

4-7 Nutrition Risk Module – Chapter 1 Overview

The **Nutrition Risk** module will teach you about the specific nutrition risks that can be assigned to participants. The **Nutrition Risk** module is divided into 6 chapters. Each chapter covers different categories of participants. You must complete specific chapters before you can certify different categories of participants.

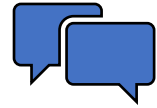
Complete these chapters	Before certifying this category
Chapters 1 and 2 (complete first)	Any category
Chapters 3 and 4	Pregnant women
Chapter 5	Infants and children
Chapters 3 and 6	Postpartum women

What you need to do



1. Work with your training supervisor to determine a time to complete Chapter 1 of the **Nutrition Risk** module. It takes about .5 hours to complete.
Date and time _____
2. The **Nutrition Risk** training module is formatted as a pen and paper module. You can read it in electronic form from [our website](#) to take advantage of links, or you can print off a copy, or you can ask your training supervisor to order you a hard copy from [Shopify](#).
3. Complete Chapter 1 of the **Nutrition Risk** training module and learning activities.
4. Make note of any questions or concerns you have about information in the module.
5. Schedule a time to discuss what you learned with your training supervisor using the **Talk it over** section below.
Date and time _____

Talk it over



1. Review your notes and ask any questions you have about this chapter.
2. What is the certifier's role in risk assignment?
3. How is a complete assessment related to risk assignment?
4. Why is risk assignment part of each certification?