

# 6-2 Food Package training module – Chapter 2

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Another of the 4 main services that WIC provides is nutritious supplemental foods. The WIC foods are probably the service that most people think of first, so it is helpful to know how the food packages are assigned and how they connect to good health.

## What you need to do

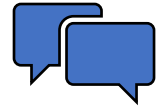
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1. Work with your training supervisor to determine a time to complete Chapter 2 of the *Food Package* training module. There are 6 lessons in Chapter 2 of this training module. It takes about 2 hours to complete.  
Date and time \_\_\_\_\_
2. The [Food Package](#) training module is formatted as a pen and paper module. You can read it in electronic form from [our website](#) to take advantage of links, or you can print off a copy, or you can ask your training supervisor to order you a hard copy from [Shopify](#).
3. Complete the 6 lessons from Chapter 2 of the *Food Package* training module and learning activities.
4. Make note of any questions or concerns you have about information in the module.
5. Schedule a time to discuss what you learned with your training supervisor using the *Talk it over* section below.  
Date and time \_\_\_\_\_



## Talk it over

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1. Review your notes and ask any questions you have about the course.
2. How can you connect food packages to providing nutrition-focused counseling?
3. Discuss which food package tailoring situations seem the most confusing.
4. What food package issues are the most common in your agency?
5. In your agency, how do food packages requiring medical documentation get reviewed by the WIC nutritionist?

## References

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Find the most current medical documentation form here – [Medical Documentation Form](#)

