

## 4-22 Breastfeeding Level 2 Training

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Breastfeeding promotion and support is one of the WIC program's 4 key services, so understanding it is important. You can complete ***Breastfeeding Level 2*** training in one of 2 ways: you can complete a 3-day training by the state WIC office (in Portland or via webinar) or you can complete a paper module. You must complete this training before certifying postpartum women.

### What you need to do

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1. Work with your training supervisor to determine the best way to complete the ***Breastfeeding Level 2*** training.
  - a. Information on the 3-day ***Breastfeeding Level 2*** training in Portland can be found at the bottom of [this webpage](#).
  - b. Completing the ***Breastfeeding Level 2*** paper module takes 6-8 hours.

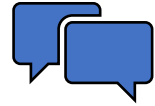
Date(s) and time \_\_\_\_\_

2. Complete the ***Breastfeeding Level 2*** training, complete the learning activities, and take the post-test.
3. Make note of any questions or concerns you have about information in the module.
4. Schedule a time to discuss what you learned with your training supervisor using the ***Talk it over*** section below.

Date and time \_\_\_\_\_

## Talk it over

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1. Review your notes and ask any questions you have about the course.
2. How can you support breastfeeding goals with pregnant women?
3. In your agency, who would you go to with questions about breast pumps?
4. What are the most common questions about breastfeeding you are likely to hear from caregivers?
5. What is your role in providing breastfeeding information and support to postpartum participants?

## References

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[Breastfeeding Education and Promotion WIC staff resources](#)  
[Breast Pump Handbook for WIC Staff](#)

