

Job Aid

Postpartum adult and infant category definitions

Postpartum adult categories

Fully Breastfeeding

A breastfeeding participant who is up to one year postpartum and whose infant does not receive infant formula from WIC.

TWIST Code – **WE**

Mostly Breastfeeding

A breastfeeding participant who is up to one year postpartum and whose infant receives infant formula from WIC up to the maximum provided for a mostly breastfed infant.

TWIST Code – **WB**

Some Breastfeeding

A breastfeeding participant who is up to one year postpartum, whose infant receives more than the maximum amount of infant formula from WIC provided for a mostly breastfeeding infant, but less than the amount provided for a non-breastfeeding infant.

TWIST Code – **WBN**

Non-Breastfeeding

A participant who is not breastfeeding and is less than 6 months postpartum.

TWIST Code – **WN**

Infant categories

Fully Breastfeeding:

A breastfeeding infant who is up to one year of age and does not receive infant formula from WIC.

TWIST Code – **IE**

Mostly Breastfeeding:

A breastfeeding infant who is one month to one year of age and receives infant formula from WIC up to the maximum provided for a mostly breastfed infant.

TWIST Code – **IB**

Some Breastfeeding:

A breastfeeding infant who is one month to one year of age and receives more than the maximum amount of infant formula from WIC provided for a mostly breastfed infant, but less than the amount provided for a non-breastfed infant for the infant's age.

TWIST Code – **IBN**

Non-Breastfeeding:

An infant who is not breastfeeding and is up to one year of age and receives infant formula from WIC.

TWIST Code – **IN**

Postpartum adult and infant categories and age ranges in TWIST							
Month	Jan	Feb	Mar	April	May	June	July
	0	1	2	3	4	5	6
TWIST calculates month based on calendar month, rounded to the end of the month. Categories are based on calendar month, except birth to one month and changing from infant to child.							
	Months 0-3				Months 4-6		
Example:	Born Jan 5 th	1 month 2/5	2 months 3/5	3 months 4/5	4 months 5/5	5 months 6/5	6 months 7/5
WE	Eligible until month baby turns 1 year old. Gets normal food package.						
IE	0 through 6 months gets breast milk only						
WB	Eligible until month baby turns 1 year old. Gets reduced food package.						
IB	Breast milk + 1-4 cans formula				Breast milk + 1-5 cans formula		
WBN	Eligible to 1 year – Gets food package equal to WN through month baby turns 6 months						
IBN	Breast milk + 5-8 cans powder				Breast milk + 6-9 cans powder		
WN	Eligible until baby completes their 6th month of age – gets WN food package						
IN	9 cans powder				10 cans powder		
C1							
	Adult and infant categories must match in TWIST: WE/IE = Fully Breastfeeding WB/IB = Mostly Breastfeeding				WBN/IBN = Some Breastfeeding WN/IN = Non-Breastfeeding		

Postpartum adult and infant categories and age ranges in TWIST							
Month	August	Sept	Oct	Nov	Dec	Jan	Feb
	7	8	9	10	11	12	13
TWIST calculates month based on calendar month, rounded to the end of the month. Categories are based on calendar month, except birth to one month and changing from infant to child.							
	Months 7-12						
Example:	7 months 8/5	8 months 9/5	9 months 10/5	10 months 11/5	11 months 12/5	12 months 1/5	
WE	Eligible until month baby turns 1 year old. Gets full breastfeeding food package.						
IE	7 months to 1 year of age – breast milk + infant cereal, fruit/vegetable puree and meat; eligible for FVB in place of purees						
WB	Eligible until month baby turns 1 year old. Gets reduced breastfeeding food package.						
IB	Breast milk + 1-4 cans of powder + infant cereal and fruit/vegetable purees; eligible for FVB in place of purees						
WBN	No food package, receives all other WIC services						
IBN	Breast milk + 5-6 cans powder + infant cereal and fruit/vegetable purees; eligible for FVB in place of purees						
WN	No longer categorically eligible, graduated from program						
IN	7 cans of powder + infant cereal and fruit/vegetable purees; eligible for FVB in place of purees						
C1					*See note		C1 Child Fd Pkg
Adult and infant categories must match in TWIST: WE/IE = Fully Breastfeeding WB/IB = Mostly Breastfeeding WBN/IBN = Some Breastfeeding WN/IN = Non-Breastfeeding				*Child Food Package in 12 th month: If requested and developmentally appropriate, infant food package can be converted to child package on or after actual birthday if benefits have not been spent. For this example, it could be requested on or after January 5 th .			