

# Job Aid

# Standard Food Packages

Category/ Designation	Template Codes	Description	Full	Partial
Woman Pregnant, Woman Mostly Breastfeeding	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt	4.5 gal 1 lb 1 ctr	2.25 gal 1 lb 1 ctr
	WPB	Eggs - large Cereal - hot/cold 11.5-12 ounce frozen juice Whole grains Beans, dry or canned Peanut butter/ dry or canned beans Fruit and vegetables - fresh/frozen/canned	1 doz 36 oz 3 ctr 16 oz 1 ctr 1 ctr 11.00 \$	1 doz 18 oz 2 ctr 16 oz 1 ctr 1 ctr 11.00 \$
Woman Pregnant with Multiples, Woman Partially Breastfeeding Multiples, Woman Mostly Breastfeeding and Pregnant	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt	5.0 gal 2 lb 1 ctr	2.5 gal 1 lb 1 ctr
	WPB-M	Eggs - large Cereal - hot/cold 11.5-12 ounce frozen juice Whole grains Beans, dry or canned Peanut butter/ dry or canned beans Fish - canned tuna/salmon/sardines Fruit and vegetables - fresh/frozen/canned	2 doz 36 oz 3 ctr 16 oz 1 ctr 1 ctr 30 oz 11.00 \$	1 doz 18 oz 2 ctr 16 oz 1 ctr 1 ctr 15 oz 11.00 \$

Category/ Designation	Template Codes	Description	Full	Partial
Woman Fully Breastfeeding	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt	5.0 gal 2 lb 1 ctr	2.5 gal 1 lb 1 ctr
	WE	Eggs - large Cereal - hot/cold 11.5-12 ounce frozen juice Whole grains Beans, dry or canned Peanut butter/ dry or canned beans Fish - canned tuna/salmon/sardines Fruit and vegetables - fresh/frozen/canned	2 doz 36 oz 3 ctr 16 oz 1 ctr 1 ctr 30 oz 11.00 \$	1 doz 18 oz 2 ctr 16 oz 1 ctr 1 ctr 15 oz 11.00 \$
Woman Postpartum Non-Breastfeeding, Woman Some Breastfeeding	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt	3.0 gal 1 lb 1 ctr	1.5 gal 1 lb 1 ctr
	WN	Eggs - large Cereal - hot/cold 11.5-12 ounce frozen juice Peanut butter/ dry or canned beans Fruits and vegetables - fresh/frozen/canned	1 doz 36 oz 2 ctr 1 ctr 11.00 \$	1 doz 18 oz 1 ctr 1 ctr 11.00 \$

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Category/ Designation	Template Codes	Description	Full	Partial
Child 13-23 months	MW-C	Whole milk Cheese Whole milk yogurt	3.0 gal 1 lb 1 ctr	1.50 gal 1 lb 1 ctr
	C	Eggs - large Cereal - hot/cold Peanut butter/ dry or canned beans Whole grains 64 oz bottle juice Fruits and vegetables - fresh/frozen/canned	1 doz 36 oz 1 ctr 32 oz 2 ctr 9.00 \$	1 doz 18 oz 1 ctr 16 oz 1 ctr 9.00 \$
Child 24-60 months	ML-C-Y	Lowfat or fat free milk Cheese Lowfat or nonfat milk yogurt	3.0 gal 1 lb 1 ctr	1.5 gal 1 lb 1 ctr
	C	Eggs - large Cereal - hot/cold Peanut butter/ dry or canned beans Whole grains 64 oz bottle juice Fruits and vegetables - fresh/frozen/canned	1 doz 36 oz 1 ctr 32 oz 2 ctr 9.00 \$	1 lb 18 oz 1 ctr 16 oz 1 ctr 9.00 \$
Infant Non-BF 0-3 months	SIA-P	Similac Advance powder	9 can	5 can
Infant Non-BF 4-6 months	SIA-P	Similac Advance powder	10 can	5 can

Category/ Designation	Template Codes	Description	Full	Partial
Infant Non-BF 7-12 months	SIA-P	Similac Advance powder	7 can	4 can
	I-FVC or	Baby food - fruit/ vegetables Baby cereal	128 oz 24 oz	64 oz 12 oz
	I-FVC-\$4 (Option at age 9-mon)	Baby food - fruit/ vegetables Baby cereal Fresh fruits and vegetables	64 oz 24 oz 4 \$	32 oz 12 oz 4 \$
Infant Mostly or Some BF 7-12 months  *There are no standard food template amounts for partially (Mostly or Some) breastfed infants. The amount of formula each infant receives will vary and must be assigned by the CPA.	SIA-P	Similac Advance powder	CPA assigned *	CPA assigned *
	I-FVC or	Baby food - fruit/ vegetables Baby cereal	128 oz 24 oz	12 oz 64 oz
	I-FVC-\$4	Baby food - fruit/ vegetables Baby cereal Fresh fruits and vegetables	64 oz 24 oz 4 \$	32 oz 12 oz 4 \$
Infant Fully BF 0-6 months	Z	No WIC foods		
Infant Fully BF 7-12 months	I-FVCM or	Baby food - fruit/ vegetables Baby food - meat Baby cereal	256 oz 77.5 oz 24 oz	128 oz 39 oz 12 oz
	I-FVCM-\$8 (Option at age 9-mon)	Baby food - fruit/ vegetables Baby food - meat Baby cereal Fresh fruits and vegetables	128 oz 77.5 oz 24 oz 8 \$	64 oz 39 oz 12 oz 8 \$

Category/ Designation	Template Codes	Description	Full		Partial
			<u>Month 1</u>	<u>Month 2</u>	
Woman Fully Breastfeeding Multiples  See <b>Job Aid: Food Package for Fully BF Twins</b> for special instructions when assigning.  † These foods are manually modified every other month.	ML-C-Y	Low fat milk	8.0 gal	8.0 gal	4.0 gal
		Cheese	3 lb	2 lb †	2 lb
		Lowfat or nonfat yogurt	1 ctr	1 ctr	1 ctr
	WE-M	Eggs - large	3 doz	3 doz	2 doz
		Cereal - hot/cold	54 oz	54 oz	36 oz
		11.5-12 ounce frozen juice	5 ctr	4 ctr †	2 ctr
		Whole grains	32 oz	16 oz †	16 oz
		Beans, dry or canned	2 ctr	2 ctr	1 ctr
		Peanut butter/ dry or canned beans	1 ctr	1 ctr	1 ctr
		Fish - canned tuna/salmon/sardines	45 oz	45 oz	25 oz
Fruit and vegetables - fresh/frozen/canned	16.50 \$	16.50 \$	16.50 \$		

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