## 4-15 Responsive Parenting and WIC online course

The Responsive Parenting online course focuses on helping WIC staff understand parenting dynamics and supporting family relationships. This course identifies what influences parenting behaviors, styles of parenting, how parenting affects children's development. You must complete this training before certifying children.

## What you need to do



1.	Work with your training supervisor to determine a time to
	complete the Responsive Parenting and WIC online course. It
	takes about 1.5 hours to complete.

Date and time\_\_\_\_

- 2. Complete the Responsive Parenting and WIC. online course, learning activities and posttest.
- 3. Make note of any questions or concerns you have about information in the course.
- 4. Schedule a time to discuss what you learned with your training supervisor using the *Talk it over* section below.

Date and time

## Talk it over



- 1. Review your notes and ask any questions you have about the course.
- 2. What are some examples of parenting styles you have observed at your clinic?

3. What are 3 ways you can model responsive parenting techniques when interacting with a child or toddler?

4. What are the most common parenting questions you are likely to hear in your area?

## References



Center on the Developing Child - from Harvard University

<u>Vroom</u> – Brain building games

Oregon Parenting Education Collaborative

Zero to Three

Child Trends

Learn the Signs. Act Early Resources for WIC - from CDC