant is receiving formula in the amounts that meet the definition for “some breastfeeding”
0-3 mo = 5-8 cans of formula, 4-6 mo = 6-9 cans (see [Policy 769: Assigning WIC Food Packages](#))
2. A participant who is not breastfeeding and is less than 6 months postpartum.

What needs to happen:

- Discuss food package with participant
- Provide participant with information about:
 - Food category maximums
 - Tailoring vs Swap options
- Document discussions as Food Package Nutrition Education
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635)

Postpartum Non-Breastfeeding and Some Breastfeeding (WN/WBN)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Fruits & Vegetables (FVB)	\$50	\$50	*Swap \$3 FVB for Juice. *1 Juice = 64 oz or 11.5-12 oz frozen juice	\$50 FVB 1 Juice
Whole Grains	48 oz	24 oz		
Fat Free or 1% Milk	3 gal (12 qt)	1.5 gal (6 qt)	<ul style="list-style-type: none"> Lactose-free milk Goat milk Soy and Plant Beverage *Evaporated or dry milk Tofu: 1 qt Milk = 1 lb tofu Yogurt: 1 qt Milk = 1 ctr yogurt 	16 qt, if no yogurt or cheese All milk can be replaced by tofu, up to the milk max if no other dairy is selected
Cheese	1 lb	1 lb	Milk: 1 lb cheese for 3 qts milk	1 lb

Postpartum Non-Breastfeeding and Some Breastfeeding (WN/WBN)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Low or nonfat Yogurt 32 oz = 1 ctr	1 ctr	1 ctr	Milk: 1 ctr yogurt for 1 qt milk	2 ctr
Eggs	1 doz	1 doz	1 dozen eggs can be swapped for 1 ctr Peanut, Nut, and Seed Butter or Beans	1 doz
Peanut, Nut, or Seed Butters and Bean 1 ctr is one of the below: <ul style="list-style-type: none"> 18 oz Peanut, Nut and Seed Butter 16 oz dry Beans 4 cans beans (15-16 oz) 	1 ctr	1 ctr		1 ctr 2 ctr if swapping Eggs for Peanut, Nut, and Seed Butters or Beans
Fish	10 oz	5 oz		

Postpartum Non-Breastfeeding and Some Breastfeeding (WN/WBN)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Hot or Cold Cereal	36 oz	18 oz		

Infant – Fully Breastfeeding 0-12 Months (IE)

Who qualifies for this package?

A breastfeeding infant who is up to one year of age and does not receive infant formula from WIC.

What needs to happen:

- Discuss food package with participant
- Provide participant with information about:
 - Food category maximums
 - Tailoring vs Swap options
- Document discussions as Food Package Nutrition Education
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635)

Infants – Fully Breastfeeding 0-11 Months (IE)

Age	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
0-3 months				
4-6 months				
7-12 months	128 oz Jarred Fruits and Vegetables	64 oz	<p>Jarred fruit and vegetable baby food benefit can be:</p> <ul style="list-style-type: none"> • 128 oz of jarred fruit & vegetable baby food • 64 oz of jarred fruit & vegetable baby food and \$11 FBV for fresh, frozen or canned fruits and vegetables • 0 oz of jarred fruit & vegetable baby food and \$22 FVB for fresh, frozen or canned fruits and vegetables 	128 oz jarred food or \$22 FVB

Infants – Fully Breastfeeding 0-11 Months (IE)

Age	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
7-12 months	16 oz Cereal	8 oz		16 oz
	40 oz Meats	20 oz		40 oz

Infant – Mostly Breastfeeding Food Package (IB)

Who qualifies for this package?

A breastfeeding infant less than one year of age that also receives formula from WIC, up to the maximum amount by age:

- 0-3 months – 1 can up to 4 cans
- 4-6 months – 1 can up to 5 cans
- 7-12 months – 1 can up to 4 cans

What needs to happen:

- Discuss food package with the participant's caregiver.
- Provide participant with information about:
 - Food category maximums,
 - Tailoring vs Swap options,
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Infants – Mostly Breastfeeding 0-12 Months (IB)

Age	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
0-3 months	1-4 cans	* CPA assigns	*Powder to liquid concentrate and vice versa	
4-6 months	1-5 cans	* CPA assigns	*Powder to liquid concentrate and vice versa	
7-12 months	1-4 cans	* CPA assign	*Powder to liquid concentrate and vice versa	
	128 oz Jarred Fruits and Vegetables	64 oz	Jarred fruit and vegetable baby food benefit can be: <ul style="list-style-type: none"> • 128 oz of jarred fruit and vegetable baby food • 64 oz of jarred fruit and vegetable baby food and \$11 	128 oz jarred food or \$22 FVB

Infants – Mostly Breastfeeding 0-12 Months (IB)

Age	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
7-12 months			FBV for fresh, frozen or canned fruits and vegetables. <ul style="list-style-type: none"> 0 oz of jarred fruit & vegetable baby food and \$22 FVB for fresh, frozen or canned fruits and vegetables 	
	8 oz Cereal	8 oz		8 oz

* There are no standard food template amounts for infant formula in the “Mostly Breastfeeding” category. The amount of formula each infant receives will vary based on the breastfeeding assessment and must be assigned by the CPA.

Infant Some Breastfeeding Food Package (IBN)

Who qualifies for this package?

A breastfeeding infant less than one year of age that also receives formula from WIC, up to the maximum amount by age:

- 0-3 months – 5 Up to 8 cans
- 4-6 months – 6 Up to 9 cans
- 7-12 months – 5 Up to 6 cans

What needs to happen:

- Discuss food package with participant's caregiver.
- Provide participant with information about:
 - Food category maximums
 - Tailoring vs Swap options
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Infants – Some Breastfeeding 0-12 Months (IBN)

Age	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
0-3 months	5-8 cans	* CPA assigns	*Powder to liquid concentrate and vice versa	
4-6 months	6-9 cans	* CPA assigns	*Powder to liquid concentrate and vice versa	
7-12 months	5-6 cans	* CPA assigns	*Powder to liquid concentrate and vice versa	
	128 oz Jarred Fruits and Vegetables	64 oz	Jarred fruit and vegetable baby food benefit can be: <ul style="list-style-type: none"> • 128 oz of jarred fruit & vegetable baby food • 64 oz of jarred fruit & vegetable baby food and \$11 FBV for fresh, frozen or canned fruits and vegetables 	128 oz jarred food or \$22 FVB

Infants – Some Breastfeeding 0-12 Months (IBN)

Age	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
7 - 12 months			<ul style="list-style-type: none"> 0 oz of jarred fruit & vegetable baby food and \$22 FVB for fresh, frozen or canned fruits and vegetables 	
	8 oz Cereal	8 oz		8 oz

* There are no standard food template amounts for infant formula in the “Some Breastfeeding” category. The amount of formula each infant receives will vary based on the breastfeeding assessment and must be assigned by the CPA.

Infant Non-Breastfeeding 0-12 Months (IN)

Who qualifies for this package?

An infant who is not breastfeeding and is up to one year of age can receive this food package of infant formula.

What needs to happen:

- Discuss food package with participant's caregiver.
- Provide participant with information about:
 - Food category maximums,
 - Tailoring vs Swap options.
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Infants – Not Breastfeeding 0-12 Months (IN)

Age	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
0-3 months	9 cans	5 cans	*Powder to liquid concentrate and vice versa	9 cans
4-6 months	10 cans	5 cans	*Powder to liquid concentrate and vice versa	10 cans
7-12 months	7 cans	4 cans	*Powder to liquid concentrate and vice versa	7 cans
	128 oz Jarred Fruits and Vegetables	64 oz	Jarred fruit and vegetable baby food benefit can be: <ul style="list-style-type: none"> • 128 oz of jarred fruit and vegetable baby food • 64 oz of jarred fruit & vegetable baby food and \$11 FBV for fresh, frozen or canned fruits and vegetables • 0 oz of jarred fruit & vegetable baby food and \$22 FVB for fresh, frozen or canned fruits and vegetables 	128 oz jarred food or \$22 FVB
7-12 months	8 oz Cereal	8 oz		8 oz

Child 13-23 months Food Package (C1)

Who qualifies for this package?

Children ages 13-23 months are eligible to receive this food package. Children 13-23 month receive whole milk and whole milk yogurt as the standard.

What needs to happen:

- Discuss food package with participant.
- Provide participant with information about:
 - Food category maximums,
 - Tailoring options.
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Child 13 – 23 Months (C1)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximums
Fruits & Vegetables (FVB)	\$29	\$29	*Swap \$3 FVB for Juice *1 Juice = 64 oz or 11.5-12 oz frozen juice	\$29 FVB 1 Juice
Whole Grains	24 oz	16 oz		
Whole Milk	2 gal (8 qt)	1 gal (4 qt)	<ul style="list-style-type: none"> Lactose-free milk Goat milk Soy and Plant Beverage *Evaporated or dry milk Tofu: 1 qt Milk = 1 lb tofu Yogurt: 1 qt Milk = 1 ctr yogurt 	12 qt, if no yogurt or cheese All milk can be replaced by tofu, up to the milk maximum if no other dairy is selected

Child 13 – 23 Months (C1)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximums
Cheese	1 lb	1 lb	Milk: 1 lb cheese for 3 qts milk	1 lb
Whole Milk Yogurt 32 oz = 1 ctr	1 ctr	1 ctr	Low fat-yogurt Milk: 1 ctr yogurt for 1 qt milk	2 ctr
Eggs	1 doz	1 doz	1 dozen eggs can be replaced for 1 ctr Peanut, Nut, and Seed Butter or Beans	1 doz

Child 13 – 23 Months (C1)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximums
Peanut, Nut, and Seed Butters or Bean 1 ctr is one of the below: <ul style="list-style-type: none"> • 18 oz Peanut, Nut and Seed butters • 16 oz dry Beans • 4 cans beans (15-16 oz) 	1 ctr	1 ctr		1 ctr 2 ctr if swapping Eggs for Peanut, Nut, and Seed Butters or Beans
Fish	6 oz	3 oz		
Hot or Cold Cereal	36 oz	18 oz		

Child 24 – 60 Month Food Package (C2)

Who qualifies for this package?

Children ages 24-60 months are eligible to receive this food package. Children 24-60 month receive fat free or 1% milk and low fat or nonfat yogurt as the standard.

What needs to happen:

- Discuss food package with participant.
- Provide participant with information about:
 - Food category maximums,
 - Tailoring vs Swap options.
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Child 24-60 Months (C2)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Fruits & Vegetables (FVB)	\$29	\$29	*Swap \$3 FVB for Juice *1 Juice = 64 oz or 11.5-12 oz frozen juice	\$29 FVB 1 Juice
Whole Grains	24 oz	16 oz		
Fat Free or 1% Milk	2.5 gal (10 qt)	1.25 gal (5 qt)	<ul style="list-style-type: none"> Lactose-free milk Goat milk Soy and Plant Beverage *Evaporated or dry milk Tofu: 1 qt Milk = 1 lb tofu Yogurt: 1 qt Milk = 1 ctr yogurt 	14 qt, if no yogurt or cheese All milk can be replaced by tofu up to the milk max if no other dairy is selected
Cheese	1 lb	1 lb	Milk: 1 lb cheese for 3 qts Milk	1 lb

Child 24-60 Months (C2)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Low or nonfat Yogurt 32 oz = 1 ctr	1 ctr	1 ctr	Milk: 1 ctr yogurt for 1 qt milk	2 ctr
Eggs	1 doz	1 doz	1 dozen eggs can be replaced with 1 ctr Peanut, Nut, and Seed Butter or Beans	1 doz
Peanut, Nut, and Seed Butters or Bean 1 ctr is one of the below: <ul style="list-style-type: none"> • 18 oz Peanut, Nut and Seed butters • 16 oz dry beans • 4 cans beans (15-16 oz) 	1 ctr	1 ctr		1 ctr 2 ctr if swapping Eggs for Peanut, Nut, and Seed Butters or Beans
Fish	6 oz	3 oz		

Child 24-60 Months (C2)

Food Category	Standard	Partial	Tailoring (done by CPA) *Tailoring (can be done by clerk)	Maximum
Hot or Cold Cereal	36 oz	18 oz		