

4-19 Infant Nutrition module

The *Infant Formula* module provides an overview of the use of formulas for infants. You must complete this training before certifying infants.

What you need to do



1. Work with your training supervisor to determine a time to complete the *Infant Formula* module. It takes 2 - 3 hours to complete.
Date and time _____
2. Read the *Infant Formula* module, complete the learning activities, and take the post-test.
3. Make note of any questions or concerns you have about information in the module.

4. Schedule a time to discuss what you learned with your training supervisor using the *Talk it over* section below.
Date and time _____

Talk it over



1. Review your notes and ask any questions you have about the course.
2. How can you support breastfeeding goals and respect a caregiver's choice to provide formula?
3. What are some differences between a food allergy and a food intolerance?
4. What are the most common questions about formula you are likely to hear from caregivers of infants?
5. What is your role in providing infant formula information to participants?

References

