

9-3 Providing Participant Centered Groups module

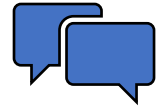
The *Providing Participant Centered Groups* module is not required to be a certifier, but you must complete this training before you can develop or facilitate group nutrition education. This module provides guidance for how to effectively plan and provide nutrition education in a group setting.

What you need to do



1. Talk with your training supervisor to determine if you need to complete the *Providing Participant Centered Groups* module. It takes 9-10 hours to complete.
Date and time _____
2. Read the *Providing Participant Centered Groups* module, complete the learning activities, and take the post-test.
3. Make note of any questions or concerns you have about information in the module.
4. Schedule a time to discuss what you learned with your training supervisor using the *Talk it over* section below.
Date and time _____

Talk it over



1. Review your notes and ask any questions you have about the course.
2. What group nutrition education are you interested in facilitating?
3. What are your concerns, if any, about facilitating groups?
4. What nutrition education groups are provided in your agency?

References

