4-3 Job Aid: Probing Questions

Dig deeper and get more information from the participant

General
- Tell me more about that.
- Tell me about what that was like.
- Is there anything about _____ you would like to be sure to discuss today?
- What have you tried? What has worked?
- What happens when _____?

Motivation, concerns, challenges, support
- Tell me how this could affect you (your baby, your pregnancy, breastfeeding, your child).
- What is influencing your confidence about _____? (Breastfeeding, making a change, trying this with your child, weaning, etc.)
- Tell me why you are or are not confident about _____.
- Tell me about your plans for _____.
- What sort of help or support do you need?
- Tell me more about this feeling.
- How do you cope when you are _____?
- What do you do when _____?
- What do you know to be true for you?
- At what weight did you feel most healthy?

Clinical
- Tell me what your doctor has told you.
- What changes has your doctor recommended?
- What does your doctor think about that?
- For what condition do you take this?
- What have you discussed with your doctor?
- How are you managing the (discomfort)?

Dietary
- Tell me about these foods.
- Tell me about your usual meal pattern?
- What do you like about the way (the person) eats?
- What are your child's most/least favorite foods?
- What are your reasons for limiting or avoiding these foods?
- How do you choose which foods to offer to your child?
- What does meal time look like at your house?
- Are there any special food practices associated with your heritage/culture?
- How has (the concern) affected your eating?
- How is that food prepared?
- How do you feel when your child _____?
- What was mealtime like for you as a child?
- How do you want mealtime to be like in your home?

Environmental
- What resources do you use to help with that?
- What would you like to change, if anything, about that situation?
- What supports do you have?
- Who do you turn to?