

4-11 Nutrition Risk Module – Chapter 4 Pregnant Women

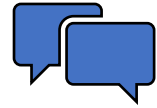
Chapter 4 of the *Nutrition Risk* module covers risks that apply only to pregnant women.

What you need to do



1. Work with your training supervisor to determine a time to complete Chapter 4 of the *Nutrition Risk* module. It takes about 1.0 hours to complete.
Date and time _____
2. The *Nutrition Risk* training module is formatted as a pen and paper module. You can read it in electronic form from [our website](#) to take advantage of links, or you can print off a copy, or you can ask your training supervisor to order you a hard copy from [Shopify](#).
3. Complete Chapter 4 of the *Nutrition Risk* training module, learning activities, and post-test.
4. Make note of any questions or concerns you have about information in the module.
5. Schedule a time to discuss what you learned with your training supervisor using the *Talk it over* section below.
Date and time _____

Talk it over



1. Review your notes and ask any questions you have about this chapter.
2. What are some of the most common risks associated with pregnancy?
3. What happens if you identify risks at appointments other than certifications?