

## 2-5 Providing Participant Centered Education Online Course – Introduction Module

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WIC staff strive to keep the participant’s strengths, needs, and wants at the center of everything we offer. In WIC we call this providing Participant Centered Education (PCE) or Participant Centered Services (PCS).

You will complete a 10-part online course that covers this in detail. The introduction module of the course gives a good overview of what a certification appointment might look like. You will complete the other 9 modules of this course in Lesson 3-2.

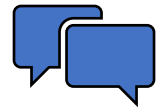
### What you need to do

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1. If this is your first online course, check with your training supervisor if you have any questions about accessing this module on the [iLearn website](#).
2. Work with your training supervisor to determine a time to complete the introduction module of the [Providing Participant Centered Education](#) online course. It takes less than 30 minutes to view.  
Date and time \_\_\_\_\_
3. Login to [iLearn](#) using your account. Type **WIC** in the Search function and select [Providing Participant Centered Education – Introduction](#).
4. Complete the [Providing Participant Centered Education – Introduction](#) module only and complete the learning activities.
5. Make note of any questions or concerns you have about information in the module.
6. Schedule a time to discuss what you learned with your training supervisor using the ***Talk it over*** section below.  
Date and time \_\_\_\_\_

## Talk it over

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1. Review your notes and ask any questions you have about the course.
2. Thinking about the 4 roles specific to WIC certifiers, what did you notice in the video? What assessment or nutrition-focused counseling did you see?
3. Where in the WIC customer lifecycle would you think this participant was?
4. What kinds of information did the certifier gather when talking to the participant?
5. How does what you saw when you viewed this online course compare to what you have observed in the WIC clinic?

## References

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Here is a [Comparison of Nutrition Education Approaches in WIC](#).

