

4-17 Infant Feeding and Nutrition module

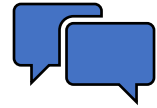
The *Infant Feeding and Nutrition* module provides an overview of nutrition from birth to one year. You must complete this training before certifying infants.

What you need to do



1. Work with your training supervisor to determine a time to complete the *Infant Feeding and Nutrition* module. It takes 2 - 3 hours to complete.
Date and time _____
2. Read the *Infant Feeding and Nutrition* module, complete the learning activities, and take the post-test.
3. Make note of any questions or concerns you have about information in the module.
4. Schedule a time to discuss what you learned with your training supervisor using the *Talk it over* section below.
Date and time _____

Talk it over



1. Review your notes and ask any questions you have about the course.
2. What are some key developmental milestones infants should achieve before offering solid foods?
3. What are some differences between feeding a newborn and feeding an older infant?
4. What are the most common feeding questions you are likely to hear from caregivers of infants?
5. What is your role in providing infant nutrition-focused counseling?

References

