

Qualifying Conditions for Issuance of WIC-approved Medical Formula or Medical Food

Participant category	Qualifying conditions	Non-qualifying conditions
Infants (birth-12 months)	<ul style="list-style-type: none"> • Premature birth • Low birth weight • Failure to thrive • Gastrointestinal disorders • Malabsorption syndromes • Immune system disorders • Severe food allergies requiring an elemental formula • Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant’s nutritional status 	<ul style="list-style-type: none"> • Non-specific formula or food intolerance • Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food/formula packages
Children (13-60 months)	<ul style="list-style-type: none"> • Premature birth • Failure to thrive • Gastrointestinal disorders • Malabsorption syndromes • Immune system disorders • Severe food allergies requiring an elemental formula • Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant’s nutritional status 	<ul style="list-style-type: none"> • Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages • Solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying condition (e.g. PediaSure for “picky eater”) • Parental preference or request
Women	<ul style="list-style-type: none"> • Gastrointestinal disorders • Malabsorption syndromes • Immune system disorders • Severe food allergies requiring an elemental formula • Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant’s nutritional status 	<ul style="list-style-type: none"> • Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages • Solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying condition • Personal preference

ICD-10 Codes and associated WIC Nutrition Risks

This job aid is intended for general comparison only

ICD-10 code	Code Name	Risk Number	Nutrition Risk Names
R63.6	Underweight	103	Underweight or at-Risk of (Infants and Children)
R63.8	Other symptoms and signs concerning food and fluid intake	131	Low Maternal Weight Gain
R63.4	Abnormal weight loss	132	Maternal Weight Loss during Pregnancy
P92.6	Failure to thrive in newborn	134	Failure to Thrive (FTT)
E40-46	Malnutrition		
R62.51	Failure to thrive, child		
P05	Disorders of newborn related to slow fetal growth and fetal malnutrition	135	Slow Weight Gain
R62	Lack of expected normal physiological development in childhood		
P07	Low birth weight	141	Low Birth Weight (LBW)
P07	Prematurity	142	Prematurity
K59	Intestinal malabsorption	342	Gastro-Intestinal Disorders
R19.7	Diarrhea		
P78.83	Newborn esophageal reflux		
K21	Gastro esophageal reflux (GERD)		
E08-13	Diabetes Mellitus	343	Diabetes Mellitus
E50-64	Other Nutritional deficiencies	341	Nutrient Deficiency Diseases
Q00-99	Genetic and Congenital Disorders	349	Genetic and Congenital Disorders
E70-88	Metabolic disorders	351	Inborn Errors of Metabolism
L27.2	Dermatitis due to ingested food	353	Food Allergies
T78.0-8	Anaphylactic reaction due to food		
K52.2	Gastroenteritis, colitis, milk protein allergy		
D89.0	Disorder involving the immune mechanism, unspecified		
K90.0	Intestinal malabsorption	354	Celiac Disease
P92	Feeding problems of newborn	362	Developmental, Sensory or Motor Delays Interfering with Eating (includes tube feeding)
R63.3	Feeding difficulties		
R13.1	Dysphagia		

ICD = International Classification of Diseases. ICD codes are the most widely used classification system for diseases.

ICD-10data.com = <http://www.icd10data.com/>